



STORE NAME:

DELIVERY DATE REQUEST:

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UPC Code

Code

PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052

Order

MONTHLY SPECIALS

ALMOND DREAM NON-DAIRY DESSERTS (FROZEN) - 10% OFF + VOLUME PRICING

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Savings. Includes items like Almond Dream Gelato, Sea Salt Caramel and Almond Dream Gelato, Café Latte.

AMY'S PRODUCTS (FROZEN) - GLUTEN FREE - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Savings. Includes items like BOWL, Mushroom Risotto and PAD THAI (non-dairy).

ANCIENT HARVEST PASTAS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Savings. Includes items like Mac & Cheese, Quinoa Elbows & Mild Cheddar.



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
089125 269301	17053	GMO	GF	K *	X Rotelle, Red Lentil & Quinoa, Organic	6 / 227g
089125 259005	17047	GMO	GF	*	X Spaghetti, Quinoa, Organic	12 / 227g
<b>ANGIE'S BOOMCHICKAPOP POPCORN - \$2.53 OFF</b>						
818780 012386	59515				X BOOMCHICKAPOP, Caramel & Cheddar Mix	8 / 170g G
892773 000215	59508	GMO	GF	K	X BOOMCHICKAPOP, Lightly Sweet Popcorn	8 / 142g G
892773 000246	59504	GMO	GF	K	X BOOMCHICKAPOP, Sea Salt Popcorn	8 / 136g G
892773 000208	59513				X BOOMCHICKAPOP, Sweet & Salty	8 / 198g G
818780 001761	59514				X BOOMCHICKAPOP, White Cheddar	8 / 128g G
<b>ARCTIC ZERO FIT FROZEN DESSERTS - 15% OFF</b>						
852244 003862	23901	GMO		K	X <b>NEW!</b> Cake Batter	8 / 473ml G
852244 003886	23903	GMO		K	X <b>NEW!</b> Cherry Chocolate Chunk	8 / 473ml G
852244 003879	23904	GMO		K	X <b>NEW!</b> Cookie Dough Chip	8 / 473ml G
852244 003848	23900	GMO		K	X <b>NEW!</b> Cookie Shake	8 / 473ml G
852244 003893	23905	GMO		K	X <b>NEW!</b> Rocky Road Trip	8 / 473ml G
852244 003855	23906	GMO		K	X <b>NEW!</b> Salted Caramel	8 / 473ml G
852244 003831	23902	GMO		K	X <b>NEW!</b> Vanilla Maple	8 / 473ml G
<b>ARTESIAN ACRES KAMUT PASTAS - 15% OFF</b>						
771506 002187	30078			K *	+ P X Capellini, Kamut, Organic	8 / 375g
771506 002071	30285			K *	+ P X Linguine, Kamut, Organic	12 / 454g
<b>ANITA'S ORGANIC MILL PRODUCTS - UP TO 15% OFF</b>						
623636 800402	22164			K *	BC P BREAKFAST BOOST, Chia & Hemp w/currants & cranberries, Organic	6 / 275g
623636 997911	22907			*	P Buckwheat Groats, Sprouted, Organic	4 / 500g
623636 397124	28079			*	P X Chia Seeds, Black, Organic	4 / 375g
623636 411134	20181			*	P Cocoa Powder, Organic	4 / 300g
623636 993340	22252			*	P Coconut Flour, Organic	4 / 680g
623636 800709	28077			*	+ P X Hemp Hearts, Organic	4 / 454g
623636 998598	20260			K *	BC P Pancake & Waffle Mix, High Fibre, Organic	4 / 1kg
623636 395205	20262			GF *	BC P Quinoa Flour, White, Organic	4 / 1kg
623636 700061	20104			K *	+ P Rolled Oats, Quick, Organic	4 / 1kg
623636 700016	20067			K *	+ P Rolled Oats, Regular, Organic	4 / 1kg
623636 998550	20261			K *	BC P Sprouted High Protein Flour, Whole Grains & Beans, Organic	4 / 1kg
623636 993500	22238			*	BC P Sprouted Kamut Flour, Organic	4 / 1kg



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order	
623636 995504	22913	*	P	Sprouted Light Buckwheat Flour, Organic	4 / 1kg	
623636 993302	22239	*	BC P	Sprouted Whole Spelt Flour, Organic	4 / 1kg	
623636 993104	22240	*	BC P	Sprouted Whole Wheat Flour, Hard Red Spring Wheat, Organic	4 / 1kg	
623636 700207	28073	K *	+ P	Steel Cut Oats, Organic	4 / 1kg	
623636 998895	21018	GMO K *	+ P	Flour, 60/40 Bakers Blend, Organic	4 / 2kg	
623636 993913	22408	*	P	Unbleached Pizza & Pasta Flour, Type 00, Organic	4 / 5kg	
623636 600033	20087	B K *	BC P X	Khorasan Wheat (Kamut) Flour, Organic	1 / 10kg	
623636 300032	20059	B K *	BC P X	Whole Dark Rye Flour, Organic	1 / 10kg	
623636 120036	20049	B K *	BC P X	Whole Wheat Pastry Flour, Soft White, Organic	1 / 10kg	
623636 180061	22148	B K *	P X	Corn Meal, Medium Grind, Organic	1 / 11.34kg	
623636 710046	20071	B K *	+ P X	Oat Groats, Organic	1 / 11.34kg	
623636 700030	22040	B K *	+ P X	Rolled Oats, Regular, Organic	1 / 11.34kg	
623636 700245	28058	B K *	+ P X	Steel Cut Oats, Organic	1 / 11.34kg	
623636 500043	22036	B K *	BC P X	Stoneground Whole Spelt Flour, Hard Spring Wheat, Organic	1 / 20kg	
623636 200042	20048	B K *	BC P X	Stoneground Whole Wheat Flour, Hard Red Wheat, Organic	1 / 20kg	
<b>ANNIE'S HOMEGROWN PRODUCTS - UP TO 15% OFF</b>						
013562 111510	16526	*		Bunny Fruit, Berry Patch, Organic	12 / 5x23g	
013562 042296	16660	*		Bunny Fruit, Pink Lemonade, Organic	12 / 5x23g	
013562 111503	16525	*		Bunny Fruit, Summer Strawberry, Organic	12 / 5x23g	
013562 001071	16676	GMO X		Microwavable Cup, Macaroni & Cheese, White Cheddar	12 / 57g	
<b>AURA CACIA PRODUCTS - 15% OFF</b>						
051381 286361	80836		X	Aromatherapy Mist, Lavender	1 / 118ml	G P
051381 302207	80838		X	Body Soak, Soothe	1 / 524g	G P



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AVENA FOODS PRODUCTS - 15% OFF

Table with 7 columns: UPC Code, Code, Product Name, Quantity, Price, and Order. Rows include Rolled Oats, Quick Oat Flakes, and Oat Flour.

BAKERS SUPPLY HOUSE BAKING SUPPLIES - 15% OFF

Table with 7 columns: UPC Code, Code, Product Name, Quantity, Price, and Order. Rows include Baking Powder, Corn Starch, and Pure Vanilla Extract.

BARBARA'S BAKERY CHEESE PUFFS - VOLUME PRICING

Table with 7 columns: UPC Code, Code, Product Name, Quantity, Price, and Order. Includes volume pricing for Cheese Puffs.

BETTERWITH TRACEABLE CREAM ICE CREAMS (FROZEN) - 15% OFF

Table with 7 columns: UPC Code, Code, Product Name, Quantity, Price, and Order. Rows include Chocolate and Coffee Ice Cream.

BIG MOUNTAIN FOODS MEAT ALTERNATIVES (REFRIGERATED) - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Product Name, Quantity, Price, and Order. Rows include Veggie Burger and Veggie Grounds Cauli Crumble.

BIG TREE FARMS SWEETENERS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Product Name, Quantity, Price, and Order. Row includes Coconut Sugar.

BIOITALIA TOMATO PRODUCTS - 15% OFF

Table with 7 columns: UPC Code, Code, Product Name, Quantity, Price, and Order. Row includes Whole Tomatoes.

BIO-VERT HOUSEHOLD PRODUCTS - 15% OFF

Table with 7 columns: UPC Code, Code, Product Name, Quantity, Price, and Order. Rows include Dishwasher Tabs, Dishwashing Liquid, and Laundry Liquid.



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BLACK RIVER BEVERAGES - UP TO 20% OFF

Table with 7 columns: UPC Code, Code, PSC, Quantity, Description, Volume, and Special Order codes (G, U). Rows include items like Concord Grape Spritzer, Lemon Lime Spritzer, Raspberry Lime Spritzer, and various juices.

BLUE DIAMOND ALMOND BREEZE NON-DAIRY BEVERAGES - GLUTEN FREE - UP TO 15% OFF + VOLUME PRICING

Table with 7 columns: UPC Code, Code, PSC, Quantity, Description, Volume, and Special Order codes (G, U). Rows include Almond Breeze products in various flavors like Almond Coconut, Chocolate, Original, and Vanilla.

Buy 10-19 cases (946ml only) Save 0.96

Buy 20-49 cases (946ml only) Save 1.60

Buy 50-74 cases (946ml only) Save 2.24

Buy 75+ cases (946ml only) Save 3.20

BLUE DIAMOND NUT THINS CRACKERS - GLUTEN FREE - \$5.12 OFF + VOLUME PRICING

Table with 7 columns: UPC Code, Code, PSC, Quantity, Description, Volume, and Special Order codes (G, U). Rows include Artisan Nut Thins in Chia Seeds, Flax Seed, and Multi-Seeds.

Buy 66+ cases (Artisan Nut Thins only) Save 0.64



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

BLUE MONKEY BEVERAGES - UP TO 15% OFF + VOLUME PRICING

Table with columns: UPC Code, Code, PSC, Description, Quantity, Price, and Order. Includes items like Coconut Water, Sparkling Coconut Water, and Organic Coconut Water with volume pricing details.

BOB'S RED MILL PRODUCTS - UP TO 15% OFF

Table with columns: UPC Code, Code, PSC, Description, Quantity, Price, and Order. Includes items like Almond Flour, Amaranth Flour, Arrowroot Starch Flour, Baking Flour, Baking Powder, Baking Soda, Barley Flour, and Black Bean Flour.



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
039978 309747	20377	GF K *	X Brown Rice Flour, Organic	4 / 680g	_____
039978 305800	20366	GF K *	X Buckwheat Groats, Raw, Organic	4 / 453g	_____
039978 308443	30502	GF K *	X Chia Seeds, Whole, Organic	6 / 340g	_____
039978 325815	22368	K	X Coconut, Dried Flakes, Unsweetened	4 / 285g	_____
039978 335784	02053	K	X Coconut, Dried Shredded, Unsweetened	4 / 340g	_____
039978 328038	20153	K *	X CEREAL, High Fibre, Organic	4 / 453g	_____
039978 308603	22268	K *	X Farro, Organic	4 / 680g	_____
039978 333308	34048	WF K	X Flaxseed Meal	4 / 453g	_____
039978 343307	34054	GF K	X Flaxseed Meal	4 / 907g	_____
039978 339379	02019	K *	X Flaxseed Meal, Organic	4 / 453g	_____
039978 336200	30500	GF K	X Flaxseed, Whole	6 / 368g	_____
039978 346643	22875	K	X GRANOLA, Apple Blueberry	4 / 340g	_____
039978 304575	20337	GF K	X Garbanzo & Fava Flour	4 / 623g	_____
039978 303684	22386	GMO GF K	X GF Muesli, Tropical	4 / 396g	_____
039978 304520	20333	GF K	X Gluten Free All Purpose Baking Flour	4 / 623g	_____
039978 306203	22383	GMO GF K	X Gluten Free Egg Replacer	8 / 340g	_____
039978 309907	20427	*	X Graham Flour, Whole Wheat, Organic	4 / 680g	_____
039978 304063	20368	GF	X Millet, Whole Grain	4 / 793g	_____
039978 303509	22385	GMO GF K	X MUESLI, Paleo Style (grain free)	4 / 396g	_____
039978 325464	02269	K	Nutritional Yeast, Large Flake	6 / 142g	_____
039978 302953	20248	GMO GF K	X Popcorn, White	4 / 765g	_____
039978 303073	22363	K	X Popcorn, Yellow	4 / 765g	_____
039978 325259	20374	GF K	X Potato Starch, Unmodified	4 / 624g	_____
039978 303448	20249	GF K	X Psyllium Fibre Powder	4 / 453g	_____
039978 301604	22826	K	X Oats, Rolled, Instant	4 / 453g	_____
039978 303202	20309	WF K *	X Quinoa Flour, Organic	4 / 624g	_____
039978 309464	20433	GF K *	X Quinoa, Tri-Colour, Whole Grain, Organic	4 / 453g	_____
039978 303158	20327	WF K	X Rice Flour, Brown	4 / 680g	_____
039978 303165	20326	GW K	X Rice Flour, White	4 / 680g	_____
039978 303868	02398	GF K *	X Rolled Oats, Extra Thick, Organic, Gluten Free	4 / 907g	_____
039978 303752	22639	GF K	X Rolled Oats, Old Fashioned (regular)	4 / 907g	_____
039978 303875	02397	GF K *	X Rolled Oats, Old Fashioned (regular), Organic, Gluten Free	4 / 907g	_____
039978 303769	20161	GF K	X Rolled Oats, Quick Cooking, Gluten Free	4 / 907g	_____
039978 335272	02032	K	X Sea Salt	6 / 567g	_____



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039978 303172	20364	K	X Soy Flour, Stone Ground	4 / 453g	_____
039978 305350	20389	K	X Tapioca Flour	4 / 567g	_____
039978 305367	20430	GF	X Teff, Whole Grain	4 / 680g	_____
039978 355553	20391	GF K	X Xanthan Gum	6 / 227g	_____
039978 314536	20299	GW K	X Baking Flour, 1 to 1	4 / 1.24kg	_____
039978 314529	20350	GF	X Gluten Free All Purpose Baking Flour	4 / 1.24kg	_____
039978 339874	20178		X Whole Wheat Flour, Organic	4 / 2.27kg	_____
039978 329936	20179		X Whole Wheat Pastry Flour, Organic	4 / 2.27kg	_____
039978 318152	27005	B GF *	X Coconut Flour, Organic	1 / 11.34kg	_____
	20242	B GF K *	Flaxseed Meal, Brown, Organic	1 / 11.34kg	_____
	20175	B GF	Millet	1 / 11.34kg	_____
039978 313201	20099	B GF *	Quinoa Flour, Organic	1 / 11.34kg	_____
039978 313751	20243	B GF K	X Rolled Oats, Old Fashioned (regular), Gluten Free	1 / 11.34kg	_____
039978 316080	20424	B GF	Sweet Rice Flour	1 / 11.34kg	_____
<b>BOMBAY DINE BEANS - GLUTEN FREE - 15% OFF</b>					
620988 006261	55557	GW *	Black Beans, Organic (can)	12 / 540ml	_____
620988 006209	55555	GW *	Chick Peas, Organic (can)	12 / 540ml	_____
<b>BRAGG PRODUCTS - 15% OFF</b>					
074305 150166	14562	GMO K *	X Apple Cider Vinegar & Honey Drink, Organic	12 / 473ml	U _____
074305 155161	14567	GMO K *	X Apple Cider Vinegar & Stevia Extract Drink, Organic	12 / 473ml	U _____
074305 152160	14564	GMO K *	X Apple-Cinnamon ACV Drink (Stevia Sweetened), Organic	12 / 473ml	U _____
074305 153167	14565	GMO K *	X Concord Grape-Acai ACV Drink (Stevia Sweetened), Organic	12 / 473ml	U _____
074305 132124	32123	GMO GF K *	Dressing, Braggberry, Fat Free, Organic	6 / 355ml	_____
074305 151163	14563	GMO K *	X Ginger ACV Drink (Stevia Sweetened), Organic	12 / 473ml	U _____
074305 154164	14566	GMO K *	X Limeade ACV Drink (Stevia Sweetened), Organic	12 / 473ml	U _____
074305 156168	14568	GMO K *	X Pomegranate-Goji ACV Drink (Stevia Sweetened), Organic	12 / 473ml	U _____
074305 106101	32179	GMO K *	Coconut Nectar All Purpose Seasoning Sauce, Organic	12 / 296ml	_____





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BREMNER'S FROZEN FRUITS - 15% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Order status. Includes items like Dark Tart Cherries, Blackberries, and Mango Chunks.

BREW DR.KOMBUCHA BEVERAGES (REFRIGERATED) - GLUTEN FREE - 15% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Order status. Includes Kombucha varieties like Clear Mind, Ginger Turmeric, and Love.

BRUCE COST GINGER ALES - 15% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Order status. Includes Ginger Ale, Original, Unfiltered.

BULK PRODUCTS - 15% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Order status. Includes Wild Rice, Lentils, Pumpkin Seeds, Split Peas, Kidney Beans, Millet, Navy Beans, Quinoa, Sunflower Seeds, and Baking Soda.

CABOO PRODUCTS - UP TO 20% OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Order status. Includes Bathroom Tissue products with volume pricing details.



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Table with columns: UPC Code, Code, Description, Quantity, Price, and Order. Includes items like Bamboo & Sugar Cane Facial Tissue, Bathroom Tissue, Paper Napkins, and Paper Towels.

CALIFIA FARMS DAIRY FREE COFFEE CREAMER - GLUTEN FREE - 10% OFF

Table with columns: UPC Code, Code, Description, Quantity, Price, and Order. Includes items like Barista Blend Almond Beverage and BETTERHALF Coconut Cream & Almond Beverage.

CALIFIA FARMS NON-DAIRY ALMOND BEVERAGES (REFRIGERATED) - 10% OFF

Table with columns: UPC Code, Code, Description, Quantity, Price, and Order. Includes items like Almond Beverage, Unsweetened and Almond Beverage, Creamy Original.



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Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, Order. Rows include Cold Brew Coffee with Almond Beverage, XX Espresso and Cold Brew Coffee with Almond Beverage, Mocha.

CAMINO CHOCOLATE BARS - 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, Order. Rows include various Dark Chocolate bars (55%, 88%, 65% Cacao) and Milk Chocolate bars (38% Cacao).

CAPE HERB & SPICE™ SEASONINGS - UP TO 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, Order. Rows include Curry Tin, Caribbean Jerk, Louisiana Cajun, and Mediterranean Roasts.



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670071 002595	70728		NEW! Rub Tin, Portugese Peri Peri	6 / 100g
670071 002601	70729		NEW! Rub Tin, Texan Steakhouse	6 / 100g
670071 003875	70648	K	Chilli Tin, Chipotle Smoky Southwestern	6 / 80g
670071 003882	70649	K	Chilli Tin, Piri-Piri Fiery Mozambican	6 / 80g
670071 001901	70384		Grinder, Peppercorns, Rainbow	6 / 56g
670071 001826	02320		Grinder, Salt, Atlantic Sea	6 / 105g
670071 002434	70387		Grinder, Salt, Pink Himalayan	6 / 130g
670071 002427	70386		Grinder, Salt, Smoked	6 / 115g
670071 001321	02313		Mini Grinder Set, Sea Salt & Peppercorns	6 / 100g
670071 002106	70389		Refill, Salt, Atlantic Sea	6 / 105g
670071 002656	70392		Refill, Salt, Pink Himalayan	6 / 130g
670071 002113	70390		Refill, Peppercorns, Sarawak Black	6 / 55g
670071 001796	02318		Seasoning Grinder, Chicken	6 / 61g
670071 001765	02316		Seasoning Grinder, Chili Addict	6 / 45g
670071 001802	02319		Seasoning Grinder, Fish	6 / 60g
670071 002533	70388		Seasoning Grinder, Garlic & Herb	6 / 65g
670071 001871	70383		Seasoning Grinder, Italian	6 / 46g
670071 001741	02314		Seasoning Grinder, Lamb	6 / 62g
670071 001758	02315		Seasoning Grinder, Lemon Pepper	6 / 64g
670071 002144	02310		Tall Grinder, Peppercorns, Extra Bold	12 / 180g
670071 002410	02312		Tall Grinder, Peppercorns, Rainbow	12 / 180g

CASBAH PRODUCTS - 10% OFF + VOLUME PRICING

072934 801961	38768	K	Quinoa & Brown Rice, Mild Curry	8 / 180g
			Buy 20+ cases	Save 10%
072934 801053	38682	K *	Quinoa, Whole Grain, Organic	12 / 200g
			Buy 20+ cases	Save 25%



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with 5 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, and Order. Rows include Couscous, Lemon Spinach, Organic; Couscous, Original; Couscous, Roasted Garlic & Olive Oil, Organic; Couscous, Whole Wheat, Organic; Falafel Mix; Hummus Dip Mix; Tabouli Salad Mix.

Buy 20+ cases Save 20%

CAULIPOWER PIZZAS & PIZZA CRUSTS (FROZEN) - GLUTEN FREE - 15% OFF + VOLUME PRICING

Table with 5 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, and Order. Rows include X Pizza, Margherita; X Pizza, Three Cheese; X Pizza, Veggie; X Cauliflower Pizza Crust.

Buy 40+ cases Save 5%

CENTRAL MILLING COMPANY FLOUR - 15% OFF

Table with 5 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, and Order. Row includes X Unbleached Enriched White Flour, Organic.

CHA'S PRODUCTS - UP TO 15% OFF

Table with 5 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, and Order. Rows include Black Peppercorns, Organic; Cinnamon Quills, Ceylon, Organic; Coconut Milk, Curry Masala, Organic; Coconut Milk, Lemongrass Ginger, Organic; Coconut Milk Light, Organic; Curry Leaf, Whole, Organic; Curry Powder, Ayur Masala, Organic; Curry Powder, Masala, Organic; Lemongrass Stems, Organic; Turmeric, Ground, Organic; Young Jackfruit, Organic (vegan meat substitute).

CHIMES GINGER CHEWS - GLUTEN FREE - UP TO 15% OFF

Table with 5 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, and Order. Rows include X Ginger Chews, Mango, Bag; X Ginger Chews, Orange, Bag; X Ginger Chews, Original, Bag; X Ginger Chews, Peanut Butter, Bag; X Ginger Chews, Peppermint, Bag.



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
051299 111526	35276	GF	X	Ginger Chews, Mango, Tin	20 / 56.7g	G
051299 811327	35262	GF	X	Ginger Chews, Original, Tin	20 / 56.7g	G
051299 811358	35275	GF	X	Ginger Chews, Peppermint, Tin	20 / 56.7g	G
051299 111533	35268	GF	X	Ginger Chews, Orange, Bag	20 / 141.8g	G
051299 111359	35266	GF	X	Ginger Chews, Peppermint, Bag	20 / 141.8g	G

CHUAO CHOCOLATE BARS - 15% OFF

872629 006134	35245	GF	X	Honeycomb, Dark Chocolate Bar w/Caramelized Honeycomb	12 / 80g	G
872629 006141	35247		X	Salted Chocolate Crunch, Dark Chocolate Bar w/Panko Bread Crumbs & Sea Salt	12 / 80g	G
872629 009630	10056		X	Sweet & Salty, Milk Chocolate w/Sea Salt	12 / 80g	G

CLIF® ENERGY AND NUTRITION BARS - 10% OFF

722252 293848	37614	K	X	Whey Protein Bar, Coconut Almond Chocolate	8 / 56g	G
722252 632845	37615	K	X	Whey Protein Bar, Peanut Butter & Chocolate	8 / 56g	G
722252 289476	37616	K	X	Whey Protein Bar, Salted Caramel Cashew	8 / 56g	G

CLIF® CRUNCH GRANOLA BARS - \$4.00 OFF

722252 296016	37367	K		CRUNCH Chocolate Chip Granola Bar (5x2pk)	12 / 5x42g	G
722252 296023	37368	K		CRUNCH Peanut Butter Granola Bar (5x2pk)	12 / 5x42g	G
722252 296047	37369	K		CRUNCH White Chocolate Macadamia Nut Granola Bar (5x2pk)	12 / 5x42g	G

CLOUD 9 GLUTEN FREE BAKING MIXES - GLUTEN FREE - 15% OFF

816512 000045	21036	GF K	BC P	Brownie Mix	6 / 550g	
816512 000298	21035	GF K	BC P	Chocolate Cake & Cupcake Mix	6 / 600g	
816512 000052	21034	GF K	BC P	Chocolate Chip Cookie Mix	6 / 405g	

COCONUT BLISS NON-DAIRY DESSERTS (FROZEN) - GLUTEN FREE - UP TO 15% OFF

896767 001691	53190	GMO GF K *	X	Café Latte Bars, Organic	12 / 4x89ml	G
896767 001790	53195	GMO GF K *	X	Chocolate Dip Bars, Raspberry Acai, Organic	12 / 3x89ml	G
896767 001776	53196	GMO GF K *	X	Chocolate Dip Bars, Vanilla Island, Organic	12 / 3x89ml	G
896767 001141	53203	GMO GF K *	X	Naked Coconut Bars, Organic (single serve)	24 / 89ml	G
896767 001554	53210	GMO B GF K *	X	Vanilla Island, Organic Frozen Dessert	1 / 5.6L	



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COCONUT SECRET PRODUCTS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, Order. Rows include Coconut Bar, Macaroon, Organic and Coconut Bar, Mint, Organic.

COCOS~PURE COCONUT WATERS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, Order. Rows include Coconut Water, 100% Pure, with Mango and Coconut Water, 100% Pure, with Pineapple.

COUNTRY CHOICE COOKIES - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, Order. Row includes Sandwich Crèmes Cookies, Vanilla, Organic.

CROFTER'S FRUIT SPREADS - GLUTEN FREE - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, Order. Multiple rows listing various fruit spreads like Just Fruit, Apricot, Fruit Juice Sweetened, Organic.



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Table with 6 columns: UPC Code, Code, Attributes, Description, Quantity, Price. Rows include Premium Fruit Spread, Wild Blackberry and Blueberry.

CUISINE CAMINO CHOCOLATE BAKING PRODUCTS - GLUTEN FREE - 15% OFF

Table with 6 columns: UPC Code, Code, Attributes, Description, Quantity, Price. Row includes Baking Chocolate, Semisweet, 56% Cacao.

DAIYA PRODUCTS - 15% OFF

Table with 6 columns: UPC Code, Code, Attributes, Description, Quantity, Price. Rows include Alfredo Mac & Chreese and Deluxe Sauce.

DAIYA NON-DAIRY CHEESE ALTERNATIVES (REFRIGERATED) - UP TO 15% OFF

Table with 6 columns: UPC Code, Code, Attributes, Description, Quantity, Price. Rows include CUTTING BOARD Cheddar, Mozza, Pepperjack, Slices, and Spreads.

DAIYA DAIRY FREE PIZZAS (FROZEN) - GLUTEN FREE - \$6.43 OFF

Table with 6 columns: UPC Code, Code, Attributes, Description, Quantity, Price. Rows include various frozen pizzas like Classic w/ Meatless, Cheeze Lover's, Margherita, etc.

DEEBEE'S FROZEN TREATS (FROZEN) - UP TO \$5.87 OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, Attributes, Description, Quantity, Price. Row includes Coconut Creams, Orange Cream Bars.





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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with 7 columns: UPC Code, Code, PSC, Description, Quantity, Price, and Order. Includes items like Superfruit Freezies, Tea Pops, and various discounts.

DESERT ESSENCE BODY CARE PRODUCTS - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, Description, Quantity, Price, and Order. Includes items like Hand & Body Lotion, Toothpaste, and Shampoo.

DIVINE CHOCOLATE BARS - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, Description, Quantity, Price, and Order. Includes items like Dark Chocolate w/Ginger & Orange, Dark Chocolate w/Mint, etc.



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order	
898596 001972	35158	@	X	Milk Chocolate	10 / 100g	G	_____
898596 001637	35295	@	X	Milk Chocolate w/ Sea Salt and Toffee	10 / 100g	G	_____
898596 001996	35159	@	X	White Chocolate w/Strawberries	10 / 100g	G	_____

**DOCTOR KRACKER CRISPBREADS & SNACKERS - UP TO 20% OFF + VOLUME PRICING**

895538 000024	16761	GMO	*	Crispbreads, Pumpkin Seed Cheddar, Organic	6 / 200g		_____
				<b>Buy 5-9 cases</b>	<b>Save 5%</b>		_____
				<b>Buy 10+ cases</b>	<b>Save 10%</b>		_____
895538 010405	16765	GMO	*	Snackers, Classic 3 Seed, Organic	6 / 170g		_____
895538 010412	16766	GMO	*	Snackers, Pumpkin Seed Cheddar, Organic	6 / 170g		_____
895538 010429	16767	GMO	*	Snackers, Seedlander, Organic	6 / 170g		_____

**DOM'S DEODORANTS - 15% OFF**

627843 395935	88003	GMO	BC P	Cream Deodorant, Lemon Citrus	12 / 70g	G P	_____
627843 395911	88001	GMO	BC P	Cream Deodorant, Lemongrass & Cedar	12 / 70g	G P	_____
627843 395942	88004	GMO	BC P	Cream Deodorant, Natural, Unscented	12 / 70g	G P	_____

**DREAM NON-DAIRY BEVERAGES - 10% OFF + VOLUME PRICING**

084253 261746	07039			RICE DREAM, Enriched, Chocolate (minimum split=3 pack)	8 / 3x240ml		_____
084253 261739	07058			RICE DREAM, Enriched, Vanilla (minimum split=3 pack)	8 / 3x240ml		_____
				<b>Buy 10-19 cases</b>	<b>Save 5%</b>		_____
				<b>Buy 20-29 cases</b>	<b>Save 10%</b>		_____
				<b>Buy 30+ cases</b>	<b>Save 15%</b>		_____
084253 233163	06831	GF K		RICE DREAM, Enriched, Original	12 / 946ml		_____
084253 233187	06832	GF K		RICE DREAM, Enriched, Vanilla	12 / 946ml		_____
				<b>Buy 10-19 cases</b>	<b>Save 5%</b>		_____
				<b>Buy 20-29 cases</b>	<b>Save 10%</b>		_____
				<b>Buy 30+ cases</b>	<b>Save 15%</b>		_____

**DRY SODAS - GLUTEN FREE - 15% OFF**

851818 001044	07192	GF K		Soda, Blood Orange (bottle)	6 / 4x355ml	G U	_____
851818 001440	07193	GF K		Soda, Cucumber (bottle)	6 / 4x355ml	G U	_____
851818 001433	06737	GF K		Soda, Juniper Berry (bottle)	6 / 4x355ml	G U	_____
851818 001075	06693	GF K		Soda, Rhubarb (bottle)	6 / 4x355ml	G U	_____
851818 001426	06736	GF K		Soda, Vanilla Bean (bottle)	6 / 4x355ml	G U	_____



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EARTH BALANCE BUTTERY SPREADS (REFRIGERATED) - 10% OFF

033776 111700 51110 K NEW! Buttery Spread with Olive Oil 6 / 368g

EARTH FRIENDLY HOUSEHOLD PRODUCTS - UP TO 20% OFF + VOLUME PRICING

749174 097217 80737 Dishmate™ Free & Clear Dish Liquid 6 / 739ml G P

749174 097224 80672 Dishmate™ Grapefruit Dish Liquid 6 / 739ml G P

749174 097279 80699 Dishmate™ Lavender Dish Liquid 6 / 739ml G P

749174 097200 80694 Dishmate™ Pear Dish Liquid 6 / 739ml G P

Buy 25+ cases (Dishmate 739ml) Save 5%

749174 097460 80749 Parsley Plus Surface Cleaner, Spray Bottle 6 / 650ml G P

Buy 25+ cases (Household 650ml) Save 5%

749174 098887 80738 ECOS® Magnolia & Lily Liquid Laundry Detergent 4 / 2.957L G P

749174 098917 80740 ECOS® Lavender Liquid Laundry Detergent 4 / 2.957L G P

Buy 25+ cases (Laundry 2.95L) Save 5%

749174 092489 80748 Orange Plus® Surface Cleaner, Concentrate 6 / 650ml G P

EARTH ISLAND® NON-DAIRY ALTERNATIVES (REFRIGERATED) - 15% OFF

049568 222271 52121 Slices, Cheddar Style (10 pk) 12 / 200g

049568 272276 52134 Slices, Pepper Jack Style (10 pk) 12 / 200g

049568 601427 52130 GMO GF K Parmesan Style, Grated (shaker) 8 / 142g

049568 683553 32199 GMO GF K \* Vegan Caesar Salad Dressing, Organic 6 / 355ml

049568 562278 52115 GMO GF K VEGAN GOURMET® Shreds, Mozzarella Flavour 8 / 227g

EARTH ISLAND® VEGANEgg EGG REPLACER - 15% OFF

049568 461144 52133 VeganEgg™ 8 / 114g

EARTHBOUND FARM ORGANIC FRUITS & VEGETABLES (FROZEN) - UP TO \$6.45 OFF

032601 025311 63013 \* X Berry Blend, Organic (bag) 12 / 300g

032601 025304 63009 \* X Blueberries, Organic (bag) 12 / 300g

032601 025274 63016 \* X Broccoli, Florets, Organic (bag) 12 / 300g

032601 025250 63017 \* X Butternut Squash, Organic (bag) 12 / 400g

032601 025298 63010 \* X Cherries, Sweet Dark, Organic (bag) 12 / 300g

032601 025267 63022 \* X Corn, Sweet, Organic (bag) 12 / 350g



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Table with 5 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, and Order. Rows include items like Green Beans, Kale, Mango Chunks, Peas, Raspberries, Peaches, Spinach, and Strawberries.

EARTH'S BEST BABY FOODS - 10% OFF + VOLUME PRICING

Table with 5 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, and Order. Rows include Stage 1 and Stage 2 baby foods like Carrot, Pears, Apples & Apricots, Apples & Blueberries, Green Beans & Brown Rice, and Peas & Brown Rice. Includes volume pricing: Buy 15-29 cases Save 10%, Buy 30+ cases Save 15%.

EARTH'S CHOICE PRODUCTS - UP TO 15% OFF

Table with 5 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, and Order. Rows include items like Apple Cider Vinegar, Tomato Sauce, Tomatoes, Salmon, Tuna, Pacific Sea Salt, Coconut Flour, Black Beans, and Garbanzo Beans.



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677403 503256	10522	GF *	P	Great Northern Beans, Organic	12 / 398ml	_____
677403 503225	10434	GF *	P	Pinto Beans, Organic	12 / 398ml	_____
677403 503201	10432	GF *	P	Red Kidney Beans, Organic	12 / 398ml	_____
677403 512715	10558	*	P	Cranberry Sauce, Jellied, Organic	12 / 348ml	_____
677403 512708	10557	*	P	Cranberry Sauce, Whole Berry, Organic	12 / 348ml	_____
677403 507025	10537	K *	P	Lemon Juice, Organic (not from concentrate)	6 / 1L	_____
677403 507001	10535	K *	P	Lemon Juice, Organic (not from concentrate)	12 / 250ml	_____
677403 507018	10536	K *	P	Lime Juice, Organic (not from concentrate)	12 / 250ml	_____
677403 512968	10556	K *	P	Coconut Cream, Organic	18 / 160ml	_____
677403 512999	10436	*	P	Coconut Milk, Premium, Organic	18 / 160ml	_____
677403 513002	10437	*	P	Coconut Milk Light, Organic	18 / 160ml	_____
677403 513019	28098	*	P	Coconut Cream, Organic	12 / 400ml	_____
677403 513040	28095	*	P	Coconut Milk, Guar Gum Free, Organic	12 / 400ml	_____
677403 512982	10439	*	P	Coconut Milk Light, Organic	12 / 400ml	_____
677403 512975	10438	*	P	Coconut Milk, Premium, Organic	12 / 400ml	_____
677403 513026	10521	GF K *	P	Creamed Coconut, Packets, Organic	12 / 3x50g	_____
677403 501948	10530	<del>GMO</del> *	P	Fruit Spread, Peach, Organic	6 / 320g	_____
677403 501917	10531	<del>GMO</del> *	P	Fruit Spread, Raspberry, Organic	6 / 320g	_____
677403 501931	10532	<del>GMO</del> *	P	Fruit Spread, Red Fig, Organic	6 / 320g	_____
677403 501900	10533	<del>GMO</del> *	P	Fruit Spread, Strawberry, Organic	6 / 320g	_____
677403 501924	10534	<del>GMO</del> *	P	Fruit Spread, Three Citrus, Organic	6 / 320g	_____
677403 501818	10491	*	BC P	Crunchy Peanut Butter, Organic	12 / 500g	_____
677403 501801	10446	*	BC P	Smooth Peanut Butter, Organic	12 / 500g	_____
677403 501825	10492	*	BC P	Smooth Peanut Butter, No Salt, Organic	12 / 500g	_____
677403 504529	10519	GF K *	P	Coconut, Desiccated Finely Shredded, Unsweetened, Organic	12 / 250g	_____
677403 504512	10499	GF K *	P	Coconut Chips, Unsweetened, Organic	12 / 200g	_____



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Table with 7 columns: UPC Code, Code, PSC, GF, K, BC, P, X, Description, Quantity, GST, Order. Rows include Coconut Oil, Olive Oil, Dark Chocolate, Milk Chocolate, and Tomato Sauce.

EARTH'S OWN SOFRESH NON-DAIRY BEVERAGES (REFRIGERATED) - GLUTEN FREE - 10% OFF

Table with 7 columns: UPC Code, Code, GMO, GF, K, BC, P, Description, Quantity, GST, Order. Rows include SoFresh Almond Coconut, SoFresh Almond Original, SoFresh Almond Unsweetened Original, SoFresh Almond Unsweetened Vanilla, and SoFresh Almond Vanilla.

EAT WHOLESOME PRODUCTS - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, BC, P, Description, Quantity, GST, Order. Rows include Chick Peas, Crushed Tomatoes, Mixed Beans, Sauerkraut, and Sauerkraut & Carrot.



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ECHOCLEAN HOUSEHOLD PRODUCTS - 10% OFF

Table with 7 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Quantity, Price, and Order. Rows include Dishwashing Liquid (Tangerine, Green Apple), Fabric Softener Sheets, and 2X Concentrate Baby Liquid Laundry.

ECO-MAX LAUNDRY PRODUCTS - 15% OFF + VOLUME PRICING

Table with 7 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Quantity, Price, and Order. Rows include Laundry Wash (Hypoallergenic, HE) and Laundry Wash (Orange, HE). Includes a 'Buy 30+ cases Save 3%' note.

ECOPOOCH BIODEGRADABLE TRASH BAGS - 10% OFF

Table with 7 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Quantity, Price, and Order. Row includes Doggie Litter Bags - 20x38cm (8"x15").

ECOSAFE 6400 COMPOSTABLE ORGANICS BAGS - 10% OFF

Table with 7 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Quantity, Price, and Order. Rows include Club Pack Compostable Bags (Kitchen, Mini 2.5 Gal / 9.5L), Compostable Bags (Kitchen, Mini 2.5 Gal / 9.5L), Compostable Bag (Kitchen, 13 Gal / 50L), Compostable Bag (Leaf & Garden 39 Gal/148L), and Commercial Bin Liner (13G/49L 24"x32").

EDEN PRODUCTS - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Quantity, Price, and Order. Rows include Apple Butter (Organic), Apple Cider Vinegar (Organic), Black Eye Peas (Organic), Cannellini Beans (Organic), Instant Red Miso Soup (Organic), Mirin (Rice Cooking Wine), Muesli (Organic), Navy Beans (Organic), Pinto Beans (Organic), and Pumpkin Seeds (Dry Roasted, Organic).



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Table with 6 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Quantity, and Order status. Includes items like Pumpkin Seeds, Red Wine Vinegar, and various beans.

EDWARD & SONS YOUNG JACKFRUIT MEATLESS ALTERNATIVE - 15% OFF

Table with 6 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Quantity, and Order status. Includes Young Jackfruit pieces and shredded jackfruit.

EFRUTI FRUIT JUICE GUMMI CANDIES - 15% OFF

Table with 6 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Quantity, and Order status. Includes Fruit Juice Candies, Fruit Bears, and Fruit Berries.

ELEVATE ME! ENERGY BARS - \$1.50 OFF

Table with 6 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Quantity, and Order status. Includes various Energy Bars like All Fruit, Apple Strawberry, and Peanut Butter Berry.





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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052

Order

ELIAS HONEYS - UP TO 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Includes items like Liquid Squeeze Honey Bear and Raw Natural Creamed Honey.

ENER-C ENERGY DRINK MIXES - GLUTEN FREE - 10% OFF

Table with 7 columns: UPC Code, Code, Description, Quantity, Price, and other attributes. Includes items like Cranberry, Lemon Lime, Orange, Peach Mango, Pineapple Coconut, and Raspberry Ener-C.

ENER-G PRODUCTS - GLUTEN FREE - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Includes Egg Replacer, Hi-Fiber Rice Loaf, Select Bread, and Tapioca Loaf.

ENGEVITA NUTRITIONAL YEASTS - 15% OFF

Table with 4 columns: Code, Description, Quantity, and Price. Includes X Nutritional Yeast (powder).

ESCUMINAC FARM BOTTLED ORGANIC MAPLE SYRUPS - 10% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Includes various Maple Syrup products (Amber, Medium).

ETHICAL BEAN WHOLE BEAN COFFEES - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Includes Bold Dark Roast, Decaf Dark Roast, Exotic Medium Roast, Lush Medium Dark, and Mellow Medium Roast Coffees.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

841631 034800 31298 \* @ Super Dark Roast French Roast Coffee, Whole Bean, Organic 6 / 340g

841631 826030 12886 \* @ Sweet Espresso, Organic 6 / 340g

FARMHOUSE CULTURE GUT SHOT BEVERAGES (REFRIGERATED) - GLUTEN FREE

850273 005178 32506 GMO GF \* X Gut Shot, Jalapeno, Organic 6 / 473ml U

FARMHOUSE CULTURE KRAUT KRISPS CHIPS - 15% OFF

850273 005710 32511 GMO K \* X NEW! KRAUT KRISPS, Dill Pickle, Organic 12 / 142g G

850273 005703 32510 GMO K \* X KRAUT KRISPS, Sea Salt, Organic 12 / 142g G

850273 005727 32512 GMO K \* X KRAUT KRISPS, Zesty Garden Veggie, Organic 12 / 142g G

FIELD ROAST® CHAO CREAMERY VEGAN CHEESE (REFRIGERATED) (DO NOT FREEZE) - 15% OFF

638031 705719 52125 GMO CHAO slices, Coconut Herb (10 slices) 12 / 200g

FENTIMANS BOTANICALLY BREWED BEVERAGES - 15% OFF

5029396 000260 07127 Cherry Cola (bottle) 6 / 4x275ml G U

5029396 000277 06882 Dandelion & Burdock, Botanicly Brewed Beverage (bottle) 6 / 4x275ml G U

5029396 000284 06879 Mandarin & Seville Orange Jigger, Botanicly Brewed Beverage (bottle) 6 / 4x275ml G U

5029396 000291 06877 Victorian Lemonade, Botanicly Brewed Beverage (bottle) 6 / 4x275ml G U

FEVER TREE BEVERAGES - 15% OFF

506010 8450287 07210 Ginger Ale Mixer (bottle) 8 / 500ml G U

5060108 450003 07270 X Tonic Water, Trays (bottle) 24 / 200ml G U

FILSINGER'S ORGANIC APPLE CIDER VINEGARS - GLUTEN FREE - 15% OFF

063930 189641 24105 GMO GF \* + P Apple Cider Vinegar, Unfiltered, Organic 6 / 1.89L

FIREFLY KITCHENS CONDIMENTS (REFRIGERATED) - 15% OFF

609722 957953 32116 \* Firefly Kimchi, Organic (glass jar) 6 / 454g

FLAMOUS FALAFEL CHIPS - GLUTEN FREE - 15% OFF

897463 001015 37255 GF \* X Falafel Chips Original, Organic 12 / 227g G

FOOD FOR LIFE BREADS & ENGLISH MUFFINS (FROZEN) - 15% OFF

073472 001707 55009 GW K X BREAD, Brown & White Rice, Pecan, Fruit Juice Sweetened 6 / 680g

073472 001738 55539 GW K X BREAD, China Black Rice, Fruit Juice Sweetened 6 / 680g

073472 001868 55596 GW K X ENGLISH MUFFINS, Brown Rice, Multiseed 6 / 510g



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073472 001851 55595 GW K X ENGLISH MUFFINS, Brown Rice 6 / 510g

FOOD FOR LIFE EZEKIEL 4:9 CEREALS - 15% OFF

073472 002582 22054 K \* Almond Sprouted Grain Cereal, Organic 6 / 454g

FOOD SHOULD TASTE GOOD CHIPS - GLUTEN FREE - \$4.30 OFF

021908 812458 37304 GF X Blue Corn Chips (vegan) 12 / 156g G

021908 812533 37301 GF X Multigrain Chips (vegan) 12 / 156g G

021908 812540 37302 GF X Olive Chips (vegan) 12 / 156g G

021908 812557 37303 GF X Sweet Potato Chips (vegan) 12 / 156g G

FRONTERA SALSAS - 15% OFF

604183 110107 29063 Gourmet Mexican Salsa, Chipotle, Hot 6 / 453g

604183 111104 29065 Salsa Mexicana, Mild 6 / 453g

604183 111203 29066 Salsa Mexicana, Medium 6 / 453g

FRONTIER HERBS & SPICES - 15% OFF

089836 210111 70551 \* X Basil Leaf, Organic 6 / 10g

089836 210159 70553 \* X Cardamom, Powder, Organic 6 / 21g

089836 210166 70554 \* X Cardamom, Whole, Organic 6 / 28g

089836 210173 70555 \* X Cayenne Pepper, Organic 6 / 32g

089836 210180 70556 \* X Chili Pepper, Flakes, Organic 6 / 31g

089836 210203 70558 \* X Cinnamon, Powder, Organic 6 / 30g

089836 210234 70561 \* X Coriander Seed, Powder, Organic 6 / 29g

089836 210241 70562 \* X Cumin Seed, Powder, Organic 6 / 36g

089836 210258 70563 \* X Cumin Seed, Whole, Organic 6 / 34g

089836 210265 70564 \* X Curry, Powder, Organic 6 / 30g

089836 210289 70566 \* X Fennel Seed, Whole, Organic 6 / 24g

089836 210302 70568 \* X Garlic, Granules, Organic 6 / 55g

089836 210326 70570 \* X Herbes de Provence, Organic 6 / 14g

089836 210371 70575 \* X Oregano Leaf, Flakes, Organic 6 / 10g

089836 210388 70576 \* X Paprika, Powder, Organic 6 / 36g

089836 210395 70577 \* X Parsely Leaf, Flakes, Organic 6 / 6g

089836 210135 70578 \* X Pepper, Black, Medium Grind, Organic 6 / 44g

089836 210142 70579 \* X Peppercorns, Black, Whole, Organic 6 / 39g



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
089836 210401	70580	*	X Peppermill Blend, Organic	6 / 40g	_____
089836 210425	70582	*	X Rosemary Leaf, Organic	6 / 13g	_____
089836 210456	70584	*	X Thyme Leaf, Flakes, Organic	6 / 12g	_____
089836 210463	70585	*	X Tumeric Root, Organic	6 / 30g	_____
089836 927217	70977	B	X Allspice, Ground, Organic	1 / 454g	_____
089836 926012	70953	B	X Black Peppper, Coarse Grind, Organic	1 / 454g	_____
089836 926173	70979	B	X Cardamom Pods, Whole, Organic	1 / 454g	_____
089836 926517	70915	B	X Cardamom Seed, Ground, Decorticated	1 / 454g	_____
089836 926258	70980	B	X Cardamom Seed, Whole, Organic	1 / 454g	_____
089836 092922	70923	B	X Cloves, Ground	1 / 454g	_____
089836 092939	70978	B	X Cloves, Whole, Organic	1 / 454g	_____
089836 926098	70924	B	X Coriander Seed, Ground	1 / 454g	_____
089836 093622	70930	B	X Dill Weed, Cut & Sifted, Organic	1 / 454g	_____
089836 926197	70931	B	X Fennel Seed, Whole, Organic	1 / 454g	_____
089836 093561	70932	B	X Fenugreek Seed, Whole, Organic	1 / 454g	_____
089836 927224	70933	B	X Garam Masala, Organic	1 / 454g	_____
089836 926494	70937	B	X Italian Seasoning, Whole, Organic	1 / 454g	_____
089836 093448	70939	B	X Mustard Seed, Brown, Whole, Organic	1 / 454g	_____
089836 926074	70942	B	X Nutmeg, Ground, Organic	1 / 454g	_____
089836 092816	70945	B	X Oregano Leaf, Cut and Sifted, Mediterranean	1 / 454g	_____
089836 093509	70947	B	X Parsley, Leaf Flakes, Organic	1 / 454g	_____
089836 096302	70951	B	X Peppermint Leaf, Organic	1 / 454g	_____
089836 098092	70952	B	X Red Chili Peppers, Crushed, Organic	1 / 454g	_____
089836 093790	70955	B	X Rosemary Leaf, Whole, Organic	1 / 454g	_____
089836 092366	70956	B	X Sage Leaf, Rubbed, Organic	1 / 454g	_____
089836 944078	70957	B	X Salt, Himalayan Pink, Coarse Grind	1 / 454g	_____
089836 928917	70911	B	X Star Anise, Whole, Organic	1 / 454g	_____
089836 093554	70912	B	X Sweet Basil Leaf, Organic	1 / 454g	_____
089836 927781	70959	B	X Taco Seasoning, Organic	1 / 454g	_____
089836 927804	70962	B	X Vegetable Broth Powder, Low Sodium, Organic	1 / 454g	_____
089836 093714	70944	B	X White Onion, Powdered, Organic	1 / 454g	_____



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089836 927729 70973 B \* X White Pepper, Ground, Organic 1 / 454g

FROZEN COCONUT NON-DAIRY DESSERTS (FROZEN) - GLUTEN FREE - \$8.00 OFF

628451 826033 34088 ~~GMO~~ GF \* BC P X Chocolate Mint, Non-Dairy Frozen Dessert, Organic 8 / 473ml G

628451 826118 34089 ~~GMO~~ GF \* BC P X Chocolate, Non-Dairy Frozen Dessert, Organic 8 / 473ml G

628451 826019 34090 ~~GMO~~ GF \* BC P X Classic Coconut, Non-Dairy Frozen Dessert, Organic 8 / 473ml G

628451 826057 34085 ~~GMO~~ GF \* BC P X Lemon Meringue, Non-Dairy Frozen Dessert, Organic 8 / 473ml G

628451 826279 01324 ~~GMO~~ GF K \* @ BC P X Mango, Non-Dairy Frozen Dessert, Organic 8 / 473ml G

628451 826293 01322 ~~GMO~~ GF K \* @ BC P X Maple w/ Sea Salt, Non-Dairy Frozen Dessert, Organic 8 / 473ml G

628451 826255 01323 ~~GMO~~ GF K \* @ BC P X Strawberry, Non-Dairy Frozen Dessert, Organic 8 / 473ml G

GARDEIN MEAT-FREE ALTERNATIVES (FREEZER) - 10% OFF

842234 000896 54275 ~~GMO~~ K X NEW! Chick'n, Chipotle Lime Crispy Fingers 8 / 270g

842234 000889 54274 ~~GMO~~ K X NEW! Chick'n, Sweet & Tangy Barbeque Wings 8 / 255g

842234 001671 65011 ~~GMO~~ K X NEW! Chipotle Blackbean Patty 8 / 340g

842234 001145 65036 ~~GMO~~ K X NEW! Turk'y Cutlets 8 / 300g

GARDENER'S DREAM CREAM - GLUTEN FREE - 15% OFF

683502 001036 80616 GF BC P Gardeners Dream Cream 1 / 90ml G P

GIMME™ ORGANIC ROASTED SEAWEED SNACKS - GLUTEN FREE - 10% OFF

851093 004303 24136 ~~GMO~~ GF \* X Roasted Seaweed Snacks, Sea Salt, Organic 8 / 6x5g G

851093 004310 24137 ~~GMO~~ GF \* X Roasted Seaweed Snacks, Teriyaki, Organic 8 / 6x5g G

GIOVANNI ECO CHIC COSMETICS - 15% OFF

716237 180537 80585 Shampoo, Smooth as Silk 1 / 250ml G P

716237 020086 80590 Conditioner, Smooth As Silk 1 / 250ml G P

716237 130082 80587 Shampoo, Tea Tree Triple Treat 1 / 250ml G P

716237 150080 80591 Conditioner, Tea Tree Triple Treat 1 / 250ml G P

716237 030085 80584 Shampoo, 50/50 Balanced 1 / 250ml G P

716237 040084 80589 Conditioner, 50/50 Balanced 1 / 251ml G P

716237 110084 80595 Hair Spray, L.A. Hold 1 / 147ml G P

716237 100085 80596 Styling Gel, L.A. Natural 1 / 200ml G P

716237 120083 80597 Natural Mousse 1 / 207ml G P



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716237 184818 80792 Conditioner, 2chic® X Repairing, with Blackberry & Coconut Milk 1 / 250ml G P

GLEE GUM NATURAL CHEWING GUMS - 15% OFF

649815 000531 81567 GMO K X Bubblegum, Sugar Free 12 / 16ct G
649815 000517 81549 GMO K X Lemon Lime Gum, Sugar Free 12 / 16ct G
649815 000548 81568 GMO K X Wintergreen Gum, Sugar Free 12 / 16ct G

GLUTINO PRODUCTS - GLUTEN FREE - UP TO 15% OFF

678523 040393 37334 GF K NEW! Pretzel Twists Snack Packs 6 / 8x28g G
678523 010051 22822 GF + Pancake Mix 6 / 575g
678523 040249 37311 GF + X Pretzels, Yogurt Covered 12 / 156g G
678523 010426 38534 GF K + Wafer Cookies, Vanilla, Milk Chocolate Coated 12 / 130g

GLUTINO PIZZAS (FROZEN) - GLUTEN FREE - \$2.10 OFF

678523 010785 54277 GF X Pizza, Brown Rice Crust, Pepperoni 6 / 175g
678523 010648 54511 GF X Pizza, Duo Cheese 6 / 175g
678523 010709 54517 GF X Pizza, Spinach & Feta 6 / 175g

GO RAW SPROUTED BARS - GLUTEN FREE - \$6.00 OFF

851489 003538 42303 GMO GF \* X Sprouted Bar, Pumpkin Seed, Organic 20 / 51g G

GOGO QUINOA PRODUCTS - GLUTEN FREE - UP TO 15% OFF

896899 000449 19046 GF \* + P All Purpose Flour, Organic 8 / 500g
896899 000425 19027 GMO GF \* @ X Anellini Rice & Quinoa Vegetable Pasta, Organic 12 / 300g
896899 000326 57049 GF \* @ + P Mix, Burger, Organic 8 / 375g
896899 000371 19049 GF \* P Pancake Mix, Whole Grains, Organic 8 / 500g
896899 000791 19044 GMO GF K + P QRANOLA, Choco Ginger w/sprouted Quinoa 6 / 280g
896899 000784 19042 GMO GF K + P QRANOLA, Supergrains w/sprouted Quinoa 6 / 280g
896899 000463 19047 GMO GF K P Quinoa Cookies, Double Chocolate 6 / 198g
896899 000036 19021 GMO GF \* X Quinoa Crunchies, Original, Organic 6 / 100g G
896899 000197 20000 GMO GF \* P Quinoa Flour, Organic 8 / 500g
896899 000135 19014 GMO GF K \* @ P Quinoa ROYAL™, White, Organic 8 / 500g
896899 000357 19022 GMO GF K \* @ P Quinoa ROYAL™, Red and White, Organic 8 / 500g
896899 000777 19045 GMO GF K \* P Quinoa ROYAL™ Tri-color, Organic 8 / 500g
896899 000814 19048 GMO GF K P Quinoa, White 8 / 375g



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GOLD RUSH SIDES FROZEN SIDES & POTATO PRODUCTS (FROZEN) - UP TO \$6.39 OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Order. Rows include items like Diced Hashbrowns, Shredded Hashbrowns, Julienne French Fries, Red Skin Potato Wedges, Roasted Potato Trio Medley, and Sweet Potato French Fries.

GOLDEN BOY PEANUT BUTTERS - 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Order. Row includes Peanut Butter, Crunchy, Salted.

GOODDRINK SPRITZERS - 25% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Order. Rows include Spritzter, Eureka Lemon, Spritzter, Ruby Red Grapefruit, and Spritzter, Wild Blackberry.

GORILLY GOODS ORGANIC SNACKS - GLUTEN FREE - 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Order. Rows include BAJA, Pumpkin Seed, Hemp & Cilantro, COAST, Sweet Curry Cashew & Fruit, FOREST, Dark Chocolate, HILLSIDE, Pumpkin Seed & Kale, JUNGLE, Fruit & Nut, and TRAIL, Nuts, Goji, Cacao Nibs.

GREEK GODS® GREEK STYLE YOGURTS (REFRIGERATED) - 10% OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Order. Rows include Yogurt, Black Cherry, Yogurt, Honey Flavour, Yogurt, Honey Vanilla Flavour, and Yogurt, Traditional Plain. Includes volume pricing for 15-24 and 25+ cases.



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GREEN LID COMPOSTABLE COMPOST BIN - 10% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Price, and Order. Includes items like Compostable Compost Bin, Starter Kit and Compostable Compost Bin, 5 Pack Refill.

GREENOLA VEGETABLES - GLUTEN FREE - 15% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Price, and Order. Includes Mini Cornichons, Organic (jar).

GT'S KOMBUCHA BEVERAGES (REFRIGERATED) - \$4.61 OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Price, and Order. Lists various kombucha blends like Cosmic Cranberry, Divine Grape, Trilog, Guava Goddess, etc.





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GURU ENERGY BEVERAGES - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, \*, +, P, X, Description, Quantity, G, U, Order. Rows include Energy Drink, Lite, Organic (can) and Energy Water, Sparkling, Lime, Organic (can).

GUSTA VEGAN CHEESE ALTERNATIVES (REFRIGERATED) - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, \*, +, P, X, Description, Quantity, G, U, Order. Rows include Grating Block, Americano and Grating Block, Swisso.

GUSTA SEITAN MEAT ALTERNATIVES (FROZEN) - 10% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, \*, +, P, X, Description, Quantity, G, U, Order. Rows include Seitan Loaf, Kebab w/Oriental Spices and Seitan Roast, Classico w/Savory Pie Spices.

HALFPOPS CURIOUSLY CRUNCHY POPCORN - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, X, Description, Quantity, G, U, Order. Rows include Popcorn, Aged White Cheddar and Popcorn, Butter & Sea Salt.

HAPPY PLANET PRODUCTS (REFRIGERATED) - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, PSC, BC, P, X, Description, Quantity, G, U, Order. Rows include Clean\* Protein Smoothie, Banana Cashew and Clean\* Protein Smoothie, Creamy Vanilla.



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779172 417366	06506	*	BC P	Organic Juice, Pomegranate & Blueberry, Organic (gable carton)	6 / 1.75L	U	
779172 417182	06259	*	BC P	Organic Juice, Strawberry & Banana, Organic (gable carton)	6 / 1.75L	U	
779172 417021	06258	*	BC P	Organic Juice, Valencia Orange, Organic (gable carton)	6 / 1.75L	U	
779172 611054	38884	*	BC P	Soup, Berkeley Butternut Squash w/Yams & Fresh Cream, Organic (resealable bag)	6 / 650ml		
779172 667365	38940		BC P	Soup, Chicken Pot Pie, made w/free range chicken (resealable bag)	6 / 500ml		
779172 667433	38943		BC P	Soup, Cream of Chicken w/ Wild Rice & Tarragon, Organic (resealable bag)	6 / 500ml		
779172 667235	38891	*	BC P	Soup, Fraser Valley Mushroom & Mascarpone w/Thyme, Organic (resealable bag)	6 / 500ml		
779172 617353	38941		BC P	Soup, Korean Hot & Sour, w/Kimchi and vegetables (resealable bag)	6 / 500ml		
779172 611030	38883	*	BC P	Soup, Louisiana Sweetcorn & Red Pepper w/Chipotle Pepper, Organic (resealable bag)	6 / 650ml		
779172 611085	38887	*	BC P	Soup, South India Split Pea w/Plum Tomatoes & Coriander, Organic (resealable bag)	6 / 650ml		
779172 667372	38939	GF	BC P	Soup, Tomato Grilled Cheese (resealable bag)	6 / 500ml		

**HARDBITE™ HANDCRAFTED STYLE CHIPS - VOLUME PRICING**

673513 001507	36412	<del>GMO</del>	BC P X	Potato Chips, All Natural	15 / 150g	G	
673513 103508	37748		BC P X	Potato Chips, Avocado & Lime	15 / 150g	G	
673513 031504	36416		BC P X	Potato Chips, Jalapeño	15 / 150g	G	
673513 101504	37517		BC P X	Potato Chips, Ketchup	15 / 150g	G	
673513 021505	36414		BC P X	Potato Chips, Rock Salt & Vinegar	15 / 150g	G	



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with 6 columns: UPC Code, Code, Description, Quantity, Price, and Order. Includes items like Potato Chips, Sea Salt & Pepper and promotional offers for bulk purchases.

HARVEST SUN PRODUCTS - 15% OFF

Table with 6 columns: UPC Code, Code, Description, Quantity, Price, and Order. Includes items like Broth Powder, Chicken, Organic and Whole Tomatoes, BPA free lining, Organic.

HEALTHY TIMES BABY FOODS - UP TO \$5.68 OFF

Table with 6 columns: UPC Code, Code, Description, Quantity, Price, and Order. Includes items like Baby Cereal, Brown Rice, Organic and Baby Cereal, Oatmeal, Organic.

HEE-HAW HORSERADISH - 15% OFF

Table with 6 columns: UPC Code, Code, Description, Quantity, Price, and Order. Includes item ReDonkeylously Hot Horseradish.

HIDDEN GARDEN COOKIES - GLUTEN FREE - \$5.00 OFF

Table with 6 columns: UPC Code, Code, Description, Quantity, Price, and Order. Includes items like Cookies, Chocolate Chip and Cookies, Ginger Snaps.

HILARY'S VEGGIE MEAT ALTERNATIVES (FROZEN) - GLUTEN FREE - UP TO 20% OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, Description, Quantity, Price, and Order. Includes items like Bites, Original Veggie, Organic and Bites, Broccoli Casserole, Organic. Includes a bulk purchase offer: Buy 8+ cases (BITES ONLY) Save 5%.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with 7 columns: UPC Code, Code, GMO, GF, \*, X, Description, Quantity. Rows include Breakfast Sausage Patty (Apple Maple, Organic), Breakfast Sausage Patty (Spicy Veggie, Organic), Burger (Adzuki Bean, Organic), Burger (Black Rice, Organic), Burger (Hemp & Greens, Organic), and Burger (Root Veggie, Organic). Includes a 'Buy 8+ cases (SAUSAGES ONLY) Save 5%' promotion.

HILARY'S DRESSINGS & VINAIGRETTES - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, GMO, GF, \*, Description, Quantity. Rows include Remoulade Dressing, Ranch Chia Dressing, Chili-Lime Vinaigrette, Beet Vinaigrette, and Apple Fennel Dressing.

HOLY CRAP BREAKFAST CEREAL - GLUTEN FREE - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, GMO, GF, K, BC, P, X, Description, Quantity. Rows include HOLY CRAP Blueberry Apple and HOLY CRAP Dragon's Blend, Organic.

HONEYWATER BEVERAGES - 15% OFF

Table with 7 columns: UPC Code, Code, +, P, X, Description, Quantity, U. Rows include Water, Lemon, Sweetened with Honey and Water, Mint, Sweetened with Honey.

HORNBY ORGANIC ENERGY BARS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, GF, \*, BC, P, X, Description, Quantity, G. Rows include Energy Bar (Carob Peanut Butter, Organic), Energy Bar (Chocolate Chip Peanut Butter, Organic), Energy Bar (Chocolate Chip Tahini, Organic), Energy Bar (Chocolate Espresso, Organic), and Energy Bar (Oatmeal Raisin, Organic).



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
628055 058113	37539	GF *	BC P X	Energy Bar, Pumpkin Fudge, Organic	12 / 80g	G
628055 058120	37540	GF *	BC P X	Energy Bar, Sunflower Cranberry, Organic	12 / 80g	G
<b>HOT KID BABY FOODS - GLUTEN FREE - 15% OFF</b>						
686352 808541	16442	GF		X Original Rice Rusks	6 / 50g	
<b>IF YOU CARE PRODUCTS - UP TO \$5.12 OFF</b>						
770009 120114	46385			Aluminum Foil	12 / 50sqft	G P
770009 250897	46390			Automatic Dishwasher Tablets (water soluble wrap)	8 / 40ct	G P
770009 010484	46382			Baking Cups, Large	24 / 60cups	G P
770009 050046	46384			Cheese Cloth, Natural Cotton	24 / 18sqft	G P
770009 010200	46380			Parchment Paper	12 / 70sqft	G P
770009 250255	46387			Wax Paper, Unbleached	12 / 1ea	G P
<b>IMAGINE NATURAL SOUPS - 10% OFF + VOLUME PRICING</b>						
084253 246231	38648	GF *		Soup, Chunky, Southwestern Black Bean, Organic	12 / 500ml	
084253 246224	38651	GF *		Soup, Chunky, Tomato Basil, Organic	12 / 500ml	
				<b>Buy 10-19 cases (SOUPS)</b>	<b>Save 5%</b>	
				<b>Buy 20-29 cases (SOUPS)</b>	<b>Save 10%</b>	
				<b>Buy 30+ cases (SOUPS)</b>	<b>Save 15%</b>	
084253 241441	38749	GMO GF K *		Soup, Creamy Broccoli, Family Size, Organic	12 / 1L	
084253 242417	38272	GF K *		Soup, Creamy Butternut Squash, Family Size, Organic	12 / 1L	
084253 246514	38644	GF K *		Soup, Creamy Garden Tomato, Reduced Sodium, Family Size, Organic	12 / 1L	
084253 242462	38276	GF K *		Soup, Creamy Potato Leek, Family Size, Organic	12 / 1L	
084253 242479	38278	GF K *		Soup, Creamy Tomato, Family Size, Organic	12 / 1L	
084253 241380	38262	GF K *		Soup, Creamy Tomato Basil, Family Size, Organic	12 / 1L	
				<b>Buy 10-19 cases (SOUPS)</b>	<b>Save 5%</b>	
				<b>Buy 20-29 cases (SOUPS)</b>	<b>Save 10%</b>	
				<b>Buy 30+ cases (SOUPS)</b>	<b>Save 15%</b>	
<b>INDIAN LIFE PRODUCTS (FROZEN) - 15% OFF</b>						
777762 002381	58039		BC P X	Naan Wrap w/Kidney Beans and Brown Rice	12 / 275g	
777762 001322	58014	*	BC P X	Naan, Coriander & Herb, Organic	12 / 500g	
777762 000530	58013	GMO *	BC P X	Roti Bread, Organic	12 / 250g	



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JASON HAIR CARE - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Specials. Includes items like Conditioner, Jojoba and Conditioner, Normalizing, Tea Tree Scalp.

KAN'S GOURMET FOODS APPETIZERS (FROZEN) - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Specials. Includes Falafel, Mini Lentil (vegan), w/dipping sauce.

KARTHEIN'S ORGANIC UNPASTEURIZED KIMCHI & SAUERKRAUT (REFRIGERATED) - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Specials. Includes Kimchi, Raw, Unpasteurized, Organic and various Sauerkraut products.

KASLO SOURDOUGH PASTAS - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Specials. Includes Pasta Fermentata, Maccheroni, Classic and Pasta Fermentata, Rotini, Semolina & Quinoa.

KASTAMONITSA EXTRA VIRGIN GREEK OLIVE OILS - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Specials. Includes Extra Virgin Greek Olive Oil, Cold-Pressed from Crete.

KETTLE POPCORN & POTATO CHIPS - GLUTEN FREE - UP TO \$3.70 OFF + VOLUME PRICING

Table with 5 columns: UPC Code, Code, Description, Quantity, and Specials. Includes ORGANIC, Country Style BBQ Chips and ORGANIC, Natural Salted Chips.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with columns: UPC Code, Code, PSC, GF, K, Description, Quantity, Price, and Order status. Includes items like CHIPS, Avocado oil, Chili Lime and UPROOTED, Sweet Potatoes.

KIJU BEVERAGES - 15% OFF

Table with columns: UPC Code, Code, PSC, GF, K, Description, Quantity, Price, and Order status. Includes RTD, Green Tea and Pomegranate, Organic.

KIND SNACK BARS - UP TO \$2.33 OFF + VOLUME PRICING

Table with columns: UPC Code, Code, PSC, GF, K, Description, Quantity, Price, and Order status. Includes various Fruit & Nut bars and Nuts & Spices.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with columns: UPC Code, Code, PSC Toll Free Order #'s, Tel: 1-800-663-7604, Fax: 1-800-520-5052, Product Name, Quantity, Price, and Order. Includes items like Nuts & Spices, Maple Glazed Pecan & Sea Salt, and various PRESSED™ Fruit Bars.

KING ISLAND COCONUT WATERS - 15% OFF

Table with columns: UPC Code, Code, PSC Toll Free Order #'s, Tel: 1-800-663-7604, Fax: 1-800-520-5052, Product Name, Quantity, Price, and Order. Includes Coconut Water, Pure (gable top).

KINNIKINNICK FOODS PRODUCTS (FROZEN) - GLUTEN FREE - 15% OFF

Table with columns: UPC Code, Code, PSC Toll Free Order #'s, Tel: 1-800-663-7604, Fax: 1-800-520-5052, Product Name, Quantity, Price, and Order. Includes BUNS, Hotdog, Donuts, Maple Glazed, and ENGLISH MUFFINS, Tapioca.

KINNIKINNICK FOODS COOKIES - GLUTEN FREE - 15% OFF

Table with columns: UPC Code, Code, PSC Toll Free Order #'s, Tel: 1-800-663-7604, Fax: 1-800-520-5052, Product Name, Quantity, Price, and Order. Includes Cookies, Ginger Snaps, KINNIKritters Animal Cookies, and KinniTOOS Sandwich Cream Cookies.

KRINOS CHEESES (REFRIGERATED) - GLUTEN FREE - 15% OFF

Table with columns: UPC Code, Code, PSC Toll Free Order #'s, Tel: 1-800-663-7604, Fax: 1-800-520-5052, Product Name, Quantity, Price, and Order. Includes Greek Sheep & Goat Feta Cheese, Organic.

KRINOS GREEK OLIVES - GLUTEN FREE - 15% OFF

Table with columns: UPC Code, Code, PSC Toll Free Order #'s, Tel: 1-800-663-7604, Fax: 1-800-520-5052, Product Name, Quantity, Price, and Order. Includes Organic Greek Kalamata Olives, Whole.





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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

LA PREFERIDA PRODUCTS - UP TO 15% OFF + VOLUME PRICING

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel, Fax, and Order. Rows include Refried Beans, Diced Green Chiles, Jalapeno Nacho Slices, and Salsa.

LAKANTO SUGAR FREE SWEETENERS - GLUTEN FREE - 15% OFF

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel, Fax, and Order. Row includes Sugar Free Sweetener w/ Monk Fruit, Classic.

L'ANCÊTRE CHEESES & BUTTERS (REFRIGERATED) - GLUTEN FREE - UP TO 15% OFF + VOLUME PRICING

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel, Fax, and Order. Rows include Cheddar, Extra Sharp, Organic (raw milk) and Cheddar, Medium, Organic (raw milk).



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
778177 499339	50085	GF	* + P	Cheddar, Old, Organic (raw milk) 14 / 200g	
				Buy 3-4 cases (Mix & Match) Save 3.99	
				Buy 5-9 cases (Mix & Match) Save 5.71	
				Buy 10+ cases (Mix & Match) Save 6.85	
778177 499605	50019	GF	* + P	Emmental, Organic (raw milk) 12 / 200g	
				Buy 3-4 cases (Mix & Match) Save 3.42	
				Buy 5-9 cases (Mix & Match) Save 4.88	
				Buy 10+ cases (Mix & Match) Save 5.85	
778177 499728	50024	GF	* + P	Parmesan, Blocks, Organic (raw milk) 14 / 200g	
				Buy 3-4 cases (Mix & Match) Save 4.88	
				Buy 5-9 cases (Mix & Match) Save 6.97	
				Buy 10+ cases (Mix & Match) Save 8.36	
778177 106962	43002		* + P	Butter, Salted, Organic 12 / 250g	
778177 106978	43003		* + P	Butter, Unsalted, Organic 12 / 250g	
778177 111965	50087	GF	* + P	Frugal, Skim Milk Cheese, Organic (7% MF) (low fat) 14 / 200g	
778177 499452	50164	GF	* + P	Le Boucané Bio, Cheddar, Double Wood Smoked, Organic (31% MF) (lactose free) 14 / 190g	
778177 112955	50017	GF	* + P	Mozzarella, Partly Skimmed, Organic (20% MF) (low fat) 14 / 200g	
<b>LE PAIN DES FLEURS CRISPBREADS - GLUTEN FREE - 15% OFF</b>					
848206 059596	16643	GMO	GF K *	Crispbreads, Chestnut, Organic 12 / 150g	
848206 059589	16641	GMO	GF K *	Crispbreads, Quinoa, Organic 12 / 150g	
<b>LET'S DO...ORGANIC PRODUCTS - 15% OFF</b>					
043182 005937	02008	GF	K *	Sprinklez, Confetti, Organic 12 / 28g	
043182 005418	24138		K *	Arrowroot Starch (Powder), Organic 6 / 170g	
043182 005425	24139	GF	K *	Potato Starch, Organic 6 / 170g	
043182 003575	35043		K *	Sugar Cones, Organic 12 / 144g	



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

LICK YOUR CHOPS DOG FOOD - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Includes items like Canned Dog Food, Lamb & Rice and Canned Dog Food, Turkey & Brown Rice.

LISC DILL PICKLES - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Includes Pickles, Dill.

LITTLE NORTHERN BAKEHOUSE BUNS & LOAFS (FROZEN) - GLUTEN FREE - UP TO 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Includes various buns and loaves like Buns, Millet & Chia and Loaf, Millet & Chia.

LOVE CHILD ORGANICS BABY FOODS - UP TO 15% OFF + VOLUME PRICING

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Includes Puree Blends with various fruits and vegetables like Apples & Mangos, Apples, Sweet Potatoes, Carrots, & Blueberries, etc.



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UPC Code

Code

PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052

Order

858860 001114	61046	* + P	Puree Blends - Apples, Sweet Potatoes, Beets & Cinnamon w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	_____
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858860 001176	61049	* + P	Puree Blends - Bananas, Pumpkins, Pears & Coconut w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	_____
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858860 001039	61042	* + P	Puree Blends - Bananas, Strawberries & Peaches w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	_____
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858860 001169	61048	* + P	Puree Blends - Pears, Carrots, Green Beans & Prunes w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	_____
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858860 001053	61044	* + P	Puree Blends - Pears, Kale & Peas w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	_____
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858860 001077	61051	* + P	Puree First Apples, Organic (resealable squeeze pouch)	12 / 128ml	_____
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858860 001084	61052	* + P	Puree First Pears, Organic (resealable squeeze pouch)	12 / 128ml	_____
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858860 001138	61053	* + P	Puree Yo'rridge - Apples, Pumpkins, Raisins & Cinnamon w/Yogurt + Supergrains Organic (resealable squeeze pouch)	12 / 128ml	_____
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858860 001145	61054	* + P	Puree Yo'rridge - Apples, Strawberries & Rhubarb w/Yogurt + Supergrains, Organic (resealable squeeze pouch)	12 / 128ml	_____
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858860 001152	61055	* + P	Puree Yo'rridge - Pears, Bananas, Raspberries & Blackberries w/Yogurt + Supergrains, Organic (resealable squeeze pouch)	12 / 128ml	_____
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Buy 10-14 cases

Save 0.35



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
			Buy 15-24 cases	Save 0.70	
			Buy 25-49 cases	Save 1.41	
			Buy 50+ cases	Save 2.11	
858860 001763	61060	* + P	Puree Meal, Bolognese w/beef (resealable squeeze pouch)	6 / 128ml	
858860 001749	61061	* + P	Puree Meal, Mango Chicken Stew (resealable squeeze pouch)	6 / 128ml	
858860 001756	61062	* + P	Puree Meal, Thanksgiving Dinner w/turkey (resealable squeeze pouch)	6 / 128ml	
			Buy 5-9 cases	Save 0.23	
			Buy 10-14 cases	Save 0.47	
			Buy 15-29 cases	Save 1.43	
			Buy 30+ cases	Save 1.90	
858860 001800	69515	* + P	Baby's First Infant Cereal, Oat + Chia, Organic (6+ months)	5 / 227g	
858860 001480	69519	* P X	LOVE DUCKS, Corn Puff Snacks, Apple + Strawberry, Organic (9+ months)	8 / 30g	G
858860 001466	69509	* + P X	LOVE DUCKS, Corn Puff Snacks, Carrot + Apple, Organic (9+ months)	8 / 30g	G
858860 001497	69520	* P X	LOVE DUCKS, Corn Puff Snacks, Cheese + Herb, Organic (9+ months)	8 / 30g	G
858860 001473	69510	* + P X	LOVE DUCKS, Corn Puff Snacks, Tomato + Carrot, Organic (9+ months)	8 / 30g	G
858860 001503	69511	* + P	TEEFIES, Multigrain Teething Wafer, Mango + Purple Carrot, Organic (7+ months)	6 / 6x14g	
858860 001510	69512	* + P	TEEFIES, Multigrain Teething Wafer, Pear + Beet, Organic (7+ months)	6 / 6x14g	
858860 001350	69503	* + P X	TOODLE O's, Multigrain Cereal Snack, Apple, Organic (9+ months)	4 / 75g	
858860 001367	69504	* + P X	TOODLE O's, Multigrain Cereal Snack, Banana, Organic (9+ months)	4 / 75g	



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Order

LUNDBERG PRODUCTS - GLUTEN FREE - UP TO 17% OFF

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel: 1-800-663-7604, Fax: 1-800-520-5052, Product Name, Quantity, and Order status. Includes items like Brown Rice Syrup, Wholegrain Rice & Seasoning Mix, Rice Cakes, Rice Chips, and various types of Rice.



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052					Order
073416 401617	32097	GMO B GF K *			X Rice, Sushi, White, Organic	1 / 11.34kg	
073416 001657	24109	GMO B GF K			X Brown Rice Syrup, Sweet Dreams, Eco-Farmed	1 / 25kg	
<b>MACKELLAR FARMS EDAMAME (FROZEN) - 15% OFF</b>							
185820 000017	63026	GMO			+ P X Edamame, Whole Pods (Product of Canada)	12 / 400g	
<b>MADEGOOD®GRANOLA SNACKS - GLUTEN FREE - UP TO 15% OFF</b>							
687456 223032	64002	GMO GF K *			+ P Granola Minis, Apple Cinnamon, Organic	6 / 4x24g	G
687456 223018	64000	GMO GF K *			+ P Granola Minis, Chocolate Banana, Organic	6 / 4x24g	G
687456 223100	64003	GMO GF K *			+ P Granola Minis, Chocolate Chip, Organic	6 / 4x24g	G
687456 223117	64004	GMO GF K *			+ P Granola Minis, Mixed Berry, Organic	6 / 4x24g	G
687456 223025	64001	GMO GF K *			+ P Granola Minis, Strawberry, Organic	6 / 4x24g	G
687456 213170	64021	GMO GF K *			+ P Granola Bars, Strawberry, Organic	6 / 5x24g	G
<b>MANITOBA HARVEST HEMP SEED OILS (REFRIGERATED) - 10% OFF</b>							
697658 200014	36603	GMO WF K *			+ P Hemp Seed Oil, Organic	12 / 250ml	
697658 000027	36353	GMO WF K			+ P Hemp Seed Oil	12 / 355ml	
697658 200021	36897	GMO K *			+ P Hemp Seed Oil, Organic	6 / 500ml	
<b>MANITOBA HARVEST HEMP PRODUCTS - UP TO 15% OFF</b>							
697658 692031	26079	GMO K			+ P Hemp Heart Toppers, Chipotle, Onion & Garlic	12 / 125g	G
697658 692017	26076	GMO K			+ P Hemp Heart Toppers, Coconut & Cocoa	12 / 125g	G
697658 692000	26074	GMO K			+ P Hemp Heart Toppers, Maple & Cinnamon	12 / 125g	G
697658 692024	26077	GMO K			+ P Hemp Heart Toppers, Onion, Garlic & Rosemary	12 / 125g	G
697658 201134	37350				+ P X Hemp Hearts, Single Serve	12 / 25g	
697658 201196	37349				+ P Hemp Hearts	6 / 454g	
697658 000034	36352	GMO WF K			+ P Shelled Hemp Hearts	12 / 56g	
697658 000010	36348		WF K		+ P Shelled Hemp Hearts	8 / 227g	
697658 220012	36907	GMO K *			+ P Shelled Hemp Hearts, 100% Organic	6 / 340g	
697658 000072	37197		K *		+ P Shelled Hemp Hearts, 100% Organic	8 / 200g	
697658 691164	37026	GMO B	K		+ P X Shelled Hemp Hearts	1 / 2.27kg	
697658 691669	37613	GMO			+ P Hemp Heart Bites, Original	12 / 113g	G
697658 692666	37688	GMO K			+ P X Hemp Heart Bites, Chocolate	12 / 113g	G
697658 693663	37689	GMO K			+ P X Hemp Heart Bites, Cinnamon	12 / 113g	G



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
697658 200113	36947	K *	+ P	Hemp Pro Fibre Protein Powder, Organic	6 / 454g	G
697658 691928	37676	GMO	K + P	Hemp Protein Smoothie, Vanilla Chai	8 / 300g	G
<b>MAPLETON'S ORGANIC ICE CREAMS (FROZEN) - GLUTEN FREE - 10% OFF</b>						
684923 030001	53133	GF *	+ P X	Ice Cream, Cappuccino, Organic	8 / 473ml	G
684923 020002	53132	GF *	+ P X	Ice Cream, Chocolate, Organic	8 / 473ml	G
684923 010003	53130	GF *	+ P X	Ice Cream, French Vanilla, Organic	8 / 473ml	G
684923 070007	53134	GF *	+ P X	Ice Cream, Ginger, Organic	8 / 473ml	G
684923 171148	53172	GF *	+ P X	Ice Cream, Mint Chocolate Chip, Organic	8 / 473ml	G
684923 012007	53131	GF *	+ P X	Ice Cream, Vanilla Chocolate Chunk, Organic	8 / 473ml	G
684923 350062	53100	GF *	+ P X	Vanilla Chocolate Chip Cookie Sandwich, Organic (6 packs)	2 / 6x200ml	G P
<b>MARUKAN RICE VINEGARS - GLUTEN FREE - 10% OFF + VOLUME PRICING</b>						
070641 000066	24031	GMO	GF	Rice Vinegar	6 / 355ml	
				<b>Buy 10+ cases</b>	<b>Save 5%</b>	
070641 064129	24034	GMO	GF *	Rice Vinegar, Organic	6 / 355ml	
				<b>Buy 10+ cases</b>	<b>Save 5%</b>	
<b>MARY'S ORGANIC GOURMET CRACKERS - GLUTEN FREE - 15% OFF</b>						
897580 000151	16376	GMO	GW K *	Black Pepper Crackers, Organic	12 / 184g	
897580 000113	16186	GMO	GW K *	Caraway Crackers, Organic	12 / 184g	
897580 000137	16187	GMO	GW K *	Herb Crackers, Organic	12 / 184g	
897580 000144	16669	GMO	GW K *	Jalapeno Crackers, Organic	12 / 155g	
897580 000120	16377	GMO	GW K *	Onion Crackers, Organic	12 / 184g	
897580 000106	16185	GMO	GW K *	Original Crackers, Organic	12 / 184g	
<b>MCKENZIE'S COUNTRY FARM HONEYS - 15% OFF</b>						
056113 001793	44085		* + P	Creamed Honey, Organic, Canada No 1 White	12 / 500g	
<b>MEATBARS - 5% OFF</b>						
838143 005473	10500			X <b>NEW!</b> Original, Grass-fed Beef	12 / 42g	
838143 005497	10502			X <b>NEW!</b> Sriracha, Grass-fed Beef + Pork + Bacon	12 / 42g	
838143 005480	10501			X <b>NEW!</b> Sweet + Savory, Grass-fed Beef + Cranberries + Pumpkin Seeds	12 / 42g	





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**MILLSTREAM PRODUCTS - 15% OFF**

060543 003050	20130			P	Wheat Bran	9 / 200g		
060543 002169	20131	GF	BC	P	Soya Flour	9 / 500g		
060543 004118	20129	GF	BC	P	Rice Flour, White	9 / 800g		
060543 004101	20088		BC	P	Scottish Oatmeal	9 / 800g		
060543 004132	20127		BC	P	Oats, Old Fashioned Rolled	8 / 1.5kg		
060543 001049	20136		BC	P	Whole Wheat Flour, Stoneground	5 / 4kg		
060543 001100	20135		BC	P	Unbleached Enriched White Flour	1 / 20lb		

**MODERN PRODUCTS BREWERS YEAST - UP TO 15% OFF**

075820 300005	02012				Brewers Yeast	12 / 198g		
075820 300012	02013				<b>NEW!</b> Brewers Yeast	6 / 396g		

**MOUNTAIN SKY BODY CARE PRODUCTS - 10% OFF**

628055 186069	46194		BC	P	Handmade Bath Soap, Goat Milk & Oats	6 / 135g	G P	
628055 186083	82242		BC	P	Handmade Bath Soap, Lavender Dream	6 / 135g	G P	
628055 186137	82245		BC	P	Handmade Bath Soap, Vanilla Cream	6 / 135g	G P	
628055 186144	82247		BC	P	Handmade Bath Soap, Wild Rose	6 / 135g	G P	
628055 186038	80678		BC	P	Handmade Body Soap, Charcoal Cleanse, Ancient Asian	6 / 135g	G P	
628055 186045	82239		BC	P	Handmade Body Soap, Herbal Pine Eucalyptus	6 / 135g	G P	
628055 186076	82241		BC	P	Handmade Body Soap, Kali Spice	6 / 135g	G P	
628055 186106	82248		BC	P	Shampoo & Soap Bar, Rasta-Bar-Hemp	6 / 135g	G P	
628055 186090	46195		BC	P	Shower Soap, Moroccan Argan	6 / 135g	G P	

**MR. SPICE COOKING SAUCES - GLUTEN FREE - 15% OFF**

039348 000281	14263	GF	*		Indian Curry Sauce, Organic	12 / 298g		
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**MUIR GLEN CANNED TOMATOES - \$4.75 OFF**

065633 471672	33208	GMO	*		CRUSHED, Tomatoes, Fire Roasted, Organic	12 / 796ml		
065633 471740	33211	GMO	*		DICED, Tomatoes, Fire Roasted, Organic	12 / 796ml		

**NAAM COOKING SAUCES - 15% OFF**

689499 100080	14459	GMO	@	BC P	Miso Hot Sauce	12 / 350ml		
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**NAKED COCONUTS PRODUCTS - GLUTEN FREE - 15% OFF**

890104 001122	85314	GMO	GF	*	Coconut Oil, Virgin, Organic	6 / 444ml		
890104 001061	40117	GMO	GF	*	Teriyaki Sauce, Sesame Ginger, Organic (Soy-Free)	6 / 296ml		



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NATIVE FOREST PRODUCTS - UP TO 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Order. Rows include Artichoke Hearts (Marinated, Quartered, Whole), Bamboo Shoots, Coconut Milk, Hearts of Palm, Mandarin Oranges, Pineapple (Chunks, Slices), and Sliced Peaches.

NATURE CLEAN HOUSEHOLD PRODUCTS - 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Order. Rows include Automatic Dishwasher Pacs, Dishwashing Liquid (Unscented), and Laundry Powder.

NATURE CLEAN SKIN & BODY CARE PRODUCTS - 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Order. Rows include Liquid Hand Soap and Pure Sensitive Unscented Conditioner.

NATURE'S PATH PRODUCTS - UP TO 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Order. Rows include various Oats (Old Fashioned, Quick Cook, Steel Cut), Corn Flakes, Rice Cereal, Peanut Butter, and Flax Plus Cinnamon Flakes.



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order	
058449 300014	34016	GMO	*	P	Flax Seeds, Organic 6 / 425g	_____
058449 172055	22887	GMO	GF K *	P X	Gluten Free Crunchy Granola, Blueberry Pecan Crunch w/Chia, Organic (standup pouch) 8 / 312g	_____
058449 890416	22596	GMO	GF K *	P X	Gluten Free Crunchy Granola, Honey Almond w/Chia, Organic (standup pouch) 8 / 312g	_____
058449 890430	22598	GMO	GF K *	P X	Gluten Free Crunchy Granola, Summer Berries w/Yogurt Chunks, Organic (standup pouch) 8 / 312g	_____
058449 172031	22885	GMO	GF K *	P X	Gluten Free Crunchy Granola, Vanilla Pumpkin Seed w/Chia, Organic (standup pouch) 8 / 312g	_____
058449 189107	22650	GMO	GF K *	P	GOLDEN TURMERIC Cereal, Organic 6 / 300g	_____
058449 890003	22612	GMO	WF K *	P	Granola, HEMP HEARTS, Organic (box) 12 / 325g	_____
058449 880011	22753	GMO B	WF K *	P X	Granola, HEMP PLUS, Organic 1 / 11.34kg	_____
058449 890171	22733	GMO	WF K *	P X	Granola, HEMP PLUS, Organic (EcoPac) 6 / 750g	_____
058449 890195	22734	GMO	WF K *	P X	Granola, Pumpkin Seed + Flax, Organic (EcoPac) 6 / 750g	_____
058449 770213	22780	GMO	K *	P X	HERITAGE Flakes, Organic (EcoPac) 6 / 907g	_____
058449 770015	22758	GMO	K *	P X	HERITAGE O's Cereal, Organic 6 / 907g	_____
058449 770947	22765	GMO	GF K *	P X	Honey'd Corn Flakes, Organic (EcoPac) 6 / 750g	_____
058449 770695	22782	GMO	K *	P X	Kamut Krisp Flakes, Organic (EcoPac) 6 / 750g	_____
058449 181170	25074	GMO	K *	P	LOVE CRUNCH Cereal, Dark Chocolate Macaroon, Organic (box) 6 / 284g	_____
058449 181163	25073	GMO	K *	P	LOVE CRUNCH Cereal, Dark Chocolate Peanut Butter, Organic (box) 6 / 284g	_____
058449 182030	22405	GMO	K *	P X	LOVE CRUNCH, Dark Chocolate & Red Berries, Organic (standup pouch) 6 / 700g	_____
058449 182047	22404	GMO	K *	P X	LOVE CRUNCH, Dark Chocolate Macaroon, Organic (standup pouch) 6 / 700g	_____



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order	
058449 172130	25071	GMO	K *	P LOVE CRUNCH, Double Chocolate Chunk, Organic (standup pouch)	6 / 325g	
058449 771616	22846	GMO	GF K *	P X MESA SUNRISE Flakes w/Raisin, Organic (EcoPac)	6 / 825g	
058449 779018	22773	GMO	GF K *	P X MESA SUNRISE Flakes, Organic (EcoPac)	6 / 750g	
058449 770084	22766	GMO	WF K *	P X Millet Rice Flakes, Fruitjuice Sweetened, Organic (EcoPac)	6 / 907g	
058449 602316	22762	GMO	K *	P X Multigrain Oatbran Flakes, Organic (EcoPac)	6 / 907g	
058449 620044	22044	GMO	K *	P X Puffs, Kamut, Organic (EcoPac)	12 / 170g	
058449 620013	22047	GMO	WF K *	P X Puffs, Rice, Organic (EcoPac)	12 / 170g	
058449 450719	22884	GMO	GF K *	P PURE OATS, Hot Oatmeal, Variety Pack, Organic (pouches)	6 / 8x40g	
058449 189114	22651	GMO	GF K *	P PURPLE BAM! Cereal, Organic	6 / 300g	
058449 161134	22854	GMO	GF K *	P QI'A SUPERFLAKES™, Cocoa Coconut, Organic	12 / 284g	
058449 161127	22853	GMO	GF K *	P QI'A SUPERFLAKES™, Coconut Chia, Organic	12 / 284g	
058449 161110	22852	GMO	GF K *	P QI'A SUPERFLAKES™, Honey Chia, Organic	12 / 284g	
058449 173229	16728	GMO	GF *	P X Qi'a, Superfood Snack Bar, Mocha Cocoa Hazelnut, Organic	12 / 38g	G
058449 160144	55827	GMO	K *	P SUNRISE Breakfast Biscuits, Dark Chocolate & Coconut (2pk)	6 / 7X25g	
058449 160069	55825	GMO	K *	P SUNRISE Breakfast Biscuits, Touch of Honey & Chia (2pk)	6 / 7X25g	
058449 771521	22641	GMO	GF K *	P SUNRISE, Crunchy Maple, Organic	12 / 300g	
058449 181125	22699	GMO	GF K *	P SUNRISE, Crunchy Maple, Organic (EcoPac)	6 / 675g	
058449 181101	22698	GMO	GF K *	P SUNRISE, Crunchy Vanilla, Organic (EcoPac)	6 / 675g	
058449 173199	16727	GMO	GF *	P X Superfood Snack Bar, Blueberry Cashew Pumpkin Seed, Organic	12 / 38g	G



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with 7 columns: UPC Code, Code, PSC, GF, \*, P, X, Description, Quantity, G. Rows include Superfood Snack Bar, Dark Chocolate Cranberry Almond, Organic and Superfood Snack Bar, Nuts & Seeds & Sea Salt, Organic.

NATURE'S PATH MANNA BREADS (FROZEN) - \$1.55 OFF

Table with 7 columns: UPC Code, Code, PSC, WF, K, \*, P, X, Description, Quantity, G. Rows include Manna Bread, Carrot Raisin, Organic; Manna Bread, Fruit & Nut, Organic; Manna Bread, Millet Rice, Organic; Manna Bread, Whole Rye, Organic.

NATURO AQUA MOUNTAIN SPRING WATER - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, BC, P, X, Description, Quantity, U. Row: Natural Spring Water.

NINETEEN 02 WATER KEFIR (REFRIGERATED) - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, \*, BC, P, Description, Quantity, G, U. Rows include WATER KEFIR, Blueberry, Organic; WATER KEFIR, Lemonade, Organic; WATER KEFIR, Red Raspberry, Organic; WATER KEFIR, The Red Earl, Organic.

NORTH PRAIRIE GOLD OIL - 10% OFF

Table with 7 columns: UPC Code, Code, PSC, K, +, P, Description, Quantity. Row: Virgin Canola Oil, Cold-Pressed.

NOVA SCOTIA FISHERMAN XTREME LIP & SKIN CARE - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, X, Description, Quantity, G, P. Rows include Cuticle Rescue and STEM TO STERN Mini Size Pack (Gift bag contains: Rescue Balm, Lotion, Soap, Minnow lip balm).

NUGO PROTEIN BARS - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, X, Description, Quantity, G. Rows include DARK, Mocha Chocolate, Real Dark Chocolate and FREE, Dark Chocolate Trail Mix (Soy & Dairy Free).



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691535 201019	37393	GMO	GF K	X	SLIM, Brownie Crunch (No Maltitol, All Natural)	12 / 45g G
691535 205017	37395	GMO	GF K	X	SLIM, Raspberry Truffle (No Maltitol, All Natural)	12 / 45g G
<b>NUMI TEAS - 15% OFF</b>						
680692 103618	12841			*	BLACK TEA BLEND, Chocolate Puerh, Organic	6 / 16bags
680692 102215	12966	GMO		* @	BLACK TEA, Breakfast Blend, Organic	6 / 18bags
680692 111507	12023	GMO		* @	HERBAL TEASAN, Chamomile Lemon, Organic	6 / 18bags
680692 101010	12003	GMO		* @	HERBAL TEASAN, Dry Desert Lime, Organic	6 / 18bags
680692 102017	12088	GMO		K * @	HERBAL TEASAN, Rooibos Chai, Organic	6 / 18bags
<b>NUNWEILER'S FLOURS - 20% OFF</b>						
067785 000243	20042			K * + P	All Purpose & Pastry Flour, Organic	4 / 1kg
067785 000045	20043			K * + P	Whole Wheat Flour, Organic	12 / 1kg
	20038	B		K * + P X	Spelt Flour, Whole, Organic	1 / 20kg
<b>NUTIVA PRODUCTS - UP TO 28% OFF</b>						
692752 223259	29731	GMO			Chia Seeds (Pouch)	6 / 400g
692752 105685	21043	GMO	GF K *		Coconut Flour, Organic	6 / 454g
692752 107375	30658	GMO	GF K *		Hazelnut Spread, Classic, Organic	6 / 369g
692752 107573	30659	GMO	GF K *		Hazelnut Spread, Dark, Organic	6 / 369g
692752 106927	30673	GMO		K *	Coconut Oil, Buttery Flavour, Organic	6 / 414ml
692752 103681	30666			*	Red Palm Oil, Organic (Glass Jar)	6 / 444ml
692752 108273	30685	GMO		K *	Coconut Oil, Refined, Organic	6 / 1.6L
692752 200052	30663	GMO		*	Virgin Coconut Oil, Organic (PET Jar)	6 / 1.6L
<b>NUTS TO YOU NUT &amp; SEED BUTTERS - UP TO 15% OFF</b>						
068892 093159	42708	GMO	GW K	+ P	Almond Cashew (Mystery Butter)	12 / 365g
068892 400209	42340		GW K	+ P	Almond Cashew Butter (Mystery Butter)	12 / 250g
068892 241253	42707	GMO	GW K	+ P	Almond Hazelnut Butter, Smooth	12 / 365g
068892 400407	42368		GW K	+ P	Cashew Butter	12 / 250g
068892 402104	42323		GW K *	+ P	Cashew Butter, Organic	12 / 250g
068892 200106	42208	GMO	GW	+ P	Hazelnut Butter, Smooth	12 / 365g
068892 600203	42107		GW K	+ P	Peanut Butter, Crunchy	12 / 500g



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
068892 542084	42377	GMO	GW K	+ P	Rainforest Nut Butter with Coconut, Smooth	12 / 250g
068892 600708	42244		GW K	+ P	Sesame Tahini	12 / 500g
068892 324956	42240		GW K	+ P	Sunflower Seed Butter	12 / 500g
068892 401305	42249		GW K *	+ P	Sunflower Seed Butter, Organic	12 / 250g
068892 324796	42723		K *	+ P	Peanut Butter, Crunchy, Organic	6 / 750g
068892 324789	42722		K *	+ P	Peanut Butter, Smooth, Organic	6 / 750g
<b>NUUN HYDRATION DRINK TABLETS - GLUTEN FREE - \$4.00 OFF</b>						
811660 021089	40717		GF	X	ELECTROLYTES, Citrus Fruit	8 / 10ct G
811660 021065	40718		GF	X	ELECTROLYTES, Tri-Berry	8 / 10ct G
811660 021669	40724		GF	X	VITAMINS, Blueberry Pomegrante	8 / 12ct G
811660 021683	40725		GF	X	VITAMINS, Tangerine Lime	8 / 12ct G
811660 021768	40726		GF	X	VITAMINS +Caffeine, Blackberry Citrus	8 / 12ct G
811660 021744	40727		GF	X	VITAMINS +Caffeine, Ginger Lemonade	8 / 12ct G
<b>OATMEGA® GRASS-FED WHEY PROTEIN BARS - 15% OFF</b>						
816926 020295	10233			X	Protein Bar, Chocolate Coconut	12 / 50g G
816926 020257	10231			X	Protein Bar, Chocolate Mint	12 / 50g G
816926 020233	10230		GF K	X	Protein Bar, Chocolate Peanut	12 / 50g G
816926 020288	10232			X	Protein Bar, Vanilla Almond	12 / 50g G
<b>OHSAWA JAPANESE PRODUCTS - 15% OFF</b>						
707881 351015	52140			*	Nama Shoyu, Unpasteurized, Organic	6 / 296ml
707881 351022	52141			*	Nama Shoyu, Unpasteurized, Organic	6 / 947ml
<b>OMEGA NUTRITION PRODUCTS - GLUTEN FREE - UP TO 27% OFF</b>						
055358 211004	85025		GF K *	P	Nutri-Flax Hi-Lignan Flax Seed Powder, Organic (plastic jar)	6 / 227g
055358 216009	85055		GF K *	P	Nutri-Flax Hi-Lignan Flax Seed Powder, Organic (plastic jar)	6 / 454g
055358 350024	85050		GF K *	P	Coconut Oil, Organic (plastic jar)	6 / 454g
055358 350031	85051		GF K *	P	Coconut Oil, Organic (plastic jar)	6 / 908g
055358 314002	85028		GF K *	P	Apple Cider Vinegar, Organic (plastic bottle)	12 / 355ml
055358 670009	85048		GF K *	P	Pumpkin Seed Oil, Organic (plastic bottle)	12 / 355ml



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

OMEGA NUTRITION EFA OILS (REFRIGERATED) - GLUTEN FREE - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, Order. Rows include Borage Oil and Flax Oil.

ONE DEGREE PRODUCTS - 10% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, Order. Rows include Sprouted Khorasan Honey O's, Sprouted Oat Granola, and Veganic Sprouted Ancient Maize Flakes.

ONLY OATS PRODUCTS - GLUTEN FREE - 10% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, Order. Rows include Quick Oat Flakes, Rolled Oats, and Steel Cut Oats.

ORGANIC INDIA TULSI TEAS - GLUTEN FREE - 10% OFF + VOLUME PRICING

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, Order. Rows include Tulsi Tea, Breakfast, Organic and Tulsi Tea, Cinnamon Rose, Organic.





STORE NAME:

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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

801541 508976 12632 GMO GF \* Tulsi Tea, Peppermint, Organic 6 / 18bags

801541 508921 12622 GMO GF \* Tulsi Tea, Red Chai Masala, Organic 6 / 18bags

801541 508983 12636 GMO GF \* Tulsi Tea, Sweet Rose, Organic 6 / 18bags

801541 513239 13242 GMO GF K \* Tulsi Tea, Turmeric Ginger, Organic 6 / 18bags

801541 500178 13249 GMO GF K \* Tulsi Tea, Vanilla Crème, Organic 6 / 18bags

Buy 20+ cases Save 7.5%

ORGANIC MEADOW SHELF STABLE MILKS - \$4.00 OFF

062325 350208 50622 K \* + P 2% M.F. Milk, Chocolate, Organic 8 / 3x250ml

062325 350116 50621 K \* + P 2% M.F. Milk, Original, Organic 8 / 3x250ml

OZERY BAKERY (FORMERLY PITABREAK) (FROZEN) - 25% OFF

664164 100091 55357 GMO K + P X MORNING ROUNDS Breakfast Buns, Apple Cinnamon 6 / 450g

664164 100107 55358 GMO K + P X MORNING ROUNDS Breakfast Buns, Cranberry Orange 6 / 450g

664164 100084 55356 GMO K + P X MORNING ROUNDS Breakfast Buns, Muesli 6 / 450g

664164 100411 55359 GMO K + P X ONEBUN Thin Pre-sliced Sandwich Buns, Multigrain 6 / 600g

664164 100510 55364 GMO K + P X ONEBUN Thin Pre-sliced Sandwich Buns, Multigrain 100 Calorie 6 / 320g

PACIFIC FOODS BEVERAGES - GLUTEN FREE - VOLUME PRICING

052603 067102 06871 GMO GF K \* ALMOND, Original, Low Fat, Organic 12 / 946ml

052603 067126 06873 GMO GF K \* ALMOND, Unsweetened, Low Fat, Organic 12 / 946ml

052603 067119 06872 GMO GF K \* ALMOND, Vanilla, Low Fat, Organic 12 / 946ml

052603 067133 06998 GMO GF \* ALMOND, Vanilla, Unsweetened, Low Fat, Organic 12 / 946ml

052603 067201 07102 GMO GF HAZELNUT, Chocolate 12 / 946ml Buy 5+ cases (Beverages) Save 5.31

PAMELA'S PRODUCTS - GLUTEN FREE - UP TO 15% OFF

093709 221609 22250 GW K Biscuit & Scone Mix 6 / 368g

093709 281023 13221 GF K Figgies & Jammies, Blueberry & Fig 6 / 255g

093709 281016 13220 GF K Figgies & Jammies, Mission Fig 6 / 255g



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order		
093709 281030	13222	GF K		Figgies & Jammies, Raspberry & Fig	6 / 255g		
093709 281047	13223	GF K		Figgies & Jammies, Strawberry & Fig	6 / 255g		
093709 207702	22957	GW		Frosting Mix, Dark Chocolate	6 / 340g		
093709 208808	22958	GW		Frosting Mix, Vanilla	6 / 340g		
093709 221500	22248	GW K		Pizza Crust Mix	6 / 320g		
093709 221401	22249	GW K		Sugar Cookie Mix	6 / 368g		
093709 263302	22295	GF K		Whenever Bars, Lemon Blueberry (5ct)	6 / 5x40g	G	
093709 264408	22298	GF K		Whenever Bars, Oat Chocolate Chip Coconut (5ct)	6 / 5x40g	G	
093709 262206	22296	GF K		Whenever Bars, Oat Raisin Walnut Spice (5ct)	6 / 5x40g	G	
<b>PAPERCHEF CULINARY PARCHMENT BAKING SUPPLIES - 15% OFF</b>							
628689 700907	47015	K	+	Baking Cups, Parchment Paper, Mini, FSC Certified	12 / 90ea	G P	
<b>PAPOUSANIS OLIVE OIL HAND SOAP BAR - 15% OFF</b>							
5201109 655022	89998			Oliva Pure Olive Oil Hand Soap Bar	6 / 125g	G P	
<b>PATIENCE FRUIT &amp; CO™ PRODUCTS - 15% OFF</b>							
	18226	<del>GMO</del> B	K *	+ P X	Classic Dried Cranberries, Gently Sweetened, Organic	1 / 10lb	G
662166 222209	18233	<del>GMO</del>	*	+ P	Pure Tart Cherry Juice, Not From Concentrate, Organic	6 / 946ml	U
662166 223305	18232	<del>GMO</del>	*	+ P	Pure Wild Blueberry Juice, Not From Concentrate, Organic	6 / 946ml	U
662166 551361	18234	<del>GMO</del>	*	+ P	Whole Dried Wild Blueberries, Apple Juice Sweetened, Organic	8 / 85g	G
662166 551552	18205	<del>GMO</del>	GF K *	+ P	Whole & Soft Four Berries, Gently Sweetened, Organic	8 / 113g	G
662166 551323	18231	<del>GMO</del>	*	+ P X	Classic Blend, Sweetened, Organic (Cranberries, Tart Cherries & Wild Blueberries)	15 / 28g	G
662166 551224	18229	<del>GMO</del>	*	+ P X	Whole Dried Cranberries, Apple Juice Sweetened, Organic	15 / 28g	G
662166 551354	18230	<del>GMO</del>	*	+ P X	Whole Dried Wild Blueberries, Apple Juice Sweetened, Organic	15 / 28g	G



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

PIKE PIER FISHERMAN™ ALL NATURAL SAUCES - 15% OFF

Table with 5 columns: UPC Code, Code, Attributes, Description, Quantity. Rows include Horseradish Sauce and Tartar Sauce, Alder Smoked Chipotle.

PLUM•M•GOOD™ RICE CAKES - 15% OFF

Table with 5 columns: UPC Code, Code, Attributes, Description, Quantity. Rows include Brown Rice Cakes with Canadian Wild Rice, Quinoa, and Unsalted Rice Cakes.

POMONA'S UNIVERSAL PECTIN - 15% OFF

Table with 5 columns: UPC Code, Code, Attributes, Description, Quantity. Rows include Pectin, Low Methoxyl (sugar free).

PRAIRIE HARVEST PASTAS - 15% OFF

Table with 5 columns: UPC Code, Code, Attributes, Description, Quantity. Rows include Macaroni, Penne Rigate, Penne, Rotini, and Spaghetti.

PRANA® PRODUCTS - GLUTEN FREE - UP TO 15% OFF

Table with 5 columns: UPC Code, Code, Attributes, Description, Quantity. Rows include CHIA BALANCE Chocolate, Coconut Chips, MACA POWER Chocolate, MATCHA MAGIC Chocolate, and Mulberries.



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Table with 7 columns: UPC Code, Code, PSC, GF, K, \*, P, Description, Quantity, G. Rows include Raw Cacao Powder, Trail Mix, and PROACTIVChia +Probiotics.

PROBAR NUTRITIONAL FOOD BARS - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, X, Description, Quantity, G. Rows include BASE Protein Bar (Cookie Dough, Mint Chocolate, Peanut Butter Chocolate) and Superfruit Slam - acai Bar.

PURE BONE BROTHS - \$8.80 OFF

Table with 7 columns: UPC Code, Code, PSC, X, Description, Quantity, G. Rows include X Bone Broth (Beef, Chicken).

QUE PASA TORTILLA CHIPS - GLUTEN FREE - \$2.45 OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, \*, BC, P, X, Description, Quantity, G. Rows include Tortilla Chips (Jalapeno & Lime, Nacho, Sweet & Spicy Ranch).

QUEEN B KITCHEN PREMIUM ARTISAN COOKIES - GLUTEN FREE - 10% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, +, P, Description, Quantity, G. Rows include Cookies (Chocolate Chip, Double Chocolate, Lemon Coconut, Orange Pumpkin Seed).

R.W. KNUDSEN BEVERAGES - UP TO 18% OFF

Table with 7 columns: UPC Code, Code, PSC, Description, Quantity, G, U. Rows include Sparkling Crisp Apple Juice, Sparkling Juice (Apple, Cranberry, Pear).



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Table with columns: UPC Code, Code, PSC Toll Free Order #'s, Product Name, Quantity, and Order status. Includes items like Cranberry Pomegranate Juice, Just Blueberry juice, etc.

RAINCOAST TRADING SUSTAINABLY HARVESTED CANNED SEAFOOD - UP TO 15% OFF

Table with columns: UPC Code, Code, Product Name, Quantity, and Order status. Includes items like Salmon, Wild Pink, Salmon, Wild Sockeye, etc.

RAWFOODZ VEGAN DRESSINGS (REFRIGERATED) - GLUTEN FREE - 15% OFF

Table with columns: UPC Code, Code, Product Name, Quantity, and Order status. Includes items like Dressing, Glorious Greek, Dressing, Italian Idol, etc.

RAW VITALITY FLAX CRISPS - GLUTEN FREE - 15% OFF

Table with columns: UPC Code, Code, Product Name, Quantity, and Order status. Includes items like Flax Crisps, Garlic & Herb, Flax Crisps, Rosemary Olive, etc.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

RICE DREAM BEVERAGES (REFRIGERATED) - GLUTEN FREE - 10% OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, GF, K, Product Name, Quantity/Price. Includes items like Rice Dream, Original, Fresh and Rice Dream, Vanilla, Fresh. Includes volume pricing: Buy 5-9 cases Save 5%, Buy 10+ cases Save 10%.

RICE DREAM NON-DAIRY DESSERTS (FROZEN) - GLUTEN FREE - 10% OFF

Table with 6 columns: UPC Code, Code, GF, K, Product Name, Quantity/Price. Includes Vanilla Frozen Dessert, Organic. Includes volume pricing: Buy 5+ cases (mix & match w/Almond Dream Frozen) Save 5%.

RIO GRANDE ALOE VERA GEL - 15% OFF

Table with 6 columns: UPC Code, Code, Product Name, Quantity/Price, GST. Includes Aloe Vera Gel, Organic.

RIZOPIA RICE PASTA - GLUTEN FREE - VOLUME PRICING

Table with 6 columns: UPC Code, Code, GF, K, Product Name, Quantity/Price. Includes various rice pasta types like Brown Rice Elbows, Brown Rice Fantasia, Brown Rice Fettuccine, Brown Rice Fusilli, Brown Rice Penne, Brown Rice Spaghetti, Wild Rice Elbows, Wild Rice Fusilli, Wild Rice Penne, Wild Rice Spaghetti, and Quinoa Brown Rice varieties. Includes volume pricing for many items.



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
833125 001085	40380	GF K	+ P X	Brown Rice Lasagna 12 / 340g	
				Buy 5-9 cases Save 5%	
				Buy 10-19 cases Save 10%	
				Buy 20-49 cases Save 15%	
				Buy 50+ cases Save 20%	
833125 001054	40377	GF K	+ P X	Brown Rice Elbows 12 / 454g	
833125 001023	40374	GF K	+ P X	Brown Rice Fettuccine 12 / 454g	
833125 001030	40375	GF K	+ P X	Brown Rice Fusilli 12 / 454g	
833125 001047	40376	GF K	+ P X	Brown Rice Penne 12 / 454g	
833125 001061	40378	GF K	+ P X	Brown Rice Shells 12 / 454g	
833125 001016	40373	GF K	+ P X	Brown Rice Spaghetti 12 / 454g	
833125 001078	40379	GF K	+ P X	Brown Rice Spirals 12 / 454g	
833125 000019	40381	GF K	+ P X	White Rice Spaghetti 12 / 454g	
				Buy 5-9 cases Save 5%	
				Buy 10-19 cases Save 10%	
				Buy 20-49 cases Save 15%	
				Buy 50+ cases Save 20%	
833125 002013	40382	GF K	+ P X	Spinach Rice Spaghetti 12 / 454g	
833125 003034	40383	GF K	+ P X	Vegetable Rice Fusilli 12 / 454g	
				Buy 5-9 cases Save 5%	
				Buy 10-19 cases Save 10%	
				Buy 20-49 cases Save 15%	
				Buy 50+ cases Save 20%	
<b>ROCKY MOUNTAIN FLATBREAD COMPANY FLATBREAD PIZZAS (FROZEN) - 15% OFF</b>					
180659 000160	54638		+ P X	Flatbread Pizza, Basil Bocconcini 6 / 420g	
180659 000085	54628		+ P X	Flatbread Pizza, The Four Cheese Classic 6 / 405g	
<b>SAFE CATCH LOW MERCURY CANNED TUNA &amp; SALMON - 15% OFF</b>					
859480 006428	68511	GMO	K	NEW! Wild Pink Salmon 6 / 142g	
859480 006442	68510	GMO	K	NEW! Wild Pink Salmon, No Salt 6 / 142g	
859480 006459	68509	GMO	K	NEW! Wild Yellowfin Ahi Tuna 6 / 142g	
<b>SAHALE SNACKS GLAZED NUT MIX - GLUTEN FREE - 15% OFF</b>					
893869 000607	07504	GF K	X	Snack Blend, Valdosta Pecans 6 / 113g	G
893869 005459	07501	GF K	X	Snack Blend, Sing Buri Cashews 6 / 142g	G
893869 005435	07500	GF K	X	Snack Blend, Soledad Almonds with Apple & Flax Seeds 6 / 142g	G
893869 005480	07503	GF	X	Glazed Mix, Almonds with Cranberries & Honey 6 / 113g	G
893869 005473	07502	GF	X	Glazed Nuts, Cashews with Pomegranate & Vanilla 6 / 113g	G



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Table with 7 columns: UPC Code, Code, PSC, GF, K, Product Name, Weight, and Order status. Rows include X Nut Blend, Maple Pecans and X Nut Blend, Pomegranate Pistachios.

SALT SPRING COFFEE ORGANIC WHOLE BEAN COFFEES - GLUTEN FREE - \$8.50 OFF

Table with 7 columns: UPC Code, Code, GMO, PSC, GF, K, Product Name, Weight, and Order status. Rows include Blue Heron, Canopy Bird, Swiss Water Decaf, French Roast, Metta Espresso, Peru, Sumatra, and Village Trade coffees.

SALT SPRING GELATO ITALIAN ICE CREAMS & SORBETTOS (FROZEN) - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, Product Name, Weight, and Order status. Rows include various Gelato and Sorbetto flavors like Belgian Chocolate, Hazelnut, Maple Walnut, etc.

SAMBAZON SMOOTHIE PACKS (FROZEN) - 15% OFF

Table with 7 columns: UPC Code, Code, GMO, WF, Product Name, Weight, and Order status. Row includes Pure Açai Smoothie Packs.

SAN ZENONE PASTAS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, GF, Product Name, Weight, and Order status. Row includes Corn Macaroni.

SAN-J PRODUCTS - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, GMO, K, Product Name, Weight, and Order status. Rows include Asian BBQ Sauce, Sesame Brown Rice Crackers, and Shoyu.





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075810 001264 40600 GMO GF K \* Tamari, Whole Soybean, Gold Label, Organic 6 / 296ml

SANTA CRUZ ORGANIC PRODUCTS - UP TO 18% OFF

036192 127829 05993 GMO \* Half & Half, Iced Tea Lemonade, Organic 12 / 946ml U

036192 123197 05194 GMO \* LEMONADE, Cherry, Organic 12 / 946ml G U

036192 127843 06819 GMO \* LEMONADE, Mango, Organic 12 / 946ml G U

036192 127867 05999 GMO \* LEMONADE, Peach, Organic 12 / 946ml G U

036192 123142 06384 GMO \* LEMONADE, Raspberry, Organic 12 / 946ml G U

036192 123135 06383 GMO \* LEMONADE, Organic 12 / 946ml G U

036192 127850 06818 GMO \* LIMEADE, Organic 12 / 946ml G U

036192 120486 10700 GMO \* @ Sparkling Lemonade, Organic 6 / 4x355ml G U

036192 120509 10702 GMO \* @ Sparkling Lemonade, Earl Grey Tea rose hip infused, Organic 6 / 4x355ml G U

036192 120493 10701 GMO \* @ Sparkling Lemonade, Green Tea mint infused, Organic 6 / 4x355ml G U

036192 120271 42601 GMO K \* Fruit Spread, Apricot, Organic 6 / 215ml

036192 120288 42602 GMO \* Fruit Spread, Concord Grape, Organic 6 / 215ml

036192 120264 42600 GMO K \* Fruit Spread, Strawberry, Organic 6 / 215ml

036192 120226 42603 GMO \* Dark Roasted Peanut Butter, Creamy, Organic 6 / 500g

036192 120240 42604 GMO \* Dark Roasted Peanut Butter, Crunchy, Organic 6 / 500g

SCREAMIN BROTHERS DAIRY-FREE DESSERTS (FROZEN) - GLUTEN FREE - 15% OFF

814697 000409 53079 GW K + P X Blackberry, Dairy-Free Frozen Treat 8 / 473ml G

814697 000317 53156 GW K + P X Chocolate Banana, Dairy-Free Frozen Treat 8 / 473ml G

814697 000584 37997 GW K \* + P X Lemon, Dairy-Free Frozen Treat, Organic 8 / 473ml G

814697 000294 53158 GW K + P X Mocha, Dairy-Free Frozen Treat 8 / 473ml G

814697 000270 53155 GW K + P X Orange Pineapple, Dairy-Free Frozen Treat 8 / 473ml G

814697 000126 37996 GW K \* + P X Raspberry, Dairy-Free Frozen Treat, Organic 8 / 473ml G

SEAPOINT FARMS EDAMAME (FROZEN) - GLUTEN FREE - 15% OFF

55000 B GF X Edamame, Shelled 1 / 10.89kg



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**SEASNAX SEAWEED PRODUCTS - GLUTEN FREE - 15% OFF**

811201 020021	24141	GMO	GF	*	BIG GRAB, SeaSnax, Roasted X Seasoned Seaweed, Lime, Organic	12 / 10g	G
728028 023183	24120	GMO	GW	*	GRAB & GO, SeaSnax, X Roasted Seasoned Seaweed, Classic Olive, Organic	16 / 5g	G
609722 798372	24121	GMO	GW	*	GRAB & GO, SeaSnax, X Roasted Seasoned Seaweed, Toasty Onion, Organic	16 / 5g	G
609722 798839	24123	GMO	GW	*	GRAB & GO, SeaSnax, X Roasted Seasoned Seaweed, Wasabi, Organic	16 / 5g	G

**SENSIBLE PORTIONS™ SNACKS - 10% OFF**

829515 301866	37282			K	X <b>NEW!</b> GARDEN VEGGIE STRAWS, Sweet Potato	12 / 142g	G
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**SEOUL KIMCHI HOT SAUCE - 10% OFF**

026396 502027	31035				Kimchi Hot Sauce, Spicy	6 / 374g	
026396 502010	31034				Kimchi Hot Sauce, Sweet & Spicy	6 / 374g	

**SEVENTH GENERATION DIAPERS & BABY CARE - 20% OFF**

732913 441280	46345				Coconut Care, Moisture Lotion	6 / 2x224ml	G P
732913 441273	46346				Coconut Care, Foaming Shampoo & Wash	6 / 2x266ml	G P
732913 441297	46338				Diaper Cream	6 / 2x113g	G P
732913 342082	46028				Baby Wipes, Unscented, Tub	12 / 64ct	G P
732913 342174	46261				Baby Wipes, Unscented, Refill	6 / 128ct	G P
732913 342242	47036			B	Baby Wipes, Unscented, Litho Box	1 / 384ct	G P
732913 440214	46036				Diapers, Newborn (up to 10lb) (disposable)	4 / 36ct	G P
732913 440603	15130				Diapers, Stage 1 (8-14lb) (disposable)	4 / 40ct	G P
732913 440610	15131				Diapers, Stage 2 (12-18lb) (disposable)	4 / 36ct	G P
732913 440627	15132				Diapers, Stage 3 (16-28lb) (disposable)	4 / 31ct	G P
732913 440634	15133				Diapers, Stage 4 (22-37lb) (disposable)	4 / 27ct	G P
732913 440641	15134				Diapers, Stage 5 (27+ lb) (disposable)	4 / 23ct	G P
732913 440655	15135				Diapers, Stage 6 (35+ lb) (disposable)	4 / 20ct	G P



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732913 440689	15195	Overnight Diapers, Stage 4	4 / 24ct	G P	_____
732913 440696	15196	Overnight Diapers, Stage 5	4 / 20ct	G P	_____
732913 440702	15197	Overnight Diapers, Stage 6	4 / 17ct	G P	_____
732913 441228	15230	X Value (3) Pack Disposable Diapers, Size 3 (16-28 pounds)	1 / 3x31ct	G P	_____
732913 441235	15231	X Value (3) Pack Disposable Diapers, Size 4 (22-37 pounds)	1 / 3x27ct	G P	_____
732913 441242	15232	X Value (3) Pack Disposable Diapers, Size 5 (27+ pounds)	1 / 3x23ct	G P	_____
732913 441259	15233	X Value (3) Pack Disposable Diapers, Size 6 (35+ pounds)	1 / 3x20ct	G P	_____
<b>SEVENTH GENERATION HOUSEHOLD PRODUCTS - 20% OFF</b>					
732913 137329	46327	Bathroom Tissue 4 pack, 2 Ply, 300sheets	12 / 4ea	G P	_____
732913 137336	46328	Bathroom Tissue, Extra Soft & Strong, 12 pack 300sheets, 2 ply	4 / 12ea	G P	_____
732913 137206	46034	Paper Towels, Natural, 2-Ply	30 / 1x120ct	G P	_____
732913 228188	46247	Auto Dish Pacs, Free & Clear	12 / 20ct	G P	_____
732913 221707	46334	Automatic Dishwasher Gel, Free & Clear	6 / 1.1L	G P	_____
732913 221509	46149	Automatic Dishwasher Powder	12 / 1.28kg	G P	_____
732913 227334	46134	Dish Liquid, Free & Clear (unscented)	12 / 739ml	G P	_____
732913 228294	47041	K Dish Liquid, Fresh Citrus & Ginger	12 / 739ml	G P	_____
732913 227341	46132	Dish Liquid, Lavender Floral & Mint	12 / 739ml	G P	_____
732913 227327	46133	Dish Liquid, Lemongrass & Clementine Zest	12 / 739ml	G P	_____
732913 227198	47027	All Purpose Cleaner, Free & Clear	8 / 946ml	G P	_____
732913 229178	46165	Disinfecting Wipes	12 / 35ct	G P	_____
732913 229192	46063	Disinfecting Bathroom Cleaner	8 / 768ml	G P	_____
732913 229185	46062	Disinfecting Multi-Surface Cleaner	8 / 768ml	G P	_____
732913 227044	46056	Toilet Bowl Cleaner, Emerald Cypress & Fir	8 / 946ml	G P	_____
732913 227501	47028	Tub & Tile Cleaner, Emerald Cypress & Fir	8 / 946ml	G P	_____



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Rows include laundry liquid concentrates like 'Laundry Liquid, 2X Ultra Concentrate, Blue Eucalyptus & Lavender'.

SILK CULTURED COCONUT (REFRIGERATED) - GLUTEN FREE - \$2.28 OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Rows include 'Cultured Coconut, Unsweetened, Plain' and 'Cultured Coconut, Unsweetened, Vanilla'.

SILK NON-DAIRY BEVERAGES (REFRIGERATED) - 15% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Rows include almond and cashew beverages like 'ALMOND, Dark Chocolate (tetrapak) (SHELF STABLE)'.

SILVER HILLS SPROUTED BAKERY BAGELS, BREADS, BUNS & TORTILLAS (FROZEN) - UP TO \$5.00 OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, and Price. Rows include 'NEW! Sprouted Power Bagels, Cinnamon Raisin, Organic (5-pk) (Vegan)'.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with 7 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Weight, and Order. Rows include items like Sprouted Power Bagels, Sprouted Power Bread, and Sprouted Power Tortillas.

SIMPLY NATURAL PASTA SAUCES - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Weight, and Order. Row includes Marinara w/Red Wine Sauce.

SIMPLY ORGANIC PRODUCTS - 15% OFF

Table with 7 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Weight, and Order. Rows include Almond Extract, Saffron, and various Pasta Sauces.

SKINNY POP® POPCORN PRODUCTS - GLUTEN FREE - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, PSC Toll Free Order #'s, Description, Weight, and Order. Rows include various Popcorn products like Original, Cinnamon & Sugar, and Sharp Cheddar.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

SO DELICIOUS NON-DAIRY DESSERTS (FROZEN) - GLUTEN FREE - UP TO \$3.12 OFF

Table with 7 columns: UPC Code, Code, GMO, GF, K, Description, Quantity. Rows include items like CASHEW MILK DESSERT, COCONUT MILK DESSERT, etc.

SO NICE COFFEE CREAMERS - 10% OFF

Table with 5 columns: UPC Code, Code, GMO, Description, Quantity. Rows include Coffee Creamer, French Vanilla and Coffee Creamer, Original.

SOL CUISINE MEATLESS BURGERS (FROZEN) - GLUTEN FREE - 10% OFF

Table with 7 columns: UPC Code, Code, GMO, GF, K, Description, Quantity. Rows include various burger options like Lemon Dill Salm'n, Mushroom Rice, etc.

SOBAYA PASTAS - 15% OFF

Table with 5 columns: UPC Code, Code, K, Description, Quantity. Rows include Soba, Kamut and Buckwheat, Organic and Soba, Spelt and Buckwheat, Organic.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

057443 401017 30140 K + Soba, Wheat and Buckwheat 12 / 454g

057443 307043 30161 K \* + Udon, Kamut, Organic 12 / 230g

SPECTRUM PRODUCTS - 10% OFF + VOLUME PRICING

078755 002471 14005 GF CANOLA, Mayonnaise 12 / 473ml

Buy 10-19 cases Save 5%

Buy 20-29 cases Save 10%

Buy 30+ cases Save 15%

078755 002945 14010 GF CANOLA, Mayonnaise 12 / 946ml

Buy 10-19 cases Save 5%

Buy 20-29 cases Save 10%

Buy 30+ cases Save 15%

078755 000262 14035 GF CANOLA, Mayonnaise, Light, Eggless (vegan) 12 / 473ml

Buy 10-19 cases Save 5%

Buy 20-29 cases Save 10%

Buy 30+ cases Save 15%

022506 203044 14003 GF \* SOY, Mayonnaise, Organic 12 / 473ml

Buy 10-19 cases Save 5%

Buy 20-29 cases Save 10%

Buy 30+ cases Save 15%

022506 252752 02111 K \* Balsamic Wine Vinegar, Organic 6 / 500ml

022506 251502 02126 K \* Red Wine Vinegar, Organic 6 / 500ml

022506 251557 02128 K \* White Wine Vinegar, Organic 6 / 500ml

022506 411753 28118 ~~GMO~~ WF K Canola Oil 6 / 750ml

Buy 10-19 cases Save 5%

Buy 20-29 cases Save 10%

Buy 30+ cases Save 15%

022506 270473 02092 ~~GMO~~ K \* Cider Vinegar, Unfiltered, Organic 12 / 473ml

Buy 10-19 cases Save 5%

Buy 20-29 cases Save 10%

Buy 30+ cases Save 15%

022506 410374 28114 ~~GMO~~ WF K Almond Oil 6 / 375ml

Buy 10-19 cases Save 5%

Buy 20-29 cases Save 10%

Buy 30+ cases Save 15%

022506 155305 28187 ~~GMO~~ K Avacado Oil, Refined 6 / 236ml

022506 416376 28198 ~~GMO~~ WF K Walnut Oil 6 / 375ml

Buy 10-19 cases Save 5%

Buy 20-29 cases Save 10%

Buy 30+ cases Save 15%

022506 411371 28116 ~~GMO~~ WF K Canola Oil 6 / 375ml

Buy 10-19 cases Save 5%

Buy 20-29 cases Save 10%

Buy 30+ cases Save 15%



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UPC Code	Code	PSC Toll Free Order #s Tel: 1-800-663-7604 Fax: 1-800-520-5052		Order
022506 471375	28174	GMO	WF K *	Canola Oil, Organic 6 / 375ml Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%
022506 471757	28175	GMO	WF K *	Canola Oil, Organic 6 / 750ml Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%
022506 974692	28022	GMO	*	Coconut Oil, Organic 12 / 414ml Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%
022506 403376	28176	GMO	WF K *	Safflower Oil, Organic 6 / 375ml
022506 723375	28128	GMO	WF K	Olive Oil, Extra Virgin 6 / 375ml
022506 413016	28023	GMO		Peanut Oil 6 / 375ml
022506 404373	28185	GMO	WF K	Sesame Oil 6 / 375ml Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%
022506 135642	28044		*	Coconut Oil, Virgin, Organic 6 / 857ml Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%
022506 721371	28130	GMO	WF K *	Olive Oil, Extra Virgin, Organic (Arbequina) 6 / 375ml Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%
022506 721753	28135	GMO	WF K *	Olive Oil, Extra Virgin, Organic (Arbequina) 6 / 750ml Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%
022506 022041	28136	GMO	*	Olive Oil, Extra Virgin, Mediterranean, Organic 6 / 1L Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%
022506 065604	28107		K	Spray, Coconut Oil 6 / 170g Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%
022506 265813	28127		K	Spray, Olive Oil 6 / 170g Buy 10-19 cases Save 5% Buy 20-29 cases Save 10% Buy 30+ cases Save 15%





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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
022506 285408	28021			Spray, Canola Oil	6 / 453g
				Buy 10-19 cases	Save 5%
				Buy 20-29 cases	Save 10%
				Buy 30+ cases	Save 15%

SPREAD 'EM KITCHEN SPREADS (FROZEN) - GLUTEN FREE - 10% OFF

627843 428275	14656	GMO	GF	BC P	Cashew Cultured Cream Cheese Style Spread, Chives & Garlic	8 / 183g
627843 428282	14657	GMO	GF	BC P	Cashew Cultured Cream Cheese Style Spread, Cucumber & Garlic	8 / 183g
627843 428251	14655	GMO	GF	BC P	Cashew Cultured Cream Cheese Style Spread, Jalapeno & Lemon	8 / 183g
627843 428268	14658	GMO	GF	BC P	Cashew Cultured Cream Cheese Style Spread, Turmeric & Black Pepper	8 / 183g

STAHLBUSH ISLAND FARMS FRUITS & VEGETABLES (FROZEN) - UP TO \$5.44 OFF

638882 000070	54015	GMO	K		X Blueberries (bag)	12 / 283g
638882 000582	54017	GMO	K		X Cranberries (bag)	12 / 283g
638882 000599	54014	GMO	K		X Marion Blackberries (bag)	12 / 283g
638882 000575	54016	GMO	K		X Red Raspberries (bag)	12 / 283g
638882 000551	54013	GMO	K		X Strawberries, Whole (bag)	12 / 283g
638882 000889	54563	GMO	K		X Beet Slices (bag)	12 / 284g
638882 000506	54026	GMO	K		X Broccoli Florets (bag)	12 / 298g
638882 210806	54011	GMO	K		X Butternut Squash, Diced (bag)	12 / 397g
638882 000919	54564	GMO			X Chopped Curly Kale (bag)	12 / 284g
638882 000704	54052	GMO			X Classic Mixed Vegetables (bag)	12 / 283g
638882 000902	54565	GMO			X Cool Cauliflower, Tri Coloured Florets (bag)	12 / 300g
638882 000520	54012	GMO	K		X Corn, Super Sweet (bag)	12 / 340g
638882 000940	54687	GMO	K		X Corn, Tri-Coloured Whole Kernel (bag)	12 / 350g
638882 000537	54207	GMO			X Green Beans, Cut (bag)	12 / 300g
638882 000544	54010	GMO	K		X Green Peas (bag)	12 / 340g
638882 000612	54061	GMO			X Spinach, Cut (bag)	12 / 283g
638882 125773	54027	GMO	K		X Sweet Potato, Diced (bag)	12 / 298g
638882 000926	54688	GMO	K		X Sweet Potatoes, Colourful (bag)	12 / 300g
638882 000896	54566	GMO	K		X Tri Coloured Carrots (bag)	12 / 300g

STASH TEAS - UP TO 15% OFF + VOLUME PRICING

077652 772319	13224	GMO	K		Black Tea & Mate, Power Breakfast	6 / 18bags
077652 082548	13090	GMO	K		Black Tea, Chai Spice	6 / 20bags
077652 082098	13091	GMO	K		Black Tea, Double Bergamot Earl Grey	6 / 18bags



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with 7 columns: UPC Code, Code, PSC Code, Description, Quantity, and Order status. Rows include various tea products like Black Tea, Earl Grey, English Breakfast, etc.



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
077652 082227	13116	GMO	K	Herbal Tea, Peppermint	6 / 20bags	_____
077652 088199	13089		K	Herbal Tea, Sampler, 9 Flavours	6 / 18bags	_____
077652 083095	13156	GMO	K	Herbal Tea, Spice Dragon Red Chai	6 / 18bags	_____
077652 082708	13117		K	Herbal Tea, Strawberry Pomegranate	6 / 18bags	_____
077652 772173	13226		K	Herbal Tea, Sunny Orange Ginger	6 / 18bags	_____
077652 772883	13225	GMO	K	Herbal Tea, Super Mint	6 / 18bags	_____
077652 083538	13121	GMO	K	Oolong Tea, Chocolate Mint Wuyi Oolong	6 / 20bags	_____
077652 083552	13122		K	Oolong Tea, Coconut Mango Wuyi Oolong	6 / 20bags	_____
				<b>Buy 60+ cases</b>	<b>Save 1.24</b>	_____
077652 772234	10089	GMO	K *	Herbal Tea, Sunny Dandelion Root, Organic	6 / 18bags	_____
077652 084818	13119		K	Holiday Herbal Tea, Cinnamon Vanilla	6 / 18bags	_____
077652 084825	13120	GMO	K	Holiday Herbal Tea, Cranberry Pomegranate	6 / 18bags	_____
077652 772777	10090	GMO	K *	Green Tea, Matcha Mate, Organic	6 / 18bags	_____

STEAZ ICED GREEN TEAS - \$3.00 OFF

856820 160123	40035	GMO	K * @	X Iced Green Tea w/Coconut Water, Organic (can)	12 / 473ml	U	_____
856820 160116	40067		* @	X Iced Green Tea w/ Superfruit, Organic (can)	12 / 473ml	U	_____
856820 160055	40034	GMO	K * @	X Iced Green Tea, Blueberry Pomegranate, Organic (can)	12 / 473ml	U	_____
856820 160017	40032	GMO	K * @	X Iced Green Tea, Lemon, Unsweetened, Organic (can)	12 / 473ml	U	_____
856820 160031	40033	GMO	K * @	X Iced Green Tea, Peach, Organic (can)	12 / 473ml	U	_____
856820 160024	40037	GMO	K @	X Zero Calorie Iced Green Tea, Peach Mango (can)	12 / 473ml	U	_____
856820 160000	40036	GMO	K @	X Zero Calorie Iced Green Tea, Raspberry (can)	12 / 473ml	U	_____
856820 160093	40068		* @	X Zero Calorie Iced Green Tea, Half & Half, Green Tea & Lemonade (can)	12 / 473ml	U	_____

STICKLING'S BAKERY PRODUCTS - GLUTEN FREE - 15% OFF

775918 001103	17010	GF	+ P	Pizza Crust, White Rice , Shelf Stable, Gluten Free	6 / 300g		_____
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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

SUNCO COCONUT MILK - 15% OFF

682264 500016 14935 \* Coconut Milk, Organic (can) 24 / 400ml

SUNFLOWER KITCHEN DIPS & SPREADS (REFRIGERATED) - 10% OFF

679514 310105 14273 GMO K + P Babaghanouj 6 / 227g

679514 312048 14467 GMO GF K + P Hummus+, Artichoke Dill w/ Garden Vegetable Medley Topping 6 / 300g

679514 312031 14468 GMO GF K + P Hummus+, Roasted Pepper w/ Basil Pesto topping 6 / 300g

679514 410010 14419 GMO K + P Hummus, Classic 8 / 500g

679514 310013 14276 GMO K + P Hummus, Classic 6 / 227g

679514 310068 14281 GMO K \* + P Hummus, Classic, Organic 6 / 227g

679514 310020 14278 GMO K + P Hummus, Jerusalem 6 / 227g

679514 310044 14279 GMO K + P Hummus, Mediterranean Black Olive 6 / 227g

679514 310051 14280 GMO K + P Hummus, Roasted Garlic & Onion 6 / 227g

679514 311010 14274 GMO K + P Pesto, Basil 6 / 227g

679514 311041 14275 GMO K + P Pesto, Kale & Oregano 6 / 227g

SUNSHINE FARMS PICKLED VEGETABLES - 15% OFF

625077 850107 14239 \* + P Baby Dill Pickles, Organic 12 / 500ml

625077 810156 14242 \* + P Whole Dill Pickles, Organic 12 / 1L

SURF SWEETS® by WHOLESOME - GLUTEN FREE - 15% OFF

891475 001162 35147 GMO GF X Sour Worms 12 / 78g G

SYNERGY ORGANICS DENTAL CARE PRODUCTS - 15% OFF

874321 000199 81019 BC P Fresh Kiss Breath Spray, Citrus 20 / 10ml G P

874321 000069 81018 BC P Sexy Mouth Breath Spray, Lavender Spice 20 / 10ml G P

874321 000021 81017 BC P Fresh Kiss All Natural Mouthwash, Citrus 12 / 250ml G P

874321 000038 80554 BC P Sexy Mouth All Natural Mouthwash, Lavender Spice 12 / 250ml G P

TASTE ADVENTURE INSTANT REFRIED BEANS - GLUTEN FREE - 15% OFF

032445 006323 38719 GMO GF K \* Refried Black Beans, Organic (flakes) 6 / 170g

032445 006316 38720 GMO GF K \* Refried Pinto Beans, Organic (flakes) 6 / 170g

TASTE NIRVANA COCONUT WATERS - 15% OFF

011259 906357 05928 GMO X Water w/ Matcha Green Tea (glass bottle) 12 / 280ml U

011259 906340 05929 GMO X w/ Passion Fruit Juice & Seeds (glass bottle) 12 / 280ml U



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
011259 806886	05921	GF	X	Coconut Water With Pulp (glass bottle)	12 / 280ml	U
852953 001319	07219	GMO GF		Coconut Water, Natural (tetrapak)	12 / 500ml	U
852953 001159	72500	GMO		Coconut Water with Watermelon (tetrapak)	12 / 1L	U
<b>TASTE OF NATURE SNACK BARS - GLUTEN FREE - UP TO \$2.51 OFF</b>						
059527 601559	37171	GMO GF K *	+ P X	Brazil Nut Bar, Organic	16 / 40g	G
059527 501552	37174	GMO GF K *	+ P X	Cranberry Bar, Organic	16 / 40g	G
059527 172394	37733	GMO GF K *	+ P X	Dark Chocolate Coconut Bar, Organic	16 / 40g	G
059527 173087	27100	GMO GF K	+ P X	Lower Sugar Cocoa Mint Bar	12 / 40g	G
059527 173094	27101	GMO GF K	+ P X	Lower Sugar Coconut Cashew Bar	12 / 40g	G
059527 173100	27102	GMO GF K	+ P X	Lower Sugar Peanut Caramel Bar	12 / 40g	G
<b>TASTY BITE HEAT &amp; SERVE RICES - 10% OFF</b>						
782733 012276	38796	GMO K *	X	NEW! Ancient Grains, Organic	6 / 250g	
782733 012146	38795	GMO K *	X	NEW! Jasmine Rice, Organic	6 / 250g	
<b>TASTY BITE INDIAN CUISINE - 15% OFF</b>						
782733 000365	38792	GMO K *	X	Hot & Spicy, Coconut Vegetables, Organic	6 / 285g	
782733 010050	38794	GMO K *	X	Hot & Spicy, Vegetable Curry, Organic	6 / 285g	
782733 000372	38793	GMO K *	X	Hot & Spicy, Vindaloo, Organic	6 / 285g	
<b>TAZO FILTERBAG TEAS - 15% OFF</b>						
794522 200207	30849			CALM Chamomile infusion (wrapped)	6 / 24ct	
794522 201303	30860			China Green Tips green tea (wrapped)	6 / 24ct	
794522 201006	30857			Green Ginger blend (wrapped)	6 / 24ct	
794522 200108	30848			REFRESH Mint herbal infusion (wrapped)	6 / 24ct	
<b>TEECCINO HERBAL COFFEES - 15% OFF</b>						
795239 201105	12860		K *	French Dark Roast, Organic (caffeine free)	6 / 225g	
795239 200603	12864		K *	Hazelnut, Medium Roast, 70% Organic (caffeine free)	6 / 225g	
795239 200108	12862		K *	Vanilla Nut, Medium Roast, 70% Organic (caffeine free)	6 / 225g	
<b>TERRA DELYSSA OILS - 15% OFF</b>						
6191509 902811	05230		*	Extra Virgin Olive Oil Infused w/ Chili Pepper, Organic	6 / 250ml	



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THAI KITCHEN PRODUCTS - 15% OFF

Table with 6 columns: UPC Code, Code, PSC Code, Description, Quantity, and Order. Rows include Coconut Milk (Premium, Lite, Organic), Green Curry Paste, Pad Thai Stir Fry, Peanut Satay Sauce, Red Curry Paste, Roasted Red Chili Paste, Thai Peanut Stir Fry, and Yellow Curry Paste.

THE CANADIAN HERITAGE ORGANICS SWEETENERS - 15% OFF

Table with 6 columns: UPC Code, Code, PSC Code, Description, Quantity, and Order. Rows include Maple Syrup (Amber, Dark, Very Dark) and Maple sugar (100% Pure).

THE CANADIAN ORGANIC POPCORN COMPANY GOURMET KETTLE CORN - GLUTEN FREE - 15% OFF

Table with 6 columns: UPC Code, Code, PSC Code, Description, Quantity, and Order. Row includes Spicy Sriracha Flavour Popcorn, Organic.

THE GINGER PEOPLE PRODUCTS - UP TO 18% OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, PSC Code, Description, Quantity, and Order. Rows include Gin Gins Boost Soft Candy and Gin Gins, Chewy Ginger Candy. Includes volume pricing for Buy 15-29 cases (Save 5%) and Buy 30+ cases (Save 10%).



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
734027 901346	14388		K	Dipping & Cooking Sauce, Ginger Peanut	12 / 375ml	
734027 901391	14391			Marinade & Simmer Sauce, Spicy Ginger Teriyaki	12 / 375ml	
734027 903555	13236	GF	*	X Gin Gins, Arjuna Ginger Bar, Organic	16 / 35g	G
734027 905054	35024	GF		Gin Gins Hard Candy	24 / 84g	G
734027 905016	35020	GF		Ginger, Crystallized	24 / 100g	G
734027 905092	35299	GMO GF		Ginger Chunks Candy, Bare, Uncrystallized	12 / 100g	G
<b>THE WIZARD'S ORGANIC SAUCES - 15% OFF</b>						
011206 004051	32700	WF	*	Hot Stuff, Organic	12 / 147ml	
011206 004082	14541		*	Vegan Worcestershire Sauce, Organic	12 / 147ml	
<b>THEO CHOCOLATES - UP TO \$3.24 OFF</b>						
874492 002497	11983	GMO	K *	X Dark Chocolate w/ Chili, 70% Cocoa, Organic	12 / 85g	G
874492 002633	11987	GMO	K *	X Dark Chocolate, Coconut, 70% Cocoa, Organic	12 / 85g	G
874492 002411	11981	GMO	K *	X Dark Chocolate, 85% Cocoa, Organic	12 / 85g	G
874492 002435	11982	GMO	K *	X Dark Chocolate, Cherry Almond, 70% Cocoa, Organic	12 / 85g	G
874492 002459	11978	GMO	K *	X Dark Chocolate, Salted Almond, 70% Cocoa, Organic	12 / 85g	G
874492 002510	11984	GMO	K *	X Milk Chocolate, Salted Almond, 45% Cocoa, Organic	12 / 85g	G
874492 003814	11994		GF K *	X Dark Chocolate, Salted Toffee, 55% Cocoa, Organic	12 / 85g	G
874492 003258	11993	GMO	GF K *	X Dark Chocolate, Sea Salt, 70% Cocoa, Organic	12 / 85g	G
874492 003227	11992	GMO	GF K * @	X Peanut Butter Cups, Milk Chocolate	12 / 38g	G
<b>THIRSTY BUDDHA BEVERAGES - UP TO 10% OFF + VOLUME PRICING</b>						
852953 001456	72506	GMO		P X Coconut Water with Aloe Vera (can)	12 / 490ml	U
852953 001036	07214	GMO	GF	X Coconut Water, Natural w/Pulp (can)	12 / 520ml	U



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order. Includes items like Coconut Water (can) with volume 490ml and 330ml, and Sparkling Coconut Water variants.

THREE FARMERS PRODUCTS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order. Includes Camelina Oil, Original and Roasted Chickpeas, Lightly Salted.

TINKYADA RICE PASTAS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order. Includes Little Dreams, Brown Rice (kids' shapes), Spaghetti, Spinach, Brown Rice, and Penne, Brown Rice, Organic.

TOFURKY MEAT ALTERNATIVES (REFRIGERATED) - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order. Includes Deli Slices, Smoked Ham.

TOM'S OF MAINE BODY CARE PRODUCTS - 10% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order. Includes various Deodorant products like Beautiful Earth, Calendula, Honeysuckle Rose, Lemongrass, Mountain Spring, and Naturally Dry.





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Table with 7 columns: UPC Code, Code, Description, Quantity, and Price. Rows include items like Deodorant, Mouthwash, and various Toothpaste brands.

TOO MUNCH FUN O'POPS POPCORN CHIPS & DRIZZLE POPS RICE CHIPS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Description, Quantity, and Price. Rows include Drizzle Pops in Cinnamon Swirl and S'mores flavors.

TRADITIONAL MEDICINALS TEAS - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, Description, Quantity, and Price. Rows include various medicinal teas like Cup of Calm, Everyday Detox, Green Tea, Heart Tea, Lemon Balm, Mother's Milk Tea, Nighty Night, Relaxation Tea, and Tulsi w/ Ginger.



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TRIPLE JIM'S JUICE & CIDERS - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, BC, Product Name, Quantity, and Order status. Rows include Cranberry Juice, Pear Juice, Apple Cider, and Apple Chips.

TRU ROOTS PRODUCTS - GLUTEN FREE - UP TO \$8.91 OFF

Table with 7 columns: UPC Code, Code, PSC, GF, Product Name, Quantity, and Order status. Rows include Quinoa, Ancient Grain Pasta, and Spaghetti.

TRUE CITRUS SEASONINGS - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, Product Name, Quantity, and Order status. Rows include Lemon and Lime Seasoning Shakers.

TRUMPS SLIMS DESSERT CRACKERS - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, BC, Product Name, Quantity, and Order status. Rows include Cocoa, Lemon, and Banana SLIMS Dessert Crackers.

TUBIFY ORGANIC CRAFT FREEZIES (FROZEN) - 10% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, @, Product Name, Quantity, and Order status. Rows include Coconut Koala Café Latte, Mango Tiger, Minty Moose Limeade, and Raspberry Raven Lemonade.



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U-DREAM HERBAL SLEEP AID - 10% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Special Order Code. Rows include Sleep Naturally Herbal Mixture, Full Night (7/8 Hours) and Sleep Naturally Herbal Mixture, Lite (4/5 Hours).

UDI'S™ PRODUCTS (FROZEN) - GLUTEN FREE - UP TO 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Special Order Code. Rows include NEW! Bread, Multigrain Sandwich Loaf, NEW! Pizza, Supreme, MUFFINS, Blueberry (4pk), and Lasagna, Italian Sausage.

UMI'S KITCHEN COOKING SAUCES - 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Special Order Code. Row includes Chatni Sauce, Mango.

UNCLE LEE'S TEAS - 10% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Special Order Code. Row includes Green Tea, Legend of China, Original.

UNCLE LUKE'S MAPLE SYRUPS - 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Special Order Code. Rows include Maple Syrup, Grade 'A' Dark, Organic; Maple Syrup, Grade 'A' Very Dark, Organic; Maple Syrup, Grade 'A' Very Dark, Organic; and Maple Syrup, Grade 'A' Dark, Organic (spout required).

VAN'S WAFFLES (FROZEN) - GLUTEN FREE - \$2.87 OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Special Order Code. Rows include Blueberry Waffles, Cinnamon Apple Waffles, and Original Waffles. Includes volume pricing: Buy 10+ cases Save 0.97.

VEGETARIAN GOURMET ARTISAN VEGAN BURGERS (FROZEN) - GLUTEN FREE - 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Special Order Code. Row includes Quinoa & Chickpea Burger (4 pk).

VEGAN ROB'S SNACK FOODS - GLUTEN FREE - 15% OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, and Special Order Code. Rows include Chips, Supergrain Mini Waves, Asparagus; Chips, Supergrain Mini Waves, Tumeric; Chips, Supergrain Mini Waves, Wild Rice; Puffs, Brussel Sprout; Puffs, Cauliflower; and Puffs, Cheddar. Includes volume pricing: Buy 10-20 cases Save 5%, Buy 21+ cases Save 10%.



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VEGGIE-GO'S FRUIT & VEGGIE BITES & STRIPS - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order status. Rows include items like Cinnamon Spiced Beet, Mountain Berry Spinach, Sweet Potato Pie, TropiKale, and various Bites.

VENETIAN CONDIMENTS - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order status. Rows include Tapenade, Feta Mixed Olive and Antipasto, Classic.

VIJ'S CRAZY GOOD MEATBALLS (FROZEN) - 10% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order status. Rows include Butter Chicken Style, Indian Marinara, and Sweet Masala.

VORTEX 9.5 HIGH ALKALINE BOTTLED WATERS - UP TO \$3.23 OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order status. Rows include High pH Glacial Alkaline Water w/Electrolytes in 500ml and 1.5L bottles.

UDI'S™ GLUTEN FREE COOKIES - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order status. Rows include Maple Pecan Chocolate Chip and Salted Caramel Cashew cookies.

UPTON'S NATURALS JACKFRUIT IN SAUCE - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order status. Rows include Jackfruit in Original, Barbecue, and Thai Curry Sauce.

WAY BETTER SNACKS SPROUTED TORTILLA CHIPS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order status. Row includes Simply Sweet Potato Tortilla Chips.

WAYKANA AMAZON GUAYUSA TEAS - 15% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Order status. Rows include Amazon Guayusa Tea in Cacao, Chai, and Original flavors.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

WELO™ PROBIOTIC BARS - 15% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Special Order Code. Rows include items like PROBIOTiC Bar, Chocolate Bar and PROBIOTiC Bar, Coconut Cashew.

WELO™ PROBIOTIC DRINKS (REFRIGERATED) - \$1.00 OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Special Order Code. Rows include FERMENTS, Living Turmeric, Living Ginger, and Living Lemongrass.

WHITEWATER COOKS PRODUCTS - 15% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Special Order Code. Rows include Dressing, Maple Balsamic, Marinade, Miso Ginger, and Vinaigrette, Honey Curry.

WHOLE ALTERNATIVES POPCORN - 15% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Special Order Code. Rows include Microwave Popcorn, Butter Flavour, Organic; Microwave Popcorn, Low Fat, Organic; and Popping Corn, Yellow, Organic.

WHOLESOME PRODUCTS - 15% OFF

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Special Order Code. Rows include Vanilla Frosting, Organic; Chocolate Frosting, Organic; Fruit Chews, Organic; DelishFish, Raspberry Flavoured, Organic; SUGAR, Raw, Organic; MOLASSES, Blackstrap, Organic; BLUE AGAVE NECTAR, Organic; and BLUE AGAVE NECTAR, Raw, Organic.

WHOLLY WHOLESOME PIE SHELLS (FROZEN) - VOLUME PRICING

Table with 6 columns: UPC Code, Code, Quantity, Description, Weight, and Special Order Code. Rows include Pie Shells, Gluten Free, 9" (2-pk) and Pie Shells, Traditional, Organic, 9" (2-pk) with volume pricing details.



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WILD COUNTRY PRODUCTS - UP TO 25% OFF

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Product Name, Quantity, and Order status. Includes items like Tea, Ceylon Orange Pekoe, Honey with Cinnamon Spread, etc.

WILD TEA KOMBUCHA BEVERAGES (REFRIGERATED) - 10% OFF

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Product Name, Quantity, and Order status. Includes items like Beet-arita Kombucha, Hard Lime, Pineapple Mojito, etc.



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WILDBRINE FERMENTED CONDIMENTS (REFRIGERATED) - UP TO 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, Description, Quantity. Rows include items like Coleslaw, Organic; Kimchi, Korean; Sauerkraut, Arame & Ginger; etc.

WILDBRINE PROBIOTIC LIVE SHOTS (REFRIGERATED) - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, X, Description, Quantity, U. Rows include KIMCHI LIVE SHOTS, Citrusy Japanese; KIMCHI LIVE SHOTS, Spicy Korean; LIVE SHOTS, Beet Dill.

WILDWOOD ORGANICS SPROUTED TOFUS (REFRIGERATED) - 10% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, K, Description, Quantity. Rows include Tofu, Firm, Organic (2-pack); Tofu, Extra Firm, Organic (2-pack).

WOLFGANG PUCK CANNED SOUPS - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, Description, Quantity. Row: Soup, Chicken w/ Tuscan-Style White Bean & Pesto, Organic.

WOW BAKING COOKIES - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, PSC, GF, X, Description, Quantity. Row: Snickerdoodle (resealable pouch).

YOFIIT CHICKPEA BEVERAGE - 10% OFF

Table with 7 columns: UPC Code, Code, PSC, +, Description, Quantity. Row: Chickpea Beverage, Unsweetened.

YOGI BEVERAGE TEAS - VOLUME PRICING

Table with 7 columns: UPC Code, Code, PSC, K, Description, Quantity. Rows include Calming Tea, Organic; Chai Rooibos Tea, Organic; DeTox Tea, Lemon; EGYPTIAN LICORICE MINT Tea, Organic; EGYPTIAN LICORICE Tea, Organic; Ginger Tea, Organic; Green Tea, Citrus Slim; Green Tea, Kombucha.



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Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, Order. Rows include Green Tea, Kombucha Decaf, Green Tea, PURE GREEN DECAF, Organic, Green Tea, PURE GREEN, Organic, Green Tea, Triple Echinacea, Herbal Tea, Original, Organic, Lemon Ginger Tea, Restful Sleep Tea, Organic, Roasted Dandelion Spiced Detox, Organic, Throat Comfort Honey Lemon Tea, Organic, Tulsi Spiced Berry Cough and Cold Relief, Organic.

Buy 20+ cases Save 2.56

YOSO NON-DAIRY CHEESE & YOGURT ALTERNATIVES (REFRIGERATED) - UP TO 15% OFF

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, Order. Rows include Cashew Cream Cheese Style Spread, Plain and Premium Creamy Cultured Almond & Cashew, Strawberry.

YVES VEGETABLES - 10% OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, Order. Row includes Corn, Golden, Whole Kernel, Organic. Volume pricing: Buy 15-24 cases Save 5%, Buy 25+ cases Save 10%.

ZAZUBEAN ORGANIC & FAIR TRADE CHOCOLATE BARS - GLUTEN FREE - UP TO 15% OFF + VOLUME PRICING

Table with 6 columns: UPC Code, Code, PSC, Description, Quantity, Order. Rows include BUFF, Strong Chocolate w/Coconut Sugar, 90% Cacao, Organic; KIKI, Fig & Sea Salt Dark Chocolate w/Coconut Sugar, 65% Cacao, Organic; NUDIE, Extra Dark Chocolate w/Coconut Sugar, 80% Cacao, Organic; PUNCH, Pineapple & Coconut, Coconut Milk Chocolate w/Coconut Sugar, 55% Cacao, Organic; SALTRY, Sea Salt & Almonds Dark Chocolate w/Coconut Sugar, 65% Cacao, Organic.





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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel, Fax, Product Name, Quantity, and Order. Includes items like SASSY, Pomegranate & Hazelnut Coconut Milk Chocolate, CHEEKY, Salted Toffee & Banana Dark Chocolate, etc.



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ZEVIA® STEVIA SWEETENED BEVERAGES - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, GMO, GF, K, Description, Quantity, and Special Order codes (G, U).

ZIMT CHOCOLATE BARS - GLUTEN FREE - 15% OFF

Table with 7 columns: UPC Code, Code, GMO, GF, K, BC, P, X, Description, Quantity, and Special Order codes (G).

CLEARANCE

ANNIE CHUN'S INSTANT SOUP BOWLS - 20% OFF

Table with 7 columns: UPC Code, Code, Description, Quantity, and Special Order codes (G, P).

BIOBAG RESEALABLE FOOD STORAGE BAGS - 65% OFF

Table with 7 columns: UPC Code, Code, Description, Quantity, and Special Order codes (G, P).

BIG TREE FARMS SWEETENERS - GLUTEN FREE - 20% OFF

Table with 7 columns: UPC Code, Code, GMO, GF, K, @, X, Description, Quantity, and Special Order codes (G, P).

BLUE MONKEY PRODUCTS - 65% OFF

Table with 7 columns: UPC Code, Code, Description, Quantity, and Special Order codes (G).

BOB'S RED MILL PRODUCTS - UP TO 65% OFF

Table with 7 columns: UPC Code, Code, Description, Quantity, and Special Order codes (G, P).



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CLEARANCE

CAVEMAN BBQ SAUCE - UP TO 65% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Rows include BBQ Sauce, Asian Barbecue, BBQ Sauce, Bourbon Coffee, and BBQ Sauce, Hot Mango.

CHA'S SPICES - GLUTEN FREE - 65% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Row includes Cardamom, Whole, Organic.

DESERT ESSENCE BODY CARE PRODUCTS - 65% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Row includes Shampoo, Red Raspberry, Organic.

DOCTOR KRACKER CRISPBREADS - 20% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Row includes Crispbreads, Seeded Spelt, Organic.

EARTHBOUND FARM ORGANIC FRUITS (FROZEN) - 20% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Row includes Blackberries, Organic (bag).

EARTH FRIENDLY HOUSHOLD PRODUCTS - 65% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Rows include Dishmate™ Apricot Dish Liquid and ECOS® Lemongrass Liquid Laundry Detergent.

EDEN PRODUCTS - UP TO 65% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Rows include Instant White Miso Soup, Quinoa, Whole Grain, Organic (Andean), and Sauerkraut, Three Onion, Organic.

ELIAS HONEYS - 30% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Row includes Gourmet Alfalfa/Clover Liquid Honey, Unpasteurized, Canada #1 White.

FRONTIER HERBS & SPICES - 20% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Row includes Salt, Yakima Applewood Smoked, Medium Grind.

GANESHA GARDEN PERFUME SOLIDS IN SOAPSTONE - 65% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Rows include Perfume Solid in Soapstone, Amber and Perfume Solid in Soapstone, 1000 Flowers.

GIOVANNI ECO CHIC COSMETICS - 65% OFF

Table with 5 columns: UPC Code, Code, Description, Quantity, Price. Row includes Shampoo, 2chic® Repairing, X with Blackberry & Coconut Milk.



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

CLEARANCE

GLEE GUM NATURAL CHEWING GUMS - 30% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Rows include Bubblegum (pouch) and Peppermint (pouch).

GREAT BEAR PALEO COOKIE BITES - GLUTEN FREE - 20% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Rows include Apple-Cinna Summit Bites and Cocoa-Goji Mojo Bites.

GREENOLA VEGETABLES - GLUTEN FREE - 65% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Row includes Beets, Whole Baby, Organic.

HOLY CRAP BREAKFAST CEREAL - GLUTEN FREE - 65% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Row includes HOLY CRAP plus Gluten Free Oats.

HORNBY ISLAND ENERGY BARS - 20% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Row includes Energy Bar, Gourmet Sesame.

JASON BODY CARE PRODUCTS - 65% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Rows include Hand & Body Lotion and Shampoo.

KINNIKINNICK FOODS PRODUCTS (FROZEN) - GLUTEN FREE - UP TO 65% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Rows include BREAD and BAGELS.

LARABAR BITES - GLUTEN FREE - 65% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Rows include BITES, Chocolate Macaroon and BITES, Mint Chocolate.

LICK YOUR CHOPS DOG FOOD - 30% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Row includes Canned Dog Food, Adult.

LILY OF THE DESERT ALOE H2O - GLUTEN FREE - 20% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Rows include ALOE H2O with various flavors.

LIMONITZ SPARKLING LEMONADES - 65% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Row includes Sparkling Lemonade, Strawberry.

MANITOBA HARVEST HEMP PRODUCTS - 65% OFF

Table with 7 columns: UPC Code, Code, Attributes, Description, Quantity, Price, and Special Order. Row includes Hemp Protein Smoothie, Chocolate.



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MUIR GLEN CANNED TOMATOES - 65% OFF

065633 471689 33209 GMO \* CRUSHED, Tomatoes, Basil, Organic 12 / 796ml

NAAM VINAIGRETTE - 30% OFF

689499 100073 14462 GMO @ BC P Blueberry Vinaigrette 12 / 350ml

NATURE CLEAN HOUSEHOLD PRODUCTS - UP TO 50% OFF

058951 307808 80492 + P Fabric Softener 12 / 1L G P

058951 307228 80893 + STINK BOMB, Odour Remover Spray 6 / 740ml G P

058951 197409 80861 + P Dishwashing Liquid, Lavender & Tea Tree 12 / 740ml G P

058951 187400 80862 + P Dishwashing Liquid, Mandarin & Grapefruit 12 / 740ml G P

058951 198017 80875 + P Dishwashing Liquid, Lavender & Tea Tree 6 / 1.5L G P

058951 403586 80874 + P Dishwashing Liquid, Unscented 6 / 1.5L G P

NATURE CLEAN SKIN & BODY CARE PRODUCTS - UP TO 50% OFF

058951 114048 80866 + Body Wash, Gentle Geranium & Chamomile 6 / 405ml G P

058951 114031 80865 + Body Wash, Passionate Pear & Hibiscus 6 / 405ml G P

058951 393504 80729 + P Liquid Hand Soap, Sweet Pea Lemon Balm, w/Pump 6 / 350ml G P

058951 393528 80730 + P Liquid Hand Soap, Wild Mint Rosemary, w/Pump 6 / 350ml G P

058951 153511 80863 + Moisturizing Lotion, Velvet Vanilla & Coconut (Tube) 6 / 280ml G P

NUUN HYDRATION DRINK TABLETS - GLUTEN FREE - 20% OFF

850701 003226 40707 X All Day Tablets, Blueberry Pomegranate 8 / 15ct G

OHSAWA JAPANESE PRODUCTS - 65% OFF

707881 351244 52144 Nama White Shoyu, Soy-Free, Unpasteurized 6 / 250ml

OMEGA NUTRITION NUTRITIONAL SUPPLEMENTS - GLUTEN FREE - 65% OFF

055358 362270 85354 GMO GF K Inulin Powder 6 / 227g

ORGANIC INDIA TULSI TEAS - GLUTEN FREE - 65% OFF

801541 508938 12623 GMO GF \* Tulsi Tea, Pomegranate Green, Organic 6 / 18bags

PACIFIC FOODS BEVERAGES - GLUTEN FREE - 35% OFF

052603 083003 06075 GF K Soy, Plain, Low Fat 12 / 946ml

PAPERCHEF CULINARY PARCHMENT COOKING BAGS - 65% OFF

628689 700105 47012 + Cooking Bags, Parchment Paper, FSC Certified 12 / 10ea G P

PLANET RICE SPROUTED RICE - GLUTEN FREE - 65% OFF

855064 002169 42161 GMO GF Rice, Sprouted Brown 6 / 500g



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PLUM•M•GOOD™ RICE CAKES - 35% OFF

Table with 6 columns: UPC Code, Code, GF, \*, BC, P, X, Description, Quantity. Rows include Brown Rice Cakes, 5 Rice Blend, Organic; Brown Rice Cakes with Chia, Organic; Unsalted Rice Cakes, Flax Seed, Organic.

R.W. KNUDSEN JUICES - 30% OFF

Table with 6 columns: UPC Code, Code, \*, Description, Quantity, U. Row: Blueberry Pomegranate Juice, Organic.

RAW VITALITY PARMAVEG - VEGAN PARMESAN - GLUTEN FREE - 30% OFF

Table with 6 columns: UPC Code, Code, GMO, GF, \*, @, +, P, Description, Quantity. Row: ParmaVeg, Original, Organic.

RAINCOAST TRADING ORGANIC CAPERS - 20% OFF

Table with 6 columns: UPC Code, Code, \*, Description, Quantity. Row: Capers, Organic.

RAINCOAST TRADING SUSTAINABLY HARVESTED CANNED SEAFOOD - 35% OFF

Table with 6 columns: UPC Code, Code, BC, P, X, Description, Quantity. Rows include Sardines, in Tomato Sauce; Sardines, w/ Cumin & Coriander in tomato sauce.

ROAD'S END ORGANICS QUICK GRAVY MIX - 65% OFF

Table with 6 columns: UPC Code, Code, K, \*, X, Description, Quantity. Row: Gravy Mix, Savory Herb, Organic.

SALT SPRING SORBETTOS (FROZEN) - 65% OFF

Table with 6 columns: UPC Code, Code, BC, P, X, Description, Quantity, G. Row: Sorbetto, Lemon, Sugar Free.

SAN-J DRESSINGS - GLUTEN FREE - 35% OFF

Table with 6 columns: UPC Code, Code, GF, K, Description, Quantity. Rows include Tamari Ginger Dressing; Tamari Sesame Dressing.

SEVENTH GENERATION HOUSEHOLD PRODUCTS - 65% OFF

Table with 6 columns: UPC Code, Code, Description, Quantity, G, P. Rows include Laundry Detergent Packs, Citrus & Cedar; Laundry Detergent Packs, Free & Clear.

SIMPLY NATURAL PASTA SAUCES - GLUTEN FREE - 50% OFF

Table with 6 columns: UPC Code, Code, GF, \*, Description, Quantity. Row: Vodka Cream Sauce, Organic.

SIP NATURAL CRAFT SODAS - GLUTEN FREE - 65% OFF

Table with 6 columns: UPC Code, Code, GMO, GF, BC, P, X, Description, Quantity, G, U. Row: Natural Craft Soda, Coriander Orange (bottle).

SNOW FARMS PRODUCTS - 65% OFF

Table with 6 columns: UPC Code, Code, GMO, BC, P, Description, Quantity. Rows include Kiwi Dip 'N' Spread, Jalapeno; Kiwi Dip 'N' Spread, Original.

STASH TEAS - 65% OFF

Table with 6 columns: UPC Code, Code, GMO, K, \*, Description, Quantity. Row: White Tea, w/Mint, Organic.



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SUNDHED HIMALAYAN CRYSTAL SALTS - 65% OFF

873778 006105 02262 Pure Himalayan Salt with Peppercorn, Coarse (grinder) 6 / 210g

SUNSHINE FARMS PICKLED VEGETABLES - UP TO 65% OFF

625077 850022 14243 \* + P Pickled Beans, Organic 12 / 500ml
625077 850121 14493 \* + P Pickled Jalapenos, Organic 12 / 500ml
625077 850077 14489 \* + P Sweet Relish, Organic 12 / 500ml

TAZO FILTERBAG TEAS - 65% OFF

794522 200405 30852 PASSION herbal infusion (wrapped) 6 / 24ct

TERRA DELYSSA OILS - 25% OFF

6191509 902781 05231 \* Extra Virgin Olive Oil Infused w/ Basil, Organic 6 / 250ml

THE EDGE FOOD COMPANY - ENERGY BARS - 65% OFF

681147 174382 37574 BC X MAINTAIN Cranberry Lime Bar 24 / 65g G
681147 164383 37575 BC X REPLENISH Chocolate Coconut Bar 24 / 75g G

THE GINGER PEOPLE PRODUCTS - 65% OFF

734027 905085 35199 GF Gin Gins Ginger Spice Drops 24 / 100g G

TINKYADA RICE PASTAS - GLUTEN FREE - 65% OFF

621683 921241 30912 B GF K + P X Spirals, Brown Rice 1 / 4.54kg

TROPIC CANADA VITAMINS & SUPPLEMENTS - 65% OFF

069967 123924 85214 + P X Borage Seed Oil (capsules) 1 / 60caps G
069967 119316 85296 + P X Complete One (no iron) (vegicaps) 1 / 120caps G

WILDBRINE FERMENTED CONDIMENTS & PROBIOTIC LIVE SHOTS (REFRIGERATED) - 60% OFF

858159 002921 32231 GMO GF X KIMCHI LIVE SHOTS, Zesty Thai 6 / 237ml U
858159 002709 32241 GMO LIVE SHOTS, Smoky Kale 6 / 237ml U
858159 002419 32220 GMO GF \* Sauerkraut, Raw, Green, Organic 6 / 500ml