

STORE NAME:

DELIVERY DATE REQUEST:

**GMO = NON-GMO / B = Bulk / GF = Gluten Free / WF = Wheat Free / GW = Gluten & Wheat Free / K = Kosher**  
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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052

Order

## MONTHLY SPECIALS

### ALEXIA SIDES FROZEN SIDES & POTATO PRODUCTS (FROZEN) - 15% OFF

834183 004117	55124	K	X	Julienne Fries, Sweet Potato w/Sea Salt (bag)	12 / 425g
834183 004537	55019	K	X	Julienne Fries, Spicy Sweet Potato, w/chipotle seasoning (bag)	12 / 567g
834183 004056	55181		X	Onion Rings, Crispy Golden Onions w/Sea Salt (bag)	12 / 340g
834183 004513	55169		X	Oven Fries, Olive Oil, Rosemary & Garlic (bag)	12 / 450g
834183 004599	55114	WF K	X	Oven Reds, Olive Oil, Parmesan & Roasted Garlic (bag)	12 / 425g
834183 004582	55099	WF	X	Puffs, Sweet Potato, Crispy Bite-Sized (bag)	12 / 567g
834183 004544	55020	K	X	Waffle Fries, w/ seasoned salt (bag)	12 / 567g

### AMANO SAUCES - 10% OFF

067334 250884	40023	K	BC ☐	Soy Sauce	12 / 250ml
067334 050880	40026	K	BC ☐	Soy Sauce	12 / 500ml
067334 250327	40024	K *	BC ☐	Tamari, Organic	12 / 250ml
067334 250754	40022	WF K	BC ☐	Tamari (Product of Japan)	12 / 250ml
067334 050750	40055	WF K	BC ☐	Tamari (Product of Japan)	12 / 500ml
067334 050323	40025	K *	BC ☐	Tamari, Organic	12 / 500ml

### AMANO MISOS (REFRIGERATED) - 10% OFF

067334 070024	40005	WF K *	BC ☐	Miso, Aka, Red, Organic (unpasteurized)	12 / 400g
067334 070031	40010	WF K *	BC ☐	Miso, Gen-Mai, Brown Rice, Organic (unpasteurized)	12 / 400g
067334 070048	40007	K *	BC ☐	Miso, Mugi, Barley, Organic (unpasteurized)	12 / 400g
067334 070017	40015	WF K *	BC ☐	Miso, Shiro, White, Organic (unpasteurized)	12 / 400g

### AMY'S PRODUCTS (FROZEN) - UP TO \$5.60 OFF

042272 910564	54645	GF K	X	BOWL, 3 Cheese Kale Bake	12 / 241g
042272 908110	54485	GF	X	BOWL, Broccoli & Cheddar Bake	12 / 269g
042272 901616	54488	GF K	X	BOWL, Brown Rice & Vegetables	12 / 283g
042272 910571	54677	K	X	BOWL, Chili Mac	12 / 255g
042272 901630	54678	K	X	BOWL, Mexican Casserole	12 / 269g
042272 908332	54569	GMO GF K	X	BOWL, Mushroom Risotto	12 / 269g
042272 911295	54646	K	X	BOWL, Spinach Ravioli	12 / 241g
042272 901609	54489	GF K	X	BOWL, Teriyaki	12 / 269g
042272 903535	54267	GF K	X	BURRITO, Bean & Cheese	12 / 156g
042272 909896	54587	GMO GF K	X	BURRITO, Black Bean & Quinoa (non-dairy)	12 / 156g
042272 903528	54268	GF K	X	BURRITO, Rice & Bean (non-dairy)	12 / 156g

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042272 909025	54568	GMO	GF	K	LIGHT & LEAN, Quinoa & Black X Bean Meal w/Butternut Squash & Chard (non-dairy)	12 / 227g	
042272 911400	54649				X Pizza, Barbecue	8 / 403g	_____
042272 901289	54505				X Pizza, 4 Cheese	8 / 340g	_____
042272 901005	54434		GF	K	X Pizza, Cheese, Rice Crust	8 / 340g	_____
042272 901036	54445			K	X Pizza, Roasted Vegetable, No Cheese (non-dairy)	8 / 340g	_____
042272 901012	54443			K	X Pizza, Cheese	8 / 369g	_____
042272 901999	54421			K	X Pizza, Margherita	8 / 369g	_____
042272 901098	54449			K	X Pizza, Mushroom & Olive	8 / 369g	_____
042272 901043	54446			K	X Pizza, Pesto w/Tomato & Broccoli	8 / 383g	_____
042272 901029	54444			K	X Pizza, Spinach Feta	8 / 397g	_____

**ANCIENT HARVEST PRODUCTS - GLUTEN FREE - 15% OFF**

089125 591006	17040	GMO	GF	*	Mac & Cheese, Quinoa Elbows & Mild Cheddar, Organic	12 / 185g	
089125 597022	17043	GMO	GF	*	Mac & Cheese, Quinoa Shells & Sharp Cheddar, Organic	12 / 185g	_____
089125 597015	17042	GMO	GF	*	Mac & Cheese, Quinoa Shells & White Cheddar, Organic	12 / 185g	_____
089125 229008	17045	GMO	GF	*	X Elbows Macaroni, Quinoa, Organic	12 / 227g	_____
089125 219306	17050	GMO	GF	K *	X Penne, Green Lentil & Quinoa, Organic	6 / 227g	_____
089125 219009	17044	GMO	GF	*	X Penne, Quinoa, Organic	12 / 227g	_____
089125 269301	17053	GMO	GF	K *	X Rotelle, Red Lentil & Quinoa, Organic	6 / 227g	_____
089125 259005	17047	GMO	GF	*	X Spaghetti, Quinoa, Organic	12 / 227g	_____

**ANITA'S ORGANIC MILL PRODUCTS - UP TO 15% OFF**

623636 411134	20181			*	☐ Cocoa Powder, Organic	4 / 300g	
623636 800709	28077			*	+ ☐ X Hemp Hearts, Organic	4 / 454g	_____
623636 395205	20262		GF	*	BC ☐ Quinoa Flour, White, Organic	4 / 1kg	_____
623636 502139	20111		B	K *	BC ☐ X Fine Whole Spelt Flour, Organic	1 / 10kg	_____
623636 221146	20201		B	K *	BC ☐ X Fine Whole Wheat Flour, Hard Red Spring, Organic	1 / 10kg	_____
623636 600033	20087		B	K *	BC ☐ X Khorasan Wheat (Kamut) Flour, Organic	1 / 10kg	_____
623636 500036	20110		B	K *	BC ☐ X Stoneground Whole Spelt Flour, Organic	1 / 10kg	_____
623636 400039	20202		B	K *	BC ☐ X Unbleached White Flour, Hard Red Spring, Organic	1 / 10kg	_____
623636 300032	20059		B	K *	BC ☐ X Whole Dark Rye Flour, Organic	1 / 10kg	_____
623636 120036	20049		B	K *	BC ☐ X Whole Wheat Pastry Flour, Soft White, Organic	1 / 10kg	_____
623636 180030	20026		B	*	☐ X Corn Flour, Organic	1 / 11.34kg	_____
623636 180061	22148		B	K *	☐ X Corn Meal, Medium Grind, Organic	1 / 11.34kg	_____
623636 710046	20071		B	K *	+ ☐ X Oat Groats, Organic	1 / 11.34kg	_____
623636 700030	22040		B	K *	+ ☐ X Rolled Oats, Regular, Organic	1 / 11.34kg	_____
623636 700245	28058		B	K *	+ ☐ X Steel Cut Oats, Organic	1 / 11.34kg	_____

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623636 200097	22105	B	K *	+ ☐ X	Hard Red Spring Wheat Kernels, Organic	1 / 20kg
623636 600095	22160	B	K *	+ ☐ X	Khorasan(Kamut) Wheat Kernels, Organic	1 / 20kg
623636 500043	22036	B	K *	BC ☐ X	Stoneground Whole Spelt Flour, Hard Spring Wheat, Organic	1 / 20kg
623636 200042	20048	B	K *	BC ☐ X	Stoneground Whole Wheat Flour, Hard Red Wheat, Organic	1 / 20kg
623636 400046	20073	B	K *	BC ☐ X	Unbleached White Flour, Hard Spring Wheat, Organic	1 / 20kg
<b>ANNIE CHUN'S PRODUCTS - UP TO \$7.76 OFF</b>						
765667 107102	24045		*		Seaweed Snack, Sesame, Roasted, Organic	12 / 10g G
765667 110447	24046		*		Seaweed Snack, Wasabi, Roasted, Organic	12 / 10g G
765667 104101	39023			X	Noodle Bowl, Teriyaki	6 / 232g
765667 101100	38566			X	Soup Bowl, Miso	6 / 155g
765667 101209	38567			X	Soup Bowl, Udon	6 / 150g
<b>ANNIE'S HOMEGROWN PRODUCTS - UP TO 12% OFF</b>						
013562 000418	16168				Bunny Grahams, Chocolate	12 / 213g
013562 000401	16167				Bunny Grahams, Honey	12 / 213g
013562 042302	16663		GF		Gluten Free Bunny Cookies, Cocoa & Vanilla	12 / 191g
013562 042319	16661		*		Baked Snack Crackers, Cheddar Bunnies, Extra Cheesy, Organic	12 / 213g
013562 000388	16128				Baked Snack Crackers, Cheddar Bunnies	12 / 213g
013562 000364	16615				Baked Snack Crackers, White Cheddar Bunnies	12 / 213g
013562 001842	16693				Baked Snack Crackers, Cheddar Squares	12 / 213g
013562 498857	38790				Macaroni & Cheese, Four Cheese w/Mini Penne Pasta	12 / 156g
013562 498840	38791				Macaroni & Cheese, Spirals with Butter & Parmesan	12 / 156g
013562 111510	16526		*		Bunny Fruit, Berry Patch, Organic	12 / 5x23g
013562 042296	16660		*		Bunny Fruit, Pink Lemonade, Organic	12 / 5x23g G
013562 111503	16525		*		Bunny Fruit, Summer Strawberry, Organic	12 / 5x23g
<b>BAKERS SUPPLY HOUSE BAKING SUPPLIES - 10% OFF</b>						
055853 001803	02218		K *	BC ☐	Baking Powder, Organic (aluminum free) (corn free)	24 / 210g
055853 001759	02240		*	BC ☐	Corn Starch, Organic	6 / 250g
055853 001506	02217		*	BC ☐	Pure Vanilla Extract, Organic	12 / 100ml

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**BARBARA'S BAKERY CHEESE PUFFS - VOLUME PRICING**

070617 004722	36111	GF	X Cheese Puffs, Baked, Original	12 / 155g	G	
070617 004739	36128	GF	X Cheese Puffs, Baked, White Cheddar	12 / 155g	G	
070617 004708	36109	GF	X Cheese Puffs, Original	12 / 198g	G	
070617 004715	36110	WF	X Cheese Puffs, Jalapeño	12 / 198g	G	
			<b>Buy 10-19 cases</b>	<b>Save 1.90</b>		
			<b>Buy 20+ cases</b>	<b>Save 2.84</b>		

**BEANFIELDS BEAN & RICE CHIPS - GLUTEN FREE - \$2.64 OFF + VOLUME PRICING**

852565 003091	10045	GMO	GF K	X Bean & Rice Chips, Barbecue	6 / 156g	G	
852565 003343	10081	GMO	GF K	X Bean & Rice Chips, Black Bean w/Seasalt (vegan)	6 / 156g	G	
852565 003367	10082	GMO	GF K	X Bean & Rice Chips, Jalapeno Nacho (vegan)	6 / 156g	G	
852565 003077	10017	GMO	GF K	X Bean & Rice Chips, Nacho (vegan)	6 / 156g	G	
852565 003039	10016	GMO	GF K	X Bean & Rice Chips, Pico de Gallo (vegan)	6 / 156g	G	
852565 003015	10014	GMO	GF K	X Bean & Rice Chips, Sea Salt (vegan)	6 / 156g	G	
852565 003350	10083	GMO	GF K	X Bean & Rice Chips, White Bean w/Seasalt (vegan)	6 / 156g	G	
				<b>Buy 20-39 cases</b>	<b>Save 1.32</b>		
				<b>Buy 40+ cases</b>	<b>Save 1.98</b>		

**BETTERWITH TRACEABLE CREAM ICE CREAMS (FROZEN) - 10% OFF**

628055 217053	53184	BC ☐	X Caramel Ice Cream	8 / 500ml		
628055 217039	53182	BC ☐	X Chocolate Ice Cream	8 / 500ml		
628055 217046	53183	BC ☐	X Coffee Ice Cream	8 / 500ml		
628055 217015	53180	BC ☐	X Cream Ice Cream	8 / 500ml		
628055 217060	53185	BC ☐	X Strawberry Ice Cream	8 / 500ml		
628055 217022	53181	BC ☐	X Vanilla Ice Cream	8 / 500ml		

**BLUE DIAMOND ALMOND BREEZE NON-DAIRY BEVERAGES - GLUTEN FREE - \$3.60 OFF + VOLUME PRICING**

041570 094664	16673	GMO	GF K	ALMOND BREEZE, Almond Coconut, Unsweetened	12 / 946ml	
041570 052747	06183	GMO	GW K	ALMOND BREEZE, Chocolate	12 / 946ml	
041570 052723	16671	GMO	GW K	ALMOND BREEZE, Original	12 / 946ml	
041570 059609	06731	GMO	GW K	ALMOND BREEZE, Unsweetened Chocolate	12 / 946ml	
041570 055311	06088	GMO	GW K	ALMOND BREEZE, Unsweetened Original	12 / 946ml	
041570 055830	06613	GMO	GW K	ALMOND BREEZE, Unsweetened Vanilla	12 / 946ml	
041570 052730	06181	GMO	GW K	ALMOND BREEZE, Vanilla	12 / 946ml	
				<b>Buy 10-19 cases</b>	<b>Save 0.90</b>	
				<b>Buy 20-49 cases</b>	<b>Save 1.50</b>	
				<b>Buy 50-74 cases</b>	<b>Save 2.10</b>	
				<b>Buy 75+ cases</b>	<b>Save 3.00</b>	

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**BLUE DIAMOND ALMOND BREEZE NON-DAIRY BEVERAGES (REFRIGERATED) - \$1.50 OFF**

041570 109175	07220		Almond Breeze, Original, Fresh	6 / 1.89L	
041570 109182	07221		Almond Breeze, Unsweetened Original, Fresh	6 / 1.89L	
041570 109151	07222		Almond Breeze, Vanilla, Fresh	6 / 1.89L	
041570 109168	07223		Almond Breeze, Unsweetened Vanilla, Fresh	6 / 1.89L	

**BOB'S RED MILL PRODUCTS - UP TO 11% OFF + VOLUME PRICING**

039978 313102	20418	B GF	X Millet Flour	1 / 11.34kg	
			<b>Buy 5+ bags</b>	<b>Save 5%</b>	
039978 304537	20298	GW K	X Baking Flour, 1 to 1	4 / 623g	
039978 304520	20333	GF K	X Gluten Free All Purpose Baking Flour	4 / 623g	
039978 303202	20309	WF K *	X Quinoa Flour, Organic	4 / 624g	
039978 309464	20433	GF K *	X Quinoa, Tri-Colour, Whole Grain, Organic	4 / 453g	
039978 303233	20425	GF *	X Quinoa, Whole Grain, Organic	4 / 737g	
039978 314536	20299	GW K	X Baking Flour, 1 to 1	4 / 1.24kg	
039978 314529	20350	GF	X Gluten Free All Purpose Baking Flour	4 / 1.24kg	
039978 363015	20167	K	X White All-Purpose Flour, Unbleached	4 / 1.36kg	
039978 332981	20166	K	X White Pastry Flour, Unbleached	4 / 1.36kg	
039978 319876	20378	K *	X Whole Wheat Flour, Organic	4 / 1.36kg	
039978 339935	20434	K *	X Whole Wheat Pastry Flour, Organic	4 / 1.36kg	
039978 333018	20169	K	X White All-Purpose Flour, Unbleached	4 / 2.26kg	
039978 333001	20171	K	X Whole Wheat Flour, Stone Ground	4 / 2.26kg	
	20242	B GF K *	Flaxseed Meal, Brown, Organic	1 / 11.34kg	
	20175	B GF	Millet	1 / 11.34kg	
039978 313201	20099	B GF *	Quinoa Flour, Organic	1 / 11.34kg	

**BOMBAY DINE BEANS - GLUTEN FREE - VOLUME PRICING**

620988 006261	55557	GW *	Black Beans, Organic (can)	12 / 540ml	
620988 006209	55555	GW *	Chick Peas, Organic (can)	12 / 540ml	
620988 006216	55556	GW *	Kidney Beans, Organic (can)	12 / 540ml	
			<b>Buy 5-14 cases</b>	<b>Save 5%</b>	
			<b>Buy 15-24 cases</b>	<b>Save 15%</b>	
			<b>Buy 25+ cases</b>	<b>Save 25%</b>	

**BRAGG PRODUCTS - UP TO \$8.86 OFF**

074305 106101	32179	GMO K *	Coconut Nectar All Purpose Seasoning Sauce, Organic	12 / 296ml	
074305 132124	32123	GMO GF K *	Dressing, Braggberry, Fat Free, Organic	6 / 355ml	
074305 131127	32122	GMO GF K	Dressing, Ginger & Sesame	6 / 355ml	
074305 130120	32121	GMO GF K	Dressing, Healthy Vinaigrette	6 / 355ml	
074305 100161	14071	GMO GF K	Aminos, Soy Seasoning	12 / 473ml	
074305 100321	14072	GMO GF K	Aminos, Soy Seasoning	12 / 946ml	
074305 160028	33119	GF K *	Sprinkle, 24 Herbs & Spices Seasoning, Organic (shaker)	12 / 42.5g	
074305 066054	14409	GF K	Nutritional Yeast Seasoning	12 / 127g	

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**BREW DR.KOMBUCHA BEVERAGES (REFRIGERATED) - GLUTEN FREE - 10% OFF + VOLUME PRICING**

851107 003414	15229	GF *	Kombucha, Citrus Hop, Organic	12 / 414ml	G U	
851107 003001	15221	GF *	Kombucha, Clear Mind, Organic	12 / 414ml	G U	
851107 003629	15222	GF *	Kombucha, Ginger Turmeric, Organic	12 / 414ml	G U	
851107 003018	15228	GF *	Kombucha, Happiness, Organic	12 / 414ml	G U	
851107 003025	15225	GF *	Kombucha, Herbal Uplift, Organic	12 / 414ml	G U	
851107 003049	15223	GF *	Kombucha, Lemon Ginger Cayenne, Organic	12 / 414ml	G U	
851107 003070	15224	GF *	Kombucha, Love, Organic	12 / 414ml	G U	
851107 003742	15253	*	Kombucha, Mint Lemonade, Organic	12 / 414ml	G U	
851107 003056	15226	GF *	Kombucha, Spiced Apple, Organic	12 / 414ml	G U	
851107 003032	15227	GF *	Kombucha, Superberry, Organic	12 / 414ml	G U	
				<b>Buy 10-24 cases</b>	<b>Save 2.5%</b>	
				<b>Buy 25-49 cases</b>	<b>Save 5%</b>	
				<b>Buy 50+ cases</b>	<b>Save 7.5%</b>	

**BRUCE COST GINGER ALES - 10% OFF**

855235 002158	02708	K	Ginger Ale, Blood Orange and Meyer Lemon	6 / 4x355ml	G U	
855235 002110	02703	K	Ginger Ale, Original, Unfiltered	6 / 4x355ml	G U	

**BUENATURAL TORTILLAS (FROZEN) - 15% OFF**

082256 601125	58005	GMO *	X Tortillas, Stoneground Yellow Corn, Organic (12ct)	24 / 226g		
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**CABOO PRODUCTS - 15% OFF**

628451 738077	46337		Bamboo Travel Wipes	2 / 24X10ct	G P	
627843 202776	46293		Bamboo & Sugarcane Bathroom Tissue, 12 pack, 2 Ply, 300 sheets	6 / 12pk	G P	
627843 202806	46297		Bamboo & Sugarcane Facial Tissue, 2 Ply, Pocket Pack	30 / 8x12ct	G P	
627843 202813	46296		Bamboo & Sugarcane Paper Napkins, 1 Ply, 250 sheets	16 / 1x250ct	G P	
628451 738060	46336		Bamboo Cleaning Wipes, Green Apple Scent (canister)	8 / 70ct	G P	

**CAMINO HOT CHOCOLATES - \$2.55 OFF**

752612 000120	06687	GF K * @ + ☐	Hot Chocolate, Chili & Spice, Organic, Non-Dairy	6 / 275g		
752612 000137	06681	GF K * @ + ☐	Hot Chocolate, Intensely Dark, Organic, Non-Dairy	6 / 275g		
752612 000571	07319	* @ + ☐	Hot Chocolate, Maple, Organic	6 / 275g		
752612 000045	06665	GF K * @ + ☐	Hot Chocolate, Milk, Organic	6 / 336g		
752612 000052	06666	GF K * @ + ☐	Hot Chocolate, Original Dark, Organic	6 / 336g		
752612 000298	06918	GF K * @ + ☐	Hot Chocolate, Simply Dark, Organic, Non-Dairy	6 / 275g		

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**CAPE HERBS & SPICES - UP TO \$3.23 OFF**

670071 001826	02320				Table Top Grinders, Atlantic Sea Salt	6 / 105g	
670071 001796	02318				Table Top Grinders, Chicken Seasoning	6 / 61g	
670071 001765	02316				Table Top Grinders, Chili Addict Seasoning	6 / 45g	
670071 001864	02323				Table Top Grinders, Curry Seasoning	6 / 46g	
670071 001772	02317				Table Top Grinders, Extra Bold Peppercorns	6 / 55g	
670071 001802	02319				Table Top Grinders, Fish Seasoning	6 / 60g	
670071 002533	70388				Table Top Grinders, Garlic & Herb Seasoning	6 / 65g	
670071 002434	70387				Table Top Grinders, Himalayan Pink Salt	6 / 130g	
670071 001871	70383				Table Top Grinders, Italian Seasoning	6 / 46g	
670071 001741	02314				Table Top Grinders, Lamb Seasoning	6 / 62g	
670071 001758	02315				Table Top Grinders, Lemon Pepper Seasoning	6 / 64g	
670071 001901	70384				Table Top Grinders, Rainbow Peppercorns	6 / 56g	
670071 001857	02322				Table Top Grinders, Season It All Seasoning	6 / 55g	
670071 002427	70386				Table Top Grinders, Smoked Salt	6 / 115g	
670071 002106	70389				REFILL, Atlantic Sea Salt	6 / 105g	
670071 002656	70392				REFILL, Himalayan Pink Salt	6 / 130g	
670071 002113	70390				REFILL, Sarawak Black Peppercorns	6 / 55g	

**CENTRAL MILLING COMPANY FLOUR - 10% OFF**

623636 400053	20046	B	*	X	Unbleached Enriched White Flour, Organic	1 / 22.7kg	
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**CHA'S PRODUCTS - UP TO 20% OFF**

806253 000862	12727	GF	*	@	+	P	X	Turmeric, Ground, Organic	6 / 30g	
806253 210407	15040		K	*	@	P		Coconut Cream, Organic	12 / 400ml	
806253 210469	15204	GMO	GF	K	*	@	+	P	Coconut Milk, Curry Masala, Organic	12 / 400ml
806253 210476	15205	GMO	GF	K	*	@	+	P	Coconut Milk, Lemongrass Ginger, Organic	12 / 400ml
806253 210414	15080	GMO	GF	K	*	@	+	P	Coconut Milk, Premium, Organic	12 / 400ml
806253 210421	15081	GMO	GF	K	*	@	+	P	Coconut Milk Light, Organic	12 / 400ml

**CHUAO CHOCOLATE BARS - 10% OFF**

872629 006271	35244	GF					X	Firecracker, Dark Chocolate Bar w/Chipotle & Popping Candy	12 / 80g	G
872629 006134	35245	GF					X	Honeycomb, Dark Chocolate Bar w/Caramelized Honeycomb	12 / 80g	G
872629 009074	37139	GF					X	Baconluxious, Milk Chocolate Bar w/Maple Crystals & Bits of Bacon	12 / 80g	G

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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order	
872629 009579	10055			Oh My S'mores! Milk Chocolate X w/Mini Marshmallows & Honey Graham Crackers	10 / 80g G	_____
872629 009517	35229			Pop Corn Pop, Milk Chocolate X Bar w/Corn chips and popping candy	12 / 80g G	_____
872629 009005	35246	GF		X Potato Chip, Milk Chocolate Bar w/Kettle Cooked Potato Chips	12 / 80g G	_____
872629 009630	10056			X Sweet & Salty, Milk Chocolate w/Sea Salt	12 / 80g G	_____
<b>CLEANER PLANET SOAP NUTS - 15% OFF</b>						
806494 000676	46196			Soap Nuts	6 / 250g G P	_____
<b>CLIF PRODUCTS - UP TO \$2.40 OFF</b>						
722252 194336	37599	GMO	GF K *	X Kid ZBAR, Chocolate Brownie, Organic	6 / 5x36g G	_____
722252 194343	37611	GMO	GF K *	X Kid ZBAR, Chocolate Chip, Organic	6 / 5x36g G	_____
722252 195326	37612	GMO	GF K *	X Kid ZBAR, Iced Oatmeal Cookie, Organic	6 / 5x36g G	_____
722252 128003	37734		K *	X Filled Energy Bar, Chocolate Hazelnut Butter, Organic	12 / 50g G	_____
722252 128102	37735		K *	X Filled Energy Bar, Chocolate Peanut Butter, Organic	12 / 50g G	_____
722252 028020	37736		K *	X Filled Energy Bar, Coconut Almond Butter, Organic	12 / 50g G	_____
722252 028037	37737		K *	X Filled Energy Bar, Peanut Butter, Organic	12 / 50g G	_____
722252 606426	37132			X BUILDER's Protein Bar, Chocolate	12 / 68g	_____
722252 606440	37340		K	X BUILDER's Protein Bar, Chocolate Mint	12 / 68g	_____
722252 606419	37133			X BUILDER's Protein Bar, Chocolate Peanut Butter	12 / 68g	_____
722252 606488	37487		K	X BUILDER's Protein Bar, Crunchy Peanut Butter	12 / 68g	_____
722252 606457	37488		K	X BUILDER's Protein Bar, Vanilla Almond	12 / 68g	_____
722252 220646	36929			X LUNA Whole Nutrition Bar, Caramel Walnut Brownie	15 / 48g	_____
722252 220042	36179			X LUNA Whole Nutrition Bar, Lemon Zest	15 / 48g	_____
722252 220066	36659			X LUNA Whole Nutrition Bar, S'mores	15 / 48g	_____
<b>CLOUD 9 GLUTEN FREE MIXES - GLUTEN FREE - 10% OFF</b>						
816512 000045	21036	GF K	BC ☐	Brownie Mix	6 / 550g	_____
816512 000298	21035	GF K	BC ☐	Chocolate Cake & Cupcake Mix	6 / 600g	_____
816512 000052	21034	GF K	BC ☐	Chocolate Chip Cookie Mix	6 / 405g	_____
816512 000908	21045	GF K	BC ☐	Pancake & Waffle Mix (gluten free/nut free/dairy free/soy free/vegan)	6 / 1.02kg	_____



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**COCOMELS COCONUT MILK CARAMELS - \$1.89 OFF**

853610 003448	35320	GMO	K *	Coconut Milk Caramels, Original, Organic	6 / 100g	G	
853610 003455	35321	GMO	K *	Coconut Milk Caramels, Sea Salt, Organic	6 / 100g	G	
853610 003462	35322	GMO	K *	Coconut Milk Caramels, Vanilla, Organic	6 / 100g	G	

**COCONUT BLISS NON-DAIRY DESSERTS (FROZEN) - GLUTEN FREE - UP TO \$7.20 OFF**

896767 001851	53191	GMO	GF K *	X Coconut Almond in Chocolate Bars, Organic	12 / 3x89ml	G	
896767 001868	53192	GMO	GF K *	X Salted Caramel in Chocolate Bars, Organic	12 / 3x89ml	G	
896767 001691	53190	GMO	GF K *	X Café Latte Bars, Organic	12 / 4x89ml	G	
896767 001318	53040	GMO	GF K *	X Dark Chocolate Bars, Organic	12 / 4x89ml	G	
896767 001325	53041	GMO	GF K *	X Naked Coconut Bars, Organic	12 / 4x89ml	G	
896767 001684	53189	GMO	GF K *	X Strawberry Love Bars, Organic	12 / 4x89ml	G	
896767 001165	53202	GMO	GF K * @	X Dark Chocolate Bars, Organic (single serve)	24 / 89ml	G	
896767 001141	53203	GMO	GF K *	X Naked Coconut Bars, Organic (single serve)	24 / 89ml	G	
896767 001257	53034	GMO	GF K * @	X Cappuccino, Organic Frozen Dessert	8 / 473ml	G	
896767 001479	53082	GMO	GF K *	X Cherry Amaretto, Organic Frozen Dessert	8 / 473ml	G	
896767 001110	53197	GMO	GF * @	X Chocolate Chip Cookie Frozen Dessert, Organic	8 / 473ml	G	
896767 001264	53035	GMO	GF K * @	X Chocolate Hazelnut Fudge, Organic Frozen Dessert	8 / 473ml	G	
896767 001486	53084	GMO	GF K * @	X Chocolate Peanut Butter, Organic Frozen Dessert	8 / 473ml	G	
896767 001882	53193	GMO	GF * @	X Chocolate Walnut Brownie, Organic Frozen Dessert	8 / 473ml	G	
896767 001097	53198	GMO	GF K * @	X Cinnamon Chocolate Fusion Frozen Dessert, Organic	8 / 473ml	G	
896767 001271	53036	GMO	GF K * @	X Dark Chocolate, Organic Frozen Dessert	8 / 473ml	G	
896767 001875	53194	GMO	GF *	X Ginger Cookie Caramel, Organic Frozen Dessert	8 / 473ml	G	
896767 001660	53187	GMO	GF K * @	X Mint Galactica, Organic Frozen Dessert	8 / 473ml	G	
896767 001509	53085	GMO	GF K * @	X Mocha Maca Crunch, Organic Frozen Dessert	8 / 473ml	G	
896767 001288	53037	GMO	GF K *	X Naked Coconut, Organic Frozen Dessert	8 / 473ml	G	
896767 001677	53188	GMO	GF K * @	X Salted Caramel & Chocolate, Organic Frozen Dessert	8 / 473ml	G	
896767 001493	53083	GMO	GF K *	X Summer Berry Swirl, Organic Frozen Dessert	8 / 473ml	G	
896767 001301	53039	GMO	GF K *	X Vanilla Island, Organic Frozen Dessert	8 / 473ml	G	

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**COCONUT SECRET BARS - GLUTEN FREE - 10% OFF + VOLUME PRICING**

851492 002153	37388	GF K *	X	Coconut Bar, Almond, Organic	12 / 50g	G	
851492 002146	37387	GF K *	X	Coconut Bar, Classic, Organic	12 / 50g	G	
851492 002177	37390	GF K *	X	Coconut Bar, Macaroon, Organic	12 / 50g	G	
851492 002160	37389	GF K *	X	Coconut Bar, Mint, Organic	12 / 50g	G	
				<b>Buy 10+ cases</b>	<b>Save 5%</b>		
851492 002320	37527	GMO GF * @	X	Caribbean Crunch Bar, White Chocolate & Toasted Coconut, Organic	12 / 64g	G	
851492 002337	37528	GMO GF * @	X	Ecuadorian Crunch Bar, Milk Chocolate & Toasted Coconut, Organic	12 / 64g	G	
851492 002313	37526	GMO GF * @	X	Peruvian Crunch Bar, Dark Chocolate & Toasted Coconut, Organic	12 / 64g	G	
				<b>Buy 10+ cases</b>	<b>Save 5%</b>		

**CROFTER'S PREMIUM FRUIT SPREADS - GLUTEN FREE - \$4.08 OFF**

067275 001064	42655	GMO GF *	+	☐	Premium Fruit Spread, Apricot, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	
067275 001088	42638	GMO GF *	+	☐	Premium Fruit Spread, Black Currant, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	
067275 001040	42651	GMO GF *	+	☐	Premium Fruit Spread, Cherry, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	
067275 001118	42646	GMO GF *	+	☐	Premium Fruit Spread, Four Fruit, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	
067275 001101	42644	GMO GF *	+	☐	Premium Fruit Spread, Mango, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	
067275 001149	42668	GMO GF *	+	☐	Premium Fruit Spread, Pomegranate, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	
067275 001026	42647	GMO GF *	+	☐	Premium Fruit Spread, Raspberry, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	
067275 001019	42645	GMO GF *	+	☐	Premium Fruit Spread, Strawberry, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	
067275 001033	42649	GMO GF *	+	☐	Premium Fruit Spread, Wild Blackberry, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	
067275 001057	42653	GMO GF *	+	☐	Premium Fruit Spread, Wild Blueberry, Fair Trade Cane Sugar Sweetened, Organic	12 / 235ml	

**CUISINE CAMINO SUGARS - \$5.40 OFF**

752612 300169	44299	B K * @	X	Golden Cane Sugar (Turbinado), Organic	1 / 25kg	
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Order

**DAIYA PRODUCTS - UP TO \$5.96 OFF**

871459 002330	<b>50161</b>	GF K	BC ☐	Cheezy Mac, Cheddar	8 / 300g	_____
871459 002347	<b>50162</b>	GF K	BC ☐	Cheezy Mac, Alfredo	8 / 300g	_____
871459 002354	<b>50163</b>	GF K	BC ☐	Cheezy Mac, White Cheddar w/ Veggie Medley	8 / 300g	_____
871459 007052	<b>50183</b>	K	BC ☐	Deluxe Sauce, Alfredo Style, Ready To Serve	8 / 3x134g	_____
871459 007045	<b>50182</b>	K	BC ☐	Deluxe Sauce, Cheddar Style, Ready To Serve	8 / 3x134g	_____
871459 009124	<b>50172</b>	GF	BC ☐	Salad Dressing, Blue Cheeze, Dairy-Free	6 / 237ml	_____
871459 009117	<b>50171</b>	GF	BC ☐	Salad Dressing, Creamy Caesar, Dairy-Free	6 / 237ml	_____
871459 009100	<b>50170</b>	GF	BC ☐	Salad Dressing, Homestyle Ranch, Dairy-Free	6 / 237ml	_____

**DAIYA NON-DAIRY CHEESE ALTERNATIVES & YOGURT ALTERNATIVE (REFRIGERATED) - UP TO \$10.05 OFF**

871459 001128	<b>50134</b>	K	BC ☐	Blocks, Cheddar Style	8 / 200g	_____
871459 001111	<b>50133</b>	K	BC ☐	Blocks, Jack Style	8 / 200g	_____
871459 001142	<b>50154</b>	GF K	BC ☐	Blocks, Smoked Gouda Style	8 / 200g	_____
871459 003245	<b>50184</b>	K	BC ☐	CUTTING BOARD Cheddar Style Shreds	12 / 200g	_____
871459 003238	<b>50185</b>	K	BC ☐	CUTTING BOARD Mozza Style Shreds	12 / 200g	_____
871459 003252	<b>50186</b>	K	BC ☐	CUTTING BOARD Pepperjack Style Shreds	12 / 200g	_____
871459 001029	<b>50117</b>	K	BC ☐	Shreds, Cheddar Style (vegan)	12 / 227g	_____
871459 001012	<b>50116</b>	K	BC ☐	Shreds, Mozzarella Style (vegan)	12 / 227g	_____
871459 001036	<b>50127</b>	K	BC ☐	Shreds, Pepperjack Style (vegan)	12 / 227g	_____
871459 000305	<b>50138</b>	K	BC ☐	Slices, Swiss Style	8 / 220g	_____
871459 000329	<b>50139</b>	K	BC ☐	Slices, Cheddar Style	8 / 220g	_____
871459 001197	<b>50143</b>	K	BC ☐	Spreads, Chive & Onion Cream Cheese Style	6 / 227g	_____
871459 004105	<b>50181</b>	K	BC ☐	Spread, Garden Vegetable Cream Cheese Style	6 / 227g	_____
871459 001173	<b>50141</b>	K	BC ☐	Spreads, Plain Cream Cheese Style	6 / 227g	_____
871459 001180	<b>50142</b>	K	BC ☐	Spreads, Strawberry Cream Cheese Style	6 / 227g	_____
871459 005041	<b>50166</b>	GF K	BC ☐	Greek Yogurt Alternative, Black Cherry	12 / 150g	_____
871459 005027	<b>50167</b>	GF K	BC ☐	Greek Yogurt Alternative, Blueberry	12 / 150g	_____
871459 005034	<b>50168</b>	GF K	BC ☐	Greek Yogurt Alternative, Peach	12 / 150g	_____
871459 005010	<b>50169</b>	GF K	BC ☐	Greek Yogurt Alternative, Strawberry	12 / 150g	_____

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Order

**DAIYA PRODUCTS (FROZEN) - GLUTEN FREE - UP TO \$6.43 OFF**

871459 002385	<b>50160</b>	GF K	BC ☐ X	Cheezecake, Chocolate	8 / 400g	
871459 002378	<b>50158</b>	GF K	BC ☐ X	Cheezecake, Key Lime	8 / 400g	
871459 002361	<b>50157</b>	GF K	BC ☐ X	Cheezecake, New-York	8 / 400g	
871459 002392	<b>50159</b>	GF K	BC ☐ X	Cheezecake, Strawberry	8 / 400g	
				Pizza, Classic w/ Meatless		
871459 002989	<b>50173</b>	GF	BC ☐ X	Pepperoni Flavoured Slices, Dairy Free	8 / 472g	
871459 002323	<b>50144</b>	GF	BC ☐ X	Pizza, Cheeze Lover's, Dairy Free	8 / 444g	
871459 002521	<b>50147</b>	GF	BC ☐ X	Pizza, Fire-Roasted Vegetable, Dairy Free	8 / 492g	
871459 002422	<b>50145</b>	GF	BC ☐ X	Pizza, Margherita, Dairy Free	8 / 462g	
871459 002620	<b>50146</b>	GF	BC ☐ X	Pizza, Mushroom & Roasted Garlic, Dairy Free	8 / 483g	
871459 002927	<b>50156</b>	GF	BC ☐ X	Pizza, Spinach & Mushroom, Dairy Free	8 / 540g	
871459 002828	<b>50155</b>	GF	BC ☐ X	Pizza, Supreme, Dairy Free	8 / 550g	

**DIVINE CHOCOLATE BARS - 20% OFF**

898596 001965	<b>35179</b>	@	X	Dark Chocolate w/Ginger & Orange, 70% Cocoa	10 / 100g	G
898596 001958	<b>35157</b>	@	X	Dark Chocolate w/Mint, 70% Cocoa	10 / 100g	G
898596 001941	<b>35177</b>	@	X	Dark Chocolate w/Raspberries, 70% Cocoa	10 / 100g	G
898596 001934	<b>35156</b>	@	X	Dark Chocolate, 70% Cocoa	10 / 100g	G
898596 001590	<b>35296</b>	@	X	Dark Chocolate, 85% Cocoa	10 / 100g	G
898596 001972	<b>35158</b>	@	X	Milk Chocolate	10 / 100g	G
898596 001637	<b>35295</b>	@	X	Milk Chocolate w/ Sea Salt and Toffee	10 / 100g	G
898596 001996	<b>35159</b>	@	X	White Chocolate w/Strawberries	10 / 100g	G

**DOCTOR KRACKER SNACKERS - 20% OFF + VOLUME PRICING**

895538 010405	<b>16765</b>	GMO	*	Snackers, Klassic 3 Seed, Organic	6 / 170g	
895538 010412	<b>16766</b>	GMO	*	Snackers, Pumpkin Seed Cheddar, Organic	6 / 170g	
895538 010429	<b>16767</b>	GMO	*	Snackers, Seedlander, Organic	6 / 170g	
				<b>Buy 5-9 cases</b>	<b>Save 5%</b>	
				<b>Buy 10+ cases</b>	<b>Save 10%</b>	

**EARTH FRIENDLY HOUSEHOLD PRODUCTS - 15% OFF + VOLUME PRICING**

749174 097064	<b>80747</b>			Orange Plus® Surface Cleaner, Spray Bottle	6 / 650ml	G P
749174 097460	<b>80749</b>			Parsley Plus Surface Cleaner, Spray Bottle	6 / 650ml	G P
				<b>Buy 40+ cases (Household 650ml)</b>	<b>Save 10%</b>	

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749174 098887	80738				ECOS® Magnolia & Lily Liquid Laundry Detergent	4 / 2.957L G P
749174 098894	80739				ECOS® Free & Clear Liquid Laundry Detergent	4 / 2.957L G P
749174 098917	80740				ECOS® Lavender Liquid Laundry Detergent	4 / 2.957L G P
749174 098900	80741				ECOS® Lemongrass Liquid Laundry Detergent	4 / 2.957L G P
<b>Buy 40+ cases (Laundry 2.95L) Save 10%</b>						
<b>EARTH ISLAND VEGENAISE (REFRIGERATED) - GLUTEN FREE - 15% OFF</b>						
049568 210162	14118		GF K		Vegenaise, Original	6 / 473ml
<b>EARTH'S CHOICE PRODUCTS - 10% OFF</b>						
677403 513040	28095	*		☐	<b>NEW!</b> Coconut Milk, Guar Gum Free, Organic	12 / 400ml
677403 512715	10558	*		☐	Cranberry Sauce, Jellied, Organic	12 / 348ml
677403 512708	10557	*		☐	Cranberry Sauce, Whole Berry, Organic	12 / 348ml
677403 505090	02421			☐	Pacific Sea Salt, Coarse	6 / 454g
677403 505106	02420			☐	Pacific Sea Salt, Fine	6 / 454g
<b>EARTH'S OWN SOFRESH NON-DAIRY BEVERAGES (REFRIGERATED) - GLUTEN FREE - 10% OFF</b>						
626027 811025	07327	GMO	GF K	BC ☐	SoFresh, Oat Unsweetened Original	6 / 1.75L
626027 811049	07328	GMO	GF K	BC ☐	SoFresh, Oat Unsweetened Vanilla	6 / 1.75L
626027 700053	07135	GMO	GF K	BC ☐	SoFresh, Almond Coconut	6 / 1.89L
626027 700015	06901	GMO	GF K	BC ☐	SoFresh Almond Original	6 / 1.89L
626027 700039	06905	GMO	GF K	BC ☐	SoFresh Almond Unsweetened Original	6 / 1.89L
626027 700060	07248	GMO	GF K	BC ☐	SoFresh, Almond Unsweetened Vanilla	6 / 1.89L
626027 700022	06903	GMO	GF K	BC ☐	SoFresh, Almond Vanilla	6 / 1.89L
626027 730012	07253	GMO	GF K	BC ☐	SoFresh, Cashew Original	6 / 1.89L
626027 730029	07254	GMO	GF K	BC ☐	SoFresh, Cashew Unsweetened	6 / 1.89L
<b>ECOPOOCH BIODEGRADABLE TRASH BAGS - 10% OFF</b>						
678526 815042	48500			+ ☐	Doggie Litter Bags - 20x38cm (8"x15")	12 / 50ct G P
<b>ECOSAFE 6400 COMPOSTABLE ORGANICS BAGS - 10% OFF</b>						
678526 316174	46299			BC ☐	Club Pack, Compostable Bags, Kitchen, Mini 2.5 Gal / 9.5L	10 / 90bags G P
678526 334307	46267			BC ☐	Compostable Bag, Leaf & Garden 39 Gal/148L	24 / 6bags G P
<b>EDEN PRODUCTS - UP TO 20% OFF</b>						
024182 013061	10462		K *		<b>NEW!</b> Sauerkraut, Three Onion, Organic	12 / 447ml
024182 013047	10463		K *		<b>NEW!</b> Sauerkraut, Organic	12 / 447ml
024182 013054	10464		K *		<b>NEW!</b> Sauerkraut, Kimchi, Organic	12 / 447ml
024182 240658	38876		*		<b>NEW!</b> Instant Red Miso Soup, Organic	10 / 4 x 8g
024182 240641	38875		*		<b>NEW!</b> Instant White Miso Soup, Organic	10 / 4 x 8g

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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
024182 003697	<b>42160</b>	GF K *	Apple Butter, Organic	12 / 482g	_____
024182 003499	<b>31020</b>	GF K *	Apple Sauce, Organic (jar)	12 / 398ml	_____
024182 001624	<b>02114</b>	GF	Red Wine Vinegar (raw unpasteurized)	12 / 473ml	_____
024182 425901	<b>02119</b>	GF K	Ume Plum Vinegar	12 / 296ml	_____
024182 000306	<b>28007</b>	GF K	Sesame Oil, Toasted	12 / 148ml	_____
024182 000290	<b>28006</b>	GF K *	Sesame Oil, Extra Virgin, Organic	12 / 473ml	_____
<b>EDWARD &amp; SONS PRODUCTS - UP TO 10% OFF</b>					
043182 008105	<b>10390</b>	K *	<b>NEW!</b> Young Jackfruit, Unseasoned Pieces, Organic (vacuum pack)	6 / 200g	_____
043182 008112	<b>10391</b>	K *	<b>NEW!</b> Young Jackfruit, Unseasoned Shredded, Organic (vacuum pack)	6 / 200g	_____
043182 000987	<b>38689</b>	GF	Miso-Cup, Japanese Restaurant Style - 3ct	6 / 82g	_____
<b>ELIAS HONEYS - 10% OFF</b>					
055013 005078	<b>21991</b>	+ ☐	Raw Natural Creamed Honey, Canada #1 White	12 / 500g	_____
<b>ENDANGERED SPECIES CHOCOLATE BARS - GLUTEN FREE - \$4.80 OFF + VOLUME PRICING</b>					
037014 242478	<b>36661</b>	GMO GF K @	X Black Panther Bar, 88% Cocoa, Extreme Dark Chocolate (vegan)	12 / 85g	G _____
037014 242379	<b>36219</b>	GMO GF K @	X Chimpanzee Bar, 72% Cocoa, Smooth Dark Chocolate (vegan)	12 / 85g	G _____
037014 000528	<b>37745</b>	GMO GF @	X Eagle Bar, Dark Chocolate w/ Caramel & Sea Salt, 60% Cocoa	12 / 85g	G _____
037014 242287	<b>36213</b>	GMO GF K @	X Grizzly Bar, 72% Cocoa, Dark Chocolate w/Red Raspberries (vegan)	12 / 85g	G _____
037014 000139	<b>37450</b>	GMO GF K @	X Owl Bar, 72% Cocoa, Dark Chocolate w/Sea Salt & Almonds (vegan)	12 / 85g	G _____
037014 242263	<b>36212</b>	GMO GF K @	X Rainforest Bar, 72% Cocoa, Dark Chocolate w/Deep Forest Mint (vegan)	12 / 85g	G _____
037014 100136	<b>37451</b>	GMO GF K @	X Rhino Bar, 72% Cocoa, Dark Chocolate w/Hazelnut Toffee	12 / 85g	G _____
037014 242317	<b>36216</b>	GMO GF K @	X Sea Otter Bar, 48% Cocoa, Smooth Milk Chocolate	12 / 85g	G _____
037014 242300	<b>36221</b>	GMO GF K @	X Wolf Bar, 72% Cocoa, Dark Chocolate w/Cranberries & Toasted Organic Almonds (vegan)	12 / 85g	G _____
			<b>Buy 100-149 cases</b>	<b>Save 1.20</b>	_____
			<b>Buy 150+ cases</b>	<b>Save 2.40</b>	_____

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Order

**ENJOY LIFE LENTIL CHIPS - GLUTEN FREE - \$3.67 OFF**

853522 000832	16842	GMO	GF	X Lentils, Dill and Sour Cream	12 / 113g	G	_____
853522 000825	16843	GMO	GF	X Lentils, Garlic and Parmesan	12 / 113g	G	_____
853522 000818	16841	GMO	GF	X Lentils, Margherita Pizza	12 / 113g	G	_____
853522 000801	16840	GMO	GF	X Lentils, Sea Salt	12 / 113g	G	_____

**FARMER'S MARKET VEGETABLES - \$3.60 OFF**

638882 002043	10105	GMO	*	Pumpkin Pie Mix, Organic	12 / 398ml		_____
638882 002005	10103	GMO	*	Pumpkin Purée, Organic	12 / 398ml		_____

**FIELD ROAST CHAO SLICES NON-DAIRY CHEESE ALTERNATIVES (REFRIGERATED) (DISPLAY IN COOLERS - NOT TO BE FROZEN) - 15% OFF**

638031 705702	52124	GMO		Creamy Original, Vegan Coconut Cheese Slices w/Chao Tofu (10 slices)	12 / 200g		_____
638031 705719	52125	GMO		Coconut Herb w/Black Pepper, Vegan Coconut Cheese Slices w/Chao Tofu (10 slices)	12 / 200g		_____
638031 705726	52126	GMO		Tomato Cayenne w/Spicy Peppers, Vegan Coconut Cheese Slices w/Chao Tofu (10 slices)	12 / 200g		_____

**FIELD ROAST VEGETARIAN GRAIN MEAT PRODUCTS (FROZEN) - 15% OFF**

638031 606504	65022			X FieldBurger, Vegan (4pk)	12 / 368g		_____
638031 612284	65104			X Frankfurters, Vegan (6pk)	12 / 340g		_____
638031 612154	65100			X Sausage, Italian (Vegan)	12 / 368g		_____
638031 612161	65101			X Sausage, Mexican (Vegan)	12 / 368g		_____
638031 612178	65102			X Sausage, Smoked, Grain Meat, Apple Sage (Vegan)	12 / 368g		_____

**FOOD FOR LIFE BREADS (FROZEN) - UP TO \$3.00 OFF**

073472 001653	55536		GW K	X BREAD, Brown & White Rice, Almond, Fruit Juice Sweetened	6 / 680g		_____
073472 001202	55530		K *	X BREAD, Ezekiel 4:9, Organic	6 / 680g		_____
073472 001417	55533		K *	X BREAD, Genesis 1:29, Sprouted Grain & Seed, Organic	6 / 680g		_____

**FRONTERA GOURMET MEXICAN SEASONING SAUCES - \$1.87 OFF**

604183 121431	29073			X Enchilada Sauce, Green Chile (pouch)	6 / 226g		_____
604183 121424	20163			X Enchilada Sauce, Red Chile, Mild (pouch)	6 / 226g		_____
604183 121745	20164			X Fajita Skillet Sauce, Classic, Medium (pouch)	6 / 226g		_____
604183 121844	29074			X Seasoning Sauce, Chipotle Chili (pouch)	6 / 214ml		_____
604183 121721	29070			X Taco Skillet Sauce, Key Lime for Shrimp & Fish (pouch)	6 / 220ml		_____
604183 121714	29069			X Taco Skillet Sauce, New Mexico for Chicken (pouch)	6 / 226g		_____
604183 121707	20165			X Taco Skillet Sauce, Texas Original, Mild (pouch)	6 / 226g		_____

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Order

**FRONTERA PRODUCTS - UP TO \$3.02 OFF**

604183 110107	<b>29063</b>		Gourmet Mexican Salsa, Chipotle, Hot	6 / 453g	
604183 111104	<b>29065</b>		Salsa Mexicana, Mild	6 / 453g	
604183 111203	<b>29066</b>		Salsa Mexicana, Medium	6 / 453g	
604183 110572	<b>20162</b>		X Original Guacamole Mix (pouch)	8 / 127g	

**FRONTIER HERBS & SPICES - 15% OFF**

089836 210111	<b>70551</b>	*	X Basil Leaf, Organic	6 / 10g	
089836 210159	<b>70553</b>	*	X Cardamom, Powder, Organic	6 / 21g	
089836 210166	<b>70554</b>	*	X Cardamom, Whole, Organic	6 / 28g	
089836 210173	<b>70555</b>	*	X Cayenne Pepper, Organic	6 / 32g	
089836 210180	<b>70556</b>	*	X Chili Pepper, Flakes, Organic	6 / 31g	
089836 210197	<b>70557</b>	*	X Chili, Powder, Organic	6 / 36g	
089836 210203	<b>70558</b>	*	X Cinnamon, Powder, Organic	6 / 30g	
089836 210210	<b>70559</b>	*	X Cinnamon, Sticks, Organic	6 / 22g	
089836 210234	<b>70561</b>	*	X Coriander Seed, Powder, Organic	6 / 29g	
089836 210241	<b>70562</b>	*	X Cumin Seed, Powder, Organic	6 / 36g	
089836 210258	<b>70563</b>	*	X Cumin Seed, Whole, Organic	6 / 34g	
089836 210265	<b>70564</b>	*	X Curry, Powder, Organic	6 / 30g	
089836 210272	<b>70565</b>	*	X Dill Weed, Flakes, Organic	6 / 11g	
089836 210289	<b>70566</b>	*	X Fennel Seed, Whole, Organic	6 / 24g	
089836 210296	<b>70567</b>	*	X Garam Masala, Organic	6 / 42g	
089836 210302	<b>70568</b>	*	X Garlic, Granules, Organic	6 / 55g	
089836 210326	<b>70570</b>	*	X Herbes de Provence, Organic	6 / 14g	
089836 210364	<b>70574</b>	*	X Onion, Granules, Organic	6 / 43g	
089836 210371	<b>70575</b>	*	X Oregano Leaf, Flakes, Organic	6 / 10g	
089836 210388	<b>70576</b>	*	X Paprika, Powder, Organic	6 / 36g	
089836 210395	<b>70577</b>	*	X Parsely Leaf, Flakes, Organic	6 / 6g	
089836 210135	<b>70578</b>	*	X Pepper, Black, Medium Grind, Organic	6 / 44g	
089836 210142	<b>70579</b>	*	X Peppercorns, Black, Whole, Organic	6 / 39g	
089836 210401	<b>70580</b>	*	X Peppermill Blend, Organic	6 / 40g	
089836 210418	<b>70581</b>	*	X Poppy Seeds, Whole, Organic	6 / 45g	
089836 210425	<b>70582</b>	*	X Rosemary Leaf, Organic	6 / 13g	
089836 210456	<b>70584</b>	*	X Thyme Leaf, Flakes, Organic	6 / 12g	
089836 210463	<b>70585</b>	*	X Tumeric Root, Organic	6 / 30g	
089836 927705	<b>70918</b>	B *	X Chili Powder Blend, Organic	1 / 454g	
089836 926982	<b>70922</b>	B *	X Cinnamon Sticks 2.75", Organic	1 / 454g	
089836 929723	<b>70919</b>	B	X Cinnamon, Ceylon, Ground, Organic	1 / 454g	
089836 926104	<b>70936</b>	B	X Ginger Root, Ground, Organic	1 / 454g	
089836 926074	<b>70942</b>	B *	X Nutmeg, Ground, Organic	1 / 454g	

**FROZEN COCONUT NON-DAIRY DESSERTS (FROZEN) - GLUTEN FREE - \$3.84 OFF**

628451 826033	<b>34088</b>	-GMO	GF	*	BC ☐ X	Chocolate Mint, Non-Dairy Frozen Dessert, Organic	8 / 473ml	G
628451 826118	<b>34089</b>	-GMO	GF	*	BC ☐ X	Chocolate, Non-Dairy Frozen Dessert, Organic	8 / 473ml	G
628451 826019	<b>34090</b>	-GMO	GF	*	BC ☐ X	Classic Coconut, Non-Dairy Frozen Dessert, Organic	8 / 473ml	G



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628451 826057	34085	GMO	GF	*	BC ☐ X	Lemon Meringue, Non-Dairy Frozen Dessert, Organic	8 / 473ml	G	_____
628451 826279	01324	GMO	GF	K *	@BC ☐ X	Mango, Non-Dairy Frozen Dessert, Organic	8 / 473ml	G	_____
628451 826293	01322	GMO	GF	K *	@BC ☐ X	Maple w/ Sea Salt, Non-Dairy Frozen Dessert, Organic	8 / 473ml	G	_____
628451 826255	01323	GMO	GF	K *	@BC ☐ X	Strawberry, Non-Dairy Frozen Dessert, Organic	8 / 473ml	G	_____

**GIMME™ ORGANIC PRODUCTS - GLUTEN FREE - UP TO \$3.86 OFF**

851093 004303	24136	GMO	GF	*	X	Roasted Seaweed Snacks, Sea Salt, Organic	8 / 6x5g	G	_____
851093 004310	24137	GMO	GF	*	X	Roasted Seaweed Snacks, Teriyaki, Organic	8 / 6x5g	G	_____
851093 004624	24160	GMO	GF	*	X	Roasted Seaweed Snacks, Sesame, Organic	12 / 5g	G	_____
851093 004617	24161	GMO	GF	*	X	Roasted Seaweed Snacks, Sea Salt, Organic	12 / 5g	G	_____
851093 004631	24168	GMO	GF	*	X	Roasted Seaweed Snacks, Wasabi, Organic	12 / 5g	G	_____
851093 004648	24167	GMO	GF	*	X	Roasted Seaweed Snacks, Teriyaki, Organic	12 / 5g	G	_____
851093 004679	24162	GMO	GF	*	X	Roasted Seaweed Snacks, Sesame, Organic	12 / 10g	G	_____
851093 004662	25163	GMO	GF	*	X	Roasted Seaweed Snacks, Sea Salt, Organic	12 / 10g	G	_____
851093 004693	24169	GMO	GF	*	X	Roasted Seaweed Snacks, Teriyaki, Organic	12 / 10g	G	_____
855463 005204	24172	GMO	GF	*	X	Seaweed Rice Chips, Sea Salt, Organic	12 / 113g	G	_____
855463 005228	24174	GMO	GF	*	X	Seaweed Rice Chips, Wasabi, Organic	12 / 113g	G	_____

**GLEE GUM NATURAL CHEWING GUMS - 15% OFF**

649815 000101	81545				X	Bubble Gum	12 / 16ct	G	_____
649815 000531	81567	GMO		K	X	Bubblegum, Sugar Free	12 / 16ct	G	_____
649815 000029	81544				X	Cinnamon Gum	12 / 16ct	G	_____
649815 000517	81549				X	Lemon Lime Gum, Sugar Free	12 / 16ct	G	_____
649815 000005	81543				X	Peppermint Gum	12 / 16ct	G	_____
649815 000500	81548				X	Refresh Mint Gum, Sugar Free	12 / 16ct	G	_____
649815 000111	81546				X	Spearmint Gum	12 / 16ct	G	_____
649815 000012	81542				X	Tangerine Gum	12 / 16ct	G	_____
649815 000128	81547				X	Triple Berry Gum	12 / 16ct	G	_____
649815 000524	81556				X	Watermelon, Sugar Free	12 / 16ct	G	_____
649815 000548	81568	GMO		K	X	Wintergreen Gum, Sugar Free	12 / 16ct	G	_____
649815 002108	81558	GMO		@	X	Bubblegum (pouch)	6 / 75ea	G	_____
649815 002009	81557	GMO		@	X	Peppermint (pouch)	6 / 75ea	G	_____
649815 002504	81559	GMO			X	Refresh-Mint, Sugar-Free (pouch)	6 / 75ea	G	_____

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**GLUTINO PRODUCTS - GLUTEN FREE - UP TO \$6.00 OFF**

678523 041000	<b>16566</b>	GF	+	Bagel Chips, Original	6 / 170g	G	_____
678523 041024	<b>16594</b>	GF	+	Bagel Chips, Parmesan Garlic	6 / 170g	G	_____
678523 040119	<b>37333</b>	GF K	+	X Pretzel Sticks	12 / 400g	G	_____
678523 040072	<b>36160</b>	GF K	+	X Pretzels	12 / 400g	G	_____
678523 040225	<b>37310</b>	GF	+	X Pretzels, Chocolate Covered	12 / 156g	G	_____
678523 040249	<b>37311</b>	GF	+	X Pretzels, Yogurt Covered	12 / 156g	G	_____
678523 011065	<b>14396</b>	GF		Breadcrumbs	12 / 340g		_____
678523 070321	<b>16495</b>	GF	+	Cream Sandwich Cookies, Chocolate Vanilla Crème Dreams	12 / 300g		_____
678523 070307	<b>16494</b>	GF	+	Cream Sandwich Cookies, Vanilla Crème Dreams	12 / 300g		_____
678523 010402	<b>38533</b>	GF K	+	Wafer Cookies, Chocolate, Milk Chocolate Coated	12 / 130g		_____
678523 010419	<b>38535</b>	GF K	+	Wafer Cookies, Lemon	12 / 200g		_____
678523 010426	<b>38534</b>	GF K	+	Wafer Cookies, Vanilla, Milk Chocolate Coated	12 / 130g		_____
678523 038451	<b>16422</b>	GF		Crackers (Rounds), Cheddar	6 / 125g		_____
678523 038512	<b>16421</b>	GF		Crackers (Rounds), Original	6 / 125g		_____
678523 038475	<b>16423</b>	GF		Crackers (Rounds), Multigrain	6 / 125g		_____
678523 038499	<b>16424</b>	GF		Crackers (Rounds), Vegetable	6 / 125g		_____
678523 038604	<b>12959</b>	GF K		Snack Crackers, Rosemary & Olive Oil	6 / 120g	G	_____
678523 038581	<b>12958</b>	GF K		Snack Crackers, Sea Salt	6 / 120g	G	_____
678523 038536	<b>16549</b>	GF		Table Crackers	12 / 200g		_____

**GLUTINO BREADS & ENGLISH MUFFINS (FROZEN) - GLUTEN FREE - \$3.00 OFF**

678523 375488	<b>55611</b>	GF K	+	☐ X ENGLISH MUFFINS	6 / 480g		_____
678523 375464	<b>55617</b>	GF K	+	☐ X ENGLISH MUFFINS, Multigrain (6 ct)	6 / 480g		_____
678523 036181	<b>50136</b>	GF	+	☐ X BREAD, Cheese	6 / 400g		_____
678523 036143	<b>55043</b>	GF	+	☐ X BREAD, Cinnamon Raisin	6 / 400g		_____
678523 036112	<b>55030</b>	GF	+	☐ X BREAD, Sandwich, Multigrain	6 / 400g		_____
678523 036105	<b>55029</b>	GF	+	☐ X BREAD, Sandwich, White	6 / 400g		_____
678523 036167	<b>55044</b>	GF	+	☐ X BREAD, Seeded	6 / 400g		_____

**GOGO QUINOA PRODUCTS - GLUTEN FREE - 25% OFF**

896899 000449	<b>19046</b>	GF	*	+	☐ All Purpose Flour, Organic	8 / 500g		_____
896899 000371	<b>19049</b>	GF	*		☐ Pancake Mix, Whole Grains, Organic	8 / 500g		_____
896899 000463	<b>19047</b>	<del>GMO</del>	GF K		☐ Quinoa Cookies, Double Chocolate	6 / 198g		_____
896899 000814	<b>19048</b>	<del>GMO</del>	GF K		☐ Quinoa, White	8 / 375g		_____
896899 000777	<b>19045</b>	<del>GMO</del>	GF K	*	☐ Quinoa ROYAL™ Tri-color, Organic	8 / 500g		_____

**GORILLY GOODS ORGANIC SNACKS - 10% OFF**

857634 003170	<b>17085</b>		*	X	COAST, Sweet Curry Cashew & Fruit, Organic	12 / 37g	G	_____
857634 003224	<b>17081</b>		*	X	FOREST, Dark Chocolate, 70%, Fruit & Nut, Organic	12 / 45g	G	_____
857634 003194	<b>17082</b>		*	X	HILLSIDE, Pumpkin Seed & Kale, Organic	12 / 37g	G	_____

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857634 003217	17080	*	X	JUNGLE, Fruit & Nut, Organic	12 / 49g	G	_____
857634 003187	17083	*	X	TRAIL, Nuts, Goji, Cacao Nibs, Organic	12 / 37g	G	_____
<b>GREEN LID COMPOSTABLE COMPOST BIN - 10% OFF</b>							
858143 000018	46303	+ ☐	X	Compostable Compost Bin, Starter Kit	20 / 5ct	G P	_____
858143 000025	46304	+ ☐	X	Compostable Compost Bin, 5 Pack Refill	20 / 5ct	G P	_____
<b>GREENOLA VEGETABLES - GLUTEN FREE - 15% OFF</b>							
907752 683614	14413	GMO	GF	*	Beets, Sliced, Organic (jar)	12 / 750ml	_____
907752 683602	14414	GMO	GF	*	Beets, Whole Baby, Organic (jar)	12 / 750ml	_____
907752 683645	14501	GMO	GF	*	Mini Cornichons, Organic (jar)	6 / 346ml	_____
907752 683638	14416	GMO	GF	*	Pickles, Baby Dill, Organic (jar)	12 / 750ml	_____
907752 683621	14417	GMO	GF	*	Pickles, Polish Dill, Organic (jar)	12 / 750ml	_____
901641 003217	14415	GMO	GF	*	Sauerkraut w/Carrots, Organic (jar)	12 / 750ml	_____
907752 683584	14410	GMO	GF	*	Sauerkraut, Organic (jar)	12 / 750ml	_____
<b>GT'S KOMBUCHA BEVERAGES (REFRIGERATED) - \$4.32 OFF</b>							
722430 300177	05138	*		SYNERGY, Kombucha Juice Blend, Cosmic Cranberry, Raw, Organic	12 / 480ml	G U	_____
722430 800172	05137	*		SYNERGY, Kombucha Juice Blend, Divine Grape, Raw, Organic	12 / 480ml	G U	_____
722430 110172	05139	*		SYNERGY, Kombucha Juice Blend, Trilogy, Raw, Organic	12 / 480ml	G U	_____
722430 900179	05215	*		SYNERGY, Kombucha, Guava Goddess, Raw, Organic	12 / 480ml	G U	_____
722430 600178	05182	*		SYNERGY, Kombucha, Gingerberry, Organic	12 / 480ml	G U	_____
722430 240176	05183	*		SYNERGY, Kombucha, Maqui Mojito, Organic	12 / 480ml	G U	_____
722430 500171	05214	*		SYNERGY, Kombucha, Mystic Mango, Raw, Organic	12 / 480ml	G U	_____
722430 290171	05254	K *		Kombucha, Cayennade, Organic	12 / 480ml	G U	_____
722430 200170	05135	*		Kombucha, Gingerade, Raw, Organic	12 / 480ml	G U	_____
722430 310176	05255	K *		Kombucha, Heart Beet, Organic	12 / 480ml	G U	_____
722430 100173	05180	*		Kombucha, Lemonade, Organic	12 / 480ml	G U	_____
722430 140179	05136	*		Kombucha, Multi-Green, Raw, Organic	12 / 480ml	G U	_____
722430 000176	05134	*		Kombucha, Original, Raw, Organic	12 / 480ml	G U	_____
722430 320175	05256	K *		Kombucha, Tantric Turmeric, Organic	12 / 480ml	G U	_____
722430 230177	05181	*		Kombucha, Third Eye Chai, Organic	12 / 480ml	G U	_____
<b>GURU ENERGY BEVERAGES - 15% OFF</b>							
701648 010153	13075	GF	*	+ ☐ X Energy Drink, Lite, Organic (can)	24 / 355ml	G U	_____

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Order

**GUSTA MEAT ALTERNATIVES (FROZEN) - GLUTEN FREE - 10% OFF**

627843 577850	54702	+	X	Vegan Wheat Sausage, Espanola	12 / 350g		
627843 577843	54700	+	X	Vegan Wheat Sausage, Italiana	12 / 350g		
627843 577867	54704	+	X	Vegan Wheat Sausage, Germaine	12 / 350g		
627843 577874	54712	+	X	Vegan Wheat Sausage, Montrealaise	12 / 350g		
627843 577898	54699	+	X	Vegan Grating Block	12 / 227g		

**HAPPY PLANET PRODUCTS (REFRIGERATED) - 10% OFF**

779172 667433	38943	BC	☐	<b>NEW!</b> Soup, Cream of Chicken w/ Wild Rice & Tarragon, Organic (resealable bag)	6 / 500ml		
779172 123809	01326	BC	☐	Daily Squeeze, Black Currant, Beet & Purple Carrot	6 / 900ml	U	
779172 123793	01325	BC	☐	Daily Squeeze, Green Apple, Kiwi, Kale & Spinach	6 / 900ml	U	
779172 123816	01327	BC	☐	Daily Squeeze, Mango, Carrot & Orange	6 / 900ml	U	
779172 223288	01307	BC	☐	Protein Smoothie, Chocolate Banana (plastic bottle)	6 / 900ml		
779172 223646	01306	BC	☐	Smoothie, Blackberry, Boysenberry & Black Currant (plastic bottle)	6 / 900ml	U	
779172 223660	01305	BC	☐	Smoothie, Coconut & Pineapple (plastic bottle)	6 / 900ml		
779172 233614	01302	BC	☐	Smoothie, Extreme C w/Camu Camu (plastic bottle)	6 / 900ml	U	
779172 233621	01303	BC	☐	Smoothie, Extreme Energy w/Yerba Maté (plastic bottle)	6 / 900ml	U	
779172 233102	01301	BC	☐	Smoothie, Extreme Green w/Spirulina (plastic bottle)	6 / 900ml	U	
779172 223639	01304	BC	☐	Smoothie, Mango & Passionfruit (plastic bottle)	6 / 900ml	U	
779172 225664	07323	BC	☐	Smoothie, Coconut & Pineapple (plastic bottle)	6 / 1.5L		
779172 229105	07322	BC	☐	Smoothie, Extreme Green w/Spirulina (plastic bottle)	6 / 1.5L	U	

**HARDBITE™ HANDCRAFTED STYLE CHIPS - 10% OFF**

673513 113552	37638	GMO	BC	☐	X	Vegetable Chips, 18 CARROT GOLD, Lightly Salted	15 / 150g	G	
673513 112555	37637	GMO	BC	☐	X	Vegetable Chips, DROP 'N MAD BEETS, Lightly Salted	15 / 150g	G	
673513 111558	37518	GMO	BC	☐	X	Vegetable Chips, EAT YOUR PARSNIPS, Lightly Salted	15 / 150g	G	
673513 114559	37749	GMO	BC	☐	X	Vegetable Chips, SWEET SPUD OF MINE Sweet Potato Chips, Lightly Salted	15 / 150g	G	

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**HILARY'S MEAT ALTERNATIVES (FROZEN) - GLUTEN FREE - 20% OFF + VOLUME PRICING**

854262 003381	42500	GMO	GF	*	X	Burger, World's Best Veggie, Organic	12 / 181g	
854262 003398	42501	GMO	GF	*	X	Burger, Adzuki Bean, Organic	12 / 181g	
854262 003411	42502	GMO	GF	*	X	Burger, Root Veggie, Organic	12 / 181g	
854262 003404	42503	GMO	GF	*	X	Burger, Hemp & Greens, Organic	12 / 181g	
854262 003428	42504	GMO	GF	*	X	Burger, Black Rice, Organic	12 / 181g	

**Buy 8+ cases**
**Save 5%**
**HOLISTIC CHOICE CAT & DOG FOOD - UP TO \$4.10 OFF + VOLUME PRICING**

838143 003639	16807				+ ☐ X	Dry Cat Food, Real Meat, Chicken, Grain Free (bag)	1 / 3kg	G P
838143 003615	16806				+ ☐ X	Dry Cat Food, Real Meat, Chicken, Rice & Salmon (bag)	1 / 3kg	G P
							<b>Buy 20+ bags (mix &amp; match)</b>	<b>Save 1.30</b>
838143 003547	16803				+ ☐ X	Dry Dog Food, Real Meat, Chicken & Rice (bag)	1 / 3kg	G P
							<b>Buy 20+ bags (mix &amp; match)</b>	<b>Save 1.10</b>
838143 003554	16804				+ ☐ X	Dry Dog Food, Real Meat, Chicken & Rice (bag)	1 / 6kg	G P
838143 003523	16801				+ ☐ X	Dry Dog Food, Real Meat, Lamb & Rice (bag)	1 / 6kg	G P
							<b>Buy 20+ bags (mix &amp; match)</b>	<b>Save 2.20</b>
838143 003530	16802	B			+ ☐ X	Dry Dog Food, Real Meat, Lamb & Rice (bag)	1 / 11.34kg	G P
							<b>Buy 20+ bags (mix &amp; match)</b>	<b>Save 4.10</b>

**HONEYWATER BEVERAGES - 20% OFF**

627843 532897	11100				+ ☐ X	<b>NEW!</b> Water, Lemon, Sweetened with Honey	15 / 355ml	U
627843 532903	11101				+ ☐ X	<b>NEW!</b> Water, Mint, Sweetened with Honey	15 / 355ml	U

**ITO EN BEVERAGES - GLUTEN FREE - 20% OFF + VOLUME PRICING - 15% OFF + VOLUME PRICING**

835143 001412	10066	GMO	GW		X	RTD, Oi Ocha Green Tea, Traditional, Unsweetened	6 / 500ml	U
							<b>Buy 15-24 cases</b>	<b>Save 5%</b>
							<b>Buy 25+ cases</b>	<b>Save 10%</b>

**JUST HEMP FOODS HULLED HEMP SEEDS - GLUTEN FREE - UP TO \$17.10 OFF**

628356 221056	26094	GMO	GF	K	+ ☐	Hulled Hemp Seeds	12 / 227g	
628356 221155	26095	GMO	GF	K	+ ☐	Hulled Hemp Seeds	12 / 454g	
628356 221254	26096	GMO	GF	K	+ ☐	Hulled Hemp Seeds	12 / 680g	

**KAN'S GOURMET FOODS APPETIZERS (FROZEN) - 5% OFF**

189120 000524	54364		WF		BC ☐ X	Falafel, Mini Lentil (vegan), w/dipping sauce	12 / 330g	
189120 000531	54367		WF		BC ☐ X	Pakorras, Spinach & Kale (baked, vegan), w/dipping sauce	12 / 330g	
189120 000548	54643				BC ☐ X	Pakorras, Yam, w/dipping sauce (vegan)	12 / 320g	
189120 000517	54363				BC ☐ X	Samosas, Fresh Veggie & Lentil (vegan), w/dipping sauce	12 / 320g	

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**KARTHEIN'S ORGANIC UNPASTEURIZED KIMCHI & SAUERKRAUT (REFRIGERATED) - 10% OFF**

620892 809927	30225	*	+	☐	Kimchi, Raw, Unpasteurized, Organic	12 / 375ml	
620892 809934	30376	*	+	☐	Kimchi, Raw, Unpasteurized, Organic	12 / 750ml	
620892 809903	30184	*	+	☐	Sauerkraut, Beets & Ginger, Raw Unpasteurized, Organic	12 / 375ml	
620892 809941	30182	*	+	☐	Sauerkraut, Carrots & Ginger, Raw Unpasteurized, Organic	12 / 375ml	
620892 809989	30221	*	+	☐	Sauerkraut, Simple, Raw Unpasteurized, Organic	12 / 375ml	
620892 809965	30223	*	+	☐	Sauerkraut, Traditional, Raw Unpasteurized, Organic	12 / 375ml	
620892 809910	30377	*	+	☐	Sauerkraut, Beets & Ginger, Raw Unpasteurized, Organic	12 / 750ml	
620892 809958	30375	*	+	☐	Sauerkraut, Carrots & Ginger, Raw Unpasteurized, Organic	12 / 750ml	
620892 809996	30185	*	+	☐	Sauerkraut, Simple, Raw Unpasteurized, Organic	12 / 750ml	
620892 809972	30227	*	+	☐	Sauerkraut, Traditional, Raw Unpasteurized, Organic	12 / 750ml	

**KASLO SOURDOUGH PASTAS - 10% OFF**

779605 336400	42178	GMO	BC	☐	X	Pasta Fermentata, Radiatori, Classic	12 / 560g	
779605 337407	42183	GMO	BC	☐	X	Pasta Fermentata, Radiatori, Semolina & Whole Wheat	12 / 560g	
779605 336424	42179	GMO	BC	☐	X	Pasta Fermentata, Rotini, Classic	12 / 560g	

**KETTLE POPCORN & POTATO CHIPS - UP TO \$4.60 OFF**

084114 127945	37705	GMO	GF	K	X	Popcorn, Jalapeno	6 / 142g	G
084114 126771	37701	GMO	GF	K	X	Popcorn, Maple Bacon	6 / 142g	G
084114 126764	37702	GMO	GF	K	X	Popcorn, Salt & Fresh Ground Pepper	6 / 142g	G
084114 126757	37703	GMO	GF	K	X	Popcorn, Sea Salt	6 / 113g	G
084114 126795	37704	GMO	GF		X	Popcorn, Sriracha	6 / 142g	G
084114 126788	37700	GMO	GF	K	X	Popcorn, White Cheddar	6 / 142g	G
084114 117793	37244		GF	K	X	LITTLE GIANTS, Honey Dijon Chips	24 / 45g	G
084114 117786	37243		GF	K	X	LITTLE GIANTS, New York Cheddar Chips	24 / 45g	G
084114 117816	37246	GMO	GF	K	X	LITTLE GIANTS, Salted Potato Chips	24 / 45g	G
084114 117809	37245	GMO	GF	K	X	LITTLE GIANTS, Salt & Vinegar Chips	24 / 45g	G
084114 100061	36385	GMO		K	X	ORGANIC, Country Style BBQ Chips	15 / 142g	G
084114 009975	36065	GMO	GF	K	X	ORGANIC, Natural Salted Chips	15 / 142g	G
084114 105974	37099		GF	K	X	ORGANIC, Sea Salt & Black Pepper Chips	15 / 142g	G

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Order

**KIND SNACK BARS - UP TO \$2.25 OFF+ VOLUME PRICING**

602652 170447	<b>37470</b>	GF K	X	Fruit & Nut, Almond & Coconut	12 / 40g	G	
602652 170492	<b>37503</b>	GF K	X	Fruit & Nut, Blueberry, Vanilla & Cashew	12 / 40g	G	
602652 248528	<b>37744</b>	<del>GMO</del> GF K	X	Fruit & Nut, Cashew Raspberry & Chia	12 / 40g	G	
602652 170355	<b>37466</b>	GF K	X	Fruit & Nut, Fruit & Nut Delight	12 / 40g	G	
602652 170713	<b>37474</b>	GF K	X	Plus, Dark Chocolate Cherry Cashew & Antioxidants	12 / 40g	G	
602652 170706	<b>37475</b>	GF K	X	Plus, Peanut Butter Dark Chocolate & Protein	12 / 40g	G	
602652 248542	<b>37743</b>	<del>GMO</del> GF K	X	Nuts & Spices, Almond Mocha & Dark Chocolate Flavour	12 / 40g	G	
602652 170942	<b>37605</b>	<del>GMO</del> GF K	X	Nuts & Spices, Caramel Almond & Sea Salt	12 / 40g	G	
602652 170768	<b>37491</b>	GF K	X	Nuts & Spices, Dark Chocolate Cinnamon Pecan	12 / 40g	G	
602652 170751	<b>37490</b>	GF K	X	Nuts & Spices, Dark Chocolate Nuts & Sea Salt	12 / 40g	G	
602652 240232	<b>37685</b>	<del>GMO</del> GF K	X	Nuts & Spices, Honey Roasted Nuts & Sea Salt	12 / 40g	G	
				<b>Buy 40-59 cases</b>	<b>Save 0.60</b>		
				<b>Buy 60-79 cases</b>	<b>Save 1.10</b>		
				<b>Buy 80+ cases</b>	<b>Save 1.60</b>		
602652 184178	<b>37609</b>	<del>GMO</del> K		Healthy Grains, Dark Chocolate Chunk	8 / 5x35g	G	
602652 184161	<b>37608</b>	<del>GMO</del> K		Healthy Grains, Maple Pumpkin Seeds with Sea Salt	8 / 5x35g	G	
602652 184154	<b>37607</b>	<del>GMO</del> K		Healthy Grains, Oats & Honey with Toasted Coconut	8 / 5x35g	G	
602652 184185	<b>37610</b>	<del>GMO</del> K		Healthy Grains, Peanut Butter Dark Chocolate	8 / 5x35g	G	
				<b>Buy 12-23 cases</b>	<b>Save 1.00</b>		
				<b>Buy 24+ cases</b>	<b>Save 2.00</b>		
602652 241062	<b>37758</b>	<del>GMO</del> K	X	PRESSED™ Fruit Bar, Apple Strawberry Chia	12 / 35g	G	
602652 241079	<b>37759</b>	<del>GMO</del> K	X	PRESSED™ Fruit Bar, Mango Apple Chia	12 / 35g	G	
602652 241093	<b>37760</b>	<del>GMO</del> K	X	PRESSED™ Fruit Bar, Pineapple Banana Kale Spinach	12 / 35g	G	

**KINNIKINNICK FOODS PRODUCTS (FROZEN) - GLUTEN FREE - 15% OFF**

620133 001707	<b>54683</b>	GF K	+	☐ X BAGELS, Soft, Plain	6 / 344g		
620133 000458	<b>54348</b>	GF K		☐ X BREAD, Soft Multigrain	6 / 454g		
620133 000441	<b>54342</b>	GF K		☐ X BREAD, Soft White	6 / 454g		
620133 000762	<b>54658</b>	GF K	+	☐ X BREAD, Soft Whole Grain	6 / 504g		
620133 000731	<b>54345</b>	GF K		☐ X BUNS, Hamburger	6 / 245g		
620133 000748	<b>54343</b>	GF K		☐ X BUNS, Hotdog	6 / 285g		
620133 000502	<b>54344</b>	GF K		☐ x ENGLISH MUFFINS, Tapioca	6 / 375g		
620133 002247	<b>51004</b>	GF K	+	☐ X Donuts, Chocolate Dipped, 6pk	8 / 320g		
620133 002230	<b>54346</b>	GF K		X Donuts, Cinnamon Sugar, 6pk	8 / 270g		
620133 002216	<b>51005</b>	GF K	+	☐ X Donuts, Maple Glazed, 6pk	8 / 320g		

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620133 006009	58068	GF K	+ ☐	X Pie Crusts (2ct x 8")	6 / 290g	
620133 005576	54347	GF K		Pizza Crust, Personal Size	6 / 600g	

**KOMBUCHA WONDER DRINK SPARKLING FERMENTED TEAS - 20% OFF + VOLUME PRICING**

665479 071403	05155	*	X	Asian Pear & Ginger, Sparkling Fermented Tea, Organic (can)	24 / 250ml	G U
665479 071502	05157	*	X	Essence of Lemon, Sparkling Fermented Tea, Organic (can)	24 / 250ml	G U
665479 071809	05227	*	X	Niagara Grape, Sparkling Fermented Tea, Organic (w/ Jasmine Tea) (can)	24 / 250ml	G U
					<b>Buy 10-19 cases</b>	<b>Save 5%</b>
					<b>Buy 20+ cases</b>	<b>Save 10%</b>

**KRINOS CHEESES (REFRIGERATED) - GLUTEN FREE - 10% OFF**

055498 028937	59181	GF *		Greek Sheep & Goat Feta Cheese, Organic	12 / 150g	
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**KRINOS GREEK OLIVES - GLUTEN FREE - 10% OFF**

055498 046078	48009	GF K *		Organic Greek Kalamata Olives, Pitted	6 / 375ml	
055498 046023	48018	GF K *		Organic Greek Kalamata Olives, Whole	6 / 375ml	
055498 046085	48025	GF K *		Organic Greek Olive Mix w/Mountain Herbs	6 / 375ml	

**LA PREFERIDA BEANS - 10% OFF + VOLUME PRICING**

071524 180073	47207	*		Refried Black Beans, Organic	12 / 398ml	
					<b>Buy 10+ cases</b>	<b>Save 10%</b>

**L'ANCÊTRE CHEESES (REFRIGERATED) - GLUTEN FREE - \$2.25 OFF**

778177 499704	50026	GF *	+ ☐	Parmesan, Grated, Organic (raw milk)	14 / 125g	
778177 499810	50081	GF *	+ ☐	Emmental, Sliced, Organic (raw milk)	12 / 180g	
778177 499728	50024	GF *	+ ☐	Parmesan, Blocks, Organic (raw milk)	14 / 200g	

**LET'S DO...ORGANIC PRODUCTS - 10% OFF**

043182 005418	24138	K *		<b>NEW!</b> Arrowroot Starch (Powder), Organic	6 / 170g	
043182 002103	24098	K *		<b>NEW!</b> Heavy Coconut Cream (30% Fat), Organic	12 / 398ml	
043182 005425	24139	GF K *		<b>NEW!</b> Potato Starch, Organic	6 / 170g	

**LILY OF THE DESERT ALOE H2O - GLUTEN FREE - 15% OFF**

026395 782161	37936	GMO GF *		ALOE H2O, Blueberry-Pomgranate, Organic	12 / 500ml	G U
026395 780167	37934	GMO GF *		ALOE H2O, Original, Organic	12 / 500ml	G U
026395 781164	37935	GMO GF *		ALOE H2O, Peach-Mango, Organic	12 / 500ml	G U

**LOVE CHILD ORGANICS BABY FOODS - UP TO \$1.26 OFF + VOLUME PRICING**

858860 001015	61040	*	+ ☐	Puree Blends - Apples & Mangos w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001046	61043	*	+ ☐	Puree Blends - Apples, Sweet Potatoes, Carrots, & Blueberries w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	



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858860 001022	61041	* + ☐	Puree Blends - Apples, Bananas & Blueberries w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001060	61045	* + ☐	Puree Blends - Apples, Corn & Butternut Squash w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001121	61047	* + ☐	Puree Blends - Apples, Spinach, Kiwi & Broccoli w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001114	61046	* + ☐	Puree Blends - Apples, Sweet Potatoes, Beets & Cinnamon w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001176	61049	* + ☐	Puree Blends - Bananas, Pumpkins, Pears & Coconut w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001039	61042	* + ☐	Puree Blends - Bananas, Strawberries & Peaches w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001169	61048	* + ☐	Puree Blends - Pears, Carrots, Green Beans & Prunes w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001053	61044	* + ☐	Puree Blends - Pears, Kale & Peas w/Quinoa, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001077	61051	* + ☐	Puree First Apples, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001084	61052	* + ☐	Puree First Pears, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001138	61053	* + ☐	Puree Yo'rridge - Apples, Pumpkins, Raisins & Cinnamon w/Yogurt + Supergrains Organic (resealable squeeze pouch)	12 / 128ml	
858860 001145	61054	* + ☐	Puree Yo'rridge - Apples, Strawberries & Rhubarb w/Yogurt + Supergrains, Organic (resealable squeeze pouch)	12 / 128ml	
858860 001152	61055	* + ☐	Puree Yo'rridge - Pears, Bananas, Raspberries & Blackberries w/Yogurt + Supergrains, Organic (resealable squeeze pouch)	12 / 128ml	

**Buy 30+ cases****Save 0.63**

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858860 001763	61060	*	+ P	Puree Meal, Bolognese w/beef (resealable squeeze pouch)	6 / 128ml	_____
858860 001749	61061	*	+ P	Puree Meal, Mango Chicken Stew (resealable squeeze pouch)	6 / 128ml	_____
858860 001732	61059	*	+ P	Puree Meals, Pumpkin Risotto w/Spinach + Chickpeas, Organic (resealable squeeze pouch)	6 / 128ml	_____
858860 001725	61058	*	+ P	Puree Meals, Ratatouille w/Lentils + White Beans, Organic (resealable squeeze pouch)	6 / 128ml	_____
858860 001756	61062	*	+ P	Puree Meal, Thanksgiving Dinner w/turkey (resealable squeeze pouch)	6 / 128ml	_____
858860 001701	61056	*	+ P	Puree Meals, Vegetarian Chili w/Sweet Potato + Kale, Organic (resealable squeeze pouch)	6 / 128ml	_____
858860 001718	61057	*	+ P	Puree Meals, Veggie Casserole w/Lentils + Quinoa, Organic (resealable squeeze pouch)	6 / 128ml	_____
				<b>Buy 30+ cases</b>	<b>Save 0.78</b>	_____
<b>LUNDBERG PRODUCTS - GLUTEN FREE - UP TO \$12.93 OFF</b>						
073416 001657	24109	<del>GMO</del> B GF K	X	Brown Rice Syrup, Sweet Dreams, Eco-Farmed	1 / 25kg	_____
073416 051911	31205	GF K		Rice, Arborio, White, Nutra-Farmed	6 / 907g	_____
073416 405523	31202	<del>GMO</del> GF K		Rice, Basmati, Brown, Nutra-Farmed	6 / 907g	_____
073416 403536	31203	<del>GMO</del> GF K		Rice, Basmati, White, Nutra-Farmed	6 / 907g	_____
073416 040427	31204	<del>GMO</del> GF K		Rice, Jasmine, White, Nutra-Farmed	6 / 907g	_____
073416 198654	31201	GF K		Rice, Long Grain, Brown, Nutra-Farmed	6 / 907g	_____
073416 198609	31200	<del>GMO</del> GF K		Rice, Short Grain, Brown, Nutra-Farmed	6 / 907g	_____
073416 402010	32098	B GF K *	X	Rice, Basmati, Brown, Organic	1 / 11.34kg	_____
073416 402027	32102	<del>GMO</del> B GF K *	X	Rice, Basmati, White, Organic	1 / 11.34kg	_____
073416 401341	32039	B GF K *	X	Rice, Long Grain White, Organic	1 / 11.34kg	_____
073416 401327	32074	<del>GMO</del> B GF K *	X	Rice, Long Grain, Brown, Organic	1 / 11.34kg	_____
073416 401228	32076	<del>GMO</del> B GF K *	X	Rice, Short Grain, Brown, Organic	1 / 11.34kg	_____
073416 401617	32097	<del>GMO</del> B GF K *	X	Rice, Sushi, White, Organic	1 / 11.34kg	_____

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073416 020252	<b>38723</b>	GMO	GF		Risotto, Butternut Squash, Eco-Farmed	6 / 164g		
073416 020214	<b>38721</b>	GMO	GF		Risotto, Creamy Parmesan, Eco-Farmed	6 / 156g		
073416 020245	<b>38722</b>	GMO	GF		Risotto, Garlic Primavera, Eco-Farmed	6 / 156g		
073416 512603	<b>38726</b>	GMO	GF	*	Risotto, Alfredo (Parmesan Cheese), Organic	6 / 156g		
073416 512702	<b>38727</b>	GMO	GF	*	Risotto, Florentine (Spinach & Mushroom), Organic	6 / 163g		
073416 512801	<b>38728</b>	GMO	GF	*	Risotto, Porcini Wild Mushroom, Organic	6 / 167g		
073416 035447	<b>36750</b>	GMO	GF		X Rice Chips, Fiesta Lime	12 / 170g	G	
073416 035454	<b>36752</b>	GMO	GF		X Rice Chips, Honey Dijon	12 / 170g	G	
073416 035409	<b>36269</b>	GMO	GF		X Rice Chips, Original Sea Salt	12 / 170g	G	
073416 035430	<b>36267</b>	GMO	GF		X Rice Chips, Santa Fe Barbecue	12 / 170g	G	
073416 035423	<b>36271</b>	GMO	GF		X Rice Chips, Sesame Seaweed	12 / 170g	G	
073416 523104	<b>37589</b>	GMO	GF	K	X Rice Chips, Sriracha	12 / 170g	G	
<b>MANITOBA HARVEST PRODUCTS - UP TO 15% OFF</b>								
697658 410123	<b>06206</b>		GF	K *	+ ☐	HEMP BLISS, Original, Organic	12 / 946ml	
697658 410154	<b>06616</b>		GF	K *	+ ☐	HEMP BLISS, Unsweetened, Organic	12 / 946ml	
697658 410116	<b>06207</b>		GF	K *	+ ☐	HEMP BLISS, Vanilla, Organic	12 / 946ml	
697658 200113	<b>36947</b>			K *	+ ☐	Hemp Pro Fibre Protein Powder, Organic	6 / 454g	G
697658 202056	<b>37153</b>	GMO		K *	+ ☐	Hemp Protein Powder, Dark Chocolate, Organic	6 / 454g	G
697658 202063	<b>37152</b>			K *	+ ☐	Hemp Protein Powder, Very Vanilla, Organic	6 / 454g	G
697658 691911	<b>37675</b>	GMO		K	+ ☐	Hemp Protein Smoothie, Chocolate	8 / 300g	G
697658 691904	<b>37674</b>	GMO		K	+ ☐	Hemp Protein Smoothie, Mixed Berry	8 / 300g	G
697658 691928	<b>37676</b>	GMO		K	+ ☐	Hemp Protein Smoothie, Vanilla Chai	8 / 300g	G
697658 690044	<b>37199</b>	GMO		K	+ ☐	Hemp PRO 70, Water Soluble 70% Hemp Protein Concentrate	6 / 454g	G
<b>MAPLETON'S ORGANIC ICE CREAM TREATS (FROZEN) - GLUTEN FREE - 15% OFF</b>								
684923 350062	<b>53100</b>		GF	*	+ ☐ X	Vanilla Chocolate Chip Cookie Sandwich, Organic (6 packs)	2 / 6x200ml	G P
684923 030001	<b>53133</b>		GF	*	+ ☐ X	Ice Cream, Cappuccino, Organic	8 / 473ml	G
684923 020002	<b>53132</b>		GF	*	+ ☐ X	Ice Cream, Chocolate, Organic	8 / 473ml	G
684923 010003	<b>53130</b>		GF	*	+ ☐ X	Ice Cream, French Vanilla, Organic	8 / 473ml	G
684923 070007	<b>53134</b>		GF	*	+ ☐ X	Ice Cream, Ginger, Organic	8 / 473ml	G
684923 171148	<b>53172</b>		GF	*	+ ☐ X	Ice Cream, Mint Chocolate Chip, Organic	8 / 473ml	G
684923 012007	<b>53131</b>		GF	*	+ ☐ X	Ice Cream, Vanilla Chocolate Chunk, Organic	8 / 473ml	G

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**MARUKAN RICE VINEGARS - GLUTEN FREE - 10% OFF + VOLUME PRICING**

070641 000066	24031	GMO	GF	Rice Vinegar	6 / 355ml	
					<b>Buy 10+ cases</b>	<b>Save 5%</b>
070641 064129	24034	GMO	GF *	Rice Vinegar, Organic	6 / 355ml	
					<b>Buy 10+ cases</b>	<b>Save 5%</b>

**NAKED COCONUTS PRODUCTS - GLUTEN FREE - 10% OFF + VOLUME PRICING**

890104 001122	85314	GMO	GF *	Coconut Oil, Virgin, Organic	6 / 444ml	
					<b>Buy 10-14 cases (Coconut Oil)</b>	<b>Save 5%</b>
					<b>Buy 15-19 cases (Coconut Oil)</b>	<b>Save 10%</b>
					<b>Buy 20+ cases (Coconut Oil)</b>	<b>Save 15%</b>
890104 001061	40117	GMO	GF *	Teriyaki Sauce, Sesame Ginger, Organic (Soy-Free)	6 / 296ml	
890104 001115	85315	GMO	GF *	Coconut Soy-Free Seasoning Sauce, Organic	6 / 296ml	
					<b>Buy 10+ cases (Sauces)</b>	<b>Save 5%</b>

**NATIVE FOREST PRODUCTS - 10% OFF**

043182 008341	10431			NEW! Bamboo Shoots, Sliced, Organic	6 / 400g	
043182 008365	10214		K *	NEW! Water Chestnuts, Sliced, Organic	6 / 227g	

**NATUR-A NON-DAIRY BEVERAGES - UP TO \$4.00 OFF**

063667 090265	07275	GMO	GF K	ALMOND, Enriched, Vanilla, Unsweetened (tetrapak)	12 / 946ml	
063667 090012	07119	GMO	GF	ALMOND, Enriched, Original (tetrapak)	12 / 946ml	
063667 090029	07120	GMO	GF	ALMOND, Enriched, Vanilla (tetrapak)	12 / 946ml	
063667 090067	07121	GMO	GF	ALMOND, Enriched, Unsweetened (tetrapak)	12 / 946ml	
063667 090081	07122	GMO	GF	ALMOND, Enriched, Chocolate (tetrapak)	12 / 946ml	
063667 090463	07276	GMO	GF K	ALMOND & COCONUT, Enriched, Unsweetened (tetrapak)	12 / 946ml	
063667 006013	06378		WF K *	RICE, Enriched, Original, Organic	12 / 946ml	
063667 006020	06379		WF K *	RICE, Enriched, Vanilla, Organic	12 / 946ml	
063667 301859	06374		WF K *	SOY, Enriched, Chocolate, Organic	12 / 946ml	
063667 301408	06371		WF K *	SOY, Enriched, Original, Organic	12 / 946ml	
063667 511005	06375		WF K *	SOY, Enriched, Unsweetened, Organic	12 / 946ml	
063667 301552	06372		WF K *	SOY, Enriched, Vanilla, Organic	12 / 946ml	

**NATURE CLEAN SKIN & BODY CARE PRODUCTS - UP TO \$4.76 OFF + VOLUME PRICING**

058951 153511	80863			Moisturizing Lotion, Velvet Vanilla & Coconut (Tube)	6 / 280ml	G P
058951 153528	80864			Moisturizing Lotion, Unscented (Tube)	6 / 280ml	G P
					<b>Buy 15-19 cases</b>	<b>Save 1.37</b>
					<b>Buy 20+ cases</b>	<b>Save 2.74</b>

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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order	
058951 114031	80865	+	Body Wash, Passionate Pear & Hibiscus	6 / 405ml	G P	_____
058951 114048	80866	+	Body Wash, Gentle Geranium & Chamomile	6 / 405ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.37</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 2.74</b>		_____
058951 395010	80486	+ ☐	Liquid Hand Soap, Unscented, w/Pump	6 / 500ml	G P	_____
058951 395027	80543	+ ☐	Liquid Hand Soap, Citrus, w/Pump	6 / 500ml	G P	_____
058951 395034	80542	+ ☐	Liquid Hand Soap, Peppermint, w/Pump	6 / 500ml	G P	_____
058951 393511	80868	+ ☐	Liquid Hand Soap, Sweet Pea Lemon Balm, w/Pump	6 / 500ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 0.88</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 1.76</b>		_____
058951 307556	81122	+ ☐	Sensitive Face & Body Bar	12 / 99g	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.23</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 2.46</b>		_____
058951 402800	81117		Pure Sensitive Unscented Conditioner	6 / 300ml	G P	_____
058951 502807	81118		Pure Sensitive Unscented Shampoo	6 / 300ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.59</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.17</b>		_____
<b>NATURE CLEAN HOUSEHOLD PRODUCTS - UP TO \$6.83 OFF + VOLUME PRICING</b>						
058951 307228	80893	+	STINK BOMB, Odour Remover Spray	6 / 740ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.38</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 2.76</b>		_____
058951 380184	80570	+ ☐	Automatic Dishwasher Pacs (24pac)	8 / 432g	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.92</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.83</b>		_____
058951 380207	80835	+ ☐	Automatic Dishwasher Pacs, 60ct	4 / 1.08kg	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 2.28</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 4.55</b>		_____
058951 232506	80429	+ ☐	Dishwasher Rinse Agent	12 / 250ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.56</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.12</b>		_____
058951 197409	80861	+ ☐	Dishwashing Liquid, Lavender & Tea Tree	12 / 740ml	G P	_____
058951 187400	80862	+ ☐	Dishwashing Liquid, Mandarin & Grapefruit	12 / 740ml	G P	_____
058951 403746	80860	+ ☐	Dishwashing Liquid, Unscented	12 / 740ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.53</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.06</b>		_____

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058951 403586	80874	+ ☐	Dishwashing Liquid, Unscented	6 / 1.5L	G P	_____
058951 198017	80875	+ ☐	Dishwashing Liquid, Lavender & Tea Tree	6 / 1.5L	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.39</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 2.79</b>		_____
058951 403364	80443	+ ☐	Dishwashing Liquid	4 / 3.63L	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.78</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.56</b>		_____
058951 217008	80495	+	Fruit & Veggie Wash Concentrate	12 / 700ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.74</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.47</b>		_____
058951 225003	80490	+	Fruit & Veggie Wash Spray	6 / 500ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 0.80</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 1.60</b>		_____
058951 638001	80726	+	Multi-Surface Cleaner, Lime & Tea Tree	12 / 800ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.76</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.53</b>		_____
058951 639473	80723	+	Multi-Surface Cleaner, Lime & Tea Tree, Spray	12 / 946ml	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.76</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.53</b>		_____
058951 360018	80404	+	Pet Stain & Odour Remover	6 / 1L	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.20</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 2.39</b>		_____
058951 308003	80485	+	Toilet Cleaner	12 / 1L	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.81</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.61</b>		_____
058951 308034	80461	+ ☐	Laundry Liquid, HE (High Efficiency) Certified	4 / 3L	G P	_____
058951 308614	80725	+ ☐	Laundry Liquid, White Lily & Moroccan Myrrh, HE (High Efficiency) Certified	4 / 3L	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.41</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 2.82</b>		_____
058951 308089	82025	+ ☐	Laundry Liquid, Unscented, HE (High Efficiency) Certified	2 / 4.5L	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.01</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 2.01</b>		_____
058951 307839	80869	+ ☐	Fabric Softener, Unscented	6 / 1.5L	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.20</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 2.40</b>		_____
058951 308508	80449	+ ☐	Laundry Liquid, HE (High Efficiency) Certified	4 / 1.82L	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.01</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 2.01</b>		_____
058951 307181	80724	+ ☐	Laundry Tabs, Unscented	8 / 432g	G P	_____
			<b>Buy 15-19 cases</b>	<b>Save 1.92</b>		_____
			<b>Buy 20+ cases</b>	<b>Save 3.83</b>		_____

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058951 394013	80446		+	☐	Oxygen Liquid Bleach	12 / 1L	G P	
					<b>Buy 15-19 cases</b>	<b>Save 1.28</b>		
					<b>Buy 20+ cases</b>	<b>Save 2.56</b>		
058951 394105	80451		+	☐	Oxygen Liquid Bleach	4 / 3.63L	G P	
					<b>Buy 15-19 cases</b>	<b>Save 1.00</b>		
					<b>Buy 20+ cases</b>	<b>Save 2.01</b>		
058951 309307	80439		+	☐	Oxygen Stain Powder	6 / 700g	G P	
					<b>Buy 15-19 cases</b>	<b>Save 1.43</b>		
					<b>Buy 20+ cases</b>	<b>Save 2.85</b>		

**NATURE'S BAKERY WHOLE WHEAT FIG BARS - \$0.79 OFF**

047495 491548	13133				X Twin Packs, Fig Bar, Whole Wheat	12 / 57g	G	
047495 491524	13131				X Twin Packs, Fig Bar, Whole Wheat, Apple Cinnamon	12 / 57g	G	
047495 491531	13132				X Twin Packs, Fig Bar, Whole Wheat, Blueberry	12 / 57g	G	
047495 491517	13134				X Twin Packs, Fig Bar, Whole Wheat, Peach Apricot	12 / 57g	G	
047495 491555	13135				X Twin Packs, Fig Bar, Whole Wheat, Raspberry	12 / 57g	G	
047495 121018	13213				X Twin Packs, Fig Bar, Whole Wheat, Strawberry	12 / 57g	G	

**NATURE'S PATH PRODUCTS - UP TO 11% OFF**

058449 181170	25074	GMO	K *	☐	LOVE CRUNCH Cereal, Dark Chocolate Macaroon, Organic (box)	6 / 284g		
058449 181163	25073	GMO	K *	☐	LOVE CRUNCH Cereal, Dark Chocolate Peanut Butter, Organic (box)	6 / 284g		
058449 181156	25072	GMO	K *	☐	LOVE CRUNCH Cereal, Dark Chocolate Red Berries, Organic (box)	6 / 284g		
058449 771784	25032	<del>GMO</del>	K *	☐ X	LOVE CRUNCH, Apple Crumble, Organic (standup pouch)	6 / 325g		
058449 162063	25069	<del>GMO</del>	K * @	☐ X	LOVE CRUNCH, Dark Chocolate & Peanut Butter, Organic (standup pouch)	6 / 325g		
058449 771760	25029	<del>GMO</del>	K * @	☐ X	LOVE CRUNCH, Dark Chocolate & Red Berries, Organic (standup pouch)	6 / 325g		
058449 172116	16789	<del>GMO</del>	K * @	☐ X	LOVE CRUNCH, Dark Chocolate Cinnamon & Cashew, Organic (standup pouch)	6 / 325g		
058449 772019	25055	<del>GMO</del>	K * @	☐ X	LOVE CRUNCH, Dark Chocolate Macaroon, Organic (standup pouch)	6 / 325g		
058449 172130	25071	<del>GMO</del>	K *	☐	LOVE CRUNCH, Double Chocolate Chunk, Organic (standup pouch)	6 / 325g		
058449 182047	22404	GMO	K *	☐	LOVE CRUNCH Granola, Dark Chocolate Macaroon, Organic (EcoPac)	6 / 700g		

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058449 182030	22405	GMO	K *	☐	LOVE CRUNCH Granola, Dark Chocolate, Organic (EcoPac)	6 / 700g	
058449 890003	22612	<del>GMO</del>	WF K *	☐	Granola, HEMP PLUS, Organic (box)	12 / 325g	
058449 160083	55826	<del>GMO</del>	K *	☐	SUNRISE Breakfast Biscuits, Blueberry & Chia (2pk)	6 / 7X25g	
058449 160144	55827	<del>GMO</del>	K *	☐	SUNRISE Breakfast Biscuits, Dark Chocolate & Coconut (2pk)	6 / 7X25g	
058449 160069	55825	<del>GMO</del>	K *	☐	SUNRISE Breakfast Biscuits, Touch of Honey & Chia (2pk)	6 / 7X25g	
058449 173199	16727	<del>GMO</del>	GF *	☐ X	Superfood Snack Bar, Blueberry Cashew Pumpkin Seed, Organic	12 / 38g	G
058449 153108	16725	<del>GMO</del>	GF *	☐ X	Superfood Snack Bar, Dark Chocolate Cranberry Almond, Organic	12 / 38g	G
058449 153269	16729	<del>GMO</del>	GF *	☐ X	Superfood Snack Bar, Nuts & Seeds & Sea Salt, Organic	12 / 38g	G
058449 173175	16726	<del>GMO</del>	GF *	☐ X	Superfood Snack Bar, Roasted Peanut Dark Chocolate, Organic	12 / 38g	G
058449 173229	16728	<del>GMO</del>	GF *	☐ X	Qi'a, Superfood Snack Bar, Mocha Cocoa Hazelnut, Organic	12 / 38g	G
<b>NATURE'S PATH WAFFLES (FROZEN) - \$4.35 OFF</b>							
058449 590576	55702	<del>GMO</del>	GF K *	☐ X	WAFFLES, Buckwheat, Organic	12 / 210g	
058449 590740	55708		K *	☐ X	WAFFLES, Chia Plus, Organic	12 / 210g	
058449 167006	55711	<del>GMO</del>	GF K *	☐ X	WAFFLES, Dark Chocolate Chip, Organic	12 / 210g	
058449 590521	55699	<del>GMO</del>	GF K *	☐ X	WAFFLES, Homestyle, Organic	12 / 210g	
<b>NINETEEN 02 WATER KEFIR (REFRIGERATED) - 10% OFF</b>							
628110 372147	15803		* BC	☐	WATER KEFIR, Blueberry, Organic	12 / 375ml	G U
628110 372130	15800		* BC	☐	WATER KEFIR, Blue Magic, Organic	12 / 375ml	G U
628110 372123	15801		* BC	☐	WATER KEFIR, Lemonade, Organic	12 / 375ml	G U
628110 372116	15802		* BC	☐	WATER KEFIR, Red Raspberry, Organic	12 / 375ml	G U
628110 372109	15804		* BC	☐	WATER KEFIR, The Red Earl, Organic	12 / 375ml	G U
<b>NUMI TEAS - 10% OFF</b>							
680692 101713	12026	<del>GMO</del>	* @		BLACK TEA, Aged Earl Grey, Organic	6 / 18bags	
680692 102215	12966	<del>GMO</del>	* @		BLACK TEA, Breakfast Blend, Organic	6 / 18bags	
680692 101812	12027	<del>GMO</del>	* @		BLACK TEA, Golden Chai, Organic	6 / 18bags	
680692 101195	12021	<del>GMO</del>	* @		GREEN TEA, Gunpowder Green, Organic	6 / 18bags	
680692 101188	12010	<del>GMO</del>	* @		GREEN TEA, Jasmine Green, Organic	6 / 18bags	
680692 103014	13209	<del>GMO</del>	*		GREEN TEA, Toasted Rice, Organic	6 / 18bags	



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680692 111507	12023	GMO	* @	HERBAL TEASAN, Chamomile Lemon, Organic	6 / 18bags	_____
680692 101010	12003	GMO	* @	HERBAL TEASAN, Dry Desert Lime, Organic	6 / 18bags	_____
680692 101034	12005	GMO	*	HERBAL TEASAN, Honeybush, Organic	6 / 18bags	_____
680692 101140	12006	GMO	* @	HERBAL TEASAN, Moroccan Mint, Organic	6 / 18bags	_____
680692 102017	12088	GMO	K * @	HERBAL TEASAN, Rooibos Chai, Organic	6 / 18bags	_____
680692 101126	12004	GMO	*	HERBAL TEASAN, Rooibos, Organic	6 / 18bags	_____

**NUNWEILER'S PRODUCTS - 15% OFF**

067785 010044	02189		K * + ☐	Pancake & Waffle Mix, Whole Grain, Organic	4 / 1kg	_____
067785 010440	02190		K * + ☐	Pancake & Waffle Mix, Buckwheat, Organic	4 / 1kg	_____
067785 011041	02191		K * + ☐	Pancake & Waffle Mix, Buttermilk, Organic	4 / 1kg	_____
067785 010341	02192		K * + ☐	Pancake & Waffle Mix, Spelt, Organic	4 / 1kg	_____
067785 000342	20024		K * + ☐	Spelt Flour, Whole, Organic	4 / 1kg	_____
067785 000243	20042		K * + ☐	All Purpose & Pastry Flour, Organic	4 / 1kg	_____
067785 000441	20037		K * + ☐	Buckwheat Flour, Organic	12 / 1kg	_____
067785 000045	20043		K * + ☐	Whole Wheat Flour, Organic	12 / 1kg	_____
	20038	B	K * + ☐	X Spelt Flour, Whole, Organic	1 / 20kg	_____

**NUTIVA OILS - \$3.90 OFF + VOLUME PRICING**

692752 108938	15209	GMO	GF *	Coconut Oil, Liquid, Organic	6 / 236ml	_____
				<b>Buy 25-74 cases</b>	<b>Save 1.95</b>	_____
				<b>Buy 75+ cases</b>	<b>Save 3.90</b>	_____

**NUTS TO YOU NUT & SEED BUTTERS - UP TO 15% OFF**

068892 324796	42723		K * + ☐	<b>NEW!</b> Peanut Butter, Crunchy, Organic	6 / 750g	_____
068892 324789	42722		K * + ☐	<b>NEW!</b> Peanut Butter, Smooth, Organic	6 / 750g	_____
068892 400407	42368		GW K + ☐	Cashew Butter	12 / 250g	_____
068892 542084	42377	GMO	GW K + ☐	Rainforest Nut Butter with Coconut, Smooth	12 / 250g	_____
068892 324925	42370		GW K + ☐	Cashew Butter	12 / 500g	_____
068892 568022	42378	GMO	GW K + ☐	Rainforest Nut Butter with Coconut, Smooth	12 / 500g	_____

**OATMEGA® GRASS-FED WHEY PROTEIN BARS - 25% OFF**

816926 020295	10233		X	<b>NEW!</b> Protein Bar, Chocolate Coconut	12 / 50g	G	_____
816926 020233	10230	GF	K X	<b>NEW!</b> Protein Bar, Chocolate Peanut	12 / 50g	G	_____
816926 020257	10231		X	<b>NEW!</b> Protein Bar, Chocolate Mint	12 / 50g	G	_____
816926 020288	10232		X	<b>NEW!</b> Protein Bar, Vanilla Almond	12 / 50g	G	_____

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UPC Code    Code    PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052

Order

**OMEGA NUTRITION PRODUCTS - GLUTEN FREE - UP TO \$15.00 OFF**

055358 314002	<b>85028</b>	GF K *	Apple Cider Vinegar, Organic	12 / 355ml	
055358 219505	<b>37237</b>	GF K *	Pumpkin Seed Protein Powder, Organic	6 / 600g	G

**OMEGA NUTRITION PRODUCTS (REFRIGERATED) - GLUTEN FREE - UP TO \$34.08 OFF**

055358 216009	<b>85055</b>	GF K *	Powder, Hi-Lignan Nutri-Flax, Organic	6 / 454g	
055358 114107	<b>85036</b>	GF K *	Bottled Oil, Flax Oil, Organic	12 / 355ml	
055358 350024	<b>85050</b>	GF K *	Coconut Oil, Organic	6 / 454g	
055358 350031	<b>85051</b>	GF K *	Coconut Oil, Organic	6 / 908g	
055358 670009	<b>85048</b>	GF K *	Pumpkin Seed Oil, Organic	12 / 355ml	

**ONE DEGREE CEREALS - \$2.80 OFF**

675625 306013	<b>28126</b>	GMO *	BC ☐	Sprouted Khorasan Honey O's, Organic	6 / 227g	
675625 303029	<b>28117</b>	GMO GF *	BC ☐	Veganic Sprouted Ancient Maize Flakes, Organic	6 / 340g	
675625 305016	<b>28115</b>	GMO GF *	BC ☐	Veganic Sprouted Brown Rice Cacao Crisps, Organic	6 / 284g	
675625 304019	<b>28113</b>	GMO GF *	BC ☐	Veganic Sprouted Brown Rice Crisps, Organic	6 / 227g	

**ONLY OATS PRODUCTS - GLUTEN FREE - 10% OFF**

663780 100096	<b>20124</b>	GMO GF	+ ☐	Whole Grain Pancake Mix	6 / 1kg	
663780 100041	<b>20116</b>	GF	+ ☐	Oat Flour, Wholegrain	6 / 1kg	
663780 100065	<b>20121</b>	GMO GF	+ ☐	Cinnamon Spice Muffin Mix	6 / 1kg	
663780 100034	<b>22198</b>	GF	+ ☐	Quick Flakes	6 / 1kg	
663780 100027	<b>22194</b>	GF	+ ☐	Rolled Oats	6 / 1kg	
663780 100010	<b>22193</b>	GF	+ ☐	Steel Cut Oats	6 / 1kg	

**PAMELA'S PRODUCTS - GLUTEN FREE - \$2.70 OFF**

093709 281023	<b>13221</b>	GF K		Figgies & Jammies, Blueberry & Fig	6 / 255g	
093709 281016	<b>13220</b>	GF K		Figgies & Jammies, Mission Fig	6 / 255g	
093709 281030	<b>13222</b>	GF K		Figgies & Jammies, Raspberry & Fig	6 / 255g	
093709 281047	<b>13223</b>	GF K		Figgies & Jammies, Strawberry & Fig	6 / 255g	
093709 263302	<b>22295</b>	GF K		Whenever Bars, Lemon Blueberry (5ct)	6 / 5x40g	G
093709 264408	<b>22298</b>	GF K		Whenever Bars, Oat Chocolate Chip Coconut (5ct)	6 / 5x40g	G
093709 261100	<b>22297</b>	GF K		Whenever Bars, Oat Cranberry Almond (5ct)	6 / 5x40g	G
093709 262206	<b>22296</b>	GF K		Whenever Bars, Oat Raisin Walnut Spice (5ct)	6 / 5x40g	G

**PAPERCHEF PRODUCTS - UP TO \$2.50 OFF**

628689 700303	<b>47014</b>	K	+	Baking Cups, Parchment Paper, Extra Large, FSC Certified	12 / 30ea	G P
628689 700600	<b>47013</b>		+	Baking Cups, Parchment Paper, Large, FSC Certified	12 / 60ea	G P
628689 700907	<b>47015</b>	K	+	Baking Cups, Parchment Paper, Mini, FSC Certified	12 / 90ea	G P
628689 700105	<b>47012</b>		+	Cooking Bags, Parchment Paper, FSC Certified	12 / 10ea	G P

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628689 700129	21010	K	+		Lotus Cups, FSC Certified	6 / 12ea G P
628689 000014	47011		+		Parchment Paper, FSC Certified (roll) (41 square feet)	12 / 1ea G P
628689 700143	21011	K	+		Tulip Cups, FSC Certified	6 / 12ea G P
<b>PAPOUSANIS OLIVE OIL HAND SOAP BAR - 10% OFF</b>						
5201109 655022	89998				Oliva Pure Olive Oil Hand Soap Bar	6 / 125g G P
<b>PATIENCE FRUIT &amp; CO™ PRODUCTS - 10% OFF</b>						
662166 551224	18229	GMO	*	+ ☐ X	<b>NEW!</b> Whole Dried Cranberries, Apple Juice Sweetened, Organic	15 / 28g G
662166 551323	18231	GMO	*	+ ☐ X	<b>NEW!</b> Classic Blend, Sweetened, Organic (Cranberries, Tart Cherries & Wild Blueberries)	15 / 28g G
662166 551354	18230	GMO	*	+ ☐ X	<b>NEW!</b> Whole Dried Wild Blueberries, Apple Juice Sweetened, Organic	15 / 28g G
662166 551361	18234	GMO	*	+ ☐	<b>NEW!</b> Whole Dried Wild Blueberries, Apple Juice Sweetened, Organic	8 / 85g G
<b>PLUM•M•GOOD™ RICE CAKES - UP TO \$4.85 OFF</b>						
069372 008137	16963	GF	*	BC ☐ X	Brown Rice Cakes, 5 Rice Blend, Organic	12 / 130g
069372 008120	16962	GF	*	BC ☐ X	Brown Rice Cakes with Canadian Wild Rice, Organic	12 / 130g
069372 008113	16961	GF	*	BC ☐ X	Brown Rice Cakes with Chia, Organic	12 / 130g
069372 008106	16960	GF	*	BC ☐ X	Brown Rice Cakes with Quinoa, Organic	12 / 130g
069372 007642	16667	GW	*	BC ☐ X	THINS, Brown Rice Cakes, 5 Rice Blend, Organic	12 / 95g
069372 007666	16668	GW	*	BC ☐ X	THINS, Brown Rice Cakes, Canadian Wild Rice, Organic	12 / 95g
069372 007703	16733	GMO	GF	* BC ☐ X	THINS, Brown Rice Cakes, Chia, Unsalted, Organic	12 / 95g
069372 007741	16735	GMO	GF	* BC ☐ X	THINS, Brown Rice Cakes, Flax, Unsalted, Organic	12 / 95g
069372 007727	16734	GMO	GF	* BC ☐ X	THINS, Brown Rice Cakes, Hemp, Unsalted, Organic	12 / 95g
069372 007307	16610	GF	*	BC ☐ X	THINS, Brown Rice Cakes, Multigrain, Unsalted, Organic	12 / 95g
069372 007628	16666	GW	*	BC ☐ X	THINS, Brown Rice Cakes, Quinoa, Unsalted, Organic	12 / 95g
069372 007208	16609	GF	*	BC ☐ X	THINS, Brown Rice Cakes, Sea-Salt, Organic	12 / 95g
069372 007505	16614	GF	*	BC ☐ X	THINS, Brown Rice Cakes, Sesame, Unsalted, Organic	12 / 95g
069372 007109	16608	GF	*	BC ☐ X	THINS, Brown Rice Cakes, Unsalted, Organic	12 / 95g
069372 002012	16410	WF		BC ☐ X	Lightly Salted Rice Cakes, Natural	12 / 185g

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069372 002111	16445	WF	*	BC	P	X	Lightly Salted Rice Cakes, Natural, Organic	12 / 185g	
069372 002159	16441	WF	*	BC	P	X	Salted Rice Cakes, Multigrain, Organic	12 / 185g	
069372 002173	16446	GMO	WF	*	BC	P	X	Salted Rice Cakes, Sesame, Organic	12 / 185g
069372 001145	16541	GW	*	BC	P	X	Unsalted Rice Cakes, Flax Seed, Organic	12 / 185g	
069372 001114	16450	GMO	WF	*	BC	P	X	Unsalted Rice Cakes, Multigrain, Organic	12 / 185g
069372 001015	16405	WF		BC	P	X	Unsalted Rice Cakes, Natural	12 / 185g	
069372 001046	16425	WF	*	BC	P	X	Unsalted Rice Cakes, Natural, Organic	12 / 185g	
069372 001176	16443	GMO	WF	*	BC	P	X	Unsalted Rice Cakes, Sesame, Organic	12 / 185g

**PRANA® PRODUCTS - UP TO 10% OFF**

877693 003157	26083	GMO	GF	K	*	+	P	X	Coconut Chips, CHARLESTON BBQ, Organic	8 / 100g	G
877693 003133	26082	GMO	GF	K	*	+	P	X	Coconut Chips, HULA Salt & Pepper, Organic	8 / 100g	G
877693 003164	26084	GMO	GF	K	*	+	P	X	Coconut Chips, JIVE Spicy Chilli, Organic	8 / 100g	G
877693 003171	26081	GMO	GF	K	*	+	P	X	Coconut Strips, CLASSIC Original, Organic	8 / 100g	
877693 000125	26104	GMO	GF	K	*	+	P		Trail Mix, ANNAPURNA, Almond Gogi Cranberry Mix, Organic	8 / 150g	G
877693 003065	26063	GMO	GF	K	*	+	P		Trail Mix, FUJI, Premium Salty Mix, Organic	8 / 150g	G
877693 003058	26062	GMO	GF	*		+	P		Trail Mix, KILIMANJARO, Deluxe Chocolate Mix, Organic	8 / 150g	G
877693 003072	26059	GMO	GF	*		+	P		Trail Mix, MACHU PICHU, Exotic Fruit & Nut Mix, Organic	8 / 150g	G
877693 001504	26141		GF	K	*		P		<b>NEW!</b> Raw Cacao Nibs, Organic	6 / 250g	
877693 001498	26143		GF	K	*		P		<b>NEW!</b> Raw Cacao Powder, Organic	6 / 200g	
877693 003034	18161			K	*		P	X	<b>NEW!</b> Goldenberries (Physalis), Organic (S/O)	6 / 170g	
877693 000262	91962			K	*		P	X	<b>NEW!</b> Hazelnuts, Raw, Organic (S/O)	6 / 250g	
877693 001467	91963			K	*		P	X	<b>NEW!</b> Maca Powder, Raw, Organic (S/O)	6 / 200g	
877693 000194	26139			K	*		P	X	<b>NEW!</b> Sultana Raisins, Organic (S/O)	6 / 300g	

**PROBAR NUTRITIONAL FOOD BARS - 10% OFF + VOLUME PRICING**

853152 800680	37525	GMO	GF						X BASE Protein Bar, Cookie Dough	12 / 70g	G
853152 800758	37524	GMO	GF						X BASE Protein Bar, Mint Chocolate	12 / 70g	G
853152 800741	37522	GMO	GF						X BASE Protein Bar, Peanut Butter Chocolate	12 / 70g	G
										<b>Buy 20-39 cases</b>	<b>Save 5%</b>
										<b>Buy 40+ cases</b>	<b>Save 7.5%</b>

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853152 800666	<b>37548</b>	GMO			X Chocolate Coconut Bar	12 / 85g	G	
853152 800529	<b>37356</b>				X Peanut Butter Chocolate Chip Bar	12 / 85g	G	
853152 800079	<b>37191</b>				X Superfood Slam Bar	12 / 85g	G	
853152 800468	<b>37358</b>				X Superfruit Slam - acai Bar	12 / 85g	G	
853152 800024	<b>37192</b>				X Whole Berry Blast Bar	12 / 85g	G	
					<b>Buy 20-39 cases</b>	<b>Save 5%</b>		
					<b>Buy 40+ cases</b>	<b>Save 7.5%</b>		
<b>Q SOFT DRINKS - 20% OFF</b>								
851694 003460	<b>20194</b>	GMO			Ginger Beer	12 / 750ml	G U	
094922 786043	<b>20195</b>	GMO			Tonic Water	12 / 750ml	G U	
<b>QUE PASA TORTILLAS (FROZEN) - GLUTEN FREE - \$1.60 OFF</b>								
068826 310109	<b>54200</b>	GMO	GF K *	BC ☐ X	Tortillas, Volcanic Stone Ground Corn, Organic (12 ct)	12 / 312g		
<b>QUE PASA TORTILLA CHIPS - GLUTEN FREE - UP TO 15% OFF</b>								
068826 186148	<b>37810</b>	GMO	GF *	BC ☐ X	<b>NEW!</b> Tortilla Chips, Ancient Grains, Organic	12 / 300g	G	
068826 045193	<b>37632</b>	GMO	GF K *	BC ☐ X	Artisan Tortilla Chips, Black Bean, Organic	12 / 156g	G	
068826 156059	<b>37630</b>	GMO	GF K *	BC ☐ X	Artisan Tortilla Chips, Purple Corn, Organic	12 / 156g	G	
068826 166164	<b>37720</b>	GMO	GF K *	BC ☐ X	Tortilla Chips, Jalapeno & Lime, Organic	12 / 156g	G	
068826 166171	<b>37721</b>	GMO	GF K *	BC ☐ X	Tortilla Chips, Nacho, Organic	12 / 156g	G	
068826 166188	<b>37722</b>	GMO	GF K *	BC ☐ X	Tortilla Chips, Sweet & Spicy Ranch, Organic	12 / 156g	G	
<b>R.W. KNUDSEN BEVERAGES - UP TO \$6.48 OFF + VOLUME PRODUCTS</b>								
074682 111170	<b>06584</b>		*		Blueberry Pomegranate Juice, Organic	6 / 946ml	U	
074682 111187	<b>06586</b>		*		Cranberry Pomegranate Juice, Organic	6 / 946ml	U	
074682 111125	<b>06583</b>	GMO	*		Concord Grape Juice, Organic	6 / 945ml	U	
074682 111132	<b>06585</b>	GMO	*		Grapefruit Juice, Organic	6 / 945ml	U	
					<b>Buy 15+ cases (Organic Quarts ONLY)</b>	<b>Save 1.56</b>		
074682 128345	<b>06063</b>	GMO			Sparkling Crisp Apple Juice (bottle)	12 / 750ml	G U	
074682 128369	<b>06695</b>	GMO			Sparkling Juice, Cranberry (bottle)	12 / 750ml	G U	
					<b>Buy 20+ cases (CELEBRATION SKUS ONLY)</b>	<b>Save 4.13</b>		
074682 128352	<b>06694</b>	GMO	*		Sparkling Juice, Pear, Organic (bottle)	12 / 750ml	G U	
074682 128376	<b>06738</b>	GMO	*		Sparkling Juice, Apple, Organic (bottle)	12 / 750ml	G U	
					<b>Buy 20+ cases (CELEBRATION SKUS ONLY)</b>	<b>Save 3.77</b>		
074682 123043	<b>06305</b>		*		Pear Juice, Organic	12 / 946ml	U	
					<b>Buy 15+ cases (Organic Quarts ONLY)</b>	<b>Save 3.12</b>		

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074682 123234	<b>06332</b>			Pineapple Coconut Juice	12 / 946ml	U			
074682 123838	<b>06299</b>			Very-Veggie Juice, Low Sodium	12 / 946ml	U			
				<b>Buy 5+ cases (Natural Juices ONLY)</b>	<b>Save 5.76</b>				
074682 510249	<b>07320</b>	*		Tomato Red Bell Pepper, Organic	12 / 946ml	U			
074682 510225	<b>07321</b>	*		Tomato Sriracha, Organic	12 / 946ml	U			
				<b>Buy 10+ cases (TOMATO SKUS ONLY)</b>	<b>Save 5.28</b>				
<b>RAINCOAST TRADING SUSTAINABLY HARVESTED CANNED SEAFOOD - UP TO \$3.60 OFF</b>									
810757 005629	<b>16815</b>	BC	☐	Salmon, Pink, No Salt	12 / 160g				
810757 006626	<b>16817</b>	BC	☐	Salmon, Pink, Skinless/Boneless	12 / 150g				
810757 007623	<b>16816</b>	BC	☐	Salmon, Pink, Smoked & candied w/ organic sugar	12 / 150g				
810757 000624	<b>16814</b>	BC	☐	Salmon, Pink, Traditional	12 / 160g				
<b>REAL BREW HAND CRAFTED PREMIUM SODAS - \$5.52 OFF</b>									
074682 124491	<b>07279</b>			Draft Root Beer (bottle)	6 / 4x355ml				
074682 124460	<b>07277</b>			Outrageous Ginger Ale (bottle)	6 / 4x355ml				
074682 124477	<b>07278</b>			Vanilla Creme Soda (bottle)	6 / 4x355ml				
<b>RIPPLE™ DAIRY-FREE PEA M_ILK (REFRIGERATED) - \$3.96 OFF</b>									
855643 006236	<b>05272</b>	GMO		Pea M_ik, Chocolate	6 / 1.42L				
855643 006212	<b>05270</b>	GMO		Pea M_ik, Original Unsweetened	6 / 1.42L				
855643 006229	<b>05271</b>	GMO		Pea M_ik, Original	6 / 1.42L				
855643 006243	<b>05273</b>	GMO		Pea M_ik, Vanilla	6 / 1.42L				
<b>RISE KOMBUCHA (REFRIGERATED) - GLUTEN FREE - \$1.20 OFF</b>									
818762 000370	<b>15310</b>	GMO	GF	*	+ ☐	Blueberry Maple, Organic	6 / 1L	G	U
818762 000349	<b>15307</b>	GMO	GF	*	+ ☐	Ginger , Organic	6 / 1L	G	U
818762 000363	<b>15308</b>	GMO	GF	*	+ ☐	Hibiscus & Rosehips , Organic	6 / 1L	G	U
818762 000356	<b>15309</b>	GMO	GF	*	+ ☐	Lemongrass, Organic	6 / 1L	G	U
818762 001049	<b>15311</b>	GMO	GF	*	+ ☐	Mint Chlorophyll, Organic	6 / 1L	G	U
818762 001025	<b>15312</b>	GMO	GF	*	+ ☐	Rose & Schizandra, Organic	6 / 1L	G	U
<b>RIZOPIA RICE PASTA - GLUTEN FREE - VOLUME PRICING</b>									
833125 001153	<b>40364</b>	GF	K	*	+ ☐	X Brown Rice Elbows, Organic	12 / 454g		
833125 001108	<b>40365</b>	GF	K	*	+ ☐	X Brown Rice Fantasia fun shapes, Organic	12 / 454g		
833125 001122	<b>40361</b>	GF	K	*	+ ☐	X Brown Rice Fettuccine, Organic	12 / 454g		
833125 001139	<b>40362</b>	GF	K	*	+ ☐	X Brown Rice Fusilli, Organic	12 / 454g		
833125 001146	<b>40363</b>	GF	K	*	+ ☐	X Brown Rice Penne, Organic	12 / 454g		
833125 001115	<b>40360</b>	GF	K	*	+ ☐	X Brown Rice Spaghetti, Organic	12 / 454g		
						<b>Buy 5-9 cases</b>	<b>Save 5%</b>		
						<b>Buy 10-19 cases</b>	<b>Save 10%</b>		
						<b>Buy 20-49 cases</b>	<b>Save 15%</b>		
						<b>Buy 50+ cases</b>	<b>Save 20%</b>		
833125 004154	<b>40369</b>	GF	K	*	+ ☐	X Wild Rice Elbows, Organic	12 / 454g		
833125 004130	<b>40367</b>	GF	K	*	+ ☐	X Wild Rice Fusilli, Organic	12 / 454g		
833125 004147	<b>40368</b>	GF	K	*	+ ☐	X Wild Rice Penne, Organic	12 / 454g		
833125 004116	<b>40366</b>	GF	K	*	+ ☐	X Wild Rice Spaghetti, Organic	12 / 454g		
						<b>Buy 5-9 cases</b>	<b>Save 5%</b>		
						<b>Buy 10-19 cases</b>	<b>Save 10%</b>		
						<b>Buy 20-49 cases</b>	<b>Save 15%</b>		
						<b>Buy 50+ cases</b>	<b>Save 20%</b>		



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UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel, Fax, Product Name, Quantity, and Order status. Includes items like Quinoa Brown Rice Fusilli, Quinoa Brown Rice Penne, Quinoa Brown Rice Spaghetti, Brown Rice Elbows, Brown Rice Fettuccine, Brown Rice Fusilli, Brown Rice Penne, Brown Rice Shells, Brown Rice Spaghetti, Brown Rice Spirals, White Rice Spaghetti, Brown Rice Lasagna, Spinach Rice Spaghetti, and Vegetable Rice Fusilli.

SAN-J PRODUCTS - GLUTEN FREE - 15% OFF

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel, Fax, Product Name, Quantity, and Order status. Includes Hoisin Cooking Sauce and Tamari, Soymeal, Black Label.

SANTA CRUZ ORGANIC JUICES - UP TO \$7.49 OFF

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel, Fax, Product Name, Quantity, and Order status. Includes JUICE, Apple, Organic.

SEAPOINT FARMS EDAMAME (FROZEN) - GLUTEN FREE - \$5.04 OFF

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel, Fax, Product Name, Quantity, and Order status. Includes Edamame (Shelled Soybeans) and Edamame (Soybeans in Pods).

SEASNAX SEAWEED PRODUCTS - GLUTEN FREE - 20% OFF

Table with columns for UPC Code, Code, PSC Toll Free Order #'s, Tel, Fax, Product Name, Quantity, and Order status. Includes BIG GRAB, SeaSnax, Roasted X Seasoned Seaweed, Classic Olive, Organic; BIG GRAB, SeaSnax, Roasted X Seasoned Seaweed, Wasabi, Organic; and BIG GRAB, SeaSnax, Roasted X Seasoned Seaweed, Lime, Organic.

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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
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728028 012217	24083	GMO	GF	*	X SEAWEED, Roasted Olive, Organic	4 / 4x15g	G	
728028 012200	24080	GMO	GF	*	X SEAWEED, Roasted Olive, Organic	16 / 15g	G	
728028 023212	24081	GMO	GF	*	X SEAWEED, Roasted Onion, Organic	16 / 15g	G	

**SEVENTH GENERATION BABY WIPES - 10% OFF**

732913 342242	47036	B	Baby Wipes, Unscented, Litho Box			1 / 384ct	G P	
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**SILK FOR COFFEE CREAMERS (REFRIGERATED) - GLUTEN FREE - \$2.88 OFF**

025293 002630	07251	GMO	GF	Almond Vanilla		12 / 473ml		
025293 003880	07292	GMO	GF K	Almond Hazelnut		12 / 473ml		
025293 004016	07290	GMO	GF K	Coconut Original		12 / 473ml		
025293 004023	07291	GMO	GF K	Coconut Vanilla		12 / 473ml		
025293 600768	06543	GMO	GF K	Soy Original		12 / 473ml		

**SILK CULTURED COCONUT (REFRIGERATED) - GLUTEN FREE - \$2.28 OFF**

025293 003897	52131	GMO	GF K	Cultured Coconut, Unsweetened, Plain		6 / 680g		
025293 003903	52132	GMO	GF K	Cultured Coconut, Unsweetened, Vanilla		6 / 680g		

**SIMPLY ORGANIC PRODUCTS - 15% OFF**

089836 188731	70741				* X Gravy Mix, Brown, Organic (sachets)	12 / 28g		
089836 188755	70751				* X Gravy Mix, Mushroom Sauce, Organic (sachets)	12 / 24g		
089836 188748	70744				* X Gravy Mix, Roasted Chicken, Organic (sachets)	12 / 24g		
089836 188762	70745				* X Gravy Mix, Roasted Turkey, Organic (sachets)	12 / 24g		
089836 200075	70761				* X Gravy Mix, Brown, Vegetarian, Organic (sachets)	12 / 28g		
089836 186188	02156				* Almond Extract, Organic	6 / 59ml		
089836 186201	02157				* Lemon Flavour, Organic (no alcohol)	6 / 59ml		
089836 186218	02158				* Orange Flavour, Organic (no alcohol)	6 / 59ml		
089836 186225	02159				* Peppermint Flavour, Organic (no alcohol)	6 / 59ml		
089836 195302	02326				* Vanilla Extract, Organic (no alcohol)	6 / 59ml		
089836 186232	02154				* Vanilla Extract, Organic	6 / 59ml		
089836 186195	02172				* Almond Extract, Organic	6 / 118ml		
089836 195319	02328				* Vanilla Extract, Organic (no alcohol)	6 / 118ml		
089836 186249	02155				* Vanilla Extract, Organic	6 / 118ml		
089836 200068	70740				* X Seasoning Mix, Pasta Sauce, Alfredo, Organic (sachets)	12 / 42g		
089836 200044	70749	K	*	* X Sweet Basil Pesto, Organic (sachets)		12 / 15g		
089836 192080	70789				* Basil Leaf, c/s Organic (glass bottle)	6 / 15g		



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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052		Order	
089836 192240	<b>70358</b>	*	Cayenne Pepper, Organic (glass bottle)	6 / 71g	
089836 192332	<b>70842</b>	K *	Ceylon Cinnamon, Organic (glass bottle)	6 / 59g	
089836 192257	<b>70359</b>	*	Chili Powder, Organic (glass bottle)	6 / 82g	
089836 192363	<b>70840</b>	K *	Chipotle Ground, Organic (glass bottle)	6 / 75g	
089836 192110	<b>70791</b>	*	Cinnamon, Ground, Organic (glass bottle)	6 / 69g	
089836 192127	<b>70792</b>	*	Cumin Seed, Ground, Organic (glass bottle)	6 / 65g	
089836 192264	<b>70360</b>	*	Curry Powder, Organic (glass bottle)	6 / 85g	
089836 192141	<b>70793</b>	*	Garlic Powder, Organic (glass bottle)	6 / 103g	
089836 192158	<b>70794</b>	*	Ginger Root, Ground, Organic (glass bottle)	6 / 46.5g	
089836 192271	<b>70361</b>	*	Italian Seasoning, Organic (glass bottle)	6 / 22g	
089836 192288	<b>70362</b>	*	Onion, Minced, Organic (glass bottle)	6 / 79g	
089836 192165	<b>70795</b>	*	Oregano Leaf c/s, Organic (glass bottle)	6 / 21g	
089836 192295	<b>70363</b>	*	Paprika Ground, Organic (glass bottle)	6 / 74g	
089836 192097	<b>70796</b>	*	Pepper, Black, Medium, Organic (glass bottle)	6 / 65.5g	
089836 192134	<b>70798</b>	*	Pepper, Red, Crushed, Organic (glass bottle)	6 / 45g	
089836 192196	<b>70801</b>	*	Peppercorn Blend, Organic (glass bottle)	6 / 75g	G
089836 192189	<b>70800</b>	*	Peppercorns, Black, Organic (glass bottle w/adjustable grinder)	6 / 75g	G
089836 192103	<b>70797</b>	*	Peppercorns, Black, Organic (glass bottle)	6 / 75g	
089836 192356	<b>70838</b>	K *	Saffron, Organic (glass bottle)	6 / 0.5g	
089836 192349	<b>70839</b>	K *	Smoked Paprika, Organic (glass bottle)	6 / 77g	
089836 192318	<b>70365</b>	*	Thyme Leaf, Organic (glass bottle)	6 / 31g	
089836 192172	<b>70799</b>	*	Tumeric Root, Ground, Organic (glass bottle)	6 / 67.5g	
089836 188717	<b>70748</b>	*	X Seasoning Mix, Chili, Spicy, Organic (sachets)	12 / 28g	
089836 188700	<b>70750</b>	*	X Seasoning Mix, Chili, Veggie, Organic (sachets)	12 / 33g	
089836 200020	<b>70742</b>	*	X Seasoning Mix, Fajita, Organic (sachets)	12 / 28g	

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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order	
089836 200037	<b>70763</b>	K *	X	Seasoning Mix, Spicy Taco, Organic (sachets)	12 / 32.04g	
089836 200013	<b>70747</b>	*	X	Seasoning Mix, Taco, Organic (sachets)	12 / 32g	
<b>SKINNY POP® POPCORN MINI CAKES - GLUTEN FREE - 25% OFF</b>						
816925 020340	<b>38951</b>	GMO GF K	X	<b>NEW!</b> Popcorn Mini Cakes, Cinnamon & Sugar	12 / 142g	G
816925 020357	<b>38950</b>	GMO GF K	X	<b>NEW!</b> Popcorn Mini Cakes, Sea Salt	12 / 142g	G
816925 020333	<b>38952</b>	GMO GF K	X	<b>NEW!</b> Popcorn Mini Cakes, Sharp Cheddar	12 / 142g	G
<b>SNOW FARMS DRIED FRUIT™ - 15% OFF</b>						
628451 711148	<b>18250</b>		BC ☐	Whole Dried Tart Cherries, sweetened	6 / 120g	G
628451 711049	<b>18251</b>		BC ☐	Whole Dried Blueberries, sweetened	6 / 120g	G
628451 711032	<b>18252</b>		BC ☐	Dried Cranberries, sweetened	6 / 120g	G
<b>SO DELICIOUS COCONUT MILK BEVERAGES - \$3.36 OFF + VOLUME PRICING</b>						
744473 292103	<b>05996</b>	GMO *		COCONUT MILK, Beverage, Original, Asceptic, Organic	12 / 946ml	
744473 292059	<b>05995</b>	GMO *		COCONUT MILK, Beverage, Unsweetened, Asceptic, Organic	12 / 946ml	
744473 292042	<b>05994</b>	GMO *		COCONUT MILK, Beverage, Vanilla, Asceptic, Organic	12 / 946ml	
<b>Buy 25+ cases</b>					<b>Save 1.08</b>	
<b>SO DELICIOUS NON-DAIRY DESSERTS (FROZEN) - GLUTEN FREE - \$4.48 OFF + VOLUME PRICING</b>						
744473 270217	<b>55302</b>	GMO GF K	X	COCONUT MILK DESSERT, Chocolate	8 / 500ml	
744473 270460	<b>55314</b>	GMO GF K	X	COCONUT MILK DESSERT, Cookie Dough	8 / 500ml	
744473 270118	<b>55299</b>	GMO GF K	X	COCONUT MILK DESSERT, Vanilla Bean	8 / 500ml	
<b>Buy 25+ cases</b>					<b>Save 1.44</b>	
744473 299973	<b>52118</b>	GMO GF K	X	COCOWHIP, Coconut Whipped Topping, Original	12 / 266ml	
744473 276110	<b>55374</b>	GMO GF K	X	CASHEW MILK DESSERT, Creamy Cashew	8 / 500ml	
744473 276219	<b>55376</b>	GMO GF K	X	CASHEW MILK DESSERT, Dark Chocolate Truffle	8 / 500ml	
744473 276134	<b>55375</b>	GMO GF K	X	CASHEW MILK DESSERT, Salted Caramel Cluster	8 / 500ml	
744473 000685	<b>55437</b>	GMO GF K	X	Cashew Frozen Dessert, Cinnamon Cookie Dough	8 / 500ml	
744473 000678	<b>55438</b>	GMO GF K	X	Cashew Frozen Dessert, Creamy Chocolate	8 / 500ml	
744473 000661	<b>55439</b>	GMO GF K	X	Cashew Frozen Dessert, Simply Vanilla	8 / 500ml	

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UPC Code    Code    PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052

Order

**SO NICE SOY BEVERAGES - \$2.01 OFF**

626027 087635	06512	K *	+ ☐	SOY, Beverage, Chocolate, Fortified, Organic	8 / 3x250ml	_____
626027 087604	06510	K *	+ ☐	SOY, Beverage, Original, Fortified, Organic	8 / 3x250ml	_____
626027 087611	06511	K *	+ ☐	SOY, Beverage, Vanilla, Fortified, Organic	8 / 3x250ml	_____

**SOBAYA PASTAS - 15% OFF**

057443 307029	30160	K *	+	Soba, Kamut and Buckwheat, Organic	12 / 230g	_____
057443 309023	30169	K *	+	Soba, Spelt and Buckwheat, Organic	12 / 230g	_____
057443 302024	30130	K *	+	Soba, Wheat and Buckwheat, Organic	12 / 230g	_____
057443 401017	30140	K	+	Soba, Wheat and Buckwheat	12 / 454g	_____
057443 307043	30161	K *	+	Udon, Kamut, Organic	12 / 230g	_____
057443 309047	30154	K *	+	Udon, Spelt, Organic	12 / 230g	_____

**STAHLBUSH ISLAND FARMS VEGETABLES (FROZEN) - \$3.60 OFF**

638882 000889	54563	GMO	K	X Beet Slices (bag)	12 / 284g	_____
638882 000506	54026	GMO	K	X Broccoli Florets (bag)	12 / 298g	_____
638882 210806	54011	GMO	K	X Butternut Squash, Diced (bag)	12 / 397g	_____
638882 000919	54564	GMO		X Chopped Curly Kale (bag)	12 / 284g	_____
638882 000704	54052	GMO		X Classic Mixed Vegetables (bag)	12 / 283g	_____
638882 000902	54565	GMO		X Cool Cauliflower, Tri Coloured Florets (bag)	12 / 300g	_____
638882 000520	54012	GMO	K	X Corn, Super Sweet (bag)	12 / 340g	_____
638882 000940	54687	GMO	K	X Corn, Tri-Coloured Whole Kernel (bag)	12 / 350g	_____
638882 000537	54207	GMO		X Green Beans, Cut (bag)	12 / 300g	_____
638882 000544	54010	GMO	K	X Green Peas (bag)	12 / 340g	_____
638882 000612	54061	GMO		X Spinach, Cut (bag)	12 / 283g	_____
638882 125773	54027	GMO	K	X Sweet Potato, Diced (bag)	12 / 298g	_____
638882 000926	54688	GMO	K	X Sweet Potatoes, Colourful (bag)	12 / 300g	_____
638882 000896	54566	GMO	K	X Tri Coloured Carrots (bag)	12 / 300g	_____

**STASH TEAS - UP TO \$1.39 OFF + VOLUME PRICING**

077652 772319	13224	GMO	K	Black Tea & Mate, Power Breakfast	6 / 18bags	_____
077652 083132	13158	GMO	K	Black Tea, Breakfast in Paris	6 / 18bags	_____
077652 082548	13090	GMO	K	Black Tea, Chai Spice	6 / 20bags	_____
077652 082098	13091	GMO	K	Black Tea, Double Bergamot Earl Grey	6 / 18bags	_____
077652 082654	13092	GMO	K	Black Tea, Double Spice Chai	6 / 18bags	_____
077652 082272	13093	GMO	K	Black Tea, Earl Grey	6 / 20bags	_____
077652 082289	13124	GMO	K	Black Tea, English Breakfast	6 / 20bags	_____
077652 082111	13169	GMO	K	Black Tea, White Chocolate Mocha	6 / 18bags	_____
077652 082791	13094	GMO	K	Decaf Tea, Chai Spice	6 / 18bags	_____
077652 082432	13095	GMO	K	Decaf Tea, Chocolate Hazelnut	6 / 18bags	_____
077652 082777	13096	GMO	K	Decaf Tea, Earl Grey	6 / 18bags	_____
077652 082784	13097	GMO	K	Decaf Tea, English Breakfast	6 / 18bags	_____
077652 082593	13098	GMO	K	Decaf Tea, Premium Green	6 / 18bags	_____

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UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
077652 082692	<b>13099</b>	K	Decaf Tea, Vanilla Chai	6 / 18bags	_____
077652 082753	<b>13100</b> GMO	K	Decaf Tea, Vanilla Nut Crème	6 / 18bags	_____
077652 082524	<b>13103</b> GMO	K	Green Tea, Chai Green	6 / 20bags	_____
077652 083651	<b>13102</b> GMO	K	Green Tea, Ginger Peach Green w/ Matcha	6 / 18bags	_____
077652 082241	<b>13123</b> GMO	K	Green Tea, Jasmine Blossom	6 / 20bags	_____
077652 082371	<b>13127</b>	K	Green Tea, Mojito Mint w/ Matcha	6 / 18bags	_____
077652 082357	<b>13104</b> GMO	K	Green Tea, Moroccan Mint	6 / 20bags	_____
077652 083668	<b>13105</b>	K	Green Tea, Pomegranate Raspberry Green w/ Matcha	6 / 18bags	_____
077652 082296	<b>13106</b> GMO	K	Green Tea, Premium Green	6 / 20bags	_____
077652 082333	<b>13079</b>	K	Herbal & Black Tea, Salted Caramel Mate	6 / 18bags	_____
077652 772197	<b>10087</b>	K	Herbal Tea & Mate, Ginger Fire Chai	6 / 18bags	_____
077652 083392	<b>13107</b> GMO	K	Herbal Tea, Acai Berry	6 / 18bags	_____
077652 082661	<b>12328</b> GMO	K	Herbal Tea, Blueberry Superfruit	6 / 20bags	_____
077652 082210	<b>13108</b> GMO	K	Herbal Tea, Chamomile	6 / 20bags	_____
077652 082418	<b>13109</b> GMO	K	Herbal Tea, Chamomile Nights	6 / 20bags	_____
077652 082395	<b>13110</b> GMO	K	Herbal Tea, Cinnamon Apple Chamomile	6 / 20bags	_____
077652 082494	<b>13111</b>	K	Herbal Tea, Lemon Ginger	6 / 20bags	_____
077652 082258	<b>13112</b> GMO	K	Herbal Tea, Licorice Spice	6 / 20bags	_____
077652 082562	<b>13113</b>	K	Herbal Tea, Mango Passionfruit	6 / 20bags	_____
077652 082449	<b>13115</b>	K	Herbal Tea, Meyer Lemon	6 / 20bags	_____
077652 772104	<b>10088</b> GMO	K	Herbal Tea, Minty Licorice Delight	6 / 18bags	_____
077652 082227	<b>13116</b> GMO	K	Herbal Tea, Peppermint	6 / 20bags	_____
077652 083613	<b>13155</b>	K	Herbal Tea, Red Velvet	6 / 18bags	_____
077652 088199	<b>13089</b>	K	Herbal Tea, Sampler, 9 Flavours	6 / 18bags	_____
077652 083095	<b>13156</b> GMO	K	Herbal Tea, Spice Dragon Red Chai	6 / 18bags	_____
077652 082708	<b>13117</b>	K	Herbal Tea, Strawberry Pomegranate	6 / 18bags	_____
077652 772173	<b>13226</b>	K	Herbal Tea, Sunny Orange Ginger	6 / 18bags	_____
077652 772883	<b>13225</b> GMO	K	Herbal Tea, Super Mint	6 / 18bags	_____
077652 083538	<b>13121</b> GMO	K	Oolong Tea, Chocolate Mint Wuyi Oolong	6 / 20bags	_____
077652 083552	<b>13122</b>	K	Oolong Tea, Coconut Mango Wuyi Oolong	6 / 20bags	_____
			<b>Buy 60+ cases</b>	<b>Save 1.24</b>	_____
077652 084818	<b>13119</b>	K	Holiday Herbal Tea, Cinnamon Vanilla	6 / 18bags	_____
077652 084825	<b>13120</b> GMO	K	Holiday Herbal Tea, Cranberry Pomegranate	6 / 18bags	_____
			<b>Buy 30+ cases</b>	<b>Save 1.39</b>	_____

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**STELLA'S PEROGIES & RAVIOLIS (FROZEN) - GLUTEN FREE - 10% OFF**

878431 000049	30351	GF	+	☐ X	Perogies, Cheddar Cheese	12 / 520g	
878431 000070	30352	GF	+	☐ X	Perogies, Cottage Cheese & Chive	12 / 520g	
878431 000032	30350	GF	+	☐ X	Perogies, Dairy Free Cheddar Style	12 / 520g	
878431 000018	30348	GF	+	☐ X	Perogies, Just Potato	12 / 520g	
878431 000025	30349	GF	+	☐ X	Perogies, Onion & Garlic	12 / 520g	
878431 000124	30355	GF	+	☐ X	Ravioli, Spinach & Cheese	12 / 375g	

**SUPERIOR TOFUS (REFRIGERATED) - \$1.06 OFF**

777433 001064	40322	GMO	K *	BC ☐	Tofu, Extra Firm, Organic	12 / 350g	
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**SYNERGY ORGANICS DENTAL CARE PRODUCTS - 10% OFF**

874321 000021	81017	BC ☐	<b>NEW!</b> Fresh Kiss All Natural Mouthwash, Citrus			12 / 250ml	G P	
874321 000038	80554	BC ☐	<b>NEW!</b> Sexy Mouth All Natural Mouthwash, Lavender Spice			12 / 250ml	G P	
874321 000069	81018	BC ☐	<b>NEW!</b> Sexy Mouth Breath Spray, Lavender Spice			20 / 10ml	G P	
874321 000199	81019	BC ☐	<b>NEW!</b> Fresh Kiss Breath Spray, Citrus			20 / 10ml	G P	

**TASTE NIRVANA COCONUT WATERS - \$3.28 OFF**

011259 906357	05928	GMO	Coco Matcha, Coconut Water X w/ Matcha Green Tea (glass bottle)			12 / 280ml	U	
011259 906340	05929	GMO	Coco Passion, Coconut Water X w/ Passion Fruit Juice & Seeds (glass bottle)			12 / 280ml	U	
011259 806862	05920	GF	X Coconut Water (glass bottle)			12 / 280ml	U	
011259 806886	05921	GF	X Coconut Water With Pulp (glass bottle)			12 / 280ml	U	
011259 801133	05922	GF	X Coco-Aloe (glass bottle)			12 / 280ml	U	

**TASTY BITE PRODUCTS - 15% OFF**

782733 015017	38741	K	X Kung Pao Noodles (microwavable pouch)			6 / 250g		
782733 015055	38743	K	X Mushroom Lo Mein Noodles (microwavable pouch)			6 / 250g		
782733 015062	38744	K	X Pad Thai Noodles (microwavable pouch)			6 / 250g		
782733 015031	38742	K	X Toasted Sesame Noodles (microwavable pouch)			6 / 250g		
782733 000099	38241	GMO	K	X Bengal Lentils (microwavable pouch)			6 / 285g	
782733 000013	38231	GMO	K	X Bombay Potatoes (microwavable pouch)			6 / 285g	
782733 000266	38711	GMO	K	X Channa Masala (microwavable pouch)			6 / 285g	
782733 000051	38236	K	X Jaipur Vegetables (microwavable pouch)			6 / 285g		
782733 000037	38233	K	X Kashmir Spinach (microwavable pouch)			6 / 285g		

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782733 000020	<b>38232</b>	K	X Madras Lentils (pouches)	6 / 285g	_____
782733 000044	<b>38234</b> <del>GMO</del>	K	X Punjab Eggplant (microwavable pouch)	6 / 285g	_____
782733 000259	<b>38712</b>	K	X Vegetable Korma (microwavable pouch)	6 / 285g	_____
782733 000341	<b>37697</b>	K	X Vegetable Tikka Masala (microwavable pouch)	6 / 285g	_____
782733 010043	<b>38787</b> <del>GMO</del>	K	X Thai Penang Ginger Curry (microwavable pouch)	6 / 285g	_____
782733 010012	<b>38789</b> <del>GMO</del>	K	X Thai Vegetable Peanut (microwavable pouch)	6 / 285g	_____
782733 012139	<b>38781</b> <del>GMO</del>	K *	X Heat & Serve, Rice, Basmati Rice, Organic (pouches)	6 / 250g	_____
782733 012115	<b>38779</b> <del>GMO</del>	K *	X Heat & Serve, Rice, Brown Rice, Organic (pouches)	6 / 250g	_____
782733 311119	<b>37695</b> <del>GMO</del>	K	X Heat & Serve, Rice, Brown w/Lentils with Herbs (pouch)	6 / 250g	_____
782733 012184	<b>37696</b> <del>GMO</del>	K *	X Heat & Serve, Rice, Steamed, Long Grain White, Organic (pouch)	6 / 250g	_____
782733 012061	<b>38766</b> <del>GMO</del>	K *	X Heat & Serve, Rice, Tandoori, Organic (pouches)	6 / 250g	_____
782733 012085	<b>38778</b> <del>GMO</del>	K *	X Heat & Serve, Rice, Thai Lime, Organic (pouches)	6 / 250g	_____
<b>THAI KITCHEN PRODUCTS - 15% OFF</b>					
737628 060504	<b>14424</b>	GF	Coconut Milk, Premium (can)	24 / 160ml	_____
737628 011605	<b>14931</b>	GF	Coconut Milk, Lite (can)	12 / 400ml	_____
737628 011506	<b>14930</b>	GF	Coconut Milk, Premium (can)	12 / 400ml	_____
737628 082506	<b>14932</b>	GF *	Coconut Milk, Lite, Organic (can)	12 / 400ml	_____
737628 079506	<b>14933</b>	GF *	Coconut Milk, Premium, Organic (can)	12 / 400ml	_____
737628 001002	<b>14694</b>	GF	Fish Sauce	12 / 200ml	_____
737628 005000	<b>14954</b>	GF	Peanut Satay Sauce, Original Recipe	12 / 227ml	_____
737628 004003	<b>14950</b>	GF	Green Curry Paste	12 / 112g	_____
737628 010936	<b>14957</b>	GF	Massaman Curry Paste	12 / 225g	_____
737628 003006	<b>14952</b>	GF	Red Curry Paste	12 / 112g	_____
737628 006007	<b>14956</b>	GF	Roasted Red Chili Paste	12 / 112g	_____
737628 012008	<b>14944</b>	WF	Yellow Curry Paste	12 / 112g	_____
737628 025251	<b>30303</b>	GF	Jasmine Rice Stirfry Noodles	12 / 198g	_____
737628 025602	<b>30302</b>	GF	Pad Thai Stir Fry (Rice Noodles & Sauce)	12 / 170g	_____
737628 064502	<b>30316</b>	GF	Thai Peanut Stir Fry (Rice Noodles & Sauce)	12 / 155g	_____
<b>THE GINGER PEOPLE GINGER CONFECTIONS - GLUTEN FREE - UP TO \$8.59 OFF + VOLUME PRICING</b>					
734027 903555	<b>13236</b>	GF *	X Gin Gins, Arjuna Ginger Bar, Organic	16 / 35g	G _____
			<b>Buy 15-29 cases</b>	<b>Save 5%</b>	_____
			<b>Buy 30+ cases</b>	<b>Save 10%</b>	_____

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734027 905085	35199	GF		Gin Gins Ginger Spice Drops	24 / 100g	G
				<b>Buy 15-29 cases</b>	<b>Save 5%</b>	
				<b>Buy 30+ cases</b>	<b>Save 10%</b>	
734027 905054	35024	GF		Gin Gins Hard Candy	24 / 84g	G
734027 905023	35021	GF		Gin Gins, Chewy Ginger Candy, Original (bag)	24 / 84g	G
				<b>Buy 15-29 cases</b>	<b>Save 5%</b>	
				<b>Buy 30+ cases</b>	<b>Save 10%</b>	
734027 905016	35020	GF		Ginger, Crystallized	24 / 100g	G
				<b>Buy 15-29 cases</b>	<b>Save 5%</b>	
				<b>Buy 30+ cases</b>	<b>Save 10%</b>	
734027 905092	35299	GMO GF		Ginger Chunks Candy, Bare, Uncrystallized	12 / 100g	G
				<b>Buy 15-29 cases</b>	<b>Save 5%</b>	
				<b>Buy 30+ cases</b>	<b>Save 10%</b>	
<b>TOFURKY MEAT ALTERNATIVES (REFRIGERATED) - 15% OFF</b>						
025583 006164	56025	GMO	K	Artisan Sausages, Andouille	12 / 397g	
025583 006171	56026	GMO	K	Artisan Sausages, Spinach Pesto	12 / 397g	
025583 006119	57077		K	Beer Brats	12 / 397g	
025583 006126	57078	GMO	K	Italian Sausage	12 / 397g	
025583 006133	57079	GMO	K	Kielbasa	12 / 397g	
<b>TRADITIONAL MEDICINALS TEAS - \$1.80 OFF</b>						
032917 101792	12169	GMO	K * @	Chamomile w/Lavender Tea, Organic	6 / 20bags	
032917 100566	12171	GMO	K * @	Chamomile, Organic	6 / 20bags	
032917 101631	12199	GMO	K * @	Cup of Calm, Organic	6 / 20bags	
032917 101945	12984	GMO GF	K *	Fennel, Organic	6 / 20bags	
032917 101518	12187	GMO	K * @	Ginger w/Chamomile, Organic	6 / 20bags	
032917 101730	12103	GMO	K * @	Ginger, Organic	6 / 20bags	
032917 100887	12186	GMO	K * @	Green Tea w/Ginger, Organic	6 / 20bags	
032917 000781	12174	GMO	K * @	Green Tea w/Lemongrass, Organic	6 / 20bags	
032917 102010	13251	GMO GF	K * @	Green Tea w/ Peppermint, Organic	6 / 20bags	
032917 101853	30109	GMO	K * @	Heart Tea w/Hawthorn Hibiscus, Organic	6 / 20bags	
032917 101952	12985	GMO GF	K * @	Hibiscus, Organic	6 / 20bags	
032917 101914	12983	GMO GF	K *	Lemon Balm, Organic	6 / 20bags	
032917 101808	12244	GMO	K *	Licorice Root, Organic	6 / 20bags	
032917 101815	12249	GMO	K *	Nettle Leaf, Organic	6 / 20bags	
032917 100528	12173	GMO	K *	Peppermint, Organic	6 / 20bags	
032917 000798	12143	GMO	K *	Raspberry Leaf, Organic	6 / 20bags	
032917 101754	12104	GMO	K *	Roasted Dandelion Root, Organic	6 / 20bags	
032917 101747	12106	GMO	K * @	Spearmint, Organic	6 / 20bags	
032917 101662	12155	GMO	K * @	Weightless Tea, Organic	6 / 20bags	

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**TWO BEARS HANDCRAFTED COLD BREW COFFEES - \$1.75 OFF**

627843 482635	10071		+	X	Cold Brew Coffee, Hazelnut Sea Salt	6 / 295ml	U	
627843 482659	10085		+	X	Cold Brew Coffee, Maple Pecan	6 / 295ml	U	
627843 482581	10084		+	X	Cold Brew Coffee, Mint Chocolate	6 / 295ml	U	
627843 482574	10065		+	X	Cold Brew Coffee, Original	6 / 295ml	U	
627843 482611	10072		+	X	Cold Brew Coffee, Sweet Cacao	6 / 295ml	U	

**UDI'S™ PRODUCTS (FROZEN) - GLUTEN FREE - UP TO \$4.00 OFF**

698997 809579	54286	GF	K	X	Bagels, Cinnamon Raisin (4ct)	8 / 395g		
698997 809647	54285	GF	K	X	Bagels, Whole Grain (5ct)	8 / 395g		
698997 809258	54349	GF	K	X	Bread, Cinnamon Raisin	8 / 340g		
698997 809944	55042	GF	K	X	Bread, Millet Chia Loaf	8 / 404g		
698997 809968	55057	GF	K		Bread, Omega-3 Flax	8 / 406g		
698997 809104	54287	GF	K	X	Bread, White Sandwich	8 / 340g		
698997 809166	54288	GF	K	X	Bread, Wholegrain	8 / 340g		
698997 806981	54547	GF	K	X	Bread, French Baguettes (2ct)	6 / 240g		
698997 807179	54526	GF	K	X	Tortillas, Large 9" (6ct)	10 / 432g		
698997 809180	55037	GF		X	COOKIES, Chocolate Chip	8 / 226g		
698997 809173	54289	GF	K	X	Pizza Crusts (2ct)	8 / 227g		
698997 806257	54544	GF		X	Pizza, Margherita	6 / 284g		
698997 806233	55077	GF		X	Pizza, Pepperoni	6 / 286g		
698997 806240	54543	GF		X	Pizza, Three Cheese	6 / 284g		

**UDI'S™ GLUTEN FREE COOKIES - GLUTEN FREE - \$3.00 OFF**

698997 807735	55034	GF		X	Cookies, Maple Pecan Chocolate Chip	6 / 261g		
698997 807742	55033	GF		X	Cookies, Salted Caramel Cashew	6 / 261g		

**VEGETARIAN GOURMET ARTISAN VEGAN BURGERS (FROZEN) - GLUTEN FREE - \$5.04 OFF**

627843 517436	54644	GF	+	☐ X	Artisan Vegan Burgers, Sweet Potato and Black Bean (4-pk)	12 / 400g		
627843 517412	54596	GF	+	☐ X	Lentil & Walnut Burger (4 pk)	12 / 400g		
627843 517375	54594	GF	+	☐ X	Quinoa & Chickpea Burger (4 pk)	12 / 400g		

**WELO™ PROBIOTIC DRINKS (REFRIGERATED) - 10% OFF**

628110 014061	01027		+	☐ X	FERMENTS, Living Turmeric	6 / 350ml	U	
628110 014078	01028		+	☐ X	FERMENTS, Living Ginger	6 / 350ml	U	
628110 014085	01029		+	☐ X	FERMENTS, Living Lemongrass	6 / 350ml	U	

**WELO™ PROBIOTIC BARS - 10% OFF**

628110 014009	10091	K	+	☐ X	PROBIOTIC Bar, Chocolate Bar	12 / 40g	G	
628110 014016	10092	K	+	☐ X	PROBIOTIC Bar, Coconut Cashew	12 / 40g	G	
628110 014023	10093	K	+	☐ X	PROBIOTIC Bar, Matcha Almond	12 / 40g	G	

**WHOLESOME PRODUCTS - UP TO \$8.89 OFF**

012511 871338	44235	GMO		K * @	Vanilla Frosting, Organic (ready-to-use)	6 / 354g		
012511 871314	44236	GMO		K * @	Chocolate Frosting, Organic (ready-to-use)	6 / 354g		
<b>Buy 20+ cases</b>						<b>Save</b>	<b>2.27</b>	



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012511 971069	44158	GMO	GF K * @	COCONUT PALM SUGAR, Organic 6 / 454g <b>Buy 20+ cases Save 1.19</b>
012511 320041	44018	GMO	GF K * @	ICING SUGAR, Powdered , Organic 6 / 454g <b>Buy 20+ cases Save 0.92</b>
012511 446529	44037	GMO	GF K * @	SUGAR, Dark Brown, Organic 6 / 680g
012511 446413	44036	GMO	GF K * @	SUGAR, Light Brown, Organic 6 / 680g <b>Buy 20+ cases Save 1.06</b>
012511 444716	44029	GMO	GF K * @	SUGAR, Turbinado, Organic 6 / 680g <b>Buy 20+ cases Save 0.59</b>
012511 406004	44127	GMO	GF K * @	SUGAR, Organic 6 / 907g <b>Buy 20+ cases Save 1.21</b>
012511 470715	44198	GMO	GF K @	SUGAR, Cane, Raw 6 / 680g <b>Buy 20+ cases Save 0.97</b>
012511 600006	44072	GMO	GF K * @	MOLASSES, Blackstrap, Organic 12 / 662g <b>Buy 20+ cases Save 2.30</b>
012511 700003	44199	GMO	GF K * @	MOLASSES, Blackstrap, Organic 6 / 1.33kg <b>Buy 20+ cases Save 1.63</b>
012511 976354	44157	GMO	GF K *	STEVIA, Organic (35 individual packets) 6 / 35g <b>Buy 20+ cases Save 0.92</b>
012511 976750	44159	GMO	GF K *	STEVIA, Organic 6 / 75g <b>Buy 20+ cases Save 1.68</b>
012511 976064	44182	GMO	GF K *	STEVIA, Organic (jar) 6 / 120g <b>Buy 20+ cases Save 1.84</b>
012511 476441	44112		GF K * @	BLUE AGAVE NECTAR, Raw, Organic 6 / 900ml <b>Buy 20+ cases Save 2.66</b>
012511 471217	44091	GMO	GF K * @	BLUE AGAVE NECTAR, Organic 6 / 240ml
012511 473129	44092	GMO	GF K * @	BLUE AGAVE NECTAR, Raw, Organic 6 / 240ml <b>Buy 20+ cases Save 1.14</b>
012511 472313	44093	GMO	GF K * @	BLUE AGAVE NECTAR, Organic 6 / 480ml
012511 473235	44094		GF K * @	BLUE AGAVE NECTAR, Raw, Organic 6 / 480ml <b>Buy 20+ cases Save 1.64</b>
012511 470319	44197	GMO	GF K * @	SUGAR, Organic 6 / 454g <b>Buy 20+ cases Save 0.76</b>
<b>WILD COUNTRY HONEYS - UP TO \$26.28 OFF</b>				
621234 600226	44252		+ ☐	Buckwheat Honey, Canada #1 Amber 12 / 1kg
621234 600219	44251		* + ☐	Creamed Honey, Unpasteurized Canada #1 White, Organic 12 / 1kg
621234 600257	44253		+ ☐	Raw Honey, Unpasteurized Canada #1 White 12 / 1kg

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Order

**WILDBRINE FERMENTED CONDIMENTS & PROBIOTIC LIVE SHOTS (REFRIGERATED) - UP TO 20% OFF**

858159 002785	<b>32237</b>	GMO	K *	Coleslaw, Organic	6 / 500ml	
858159 002068	<b>32157</b>	GMO	GF	Kimchi, Korean	6 / 500ml	
858159 002082	<b>32159</b>	GMO		Salsa, Fermented Salsa Rojo	6 / 510ml	
858159 002778	<b>32239</b>	GMO		Sriracha Sauce, Smoky Jalapeno	8 / 241g	
858159 002716	<b>32238</b>	GMO		Sriracha Sauce, Spicy Kimchi	8 / 241g	
858159 002938	<b>32240</b>	GMO		LIVE SHOTS, Beet Dill	6 / 237ml	U
858159 002709	<b>32241</b>	GMO		LIVE SHOTS, Smoky Kale	6 / 237ml	U

**YOFIIT CHICKPEA BEVERAGE - 10% OFF**

859100 001215	<b>07324</b>		+	Chickpea Beverage, Unsweetened	12 / 946ml	
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**YOGI BEVERAGE TEAS - VOLUME PRICING**

076950 203471	<b>12945</b>		K *	Calming Tea, Organic	6 / 16bags	
076950 615335	<b>12677</b>	GMO	K *	Chai Rooibos Tea, Organic	6 / 16bags	
076950 615144	<b>12339</b>	GMO	K *	CLASSIC INDIA SPICE Tea, Organic	6 / 16bags	
076950 203464	<b>12947</b>		K	DeTox Tea, Lemon	6 / 16bags	
076950 615274	<b>12722</b>	GMO	K *	EGYPTIAN LICORICE MINT Tea, Organic	6 / 16bags	
076950 615168	<b>12720</b>	GMO	K *	EGYPTIAN LICORICE Tea, Organic	6 / 16bags	
076950 650114	<b>12670</b>	GMO	K *	Ginger Tea, Organic	6 / 16bags	
076950 203518	<b>12943</b>		K	Green Tea, Citrus Slim	6 / 16bags	
076950 650213	<b>12652</b>		K	Green Tea, Kombucha	6 / 16bags	
076950 650374	<b>12711</b>		K	Green Tea, Kombucha Decaf	6 / 16bags	
076950 650411	<b>12713</b>	GMO	K *	Green Tea, PURE GREEN DECAF, Organic	6 / 16bags	
076950 650428	<b>12714</b>	GMO	K *	Green Tea, PURE GREEN, Organic	6 / 16bags	
076950 650268	<b>12656</b>		K	Green Tea, Triple Echinacea	6 / 16bags	
076950 206427	<b>13312</b>	GMO	*	Herbal Tea, Original, Organic	6 / 16bags	
076950 650176	<b>12671</b>		K	Lemon Ginger Tea	6 / 16bags	
076950 203488	<b>12944</b>	GMO	K *	Restful Sleep Tea, Organic	6 / 16bags	
076950 205727	<b>13309</b>	GMO	K *	Roasted Dandelion Spiced Detox, Organic	6 / 16bags	
076950 203501	<b>12946</b>	GMO	K *	Throat Comfort Honey Lemon Tea, Organic	6 / 16bags	
076950 205710	<b>13310</b>	GMO	K *	Tulsi Spiced Berry Cough and Cold Relief, Organic	6 / 16bags	
					<b>Buy 20+ cases</b>	<b>Save 2.00</b>

**ZAZUBEAN CHOCOLATE BARS - 10% OFF**

872227 000367	<b>14742</b>		* @ ☐ X	<b>NEW! PUNCH, Pineapple &amp; Coconut, Coconut Milk Chocolate w/Coconut Sugar, 55% Cacao, Organic</b>	12 / 85g	G
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**ZEVIA® STEVIA SWEETENED BEVERAGES - GLUTEN FREE - VOLUME PRICING**

849429 001249	07158	GMO	GF K	Soda, Black Cherry, Natural (can)	4 / 6x355ml	G U	
849429 001201	07106	GMO	GF K	Soda, Cola, Natural (can)	4 / 6x355ml	G U	
849429 001287	07111	GMO	GF K	Soda, Cream Soda, Natural (can)	4 / 6x355ml	G U	
849429 001256	07110	GMO	GF K	Soda, Ginger Ale, Natural (can)	4 / 6x355ml	G U	
849429 001232	07109	GMO	GF K	Soda, Ginger Root Beer, Natural (can)	4 / 6x355ml	G U	
849429 001270	07159	GMO	GF K	Soda, Grape, Natural (can)	4 / 6x355ml	G U	
849429 001218	07107	GMO	GF K	Soda, Lemon Lime Twist, Natural (can)	4 / 6x355ml	G U	
849429 001225	07108	GMO	GF K	Soda, Orange, Natural (can)	4 / 6x355ml	G U	
				<b>Buy 30-49 cases</b>	<b>Save 1.00</b>		
				<b>Buy 50+ cases</b>	<b>Save 2.00</b>		
849429 000624	72020	GMO	GF K	Sparkling Water, Blackberry (can)	3 / 8x355ml	G U	
849429 000648	72021	GMO	GF K	Sparkling Water, Cucumber Lemon (can)	3 / 8x355ml	G U	
849429 000662	72022	GMO	GF K	Sparkling Water, Lime (can)	3 / 8x355ml	G U	
849429 000617	72023	GMO	GF K	Sparkling Water, Mandarin Orange (can)	3 / 8x355ml	G U	
				<b>Buy 40-99 cases</b>	<b>Save 3.00</b>		
				<b>Buy 100+ cases</b>	<b>Save 4.80</b>		

**CLEARANCE****CALIWATER CACTUS WATERS - GLUTEN FREE - 50% OFF**

853240 004020	05412	GMO	GF K	Cactus Water w/ Wild Prickly Pear	12 / 1L	G U	
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**DOI CHAANG WHOLE BEAN THAI COFFEES - 30% OFF**

686285 000036	13168		* @BC ☐	Buzzin', Light Roast Coffee, Organic	6 / 340g		
686285 000012	13165		* @BC ☐	Hardwire, Dark Roast Coffee, Organic	6 / 340g		
686285 000029	13166		* @BC ☐	Social Medium, Medium Roast Coffee, Organic	6 / 340g		
686285 000142	12875		* @BC ☐	Single Estate, Signature Coffee, Organic	6 / 340g		

**EDEN ORGANIC GRAINS - GLUTEN FREE - 20% OFF**

024182 023503	19006	GMO	GF K *	Quinoa, Whole Grain, Organic (Andean)	12 / 454g		
024182 023510	19013		*	Quinoa, Whole Grain, Red, Organic (Andean)	12 / 454g		

**ECOS COCONUT MILK CREAMER - GLUTEN FREE - 50% OFF**

852775 003713	07294		GF	Virgin Coconut Milk Creamer	12 / 330ml		
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**ECOVER CLEANING PRODUCTS - 20% OFF**

728997 220002	46216			Dishwashing Tablets	12 / 500g	G P	
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**FRONTIER HERBS & SPICES - 95% OFF**

089836 210357	70573		*	X Nutmeg, Whole, Organic	6 / 32g		
089836 093578	70913	B	*	X Bay Leaf, Whole, Organic	1 / 454g		
089836 001276	70433	B	K	X Chive Flakes, Dehydrated	1 / 454g		
089836 001658	70034	B	K	X Nutmeg, Ground	1 / 454g		

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**FRONTIER TEAS - 95% OFF**

089836 029430	70821	B	* @	X	Tea, Green, Mango, Decaf, Organic	1 / 454g	
089836 028754	70817	B	*	X	Tea, Green, Strawberry Flavored w/Fruit, Organic	1 / 454g	
089836 029362	70820	B	* @	X	Tea, White, Indian, Organic	1 / 454g	

**GOGO QUINOA MIXES - GLUTEN FREE - 15% OFF**

896899 000203	19016	GMO	GF	*	☐	Granissimo, 5 Grains, Organic	8 / 400g
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**HERE'S THE SCOOP CAT LITTER - 30% OFF**

032976 300105	48050				HERE'S THE SCOOP, Clumping Cat Litter	3 / 4.53kg	G P
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**HOLY CRAP BREAKFAST CEREAL - GLUTEN FREE - 15% OFF**

883831 600102	22387	GMO	GF	K	*	BC	☐	HOLY CRAP plus Gluten Free Oats, Organic	12 / 320g
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**KOZLIK'S CANADIAN MUSTARD - ALL NATURAL PREPARED MUSTARDS - 15% OFF**

850086 000070	14136						☐	Double C, Dijon Classique	12 / 250ml
850086 000131	14134						☐	Horseradish Mustard	12 / 250ml
850086 000162	40053						☐	Italian Mostarda w/ Dried Fruit & Sherry	12 / 250ml

**MILLSTREAM GRAINS - 30% OFF**

060543 004088	20125					BC		Cracked Wheat	9 / 800g
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**NATURE CLEAN LAUNDRY PRODUCTS - 30% OFF**

058951 307204	80867						+	Odour Remover Pacs for Laundry	6 / 180g	G P
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**NUNWEILER'S FLOURS - 30% OFF**

067785 002537	22277	GMO		*	+			Red Fife Flour, Organic	6 / 2kg
067785 002339	22275	GMO		*	+			Spelt Flour, Organic	6 / 2kg
067785 000212	22498	GMO	B	*	+			All Purpose and Pastry Flour, Organic White Spring Wheat	1 / 10kg

**PACIFIC FOODS SOUPS - 15% OFF**

052603 054782	38671			*				Chowder, Poblano Pepper & Corn, Organic	12 / 472ml
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**SEVENTH GENERATION FEMININE CARE PRODUCTS - 20% OFF**

732913 450015	47042							Free & Clear Maxi Pads, Overnight	12 / 14ct
732913 450022	47044							Free & Clear Pads, Ultrathin, Regular	12 / 18ct
732913 450046	47046							Free & Clear Pads, Ultrathin, Super Long	12 / 16ct
732913 451074	47047							Free & Clear Pantliners	12 / 50ct
732913 451036	47049			*				Free & Clear Tampon, Regular, With Applicator, Certified Organic Cotton	12 / 16ct

**SIP NATURAL CRAFT SODAS - GLUTEN FREE - 20% OFF**

777705 000030	10752	GMO	GF			BC	☐	X	Natural Craft Soda, Coriander Orange (bottle)	24 / 355ml	G U
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**SKOUT BACKCOUNTRY ORGANIC TRAILPAKS - GLUTEN FREE - 15% OFF**

897060 002118	10122	GMO	GF	*				Pumpkin Seeds, Black Pepper BBQ, Raw, Organic	6 / 70g	G
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## STAHLBUSH ISLAND FARMS FRUITS (FROZEN) - 70% OFF

638882 000872 **54209** ~~GMO~~ X Boysenberries (bag) 12 / 227g

## THE GINGER PEOPLE GINGER CONFECTIONS - GLUTEN FREE - 30% OFF

734027 905030 **35022** GF Gin Gins, Chewy Ginger Candy, Spicy Apple (bag) 24 / 84g G

734027 920514 **35029** GF \* Ginger, Crystallized, Organic (box) 12 / 112g G

734027 920026 **15027** ~~GMO~~ GF Ginger Slices, Crystallized 12 / 159g G

## VIVANI CHOCOLATE BARS - 15% OFF

4044889 001013 **35033** \* X Dark Chocolate w/Orange, 70% Cocoa, Organic 10 / 100g G

## WHOLESOME NATURAL & ORGANIC SWEETENERS - GLUTEN FREE - 15% OFF

012511 445508 **44224** ~~GMO~~ GF K \* @ X Sugar, Raw, Organic 500 / 4.5g