



PSC Natural Foods

we deliver the goodness

March Specials Showcase

Effective March 1-31st 2025
up to 90% off!

MONTHLY SPECIALS

AELO ALCOHOL FREE BEVERAGE	4	LAKANTO MONKFRUIT BLEND SWEETENER & SYRUP	10
ALTER ECO NO ADDED SUGAR GRANOLA	4	L'ANCÊTRE CHEESE (REFRIGERATED)	10
AMY'S BURRITOS, PIZZA & WRAPS (FROZEN)	4	LEVEL GROUND PRODUCTS	11
AMY'S CANNED SOUP	4	LIVIVA KETO PASTAS	11,12
ANITA'S ORGANIC MILL PRODUCTS	4,5	LOVE CHILD ORGANICS BABY FOOD & SNACKS	12
BAKERS SUPPLY HOUSE BAKING INGREDIENTS	5	LUNDBERG FAMILY FARMS PRODUCTS	12,13
BEE-MINDFUL HUNNIE VEGAN		MADEGOOD BARS	13
HONEY ALTERNATIVE	5	MAISON ORPHEE PRODUCTS	13
BIOITALIA PRODUCTS	5	MARY'S ORGANIC PRODUCTS	13
BIO-K PLUS PROBIOTIC (REFRIGERATED)	5	MAUREEN'S COOKING SAUCE	13
BLUE DIAMOND ALMOND BREEZE		MELT ORGANIC PLANT BUTTER (REFRIGERATED)	13
ALMOND BEVERAGE	5	MID-DAY SQUARES FUNCTIONAL	
BOB'S RED MILL PRODUCTS	6	CHOCOLATE (REFRIGERATED)	14
BREMNER'S FRUIT (FROZEN)	6	NAKED & SAUCY COOKING SAUCE	14
BREMNER'S JUICE	6	NATURA DAIRY-FREE BEVERAGE	14
BREW DR. KOMBUCHA		NATUREBEE CONCENTRATED FOAMING	
KOMBUCHA (REFRIGERATED)	6	HAND SOAP TABLETS & SHOWER STEAMERS	14
BUBBIES FERMENTED		NATURE CLEAN PRODUCTS	14
CONDIMENTS (REFRIGERATED)	6	NATURE'S PATH GRANOLA	14
CAULIPOWER CAULIFLOWER PIZZA CRUSTS		NOOCHPOP! VEGAN CHEESY POPCORN	14
& PIZZA (FROZEN)	6	NUTS FOR CHEESE CREAMY CASHEW DIP	
CLEVER PREMIUM MOCKTAIL	6	& FERMENTED CASHEW PRODUCT (REFRIGERATED)	14
CLIF SNACK BARS	6	NUUN HYDRATION SUPPLEMENTS	14
DAIYA DAIRY-FREE CHEESE		O'DOUGHS BREAD, BUNS & BAGELS (FROZEN)	14
ALTERNATIVE (REFRIGERATED)	6	OOME SMOKED TOFU (REFRIGERATED)	14
DAIYA DAIRY-FREE PIZZA (FROZEN)	6	PACIFIC FOODS BROTH	15
DANDIES VEGAN MARSHMALLOWS	6	PARTAKE BREWING SPARKLING HOP WATER	15
DEEBEE'S ORGANICS FREEZER POPS	7	PATIENCE FRUIT & CO FRUIT JUICE	15
EARTHBOUND FARM ORGANIC FRUIT		PHILLIPS SODA WORKS	15
& VEGETABLES (FROZEN)	7	PRANA PRODUCTS	15
EARTH'S OWN PLANT-BASED BEVERAGE	7	RAINCOAST GLOBAL MSC CERTIFIED	
ECO-MAX LAUNDRY PRODUCTS	7	SUSTAINABLE SEAFOOD	15
EDEN PRODUCTS	7	RICEWORKS GOURMET RICE SNACKS	15
EDWARD & SONS BAKED BROWN RICE SNAPS	7	RISE KOMBUCHA (REFRIGERATED)	15
ENJOY LIFE BAKING CHOCOLATE	7	RIZOPIA RICE PASTA	15,16
EVE'S CRACKERS	7	ROAD POP SPARKLING HOP WATER	16
FARMER'S MARKET CANNED PUMPKIN	7	ROAR PLUS VITAMIN & ELECTROLYTE MIX	16
FEVER-TREE PREMIUM COCKTAIL MIXERS	7	SANTA CRUZ ORGANIC 100% LEMON & LIME JUICE	16
FREE2B ALLERGEN-FRIEE CHOCOLATE CUPS	8	SAPSUCKER SPARKLING TREE WATER	16
GARDEIN PLANT-BASED BOWLS (FROZEN)	8	SALT SPRING COFFEE	16
GLUTINO PRODUCTS	8	SAVE DA SEA PLANT-BASED SEAFOOD (REFRIGERATED)	16
GOODDRINK BOTTLED TEA	8	SAY IT AIN'T SODA FRUIT & BOTANICALS	16
GUAYAKI YERBA MATE BEVERAGE	8	SPARKLING SOFT DRINK	16
HABIBI'S MEDITERRANEAN LEBANESE		SENSIBLE PORTIONS GARDEN VEGGIE STRAWS & CHIPS	16,17
GARLIC SAUCE	8	SKIPPY'S KETTLE CORN	17
HAPPY PLANET SOUP (REFRIGERATED)	8	SOBER CARPENTER NON-ALCOHOLIC CRAFT BEER	17
HARDBITE HANDCRAFTED STYLE CHIPS	8,9	SQUAMISH WATER KEFIR PROBIOTIC	
HARMLESS HARVEST COCONUT		SODA (REFRIGERATED)	17
BEVERAGES (REFRIGERATED)	9	SQUAMISH WATER KEFIR FROZEN PROBIOTIC POPS	17
HOLY CRAP SUPERSEED CEREAL & OATMEAL	9	STOKED OATS SUPERFOOD PRODUCTS	17
HOLY NAPOLI NEAPOLITAN PIZZA (FROZEN)	9	SUNDHED SEA SALT & PURE HIMALAYAN SALT	17
HONEY STINGER SPORTS NUTRITION	9	SUNSHINE FARMS PRODUCTS	17
HORNBY ORGANIC ENERGY BAR	9	TAZO LATTE CONCENTRATE & TEA BAGS	18
HUMBLE ORGANIC POTATO CHIPS	9	THE BETTER BUTCHERS FORAGER'S FINEST MUSHROOM	
HUMMINGBIRD BEAN TO BAR CHOCOLATE	9	POWERED GROUND (FROZEN)	18
KETTLE BRAND POTATO CHIPS	9	THIRSTY BUDDHA SPARKLING COCONUT WATER	18
KIND NUT BARS & SOFT BAKED SQUARES	10	TOFINO RAW KOMBUCHA (REFRIGERATED)	18
KING ISLAND COCONUT WATER	10	TOFURKY MEAT ALTERNATIVE (REFRIGERATED)	18
KONSCIOUS PLANT-BASED		TOM'S OF MAINE DEODORANT	18
SEAFOOD MEALS (FROZEN)	10	UNCLE LEE'S TEA	18
		WHISTLER WATER	18

WHITEWATER COOKS PRODUCTS	18
WILD COUNTRY HONEY	18
WIZE SPARKLING ICED TEA	18
YOGI HERBAL TEA	18,19
ZAZUBEAN CHOCOLATE BARS	19
ZEVIА BEVERAGES	19,20
CLEARANCE	20,21



2025 Container Recycling Fees

Container	Size	Deposit Value	Recycling Fee
Aluminum	0-1L	10c	2c
Plastic	0-1L >1L	10c 10c	5c 6c
Glass	All Sizes	10c	13c
Bi-Metal	0-1L	10c	3c
Drink Box	All Sizes	10c	2c
Gable Top	0-1L >1L	10c 10c	1c 1c
Drink Pouches	All Sizes	10c	2c
Bag-In-Box	All Sizes	10c	30c
Ceramic Bottle	All Sizes	10c	\$29.51
Polypropylene Cups	0-500 ml	10c	5c

Fees effective February 1, 2025
Fees applicable for all non-alcohol beverage containers

To find more information visit <https://www.return-it.ca/beverage/recycling/crf/>

**To Our Valued Customers
Pricing Notice**

PSC continually reviews costs to bring you, our valued customers, as competitive pricing as possible

You will notice many price changes since our last catalogue was published

Some reflect better costing and have been reduced and in some instances higher costs are reflected

- **Please confirm any pricing when placing your order**
- **For volume pricing, please use the case price**
- **Pricing & information is subject to change without notice**

UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

MONTHLY SPECIALS

AELO | ALCOHOL FREE BEVERAGE - VOLUME PRICING

628634 740286	13945			✱ +	Aperitivo Spritz (can)	6 / 4x355ml	G	U	
628634 740262	13944			✱ +	Gin and Tonic (can)	6 / 4x355ml	G	U	
628634 740323	13947			✱ +	Lime Margarita (can)	6 / 4x355ml	G	U	
628634 740309	13946			✱ +	Peach Bellini (can)	6 / 4x355ml	G	U	
Buy 15+ cases						Save	15%		

ALTER ECO | NO ADDED SUGAR GRANOLA - \$2.97 OFF (ETA mid March)

817670 012741	35220	GMO	*	✱	X NEW! Granola, Almond Butter, Organic	6 / 227g			
817670 012710	35221	GMO	*	✱	X NEW! Granola, Cashew Butter, Organic	6 / 227g			
817670 012727	35222	GMO	*	✱	X NEW! Granola, Cinnamon Raisin, Organic	6 / 227g			
817670 012734	35223	GMO	@	✱	X NEW! Granola, Dark Chocolate, Organic	6 / 227g			

AMY'S | BURRITOS, PIZZA & WRAPS (FROZEN) - UP TO \$5.60 OFF

042272 900701	54470				X Burrito, Bean & Rice (dairy-free)	12 / 170g			
042272 903528	54268		GF		X Burrito, Bean & Rice (gluten & dairy-free)	12 / 156g			
042272 913886	54264	GMO	*		X Burrito, Black Bean & Cheese, Organic	12 / 170g			
042272 900732	54468				X Burrito, Black Bean (dairy-free)	12 / 170g			
042272 900718	54472				X Burrito, Cheddar Cheese	12 / 170g			
042272 903535	54267		GF		X Burrito, Cheddar Cheese (gluten free)	12 / 156g			
042272 900763	54265				X Burrito, Southwestern with Cheese	12 / 156g			
042272 901036	54445				X Pizza, Roasted Vegetable, No Cheese (non-dairy)	8 / 340g			
042272 901012	54443				X Pizza, Cheese	8 / 369g			
042272 901999	54421				X Pizza, Margherita	8 / 369g			
042272 912452	54436		V		X Pizza, Meatless Suprême	8 / 397g			
042272 901029	54444				X Pizza, Spinach	8 / 397g			
042272 902606	56155		V		X Wrap, Indian Samosa	12 / 142g			
042272 908073	54362		GF		X Wrap, Tofu Scramble Breakfast	12 / 156g			

AMY'S | CANNED SOUP - \$3.00 OFF

042272 905140	38321	GMO	*		Soup, Alphabet, Organic	12 / 398ml			
042272 905041	38157	GMO	GF	*	Soup, Black Bean, Organic	12 / 398ml			
042272 907403	38322	GMO	*		Soup, Carrot Ginger, Organic	12 / 398ml			
042272 905867	38609	GMO	GF	*	Soup, Chunky Tomato Bisque, Lower in Sodium, Organic	12 / 398ml			
042272 905362	38067	GMO	GF	*	Soup, Chunky Tomato Bisque, Organic	12 / 398ml			
042272 905409	38668	GMO	GF	*	Soup, Chunky Vegetable, Organic	12 / 398ml			
042272 905010	38156	GMO	GF	*	Soup, Cream of Tomato, Organic	12 / 398ml			
042272 905478	38669	GMO	GF	*	Soup, Fire Roasted Southwestern Vegetable, Organic	12 / 398ml			
042272 905935	38715	GMO	GF	*	Soup, Golden Lentil Dal, Organic	12 / 398ml			
042272 906277	38605	GMO	V	*	Soup, Hearty Minestrone, Organic	12 / 398ml			
042272 905836	38666	GMO	GF	*	Soup, Lentil Low Sodium, Organic	12 / 398ml			
042272 905829	38607	GMO	GF	*	Soup, Lentil Vegetable, Lower in Sodium, Organic	12 / 398ml			
042272 905355	38330	GMO	GF	*	Soup, Lentil Vegetable, Organic	12 / 398ml			
042272 905027	38152	GMO	GF	*	Soup, Lentil, Organic	12 / 398ml			
042272 905850	38667	GMO	*		Soup, Minestrone, Low Sodium, Organic	12 / 398ml			
042272 905072	38154	GMO	*		Soup, Minestrone, Organic	12 / 398ml			
042272 905034	38153	GMO	*		Soup, No Chicken Noodle, Organic	12 / 398ml			
042272 906697	38783	GMO	GF	*	Soup, Quinoa, Kale & Red Lentil, Organic	12 / 398ml			
042272 905843	38608	GMO	GF	*	Soup, Split Pea, Lower in Sodium, Organic	12 / 398ml			
042272 905058	38216	GMO	GF	*	Soup, Split Pea, Organic	12 / 398ml			
042272 907755	38606	GMO	V	*	Soup, Tortilla, Organic	12 / 398ml			
042272 905089	38217	GMO	*		Soup, Vegetable Barley, Organic	12 / 398ml			

ANITA'S ORGANIC MILL PRODUCTS - UP TO \$8.80 OFF

623636 995351	22912	GMO	GF	*	✱ +	Flour, Almond (blanched), Organic	4 / 375g		
623636 993340	22252	GMO	GF	*	✱ +	Flour, Coconut, Organic	4 / 680g		
623636 998970	22134	GMO	GF	*	✱ +	Flour, Tapioca, Organic	4 / 850g		
623636 710053	22924	GMO	GF	*	✱ +	Flour, Whole Grain Oat, Organic	4 / 900g		
623636 999946	22926	GMO	GF	*	✱ +	Flour, Gluten Free 1:1 All Purpose, Organic	4 / 1kg		
623636 998956	22133	GMO	GF	*	✱ +	Flour, Gluten Free All Purpose, Organic	4 / 1kg		
623636 998550	20261	GMO	*		✱ +	Flour, Sprouted High Protein (grains, beans)	4 / 1kg		
623636 995504	22913	GMO	*		✱ +	Flour, Sprouted Whole Grain Buckwheat (light), Organic	4 / 1kg		
623636 993302	22239	GMO	*		✱ +	Flour, Sprouted Whole Grain Spelt, Organic	4 / 1kg		
623636 993104	22240	GMO	*		✱ +	Flour, Sprouted Whole Wheat, Organic	4 / 1kg		
623636 400008	22126	GMO	*		✱ +	Flour, White All Purpose (bread flour), Organic	4 / 1kg		
623636 120203	20101	GMO	*		✱ +	Flour, White, Cake & Pastry, Organic	4 / 1kg		
623636 600705	27000	GMO	*		✱ +	Flour, White, Pizza & Pasta (type 00), Organic	4 / 1kg		

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623636 101202	22138	GMO	*	✱ +	Flour, Whole Grain Buckwheat (light), Organic	4 / 1kg
623636 993395	22251	GMO	*	✱ +	Flour, Whole Grain Einkorn, Organic	4 / 1kg
623636 300056	22129	GMO	*	✱ +	Flour, Whole Grain Rye, Organic	4 / 1kg
623636 500005	22128	GMO	*	✱ +	Flour, Whole Grain Spelt, Stone Ground, Organic	4 / 1kg
623636 200004	22127	GMO	*	✱ +	Flour, Whole Wheat, Stone Ground,	4 / 1kg
623636 998895	21018	GMO	*	✱ +	Flour, 60/40 Bakers Blend, Organic	4 / 2kg
623636 400015	20068	GMO	*	✱ +	Flour, White, All Purpose (bread flour), Organic	4 / 2kg
623636 200011	20069	GMO	*	✱ +	Flour, Whole Wheat, Stone Ground,	4 / 2kg
623636 400022	22923	GMO	*	✱ +	Flour, White All Purpose (bread flour), Organic	4 / 5kg
623636 200028	22922	GMO	*	✱ +	Flour, Whole Wheat, Stone Ground, Organic	4 / 5kg
623636 998994	20103	GMO	GF	* ✱ +	Gluten Free Rolled Oats, Old Fashioned, Organic	4 / 900g
623636 999014	28074	GMO	GF	* ✱ +	Gluten Free Steel Cut Oats, Organic	4 / 900g
623636 999069	02042	GMO	GF	* ✱ +	Pancake & Waffle Mix, Organic	4 / 800g
623636 999847	02043	GMO	*	✱ +	Pancake & Waffle Mix, Classic, Organic	4 / 900g
623636 100014	02041	GMO	*	✱ +	Pancake & Waffle Mix, Multigrain, Organic	4 / 1kg
623636 700016	20067	GMO	*	✱ +	Rolled Oats, Old Fashioned, Organic	4 / 1kg
623636 700061	20104	GMO	*	✱ +	Rolled Oats, Quick, Organic	4 / 1kg
623636 700207	28073	GMO	*	✱ +	Steel Cut Oats, Organic	4 / 1kg
623636 700023	22921	GMO	B	* ✱ +	Rolled Oats, Old Fashioned, Organic	4 / 2.5kg
BAKERS SUPPLY HOUSE BAKING INGREDIENTS - UP TO 15% OFF						
055853 001803	02218	GMO	*	✱ +	Baking Powder, Non-GMO (corn & aluminum free)	24 / 210g
055853 001759	02240	GMO	*	✱ +	Corn Starch, Organic	6 / 250g
055853 001506	02217	GMO	*	✱ +	Pure Vanilla Extract, Organic	12 / 100ml
BEE-MINDFUL HUNNIE VEGAN HONEY ALTERNATIVE - 10% OFF						
627987 844016	29101	GMO	*	BC +	NEW! HUNNIE, Hot Chili Infused, Organic	6 / 460g
BIOITALIA PRODUCTS - UP TO 20% OFF						
661475 101052	33180	GMO	*		Extra Virgin Olive Oil, Organic	6 / 500ml
661475 101106	33182	GMO	*		Extra Virgin Olive Oil, Organic	6 / 750ml
661475 033148	30121	GMO	*		X Pasta, Farfalle, Organic	12 / 500g
661475 112126	30104	GMO	*		X Pasta, Fusilli, Organic	12 / 500g
661475 112058	30101	GMO	*		X Pasta, Linguine, Organic	24 / 500g
661475 003400	30102	GMO	*		X Pasta, Macaroni, Organic	12 / 500g
661475 020049	33173	GMO	*		X Pasta, Orzo, Organic	12 / 500g
661475 112102	30103	GMO	*		X Pasta, Penne Rigate, Organic	12 / 500g
661475 112010	30089	GMO	*		X Pasta, Spaghetti, Organic	24 / 500g
661475 008047	30091	GMO	*		X Pasta, Spaghettini, Organic	24 / 500g
661475 161445	33109	GMO	*		Pesto, Basil, Organic	12 / 160ml
661475 102165	33181	GMO	*		Sunflower Oil, Organic	6 / 750ml
661475 523045	33078	GMO	*		Tomato Sauce, Aglio, Organic	8 / 660ml
661475 521041	33080	GMO	*		Tomato Sauce, Marinara, Organic	8 / 660ml
661475 522048	33079	GMO	*		Tomato Sauce, Rosee, Organic	8 / 660ml
BIO-K PLUS PROBIOTIC (REFRIGERATED) - 15% OFF						
626608 007113	07453	GMO	GF	✱ X	Active Probiotic Shot, Raspberry (12.5 billion CFU)	6 / 98g G
626608 007090	07454	GMO	GF	✱ X	Active Probiotic Shot, Strawberry (12.5 billion CFU)	6 / 98g G
626608 000770	07302		GF	✱ + X	Fermented Dairy Probiotic, Original	12 / 98g G
626608 000442	07306		GF	✱ + X	Fermented Dairy Probiotic, Vanilla	12 / 98g G
626608 000978	07308	GMO	GF	✱ X	Fermented Dairy Probiotic, Strawberry	12 / 98g G
626608 002125	07310	GMO	GF	* ✱ X	Fermented Rice Probiotic, Blueberry, Organic	12 / 98g G
626608 000879	07304		GF	✱ X	Fermented Soy Probiotic, Mango	12 / 98g G
BLUE DIAMOND ALMOND BREEZE ALMOND BEVERAGE - \$2.50 OFF						
041570 052747	06183	GMO			ALMOND BREEZE, Chocolate	12 / 946ml U
041570 052723	16671	GMO			ALMOND BREEZE, Original	12 / 946ml U
041570 059609	06731	GMO			ALMOND BREEZE, Unsweetened Chocolate	12 / 946ml U
041570 055311	06088	GMO			ALMOND BREEZE, Unsweetened Original	12 / 946ml U
041570 055830	06613	GMO			ALMOND BREEZE, Unsweetened Vanilla	12 / 946ml U
041570 052730	06181	GMO			ALMOND BREEZE, Vanilla	12 / 946ml U

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BOB'S RED MILL PRODUCTS - UP TO \$8.52 OFF							
039978 249029	34261	GMO	GF		X BOB'S BAR, Peanut Butter & Chocolate	12 / 50g G	
039978 003713	34262	GMO	GF		X BOB'S BAR, Peanut Butter & Honey	12 / 50g G	
039978 259028	34260	GMO	GF		X BOB'S BAR, Peanut Butter & Jelly Flavour	12 / 50g G	
039978 003638	34264	GMO	GF		X Granola, Blueberry Lemon	6 / 312g	
039978 003614	34263	GMO	GF		X Granola, Maple Sea Salt	6 / 312g	
039978 003706	34265	GMO	GF		X Granola, Peanut Butter	6 / 312g	
039978 323668	22851	GMO	GF		X Muesli, Gluten Free	4 / 453g	
039978 341037	22850	GMO			X Muesli, Old Country Style	4 / 510g	
BREMNER'S FRUIT (FROZEN) - UP TO \$8.80 OFF							
834644 005363	55066	GMO	*	🌿 +	X Blackberries, Organic	12 / 300g	
834644 005318	55065	GMO	*	🌿 +	X Blueberries, Organic	12 / 300g	
834644 005424	55071	GMO	*	🌿 +	X Pineapple Chunks, Organic	12 / 300g	
834644 005394	55068	GMO	*	🌿 +	X Strawberries, Organic	12 / 300g	
834644 005028	55017	GMO	*	🌿 +	X Blackberries, Organic (stand-up pouch)	12 / 600g	
834644 005066	55001			🌿 +	X Blueberries (stand-up pouch)	12 / 600g	
834644 005035	55018	GMO	*	🌿 +	X Mangos, Organic (stand-up pouch)	12 / 600g	
834644 005615	55079	GMO	B	*	🌿 + X Mango Chunks, Organic	8 / 1.5kg	
BREW DR. KOMBUCHA KOMBUCHA (REFRIGERATED) - 15% OFF							
850044 821143	16223	GMO	*		NEW! Kombucha, Cherry Limeade, Organic (glass)	12 / 414ml G P U	
850044 821136	16222	GMO	*		NEW! Kombucha, Crisp Apple, Organic (glass)	12 / 414ml G P U	
850044 821174	16224	GMO	*		NEW! Kombucha, Iced Tea Lemonade, Organic (glass)	12 / 414ml G P U	
BUBBIES FERMENTED CONDIMENTS (REFRIGERATED) - 10% OFF							
038261 954473	51206	GMO		🌿	Sauerkraut with Pickled Hot Peppers	6 / 739ml	
CAULIPOWER CAULIFLOWER PIZZA CRUSTS & PIZZA (FROZEN) - UP TO \$6.40 OFF							
854934 007082	32400		GF		X Pizza Crusts (2pk)	8 / 310g	
854934 007075	32401		GF		X Pizza, Cheese Lover's	8 / 315g	
854934 007099	32402		GF		X Pizza, Margherita	8 / 310g	
854934 007846	32405		GF		X Pizza, Buffalo-Chicken Style	8 / 310g	
854934 007853	32404		GF		X Pizza, Pepperoni	8 / 320g	
CLEVER PREMIUM MOCKTAIL - 10% OFF + VOLUME PRICING							
854531 000707	17556			🌿 + X	Mocktail, Mix Pack - Gin & Tonic, Pink Gin & Tonic, Mojito, Sangria (can)	3 / 8x355ml G P U	
					Buy 20+ cases	Save 5%	
CLIF SNACK BARS - UP TO 15% OFF							
722252 069474	37918				X NEW! CLIF BAR, Cookies & Creme	12 / 68g G	
722252 606426	37132				X BUILDERS Protein Bar, Chocolate	12 / 68g G	
722252 626615	37341				X BUILDERS Protein Bar, Chocolate Chip	12 / 68g G	
722252 606440	37340				X BUILDERS Protein Bar, Chocolate Mint	12 / 68g G	
722252 606419	37133				X BUILDERS Protein Bar, Chocolate Peanut Butter	12 / 68g G	
722252 068835	37343				X BUILDERS Protein Bar, Vanilla Almond	12 / 68g G	
722252 342997	37911	GMO	*		X Nut Butter Bar, Chocolate Chip & Peanut Butter, Organic	12 / 50g G	
722252 128102	37735	GMO	*		X Nut Butter Bar, Chocolate Peanut Butter, Organic	12 / 50g G	
722252 028037	37737	GMO	*		X Nut Butter Bar, Peanut Butter, Organic	12 / 50g G	
722252 194336	37599	GMO	*		ORGANIC ZBARS, Chocolate Brownie	6 / 5x36g G	
722252 194343	37611	GMO	*		ORGANIC ZBARS, Chocolate Chip	6 / 5x36g G	
722252 195326	37612	GMO	*		ORGANIC ZBARS, Iced Oatmeal Cookie	6 / 5x36g G	
DAIYA DAIRY-FREE CHEESE ALTERNATIVE (REFRIGERATED) - UP TO 11% OFF							
871459 001494	50305	GMO	GF V	BC +	NEW! Cream Cheese, Cinnamon Twist	6 / 227g	
871459 000374	50306	GMO	GF V	BC +	NEW! Slices, Pepper Jack	8 / 220g	
871459 001128	50134	GMO	GF V	🌿 +	Block, Cheddar	8 / 200g	
871459 001142	50154	GMO	GF V	🌿 +	Block, Smoked Gouda	8 / 200g	
871459 000824	50010	GMO	GF V	🌿 +	Crumbles, Feta Cheeze Flavour	6 / 170g	
871459 000831	50011	GMO	GF V	🌿 +	Crumbles, Goat Cheeze Flavour	6 / 170g	
871459 000329	50139	GMO	GF V	🌿 +	Slices, Cheddar	8 / 220g	
871459 000343	50003	GMO	GF V	🌿 +	Slices, Smoked Gouda	8 / 220g	
871459 000305	50138	GMO	GF V	🌿 +	Slices, Swiss	8 / 220g	
871459 001197	50143	GMO	GF V	🌿 +	Creamy Spread, Chive & Onion	6 / 227g	
871459 001173	50141	GMO	GF V	🌿 +	Creamy Spread, Plain	6 / 227g	
DAIYA DAIRY-FREE PIZZA (FROZEN) - 10% OFF							
871459 002965	50329	GMO	GF V	BC + X	NEW! Pizza, Cheeseburger Flavour	8 / 363g	
DANDIES VEGAN MARSHMALLOWS - UP TO \$4.95 OFF							
897581 000372	02370	GMO	V		X Marshmallows, Mini Vanilla Flavoured	12 / 283g G	
897581 000365	02260	GMO	V		X Marshmallows, Vanilla Flavoured	12 / 283g G	

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052					Order
DEEBEE'S ORGANICS FREEZER POPS - \$2.87 OFF + VOLUME PRICING							
838913 000202	39090	GMO	*	+ X	SUPERFRUIT Freezie Pops, Organic (shelf stable)	14 / 10x40ml G	
8389130 00509	39089	GMO	*	+ X	SUPERFRUIT Freezie Pops, Tropical, Organic (shelf stable)	14 / 10x40ml G	
					Buy 10+ cases	Save 2.87	
EARTHBOUND FARM ORGANIC FRUIT & VEGETABLES (FROZEN) - 10% OFF							
032601 025311	63013	GMO	*	X	Berry Blend, Organic	12 / 300g	
032601 025304	63009	GMO	*	X	Blueberries, Organic	12 / 300g	
032601 025298	63010	GMO	*	X	Cherries, Sweet Dark, Organic	12 / 300g	
032601 025335	63014	GMO	*	X	Mango Chunks, Organic	12 / 300g	
032601 025359	63024	GMO	*	X	Sliced Peaches, Organic	12 / 300g	
032601 025281	63011	GMO	*	X	Strawberries, Organic	12 / 300g	
032601 954154	63040	GMO	*	X	Blueberries, Organic	6 / 900g	
032601 954161	63041	GMO	*	X	Mango Chunks, Organic	6 / 900g	
032601 954185	63043	GMO	*	X	Strawberries, Sliced, Organic Triple Berry Blend -	6 / 900g	
032601 954178	63042	GMO	*	X	blueberries/blackberries/raspberries, Organic	6 / 900g	
032601 954741	63008	GMO	*	X	NEW! Mixed Vegetables (carrots, corn, peas), Organic	12 / 300g	
EARTH'S OWN PLANT-BASED BEVERAGE - 10% OFF							
626027 814071	07345			+	Barista, Oat (Tetra)	12 / 946ml	
626027 087703	06917			+	Barista, Soy (Tetra)	12 / 946ml	
626027 114072	07405	GMO		BC +	NEW! Barista, Almond	12 / 946ml	
626027 814422	07404	GMO		BC +	NEW! Barista, Oat Lite	12 / 946ml	
626027 614411	07406	GMO		BC +	NEW! THE ALT. Milk Alternative (Tetra Pak)	12 / 946ml U	
ECO-MAX LAUNDRY PRODUCTS - \$8.90 OFF							
853907 001058	80701			+	Laundry Wash, Hypoallergenic (scent free)	4 / 3L G P	
853907 001065	80702			+	Laundry Wash, Natural Lavender	4 / 3L G P	
853907 001171	80707			+	Laundry Wash, Natural Orange	4 / 3L G P	
EDEN PRODUCTS - UP TO \$15.24 OFF							
024182 003697	42160	GMO	GF *		Apple Butter, Organic	12 / 482g	
024182 003499	31020	GMO	GF *		Apple Sauce, Organic (jar)	12 / 398ml	
024182 003857	10451	GMO	*		Baked Beans w/Sweet Sorghum, Organic	12 / 398ml	
024182 003888	10476	GMO	*		Green Lentils w/Onion & Bay Leaf, Organic	12 / 398ml	
024182 003994	10413	GMO	*		Refried Beans, Black Beans, Organic	12 / 398ml	
024182 003987	10412	GMO	*		Refried Beans, Pinto Beans, Organic	12 / 398ml	
EDWARD & SONS BAKED BROWN RICE SNAPS - \$5.11 OFF							
039631 000462	16159	GMO	GF *	X	Brown Rice Snaps, Black Sesame, Organic	12 / 100g	
011206 000350	16068			X	Brown Rice Snaps, Tamari Seaweed	12 / 100g	
039631 000417	16024	GMO	GF *	X	Brown Rice Snaps, Unsalted Plain Rice, Organic	12 / 100g	
039631 000448	16027	GMO	GF *	X	Brown Rice Snaps, Vegetable Rice, Organic	12 / 100g	
ENJOY LIFE BAKING CHOCOLATE - \$7.54 OFF							
819597 013825	02501	GMO	GF V		Mini Chips, White Chocolate	12 / 255g	
819597 010213	02325	GMO	GF V		Morsels, Dark	12 / 255g	
819597 013474	02500	GMO	GF V		Morsels, Chocolateriz, Smooth & Creamy	12 / 255g	
EVE'S CRACKERS - 15% OFF							
627843 724971	56100		GF	+ X	Crackers, Black Sesame	12 / 108g	
627843 724964	56101		GF	+ X	Crackers, Chili Pepper Pumpkin Seed	12 / 108g	
627843 724988	56103		GF	+ X	Crackers, Cracked Pepper	12 / 108g	
627843 724957	56102		GF	+ X	Crackers, Savoury Sunflower	12 / 108g	
FARMER'S MARKET CANNED PUMPKIN - \$2.84 OFF + VOLUME PRICING							
638882 002043	10105	GMO	*		Pumpkin Pie Mix, Organic	12 / 398ml	
					Buy 40-79 cases	Save 3.19	
					Buy 80+ cases	Save 3.90	
638882 002005	10103	GMO	*		Pumpkin, Organic	12 / 398ml	
					Buy 40-79 cases	Save 3.19	
					Buy 80+ cases	Save 3.90	
FEVER-TREE PREMIUM COCKTAIL MIXERS - UP TO 40% OFF + VOLUME PRICING							
812136 030215	07807				Club Soda (can)	3 / 8x150ml G P U	
812136 032363	07824				NEW! Cocktail Mix, Caesar	6 / 750ml G U	
812136 032370	07823				NEW! Cocktail Mix, Margarita	6 / 750ml G U	
812136 032387	07822				NEW! Cocktail Mix, Mojito	6 / 750ml G U	

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FREE2B ALLERGEN-FREE CHOCOLATE CUPS - UP TO \$4.00 OFF						
687785 001400	43121	GMO	GF	+ X	Chocolate Sunflower Butter Cups (2pk)	12 / 40g G
687785 001417	43120	GMO	GF	+ X	Chocolate Sunflower Butter Cups, Dark Chocolate (2pk)	12 / 40g G
687785 002421	43122	GMO	GF	+ X	Dark Chocolate Mint Cups (2pk)	12 / 30g G
687785 001240	43128	GMO	GF	+ X	Mini Cups, Chocolate Sunflower Butter	8 / 119g G
687785 001233	43127	GMO	GF	+ X	Mini Cups, Dark Chocolate Sunflower Butter	8 / 119g G
GARDEIN PLANT-BASED BOWLS (FROZEN) - \$3.00 OFF						
842234 400658	65053	GMO		X	SUPREME Bowls, Be'f & Broccoli	8 / 255g
842234 400566	65054	GMO		X	SUPREME Bowls, Meatball Marinara	8 / 255g
GLUTINO PRODUCTS - UP TO \$5.00 OFF						
678523 070345	16493		GF	X	Cookies, Chocolate Chip	12 / 245g
678523 038451	16422		GF		Crackers (Rounds), Cheddar	6 / 125g
678523 038512	16421		GF		Crackers (Rounds), Original	6 / 125g
678523 070321	16495		GF	X	Cream Sandwich Cookies, Chocolate Vanilla Crème Dreams	12 / 300g
678523 070307	16494		GF	X	Cream Sandwich Cookies, Vanilla Crème Dreams	12 / 300g
678523 040119	37333		GF	X	Pretzel Sticks	12 / 400g G
678523 040072	36160		GF	X	Pretzels	12 / 400g G
678523 040225	37310		GF	X	Pretzels, Chocolate Covered	12 / 156g G
678523 040249	37311		GF	X	Pretzels, Yogurt Covered	12 / 156g G
678523 010402	38533		GF	X	Wafer Cookies, Chocolate, Milk Chocolate Coated	12 / 130g
678523 010419	38535		GF	X	Wafer Cookies, Lemon	12 / 200g
678523 010426	38534		GF	X	Wafer Cookies, Vanilla, Milk Chocolate Coated	12 / 130g
GOODDRINK BOTTLED TEA - 15% OFF						
853790 001562	04121			+ X	Energy Tea, Green, high caffeine tea (glass bottle)	12 / 473ml U
853790 001579	04122			+ X	Energy Tea, Lemon, high caffeine tea (glass bottle)	12 / 473ml U
853790 001555	04120			+ X	Energy Tea, Mango, high caffeine tea (glass bottle)	12 / 473ml U
GUAYAKI YERBA MATE BEVERAGE - 18% OFF						
632432 000664	07177	GMO		X	NEW! Awakening Orange, Organic (can) (ETA mid March)	12 / 458ml G U
632432 000398	07176	GMO		X	Berry Lemonade, Organic (can)	12 / 458ml G U
632432 000190	07332	GMO		X	Bluephoria, Organic (can)	12 / 458ml G U
632432 000114	07153	GMO		X	Enlighten Mint, Organic (can)	12 / 458ml G U
632432 000121	07151	GMO		X	Lemon Elation, Organic (can)	12 / 458ml G U
632432 000374	07175	GMO		X	Peach, Organic (can)	12 / 458ml G U
632432 000138	07152	GMO		X	Revel Berry, Organic (can)	12 / 458ml G U
HABIBI'S MEDITERRANEAN LEBANESE GARLIC SAUCE - 15% OFF						
683830 019369	14323			+ X	Toum - Lebanese Garlic Sauce & Spread	8 / 250g
HAPPY PLANET SOUP (REFRIGERATED) - 15% OFF						
779172 611054	38884	GMO		+ X	Soup, Berkeley Butternut Squash, Organic	6 / 650ml
779172 611030	38883	GMO		+ X	Soup, Louisiana Sweetcorn & Red Pepper,	6 / 650ml
779172 611016	38881	GMO		+ X	Soup, Thai Coconut, Organic	6 / 650ml
779172 611061	38885	GMO		+ X	Soup, Tuscan Tomato, Organic	6 / 650ml
HARDBITE HANDCRAFTED STYLE CHIPS - UP TO \$6.55 OFF						
673513 406500	36427	GMO		+ X	Potato Chips, Avocado Oil, Apple Cider Vinegar	15 / 128g G
673513 401505	36420	GMO		+ X	Potato Chips, Avocado Oil, Black Sea Salt	15 / 128g G
673513 407002	36458	GMO		+ X	Potato Chips, Avocado Oil, Black Truffle Sea Salt	15 / 128g G
673513 400508	36419	GMO		+ X	Potato Chips, Avocado Oil, Honey Dijon	15 / 128g G
673513 404506	36424	GMO		+ X	Potato Chips, Avocado Oil, Smoked Paprika & Garlic	15 / 128g G
673513 402502	36421	GMO		+ X	Potato Chips, Avocado Oil, Sweet Ghost	15 / 128g G
673513 405503	36450	GMO		+ X	Potato Chips, Avocado Oil, Wasabi Ranch	15 / 128g G
673513 104505	36411	GMO		+ X	Potato Chips, All Dressed	15 / 150g G
673513 001507	36412	GMO		+ X	Potato Chips, All Natural	15 / 150g G
673513 103508	37748	GMO		+ X	Potato Chips, Avocado & Lime	15 / 150g G
673513 101504	37517	GMO		+ X	Potato Chips, Ketchup	15 / 150g G
673513 021505	36414	GMO		+ X	Potato Chips, Rock Salt & Vinegar	15 / 150g G
673513 091508	37516	GMO		+ X	Potato Chips, Sea Salt & Pepper	15 / 150g G
673513 011506	36413	GMO		+ X	Potato Chips, Smokin' BBQ	15 / 150g G
673513 107506	36428	GMO		+ X	Potato Chips, Southwest Chili	15 / 150g G
673513 106509	36425	GMO		+ X	Potato Chips, Spicy Dill Pickle	15 / 150g G
673513 108503	36429	GMO		+ X	Potato Chips, Spicy Ketchup	15 / 150g G

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673513 101108	37515	GMO		✱ + X	Potato Chips, Tikka Masala	15 / 150g	G	_____
673513 041503	36417	GMO		✱ + X	Potato Chips, Wild Onion & Yogurt	15 / 150g	G	_____
673513 113552	37638	GMO		✱ + X	Vegetable Chips, 18 Carrot Gold	15 / 150g	G	_____
673513 118557	36422	GMO		✱ + X	Vegetable Chips, Dressed To Dill, Dill	15 / 150g	G	_____
673513 112555	37637	GMO		✱ + X	Vegetable Chips, Drop 'N Mad Beets	15 / 150g	G	_____
673513 111558	37518	GMO		✱ + X	Vegetable Chips, Eat Your Parsnips	15 / 150g	G	_____
673513 114559	37749	GMO		✱ + X	Vegetable Chips, Sweet Spud Of Mine, Sweet Potato	15 / 150g	G	_____
673513 120550	36451	GMO		✱ + X	Vegetable Chips, Sweet To The Beet, Sweet Potato & Beet	15 / 150g	G	_____
673513 117550	36423	GMO		✱ + X	Vegetable Chips, Smokin' Sweet Spud, BBQ Sweet Potato	15 / 150g	G	_____
673513 121557	36453	GMO		✱ + X	Vegetable Chips, The Beet Goes On	15 / 150g	G	_____
HARMLESS HARVEST COCONUT BEVERAGES (REFRIGERATED) - 15% OFF								_____
810068 900644	23534	GMO		* @	X Coconut Smoothie, Chocolate, Organic (plastic bottle)	6 / 296ml	U	_____
810068 900637	23533	GMO		* @	X Coconut Smoothie, Mango, Organic (plastic bottle)	6 / 296ml	U	_____
810068 900408	23532	GMO		* @	X Coconut Smoothie Original, Organic (plastic bottle)	6 / 296ml	U	_____
HOLY CRAP SUPERSEED CEREAL & OATMEAL - 15% OFF								_____
883831 100008	22226	GMO		* ✱ +	Cereal, Apple Cinnamon, Organic	12 / 225g		_____
883831 114449	22230	GMO		* ✱ +	Cereal, Blueberry Apple, Organic	12 / 225g		_____
883831 200005	22227	GMO		* ✱ +	Cereal, Natural Skinny B, Organic	12 / 225g		_____
883831 900028	22228	GMO	GF	* ✱ +	Oatmeal, Apple Cinnamon	12 / 320g		_____
883831 900035	22229	GMO	GF	* ✱ +	Oatmeal, Blueberry Cocoa	12 / 320g		_____
HOLY NAPOLI NEAPOLITAN PIZZA (FROZEN) - 10% OFF								_____
673334 100045	17306			BC + X	NEW! Pizza, Hot Honey & Pepperoni	8 / 362g		_____
673334 100052	17307			BC + X	NEW! Pizza, Truffle Bianco (ETA early March)	8 / 375g		_____
HONEY STINGER SPORTS NUTRITION - 20% OFF								_____
810815 020854	36563	GMO	GF	* ✱	X Energy Chews, Cherry Blossom, Organic	12 / 50g	G	_____
810815 020823	36562	GMO	GF	* ✱	X Energy Chews, Fruit Smoothie, Organic	12 / 50g	G	_____
810815 021004	36565	GMO	GF	* ✱	X Energy Chews, Orange Blossom, Organic	12 / 50g	G	_____
810815 020946	36566	GMO	GF	* ✱	X Energy Chews, Pink Lemonade, Organic	12 / 50g	G	_____
810815 020977	36564	GMO	GF	* ✱	X Energy Chews, Pomegranate Passionfruit, Organic	12 / 50g	G	_____
810815 020403	36570	GMO		* ✱	X Energy Gel, Acai Pomegranate, Organic	24 / 31g	G	_____
810815 020434	36571	GMO		* ✱	X Energy Gel, Fruit Smoothie, Organic	24 / 31g	G	_____
810815 021431	36583	GMO	GF	* ✱	X Energy Waffle, Cinnamon, Organic	12 / 30g	G	_____
810815 025323	36584	GMO	GF	* ✱	X Energy Waffle, Cookies & Cream, Organic	12 / 30g	G	_____
810815 021035	36580	GMO		* ✱	X Energy Waffle, Honey, Organic	12 / 30g	G	_____
810815 021370	36582	GMO	GF	* ✱	X Energy Waffle, Salted Caramel, Organic	12 / 30g	G	_____
810815 021097	36581	GMO		* ✱	X Energy Waffle, Vanilla, Organic	12 / 30g	G	_____
810815 023022	36585	GMO		* ✱	X Mini Energy Waffles, Honey, Organic	6 / 150g	G	_____
810815 023039	36586	GMO		* ✱	X Mini Energy Waffles, Vanilla, Organic	6 / 150g	G	_____
HORNBY ORGANIC ENERGY BAR - 10% OFF								_____
628055 058052	37535	GMO	GF	* ✱ +	X Energy Bar, Carob Peanut Butter, Organic	12 / 80g	G	_____
628055 058076	37534	GMO	GF	* ✱ +	X Energy Bar, Chocolate Chip Peanut Butter, Organic	12 / 80g	G	_____
628055 058090	37538	GMO	GF	* ✱ +	X Energy Bar, Chocolate Espresso, Organic	12 / 80g	G	_____
628055 058083	37537	GMO	GF	* ✱ +	X Energy Bar, Oatmeal Raisin, Organic	12 / 80g	G	_____
628055 058113	37539	GMO	GF	* ✱ +	X Energy Bar, Pumpkin Fudge, Organic	12 / 80g	G	_____
628055 058120	37540	GMO	GF	* ✱ +	X Energy Bar, Sunflower Cranberry, Organic	12 / 80g	G	_____
HUMBLE ORGANIC POTATO CHIPS								_____
628678 211278	34312	GMO		* ✱ +	X NEW! Potato Chips, Jalapeno, Organic	12 / 135g	G	_____
628678 211520	34314	GMO		* ✱ +	X NEW! RUMBLES Ridged Potato Chips, All Dressed, Organic	12 / 135g	G	_____
628678 211513	34313	GMO		* ✱ +	X NEW! RUMBLES Ridged Potato Chips, Sea Salt, Organic	12 / 135g	G	_____
628678 211537	34315	GMO		* ✱ +	X NEW! RUMBLES Ridged Potato Chips, Sour Cream & Onion, Organic	12 / 135g	G	_____
HUMMINGBIRD BEAN TO BAR CHOCOLATE - 10% OFF								_____
875132 000095	57119			* ✱ +	X NEW! Dark Chocolate Peanut Butter Cups (2ct)	12 / 32g	G	_____
KETTLE BRAND POTATO CHIPS - UP TO \$2.75 OFF								_____
084114 903754	39245	GMO	GF	X	NEW! Potato Chips, Air Fried, Texas BBQ	12 / 156g	G	_____
084114 902863	39236		GF	X	Potato Chips, Gourmet, Sea Salt & Vinegar	9 / 368g	G	_____
084114 902870	39238	GMO	GF	X	Potato Chips, Honey Dijon	9 / 368g	G	_____
084114 902818	39235	GMO	GF	X	Potato Chips, Krinkle Cut, Salt & Fresh Ground Pepper	9 / 368g	G	_____
084114 902856	39237	GMO	GF	X	Potato Chips, Sea Salt	9 / 368g	G	_____

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KIND NUT BARS & SOFT BAKED SQUARES - UP TO 18% OFF + VOLUME PRICING					
602652 248535	37746		X Nut Bars, Almond Mint & Dark Chocolate	12 / 40g	G
602652 170751	37490		X Nut Bars, Almond, Sea Salt & Dark	12 / 40g	G
602652 170942	37605		X Nut Bars, Caramel Almond & Sea Salt	12 / 40g	G
602652 170713	37474		X Nut Bars, Cherry Cashew & Dark	12 / 40g	G
602652 240232	37685		X Nut Bars, Honey Roasted Nuts & Sea Salt	12 / 40g	G
602652 170959	37606		X Nut Bars, Maple Glazed Pecan & Sea Salt	12 / 40g	G
602652 170706	37475		X Nut Bars, Peanut Butter & Dark Chocolate	12 / 40g	G
602652 431388	39345		X Nut Bars, Peanuts Salted Caramel w/Dark Chocolate	12 / 40g	G
			Buy 8+ cases (12-Pack Bars only)	Save 1.00	
602652 207075	39322		X PLUS+ Nut Bars, Crunchy Peanut Butter	12 / 50g	G
602652 207082	39323		X PLUS+ Nuts Bar, Dark Chocolate Nut	12 / 50g	G
			Buy 8+ cases (12-Pack Bars only)	Save 1.00	
602652 669385	37477	GMO	X Nut Bars, Almond Cranberry	12 / 40g	G
602652 281242	39331		Nut Bars, Almond Sea Salt & Dark Chocolate	10 / 5x40g	G
602652 281112	39329		Nut Bars, Peanut Butter & Dark Chocolate	10 / 5x40g	G
602652 669378	37478	GMO	Nut Bars, Pumpkin Seeds, Raspberry & Dark Chocolate	10 / 5x40g	G
602652 669392	37479	GMO	Nut Bars, Sunflower Seeds & Strawberry	10 / 5x40g	G
602652 669798	37481	GMO	Soft Baked Squares, Blondie (almond flour & peanut butter)	8 / 5x40g	G
602652 669804	37480	GMO	Soft Baked Squares, Brownie (almond flour & chocolate)	8 / 5x40g	G
602652 429538	39337		THINS Nut Bar, Almond Caramel & Sea Salt	6 / 10x21g	G
602652 429422	39336		THINS Nut Bar, Nuts Sea Salt & Dark Chocolate	6 / 10x21g	G
KING ISLAND COCONUT WATER - VOLUME PRICING					
8850813 300031	07130		☀ + Coconut Water, Pure (gable top)	12 / 1L	U
			Buy 10-14 cases	Save 10%	
			Buy 15-19 cases	Save 13%	
			Buy 20+ cases	Save 15%	
KONSCIOUS PLANT-BASED SEAFOOD MEALS (FROZEN) - 10% OFF					
877168 001039	34139	GMO	☀ BC X Onigiri, Japanese Vegetable Curry (2pc)	8 / 204g	
877168 001008	34136	GMO	☀ BC X Onigiri, Kale Gomaе (2pc)	8 / 204g	
877168 001022	34138	GMO	☀ BC X Onigiri, Korean BBQ Mushroom (2pc)	8 / 204g	
877168 000001	34132	GMO	☀ BC X Roll, California (8pc)	8 / 210g	
877168 000049	34142	GMO	🌲 + X Roll, Korean Kimbap (8pc)	8 / 220g	
877168 000056	34143	GMO	🌲 + X Roll, Salmon Avocado (8pc)	8 / 218g	
877168 000018	34133	GMO	☀ BC X Roll, Spicy California (8pc)	8 / 210g	
KASLO SOURDOUGH PASTA PASTA FERMENTATA - 30% OFF					
779605 022730	42186	GMO	BC + X PASTA FERMENTATA, Macaroni	12 / 227g	
KOYO JAPANESE PRODUCTS - 10% OFF					
021009 229025	24019		Wasabi Powder	6 / 25g	
LAKANTO MONKFRUIT BLEND SWEETENER & SYRUP - 15% OFF + VOLUME PRICING					
843076 001201	44223	GMO	Pancake Syrup	8 / 384ml	
			Buy 12+ cases	Save 5%	
843076 000105	44221	GMO	Sweetener, Classic	8 / 235g	
843076 000099	44217	GMO	Sweetener, Golden	8 / 235g	
			Buy 12+ cases	Save 5%	
843076 003472	44222	GMO	Sweetener, Powdered	8 / 454g	
			Buy 12+ cases	Save 5%	
843076 000129	44220	GMO	Sweetener, Classic	8 / 800g	
843076 000112	44215	GMO	Sweetener, Golden	8 / 800g	
			Buy 12+ cases	Save 5%	
L'ANCÊTRE CHEESE (REFRIGERATED) - UP TO 10% OFF					
778177 499414	50022	GMO	* ☀ + NEW! Cheddar, 4 years, Organic	8 / 200g	
778177 499940	50082		* ☀ + Artisan Goat Cheese, Aged (ripened-firm)	8 / 190g	
778177 499803	50400	GMO	* ☀ + Cheddar, Mild Sliced, Organic	8 / 180g	
778177 499377	50061	GMO	* ☀ + Cheddar, 1 Year, Organic (raw milk)	8 / 200g	
778177 499452	50096	GMO	* ☀ + Cheddar, Double Smoked, Organic (raw milk)	8 / 190g	
778177 499384	50080	GMO	* ☀ + Cheddar, 2 years, Organic (raw milk)	8 / 200g	
778177 499391	50049	GMO	* ☀ + Cheddar, 3 years, Organic (raw milk)	8 / 200g	
778177 499957	50101	GMO	* ☀ + Gouda (6 mos), Organic (raw milk)	8 / 170g	
778177 509014	50099	GMO	* ☀ + Gouda, Dutch (12 mos), Organic	8 / 175g	
778177 499834	50402	GMO	* ☀ + Mozzarella (28% MF), Sliced, Organic	8 / 180g	
778177 499810	50401	GMO	* ☀ + Swiss, Sliced, Organic (raw milk)	8 / 180g	

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
LEVEL GROUND PRODUCTS - VOLUME PRICING					
661594 000366	11949	GMO	* @ 🌿 +	Coffee Beans, Andes Blend (medium), Organic	6 / 300g
661594 000267	11940	GMO	* @ 🌿 +	Coffee Beans, Colombia (dark), Organic	6 / 300g
661594 000304	11942	GMO	* @ 🌿 +	Coffee Beans, Decaf, Swiss Water Process (dark), Organic	6 / 300g
661594 000410	11950	GMO	* @ 🌿 +	Coffee Beans, East Africa (dark), Organic	6 / 300g
661594 002155	11956	GMO	* @ 🌿 +	Coffee Beans, Espresso Blend (Medium), Organic	6 / 300g
661594 000342	11954	GMO	* @ 🌿 +	Coffee Beans, Ethiopia (medium), Organic	6 / 300g
661594 000434	11946	GMO	* @ 🌿 +	Coffee Beans, French Blend (very dark), Organic	6 / 300g
661594 000328	11944	GMO	* @ 🌿 +	Coffee Beans, Peru (medium), Organic	6 / 300g
661594 000380	11948	GMO	* @ 🌿 +	Ground Coffee, Andes Blend (medium), Organic	6 / 300g
661594 000274	11941	GMO	* @ 🌿 +	Ground Coffee, Colombia (dark), Organic	6 / 300g
661594 000311	11943	GMO	* @ 🌿 +	Ground Coffee, Decaf, Swiss Water Process (dark), Organic	6 / 300g
661594 000427	11951	GMO	* @ 🌿 +	Ground Coffee, East Africa, Dark & Balanced, Organic	6 / 300g
661594 000359	11953	GMO	* @ 🌿 +	Ground Coffee, Ethiopia (medium), Organic	6 / 300g
661594 000441	11947	GMO	* @ 🌿 +	Ground Coffee, French Blend (very dark), Organic	6 / 300g
661594 000335	11945	GMO	* @ 🌿 +	Ground Coffee, Peru (medium), Organic	6 / 300g
				Save 6-11 cases	Save 8%
				Buy 12+ cases	Save 12%
661594 000120	11929	GMO	* @ 🌿 +	Coffee Beans, Colombia (dark), Organic	6 / 908g
661594 000199	11935	GMO	* @ 🌿 +	Coffee Beans, Peru (medium), Organic	6 / 908g
				Save 6-11 cases	Save 8%
				Buy 12+ cases	Save 12%
661594 000229	13007		@ +	Tea Bags, Black Tea	12 / 20ct
661594 000236	13009		@ +	Tea Bags, Chai Tea	12 / 20ct
661594 000250	13010		@ +	Tea Bags, Earl Grey Tea	12 / 20ct
661594 000243	13008		@ +	Tea Bags, Green Tea	12 / 20ct
				Save 6-11 cases	Save 8%
				Buy 12+ cases	Save 12%
661594 001677	12995		@ +	Loose Leaf Tea, Black	12 / 70g
661594 001837	12996		@ +	Loose Leaf Tea, Chai	12 / 70g
661594 002698	13241		@ +	Loose Leaf Tea, Earl Grey	12 / 70g
661594 001684	12997		@ +	Loose Leaf Tea, Green	12 / 70g
				Save 6-11 cases	Save 8%
				Buy 12+ cases	Save 12%
661594 003640	18108	GMO	* @ +	Cacao Nibs, Organic	12 / 120g
661594 003626	18115	GMO	* @ +	Dried Banana, Organic	12 / 130g
661594 003633	18112	GMO	* @ +	Dried Golden Berry, Organic	12 / 100g
				Save 6-11 cases	Save 8%
				Buy 12+ cases	Save 12%
661594 905005	18113	GMO	* @ +	Dried Mango, Organic	12 / 100g
661594 904015	18114	GMO	* @ +	Dried Pineapple, Organic	12 / 100g
				Save 6-11 cases	Save 8%
				Buy 12+ cases	Save 12%
661594 712306	44307	GMO	* @ +	Cane Sugar, Unrefined, Organic	12 / 500g
				Save 6-11 cases	Save 8%
				Buy 12+ cases	Save 12%
661594 812303	44310	GMO	* @ +	Cane Sugar, Unrefined, Organic	6 / 2kg
				Save 6-11 cases	Save 8%
				Buy 12+ cases	Save 12%
LIVIVA KETO PASTAS - 10% OFF					
628110 422422	30720	GMO	GF V	Dried Shirataki, Instant Rice (Keto certified)	6 / 120g
628110 422408	30721	GMO	GF V	Dried Shirataki, Noodles (Keto certified)	6 / 120g
628110 422415	30722	GMO	GF V	Dried Shirataki, Spaghetti (Keto certified)	6 / 120g
628110 422019	30723	GMO	GF V *	Bean Pasta, Black Bean Fettuccine, Organic (Keto certified)	6 / 200g
628110 422002	30724	GMO	GF V *	Bean Pasta, Black Bean Spaghetti, Organic (Keto certified)	6 / 200g
628110 422026	30725	GMO	GF V *	Bean Pasta, Edamame Spaghetti, Organic (Keto certified)	6 / 200g

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
628110 422224	30726	GMO	V		Keto Pasta, Fettuccine (Keto certified)	6 / 225g
628110 422217	30727	GMO	V		Keto Pasta, Linguine (Keto certified)	6 / 225g
628110 422200	30728	GMO	V		Keto Pasta, Spaghetti (Keto certified)	6 / 225g
628110 422538	30729	GMO	GF V		Shirataki, Fettuccine (Keto certified)	6 / 520g
628110 422576	30730	GMO	GF V		Shirataki, Penne (Keto certified)	6 / 520g
628110 422552	30731	GMO	GF V		Shirataki, Rice shaped (Keto certified)	6 / 520g
628110 422521	30732	GMO	GF V		Shirataki, Spaghetti (Keto certified)	6 / 520g
LOVE CHILD ORGANICS BABY FOOD & SNACKS - UP TO \$3.20 OFF						
058449 252900	69525	GMO	GF	* +	OATY CHOMPS Bars, Banana+Chocolate+Kale (no added sugar) (6pk), Organic	8 / 138g
858860 001428	69507	GMO	GF	* +	OATY CHOMPS Bars, Blueberry+Carrot (no added sugar) (6pk), Organic	8 / 138g
858860 001442	69517	GMO	GF	* +	OATY CHOMPS Bars, Cherry+Spinach (no added sugar) (6pk), Organic	8 / 138g
858860 001435	69508	GMO	GF	* +	OATY CHOMPS Bars, Raspberry+Beet (no added sugar) (6pk), Organic	8 / 138g
858860 001077	61051	GMO		* +	Puree, First Apple, Organic	2 / 6x128ml
858860 001084	61052	GMO		* +	Puree, First Pear, Organic	2 / 6x128ml
858860 001022	61041	GMO		* +	Puree, Apples, Bananas, Blueberries, Organic	2 / 6x128ml
858860 001626	61063	GMO		* +	Puree, Apples, Banana's, Spinach, Avocado, Organic	2 / 6x128ml
858860 001060	61045	GMO		* +	Puree, Apples, Corn, Butternut Squash, Organic	2 / 6x128ml
858860 001015	61040	GMO		* +	Puree, Apples, Mangos, Organic	2 / 6x128ml
858860 001121	61047	GMO		* +	Puree, Apples, Spinach, Kiwi, Broccoli, Organic	2 / 6x128ml
858860 001640	61065	GMO		* +	Puree, Apples, Strawberries, Beets, Blueberries, Organic	2 / 6x128ml
858860 001114	61046	GMO		* +	Puree, Apples, Sweet Potatoes, Beets, Cinnamon, Organic	2 / 6x128ml
858860 001046	61043	GMO		* +	Puree, Apples, Sweet Potatoes, Carrots, Blueberries, Organic	2 / 6x128ml
858860 001619	61067	GMO		* +	Puree, Bananas, Carrots, Mangoes, Coconut, Organic	2 / 6x128ml
858860 001176	61049	GMO		* +	Puree, Bananas, Pumpkins, Pears, Coconut, Organic	2 / 6x128ml
858860 001039	61042	GMO		* +	Puree, Bananas, Strawberries, Peaches, Organic	2 / 6x128ml
858860 001053	61044	GMO		* +	Puree, Pears, Kale, Peas, Organic	2 / 6x128ml
858860 001152	61055	GMO		* +	Puree, Yogurt + Grains, Pears, Bananas, Blackberries, Raspberries, Organic	2 / 6x128ml
LUNDBERG FAMILY FARMS PRODUCTS - UP TO \$2.29 OFF + VOLUME PRICING						
073416 001800	24108	GMO	GF	*	Brown Rice Syrup, Sweet Dreams, Organic	12 / 595g
					Buy 10-24 cases (24108 only)	Save 5.57
					Buy 25-49 cases (24108 only)	Save 8.36
					Buy 50+ cases (24108 only)	Save 11.14
073416 004337	31215	GMO	GF		Rice, Wild Blend, Nutra-Farmed	6 / 454g
					Buy 10-24 cases (454g skus)	Save 1.98
					Buy 25-49 cases (454g skus)	Save 2.88
					Buy 50+ cases (454g skus)	Save 4.38
073416 051911	31205		GF		Rice, Arborio, White, Nutra-Farmed	6 / 907g
073416 406032	31209	GMO	GF	*	Rice, Basmati, Brown, Organic	6 / 907g
073416 404045	31210	GMO	GF	*	Rice, Basmati, White, Organic	6 / 907g
073416 040502	31211	GMO	GF	*	Rice, Jasmine, California Brown, Organic	6 / 907g
073416 040489	31212	GMO	GF	*	Rice, Jasmine, White, Organic	6 / 907g
073416 040434	31207	GMO	GF	*	Rice, Sushi, White, Organic	6 / 907g
					Buy 10-24 cases (907g skus)	Save 1.75
					Buy 25-49 cases (907g skus)	Save 4.50
					Buy 50+ cases (907g skus)	Save 5.88
073416 405523	31202	GMO	GF		Rice, Basmati, Brown, Nutra-Farmed	6 / 907g
073416 403536	31203	GMO	GF		Rice, Basmati, White, Nutra-Farmed	6 / 907g
073416 040427	31204	GMO	GF		Rice, Jasmine, White, Nutra-Farmed	6 / 907g
073416 199644	31208	GMO	GF	*	Rice, Long Grain Brown, Organic	6 / 907g
073416 250109	31231	GMO	GF	*	Rice, Long Grain White, Regenerative Organic	6 / 907g
073416 199637	31206	GMO	GF	*	Rice, Short Grain, Brown, Organic	6 / 907g
					Buy 10-24 cases (907g skus)	Save 1.75
					Buy 25-49 cases (907g skus)	Save 4.50
					Buy 50+ cases (907g skus)	Save 5.88

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052		Order
073416 402010	32098	GMO	B GF *	X Rice, Basmati, Brown, Organic 1 / 11.34kg
073416 401341	32039	GMO	B GF *	X Rice, Long Grain White, Organic 1 / 11.34kg
				Buy 10-29 cases (11.34kg skus) Save 1.00
				Buy 30+ cases (11.34kg skus) Save 5.00
073416 401518	32050	GMO	B GF	X Rice, Basmati, White, Eco-Farmed 1 / 11.34kg
073416 401327	32074	GMO	B GF *	X Rice, Long Grain, Brown, Organic 1 / 11.34kg
				Buy 10-29 cases (11.34kg skus) Save 1.00
				Buy 30+ cases (11.34kg skus) Save 5.00
073416 402027	32102	GMO	B GF *	X Rice, Basmati, White, Organic 1 / 11.34kg
073416 040298	32043	GMO	B *	Rice, Jasmine White, Organic 1 / 11.34kg
073416 401617	32097	GMO	B GF *	X Rice, Sushi, White, Organic 1 / 11.34kg
				Buy 10-29 cases (11.34kg skus) Save 1.00
				Buy 30+ cases (11.34kg skus) Save 5.00
073416 401228	32076	GMO	B GF *	X Rice, Short Grain, Brown, Organic 1 / 11.34kg
				Buy 10-29 cases (11.34kg skus) Save 1.00
				Buy 30+ cases (11.34kg skus) Save 5.00
073416 020252	38723	GMO	GF	Risotto, Butternut Squash, Eco-Farmed 6 / 164g
073416 020245	38722	GMO	GF	Risotto, Garlic Primavera, Eco-Farmed 6 / 156g
073416 587502	38724	GMO	GF *	Rice Mix, Chicken & Herb w/Long Grain 6 / 156g
				White Rice, Regenerative Organic
073416 587601	38725	GMO	GF *	Rice Mix, Cilantro Lime w/Long Grain 6 / 156g
				White Rice, Regenerative Organic
MADEGOOD BARS - \$4.00 OFF				
687456 216119	64009	GMO	GF V *	Bars, Chocolate Chip, Organic 4 / 15x24g G
MAISON ORPHEE PRODUCTS - 15% OFF				
069593 120182	32365	GMO	*	Mustard, Dijon, Organic 12 / 250ml
069593 120199	32366	GMO	*	Mustard, Old-Fashioned, Organic 12 / 250ml
069593 120175	32364	GMO	*	Mustard, Yellow w/Turmeric, Organic 12 / 250ml
069593 120144	30209	GMO	*	Oil, Canola, Unrefined, Organic (Keto certified) 6 / 750ml
069593 120069	30193	GMO	*	Oil, Extra Virgin Olive, Balanced (Keto certified) 6 / 750ml
069593 120076	30194	GMO	*	Oil, Extra Virgin Olive, Delicate (Keto certified) 6 / 750ml
069593 120137	30208	GMO	*	Oil, Extra Virgin Olive, Delicate, Organic (Keto) 6 / 750ml
069593 120328	30195	GMO	*	Oil, Grapeseed (Keto certified) 6 / 750ml
069593 120151	30210	GMO	*	Oil, Sunflower, Unrefined, Organic (Keto certified) 6 / 750ml
MARY'S ORGANIC PRODUCTS - 10% OFF + VOLUME PRICING				
853665 005862	17620	GMO	GF V *	CHEEZEE Crackers, Cheddar Flavour, Organic 6 / 120g
853665 005879	17621	GMO	GF V *	CHEEZEE Crackers, Cheese & Herb Flavour, Organic 6 / 120g
853665 005114	16833	GMO	GF V *	SUPER SEED Crackers, Basil & Garlic, Organic 6 / 156g
897580 000168	16832	GMO	GF V *	SUPER SEED Crackers, Classic, Organic 6 / 156g
853665 005091	16834	GMO	GF V *	SUPER SEED Crackers, Everything, Organic 6 / 156g
				Buy 15-29 cases Save 5%
				Buy 30+ cases Save 10%
853665 005527	17612	GMO	GF *	KOOKIES, Chocolate, Organic 6 / 142g
853665 005510	17611	GMO	GF *	KOOKIES, Cinnamon, Organic 6 / 142g
853665 005503	17610	GMO	GF *	KOOKIES, Honey, Organic 6 / 142g
853665 005602	16837	GMO	GF V *	REAL THIN CRACKERS, Garlic Rosemary, Organic 6 / 142g
853665 005596	16838	GMO	GF V *	REAL THIN CRACKERS, Sea Salt, Organic 6 / 142g
				Buy 15-29 cases Save 5%
				Buy 30+ cases Save 10%
897580 000151	16376	GMO	GF V *	Crackers, Black Pepper, Organic 12 / 184g
897580 000137	16187	GMO	GF V *	Crackers, Herb, Organic 12 / 184g
897580 000106	16185	GMO	GF V *	Crackers, Original, Organic 12 / 184g
				Buy 15-29 cases Save 5%
				Buy 30+ cases Save 10%
MAUREEN'S COOKING SAUCE - \$6.00 OFF				
627987 503753	14902		* +	Sauce, Mild Coconut Curry 12 / 350ml
841307 000313	14900		* +	Sauce, The Original Jerk 12 / 350ml
MELT ORGANIC PLANT BUTTER (REFRIGERATED) - 10% OFF				
856014 002079	10761	GMO	*	Plant Butter, Salted Sticks, Organic (4 sticks) 12 / 454g
856014 002024	10760	GMO	*	Plant Butter, Spread, Organic 12 / 368g

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MID-DAY SQUARES FUNCTIONAL CHOCOLATE (REFRIGERATED) - 15% OFF								
877977 000292	50259	GMO	V	@	+	Squares, Cookie Dough	5 / 4x33g	G
877977 000407	50260	GMO	V	@	+	Squares, Crunchy Peanut	5 / 4x33g	G
877977 000278	50258	GMO	V	@	+	Squares, Peanut Butta	5 / 4x33g	G
NAKED & SAUCY COOKING SAUCE - 15% OFF								
890104 001368	40108	GMO	*	BC	+	NEW! Sauce, Teriyaki Sesame Ginger, Organic	6 / 473ml	
NATURA DAIRY-FREE BEVERAGE - 20% OFF								
063667 201197	06406				+	Barista, Oat, Premium (tetra pak)	6 / 946ml	
063667 201098	06405	GMO	GF	*	+	Oat, Simple, Organic (tetra pak)	6 / 946ml	
063667 201081	06404	GMO	GF	*	+	Oat, Chocolate, Organic (tetra pak)	12 / 946ml	U
063667 201012	06402	GMO	GF	*	+	Oat, Unsweetened Original, Organic (tetra pak)	12 / 946ml	U
063667 201029	06403	GMO	GF	*	+	Oat, Unsweetened Vanilla, Organic (tetra pak)	12 / 946ml	U
NATUREBEE CONCENTRATED FOAMING HAND SOAP TABLETS & SHOWER STEAMERS								
628176 082516	30614				+	NEW! Foaming Hand Soap Tablets, Eucalyptus Mint	12 / 2x8g	G P
628176 082202	30617				+	NEW! Hand Soap Kit, Warm Coconut (350ml glass dispenser w/soap tablet)	12 / 1kit	G P
628176 082387	30616				+	NEW! Shower Steamers, Eucalyptus Mint (5ct)	12 / 100g	G P
NATURE CLEAN PRODUCTS - UP TO \$7.80 OFF								
058951 403746	80580				+	Dish Soap, Fragrance Free	6 / 740ml	G P
058951 197409	80581				+	Dish Soap, Lavender Tea-Tree	6 / 740ml	G P
058951 403784	80583				+	Dish Soap, Lemon Verbena	6 / 740ml	G P
058951 187400	80582				+	Dish Soap, Mandarin Grapefruit	6 / 740ml	G P
058951 380184	80570				+	Dishwasher Pods (24ct)	8 / 432g	G P
058951 217404	80496				+	Fruit & Veggie Soak Concentrate	6 / 740ml	G P
058951 310358	80480				+	Laundry Liquid Concentrated, Fragrance Free (66 loads)	6 / 1L	G P
058951 310372	80481				+	Laundry Liquid Concentrated, Lavender Fields (66 loads)	6 / 1L	G P
058951 637400	80571				+	Multi-Surface Cleaner Spray, Lime Tea Tree	6 / 740ml	G P
NATURE'S PATH GRANOLA - \$3.00 OFF								
058449 251316	25036	GMO	*		+ X	LOVE CRUNCH, Protein, Chocolate Almond Butter, Organic	6 / 312g	
058449 251309	25037	GMO	*		+ X	LOVE CRUNCH, Protein, Peanut Butter, Organic	6 / 312g	
NOOCHPOP! VEGAN CHEESY POPCORN - 10% OFF								
627843 956662	17820	GMO	GF	V	+	X Popcorn, Kinda Cheesy	12 / 20g	G
627843 956709	17824	GMO	GF	V	+	X Popcorn, Kinda Chili Lime & Cheesy	12 / 20g	G
628504 091012	17825	GMO	GF	V	+	X Popcorn, Kinda Dill Pickled & Cheesy	12 / 20g	G
627843 956693	17821	GMO	GF	V	+	X Popcorn, Kinda Garlic & Cheesy	12 / 20g	G
627843 956679	17822	GMO	GF	V	+	X Popcorn, Kinda Nacho & Cheesy	12 / 20g	G
627843 956686	17823	GMO	GF	V	+	X Popcorn, Kinda Sweet & Savoury	12 / 20g	G
NUTS FOR CHEESE CREAMY CASHEW DIP & FERMENTED CASHEW PRODUCT (REFRIGERATED) - UP TO 10% OFF								
842232 021022	18670				+	Creamy Cashew Dip, Artichoke & Jalapeno	6 / 210g	
842232 022029	18671	GMO	*		+	Creamy Cashew Dip, Dill Pickle, Organic	6 / 210g	
842232 023026	18672	GMO	*		+	Creamy Cashew Dip, Roasted Red Pepper, Organic	6 / 210g	
627843 729624	18652	GMO	*		+	Artichoke and Herb, Organic	6 / 120g	
842232 006012	18655	GMO	*		+	Black Garlic, Organic	6 / 120g	
627843 729600	18653	GMO	*		+	Cheddar Style, Chipotle, Organic	6 / 120g	
842232 020018	18656	GMO	*		+	Sharp Cheddar, Organic	6 / 120g	
627843 729631	18651	GMO	*		+	Super Blue, Organic	6 / 120g	
627843 729594	18654	GMO	*		+	Un-brie-lievable, Organic	6 / 120g	
NUUN HYDRATION SUPPLEMENTS - 10% OFF								
811660 024493	40736	GMO	V		X	Drink Mix, Sport, Lemon Lime	12 / 10ct	G
O'DOUGHS BREAD, BUNS & BAGELS (FROZEN) - 15% OFF								
698433 000003	54598	GMO	GF	V	+	X Bread, Flax	6 / 700g	
698433 000027	54599	GMO	GF	V	+	X Bread, White	6 / 700g	
698433 000744	54613	GMO	GF	V	+	X Buns, Hamburger	6 / 400g	
698433 001116	54621	GMO	GF	V	+	X THINS, Sandwich, Multigrain	6 / 510g	
698433 001109	54619	GMO	GF	V	+	X THINS, Sandwich, Original	6 / 510g	
OOME SMOKED TOFU (REFRIGERATED) - 11% OFF								
627987 908923	40340	GMO			+	Smoked Tofu, Greek	6 / 220g	
627987 908947	40341	GMO			+	Smoked Tofu, Just Smoke	6 / 220g	
627987 908978	40342	GMO			+	Smoked Tofu, Maple Soy	6 / 220g	

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
PACIFIC FOODS BROTH - VOLUME PRICING						
052603 067256	38080	GMO		*	Broth, Beef, Organic	12 / 946ml
					Buy 5+ cases (Broth Skus only)	Save 7.44
052603 054089	38069	GMO	GF	*	Broth, Chicken, Low Sodium, Organic	12 / 946ml
052603 054072	38079	GMO	GF	*	Broth, Chicken, Organic	12 / 946ml
052603 054058	38811	GMO	GF	*	Broth, Mushroom, Organic	12 / 1L
052603 054379	38118	GMO	GF	*	Broth, Vegetable, Low Sodium, Organic	12 / 1L
052603 054119	38183	GMO	GF	*	Broth, Vegetable, Organic	12 / 1L
					Buy 5+ cases (Broth Skus only)	Save 7.44
PARTAKE BREWING SPARKLING HOP WATER - 10% OFF						
628110 465849	06019			+	Hop Twist Sparkling Hop Water, Citrus	6 / 4x355ml G U
PATIENCE FRUIT & CO FRUIT JUICE - UP TO \$6.75 OFF						
662166 221103	18209	GMO	GF	*	Pure Cranberry Juice, Not From Concentrate, Organic	6 / 946ml U
662166 222209	18233	GMO		*	Pure Tart Cherry Juice, Not From Concentrate, Organic	6 / 946ml U
662166 223305	18232	GMO		*	Pure Wild Blueberry Juice, Not From Concentrate, Organic	6 / 946ml U
PHILLIPS SODA WORKS - 10% OFF						
818278 009058	11450			+	Soda, Dare Devil Orange Cream (can)	6 / 4x355ml G P U
818278 009034	11448			+	Soda, Intergalatic Root Beer (can)	6 / 4x355ml G P U
818278 009065	11447			+	Soda, Speed King Craft Cola (can)	6 / 4x355ml G P U
818278 009041	11449			+	Soda, Spitfire Ginger Ale (can)	6 / 4x355ml G P U
PRANA PRODUCTS - UP TO 10% OFF						
877693 005816	34105	GMO		+	BEAN ME UP, Bean and Nut Mix, Cheddar Jalapeno	12 / 325g G
877693 005809	34104	GMO		+	BEAN ME UP, Bean and Nut Mix, Spicy Dill Pickle	12 / 325g G
877693 005793	34103	GMO		+	BEAN ME UP, Bean and Nut Mix, Sriracha	12 / 325g G
877693 003096	34092	GMO	GF	*	PROACTIVChia +Probiotics, Ground Black,	6 / 200g
877693 003089	34091	GMO	GF	*	PROACTIVChia +Probiotics, Whole Black,	6 / 284g
877693 005786	26191	GMO		+	Protein Overnight Chia, Blueberry Muffin, Organic	6 / 260g
877693 005762	26192	GMO		+	Protein Overnight Chia, Chocolatey Swirl, Organic	6 / 260g
877693 005779	26190	GMO		+	Protein Overnight Chia, Maple & Apple, Organic	6 / 260g
877693 000583	34097	GMO	GF	*	Seeds, Chia, Whole Black, Organic	4 / 1kg
877693 000330	34063	GMO	GF	*	Seeds, Chia, Ground Black, Organic	6 / 200g
877693 000316	34061	GMO	GF	*	Seeds, Chia, Ground White, Organic	6 / 200g
877693 000323	34062	GMO	GF	*	Seeds, Chia, Whole Black, Organic	6 / 300g
877693 000293	34060	GMO	GF	*	Seeds, Chia, Whole White, Organic	6 / 300g
RAINCOAST GLOBAL MSC CERTIFIED SUSTAINABLE SEAFOOD - \$14.00 OFF						
810757 003977	16873			+	GLOBAL Tuna, Albacore, Chunk in Water, No Salt	24 / 142g
810757 003878	16872			+	GLOBAL Tuna, Albacore, Chunk in Water, Sea Salt	24 / 142g
RICEWORKS GOURMET RICE SNACKS - 10% OFF						
815506 014709	17908	GMO	GF	X	Gourmet Rice Snacks, Honey Habanero	12 / 155g G
815506 014716	17909	GMO	GF	X	Gourmet Rice Snacks, Sweet Cinnamon Churro	12 / 155g G
RISE KOMBUCHA (REFRIGERATED) - 15% OFF						
818762 003029	15341	GMO		+	NEW! Kombucha, Low-Sugar Pineapple & Coconut, Organic (glass)	12 / 414ml G P U
818762 003005	15340	GMO		+	NEW! Kombucha, Low-Sugar Strawberry & Lemon, Organic (glass)	12 / 414ml G P U
818762 003067	15343	GMO		+	NEW! Kombucha, Low-Sugar Pineapple & Coconut, Organic (glass)	6 / 1L G P U
818762 003043	15342	GMO		+	NEW! Kombucha, Low-Sugar Strawberry & Lemon, Organic (glass)	6 / 1L G P U
RIZOPIA RICE PASTA - VOLUME PRICING						
833125 001153	40364	GMO	GF	*	X Brown Rice Elbows, Organic	12 / 454g
833125 001122	40361	GMO	GF	*	X Brown Rice Fettuccine, Organic	12 / 454g
833125 001139	40362	GMO	GF	*	X Brown Rice Fusilli, Organic	12 / 454g
833125 001146	40363	GMO	GF	*	X Brown Rice Penne, Organic	12 / 454g
833125 001115	40360	GMO	GF	*	X Brown Rice Spaghetti, Organic	12 / 454g
					Buy 5-9 cases	Save 5%
					Buy 10-19 cases	Save 10%
					Buy 20-49 cases	Save 15%
					Buy 50+ cases	Save 20%

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
833125 001054	40377	GF	✳	+ X Brown Rice Elbows	12 / 454g	_____
833125 001023	40374	GF	✳	+ X Brown Rice Fettuccine	12 / 454g	_____
833125 001030	40375	GF	✳	+ X Brown Rice Fusilli	12 / 454g	_____
833125 001047	40376	GF	✳	+ X Brown Rice Penne	12 / 454g	_____
833125 001016	40373	GF	✳	+ X Brown Rice Spaghetti	12 / 454g	_____
833125 001078	40379	GF	✳	+ X Brown Rice Spirals	12 / 454g	_____
				Buy 5-9 cases	Save 5%	_____
				Buy 10-19 cases	Save 10%	_____
				Buy 20-49 cases	Save 15%	_____
				Buy 50+ cases	Save 20%	_____
833125 001085	40380	GF	✳	+ X Brown Rice Lasagna	12 / 340g	_____
				Buy 5-9 cases	Save 5%	_____
				Buy 10-19 cases	Save 10%	_____
				Buy 20-49 cases	Save 15%	_____
				Buy 50+ cases	Save 20%	_____
833125 003034	40383	GF	✳	+ X Vegetable Rice Fusilli	12 / 454g	_____
				Buy 5-9 cases	Save 5%	_____
				Buy 10-19 cases	Save 10%	_____
				Buy 20-49 cases	Save 15%	_____
				Buy 50+ cases	Save 20%	_____
ROAD POP SPARKLING HOP WATER - 10% OFF						
628120 870015	10351		✳	+ ROAD POP, Sparkling Hop Water, Cranberry & Orange	6 / 4x473ml	G U _____
628120 870008	10350		✳	+ ROAD POP, Sparkling Hop Water, Original	6 / 4x473ml	G U _____
ROAR PLUS VITAMIN & ELECTROLYTE MIX - 15% OFF						
628250 053425	19912			+ X NEW! Tropical Twist (ETA early March)	12 / 7.18g	G _____
SANTA CRUZ ORGANIC 100% LEMON & LIME JUICE - UP TO \$4.50 OFF + VOLUME PRICING						
036192 000191	06308	GMO	*	100% Lemon Juice, Organic	6 / 946ml	U _____
036192 000207	06309	GMO	*	100% Lime Juice, Organic	6 / 946ml	U _____
				Buy 10-49 cases (946ml 100% Juice skus only)	Save 0.50	_____
				Buy 50+ cases (946ml 100% Juice skus only)	Save 1.50	_____
SAPSUCKER SPARKLING TREE WATER - \$1.99 OFF						
898171 000307	56419	GMO	*	✳ + X NEW! The Blackberry One, Organic (sweetened w/maple sap)	12 / 355ml	G U _____
898171 000154	56417	GMO	*	✳ + X The Grapefruit One, Organic (sweetened w/maple sap)	12 / 355ml	G U _____
898171 000024	56415	GMO	*	✳ + X The Lemon One, Organic (sweetened w/maple sap)	12 / 355ml	G U _____
898171 000031	56414	GMO	*	✳ + X The Lime One, Organic (sweetened w/maple sap)	12 / 355ml	G U _____
898171 000178	56418	GMO	*	✳ + X The Orange One, Organic (sweetened w/maple sap)	12 / 355ml	G U _____
898171 000017	56413	GMO	*	✳ + X The Original One, Organic (sweetened w/maple sap)	12 / 355ml	G U _____
898171 000284	56416	GMO	*	✳ + X The Peach One, Organic (sweetened w/maple sap)	12 / 355ml	G U _____
SALT SPRING COFFEE - \$9.00 OFF						
628415 084646	12364	GMO	* @	+ Whole Bean Coffee, Blue Heron, Medium Dark Roast, Organic	6 / 908g	_____
628415 084424	12365	GMO	* @	+ Whole Bean Coffee, French Roast, Darkest Roast, Organic	6 / 908g	_____
SAVE DA SEA PLANT-BASED SEAFOOD (REFRIGERATED) - 10% OFF						
627987 308266	40453		✳	+ NEW! Creamy Cashew Spread, Carrot Lox	6 / 185g	_____
627987 308273	40454		✳	+ NEW! Creamy Cashew Spread, Tuna	6 / 185g	_____
SAY IT AIN'T SODA FRUIT & BOTANICALS SPARKLING SOFT DRINK - 15% OFF						
801009 100063	11562		✳	+ Blossoming Orchard (ume, pear, lavender)	6 / 4x355ml	G P U _____
801009 100049	11561		✳	+ Citrusy Symphony (calamansi, blood orange, star anise)	6 / 4x355ml	G P U _____
801009 100056	11560		✳	+ Trip To The Tropics (grapefruit, guava, hibiscus)	6 / 4x355ml	G P U _____
SENSIBLE PORTIONS GARDEN VEGGIE STRAWS & CHIPS - 15% OFF						
829515 324537	37276	GF		+ X GARDEN VEGGIE STRAWS, BBQ	12 / 120g	G _____
829515 323516	37283	GMO GF		+ X GARDEN VEGGIE STRAWS, Cheddar	12 / 120g	G _____
829515 308582	37280			+ X GARDEN VEGGIE STRAWS, Original	12 / 142g	G _____

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052		Order
829515 324636	37284		X GARDEN VEGGIE STRAWS, Rosemary & Olive Oil	12 / 120g G
829515 323813	37277	GF	X GARDEN VEGGIE STRAWS, Screamin' Hot	12 / 120g G
829515 324520	37278	GF	X GARDEN VEGGIE STRAWS, Sour Cream & Onion	12 / 120g G
829515 324629	37285		X GARDEN VEGGIE STRAWS, Zesty Ranch	12 / 120g G
829515 301378	37279	GF	X GARDEN VEGGIE WAVY CHIPS, Sea Salt	12 / 142g G
SKIPPY'S KETTLE CORN - 30% OFF				
627843 308140	17931	BC	+ X PERFECT POP, Butter	12 / 135g G
SOBER CARPENTER NON-ALCOHOLIC CRAFT BEER - 10% OFF + VOLUME PRICING				
854531 000868	17110		+ Beer, Blonde, (can)	6 / 4x355ml G U
854531 000882	17108		+ Beer, IPA, (can)	6 / 4x355ml G U
854531 000905	17109		+ Beer, Irish Red (can)	6 / 4x355ml G U
				Buy 20+ cases Save 5%
SQUAMISH WATER KEFIR PROBIOTIC SODA (REFRIGERATED) - 15% OFF				
628451 426219	23604		+ Probiotic Soda, Berry Berry (can)	12 / 355ml G P U
628451 426028	23606		+ Probiotic Soda, Blood Orange (can)	12 / 355ml G P U
628451 426257	23616		+ Probiotic Soda, Cola (can)	12 / 355ml G P U
628451 426240	23617		+ Probiotic Soda, Cream Soda (can)	12 / 355ml G P U
628451 426004	23605		+ Probiotic Soda, Lemon Ginger (can)	12 / 355ml G P U
628451 426059	23609		+ Probiotic Soda, Lemonade Iced Tea (can)	12 / 355ml G P U
628451 426035	23608		+ Probiotic Soda, Mojito Mint (can)	12 / 355ml G P U
628451 426233	23618		+ Probiotic Soda, Root Beer (can)	12 / 355ml G P U
SQUAMISH WATER KEFIR FROZEN PROBIOTIC POPS - 10% OFF				
628451 426165	23612		+ X Pops, Coconut-Horchata	6 / 4x80ml G
628451 426158	23613		+ X Pops, Fudge	6 / 4x80ml G
628451 426141	23614		+ X Pops, Grape	6 / 4x80ml G
628451 426134	23615		+ X Pops, Lemonade	6 / 4x80ml G
628451 426226	23619		+ X Pops, Root Beer	6 / 4x80ml G
STOKED OATS SUPERFOOD PRODUCTS - 20% OFF				
818541 000706	22467	GF	+ Granola Multipack, Stoked3 (6pk w/3 flavours)	8 / 300g
818541 000089	22465	GF	+ Granola, Bucking Eh (apple, mulberries, currants & cinnamon)	8 / 300g
818541 000003	22466	GF	+ Granola, Mountain Maple (maple syrup, chia & flax)	8 / 300g
818541 000096	22468	GF	+ Granola, Stone Age (almonds, walnuts, chia & pumpkin seeds)	8 / 300g
818541 000140	22450	GMO GF	+ Oatmeal Blend, Aphrodisi-Oats (chocolate chips, almonds & chia)	8 / 500g
818541 000119	22451	GMO GF	+ Oatmeal Blend, Bucking-Eh (apples, mulberries, chia & cinnamon)	8 / 500g
818541 000317	22452	GMO GF	+ Oatmeal Blend, Mountain Maple (maple syrup & chia)	8 / 500g
818541 000133	22453	GMO GF	+ Oatmeal Blend, Redline (chocolate chips, walnuts, coffee)	8 / 500g
818541 000126	22454	GMO GF	+ Oatmeal Blend, Stone Age (pumpkin seeds, coconut, almonds & walnuts)	8 / 500g
818541 008320	22471	GMO GF	+ Pancake Mix, Bucking-Eh (milled oats, apples, buckwheat & cinnamon)	6 / 285g
818541 008313	22470	GMO GF	+ Pancake Mix, Mountain Maple (maple syrup & cinnamon)	6 / 285g
818541 000072	22460	GMO GF	+ * RUN OF THE MILL, Quick Oats, Organic	10 / 810g
818541 000065	22461	GMO GF	+ * RUN OF THE MILL, Rolled Oats, Organic	10 / 810g
818541 008269	22462	GMO GF	+ * RUN OF THE MILL, Steel cut Oats, Organic	10 / 810g
SUNDHED SEA SALT & PURE HIMALAYAN SALT - 15% OFF				
873778 006174	06169		+ Sea Salt Grinder	6 / 250g
873778 006778	06171		+ Sea Salt, Coarse	6 / 750g
873778 006730	06174		+ Sea Salt, Fine Iodized	6 / 750g
873778 006099	02252		+ Himalayan Pink Salt Grinder	6 / 250g
873778 006082	02251		+ Himalayan Pink Salt, Fine	6 / 250g
873778 006679	02253		+ Himalayan Pink Salt Grinder	6 / 390g
873778 006129	02255		+ Himalayan Pink Salt, Coarse	6 / 750g
873778 006112	02254		+ Himalayan Pink Salt, Fine	6 / 750g
873778 006143	02257		+ Himalayan White Salt, Fine Iodized	6 / 750g
SUNSHINE FARMS PRODUCTS - 10% OFF				
625077 850107	14239	GMO	+ * Pickles, Baby Dills, Organic	12 / 500ml
625077 810156	14242	GMO	+ * Pickles, Whole Dill, Organic	12 / 1L
625077 850077	14489	GMO	+ * Relish, Sweet, Organic	12 / 500ml
625077 855003	14543	GMO	+ * Vinegar, White, Organic	12 / 473ml

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TAZO LATTE CONCENTRATE & TEA BAGS - 15% OFF						
794522 002245	30881				Black Tea, Awake English Breakfast	6 / 20ct
794522 002191	30885	GMO	*		Black Tea, Chai, Organic	6 / 20ct
794522 002146	30883				Black Tea, Earl Grey	6 / 20ct
794522 002214	30886				Green Tea, Green Ginger	6 / 20ct
794522 002184	30889				Herbal Tea, Passion (hibiscus, orange peel, rose hips & passion fruit)	6 / 20ct
794522 002207	30887				Herbal Tea, Wild Sweet Orange	6 / 20ct
794522 002252	30890				Latte, Chai Black Tea Concentrate (1:1)	6 / 946ml
THE BETTER BUTCHERS FORAGER'S FINEST MUSHROOM POWERED GROUND (FROZEN) - 15% OFF						
628719 411018	56330			✱ + X	FORAGER'S FINEST, Chorizo	6 / 300g
628719 411025	56331			✱ + X	FORAGER'S FINEST, Italian	6 / 300g
628719 411001	56332			✱ + X	FORAGER'S FINEST, Natural	6 / 300g
THIRSTY BUDDHA SPARKLING COCONUT WATER - \$2.25 OFF						
852953 001654	72521	GMO		+ X	Sparkling Coconut Water with Pineapple (can)	12 / 330ml G P U
852953 001357	72522	GMO		+ X	Sparkling Coconut Water with Watermelon (can)	12 / 330ml G P U
TOFINO RAW KOMBUCHA (REFRIGERATED) - 15% OFF						
628176 608136	17243	GMO	*	✱ + X	Kombucha, Apple Honeybush, Organic (can)	12 / 355ml G P U
628176 608068	17233	GMO	*	✱ + X	Kombucha, Apricot & Rose, Organic (can)	12 / 355ml G P U
628176 608082	17234	GMO	*	✱ + X	Kombucha, Blueberry & Lavender, Organic (can)	12 / 355ml G P U
628176 608020	17235	GMO	*	✱ + X	Kombucha, Ginger & lemon, Organic (can)	12 / 355ml G P U
628176 608044	17236	GMO	*	✱ + X	Kombucha, Jasmine & Hibiscus, Organic (can)	12 / 355ml G P U
628176 608112	17242			X	Kombucha, Organic, Mix Pack (can)	12 / 355ml G P U
628176 608105	17237	GMO	*	✱ + X	Kombucha, Raspberry, Organic (can)	12 / 355ml G P U
628176 608150	17244	GMO	*	✱ + X	Kombucha, Turmeric Raspberry, Organic (can)	12 / 355ml G P U
TOFURKY MEAT ALTERNATIVE (REFRIGERATED) - 10% OFF						
025583 119062	57091				Sausages, Chorizo, Plant-based	8 / 227g
025583 120310	57078	GMO			Sausages, Italian, Plant-Based	12 / 369g
TOM'S OF MAINE DEODORANT - 75% OFF						
035000 968425	80674				Deodorant For Men, Mountain Spring	1 / 79g G P
UNCLE LEE'S TEA - 15% OFF						
892241 000679	12963	GMO	*		Black Tea, Organic	12 / 100ct
049606 100042	12956				Green Tea, Legend of China, Original	12 / 100ct
892241 000686	12964	GMO	*		Green Tea, Organic	12 / 100ct
892241 000693	12965	GMO	*		White Tea, Organic	12 / 100ct
WHISTLER WATER - 10% OFF + VOLUME PRICING						
620791 000159	06067			✱ +	Glacial Spring Water	12 / 1.5L U
					Buy 44+ cases (06067 only)	Save 5%
WHITEWATER COOKS PRODUCTS - 10% OFF						
627843 382140	77801			✱ +	Glory Bowl Dressing	12 / 350ml
627843 382133	77803			✱ +	Honey Curry Vinaigrette	12 / 350ml
627843 382157	77802			✱ +	Maple Balsamic Vinaigrette	12 / 350ml
627843 382164	77800			✱ +	Miso Ginger Marinade	12 / 350ml
WILD COUNTRY HONEY - 15% OFF						
621234 600165	44107			✱ +	Buckwheat Honey, Canada #1 Amber	12 / 500g
621234 610041	44109			✱ +	Pure Raw Honey, Canada #1 White	12 / 500g
621234 600042	44212			✱ +	Royal Jelly in Honey	12 / 500g
621234 600400	44108			✱ +	Wild Blossom Honey, Canada #1 Golden	12 / 500g
WIZE SPARKLING ICED TEA - 10% OFF						
628250 387469	13656			+ X	Sparkling Coffee Leaf Tea, Honeycrisp Apple (can)	12 / 355ml G P U
628250 387360	13653			+ X	Sparkling Coffee Leaf Tea, Mango (can)	12 / 355ml G P U
628250 387445	13654			+ X	Sparkling Coffee Leaf Tea, Wild Raspberry (can)	12 / 355ml G P U
YOGI HERBAL TEA - \$3.55 OFF						
076950 650213	12652	GMO	*		Green Tea, Kombucha, Organic	6 / 16ct
076950 615335	12677	GMO	*		Herbal Tea, Chai Rooibos, Organic	6 / 16ct
076950 615168	12720	GMO	*		Herbal Tea, EGYPTIAN LICORICE, Organic	6 / 16ct
076950 650114	12670	GMO	*		Herbal Tea, Ginger, Organic	6 / 16ct
076950 650176	12671	GMO	*		Herbal Tea, Lemon Ginger, Organic	6 / 16ct

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
076950 203471	12945	GMO	*	Medicinal Tea, Calming, Organic	6 / 16ct
076950 208957	12949	GMO	*	Medicinal Tea, Cold Support, Echinacea	6 / 16ct
076950 209374	12678	GMO	*	Elderberry, Organic	6 / 16ct
076950 209381	12679	GMO	*	Medicinal Tea, Focus, Spiced Blackberry (w/caffeine), Organic	6 / 16ct
076950 208414	12672	GMO	*	Medicinal Tea, Morning Vitality (w/caffeine), Organic	6 / 16ct
076950 203488	12944	GMO	*	Medicinal Tea, POSITIVE ENERGY, Sweet Citrus (w/caffeine), Organic	6 / 16ct
076950 209367	12680	GMO	*	Medicinal Tea, Restful Sleep, Organic	6 / 16ct
076950 207028	12653	GMO	*	Medicinal Tea, Revitalize, Chai Turmeric, Organic	6 / 16ct
076950 209114	12673	GMO	*	Medicinal Tea, STRESS RELIEF, Chamomile Passionflower, Organic	6 / 16ct
			*	Medicinal Tea, STRESS SUPPORT, Soothing Cinnamon, Organic	6 / 16ct

ZAZUBEAN | CHOCOLATE BARS - VOLUME PRICING

872227 001135	14773	GMO	@	+ X	FIXIE Chocolate Candy Bar, Coconut Crunch	15 / 35g	G
872227 001159	14774	GMO	@	+ X	FIXIE Chocolate Candy Bar, Hazelnut Crunch	15 / 35g	G
						Buy 10+ cases	Save 2.00
872227 000367	14742	GMO	* @	+ X	Coconut Sugar, Coconut Milk Punch - Pineapple & Coconut, Organic	12 / 85g	G
872227 000206	14739	GMO	* @	+ X	Coconut Sugar, Coconut Milk Sassy - Pomegranate & Hazelnut, Organic	12 / 85g	G
872227 000343	14750	GMO	* @	+ X	Coconut Sugar, Dark Buff - Strong Dark Chocolate (90% Cacao), Organic	12 / 85g	G
872227 000244	14741	GMO	* @	+ X	Coconut Sugar, Dark Kiki - Fig & Sea Salt (65% Cacao), Organic	12 / 85g	G
872227 000183	14738	GMO	* @	+ X	Coconut Sugar, Dark Nudie - Extra Dark Chocolate (80% Cacao), Organic	12 / 85g	G
872227 000220	14740	GMO	* @	+ X	Coconut Sugar, Dark Salty - Sea Salt & Almonds (65% Cacao), Organic	12 / 85g	G
872227 000145	07189	GMO	* @	+ X	Grass Fed Milk Chocolate, Smooch - Vanilla Caramel Crunch, Organic	12 / 85g	G
872227 001098	14751	GMO	* @	+ X	Oat Milk Chocolate, Bestie - Almond Toffee Crunch, Organic	12 / 85g	G
872227 000107	14737	GMO	* @	+ X	Superfood, Cheeky - Salted Toffee & Banana w/Maca (70% Cacao), Organic	12 / 85g	G
872227 000060	14734	GMO	* @	+ X	Superfood, Flirt - Raspberry & Cherry w/Acai (70% Cacao), Organic	12 / 85g	G
872227 000015	14733	GMO	* @	+ X	Superfood, Hottie - Chili & Cinnamon w/Yerba Mate (71% Cacao), Organic	12 / 85g	G
872227 000046	14731	GMO	* @	+ X	Superfood, Lunatic - Mint & Cocoa Nibs w/Maca (73% Cacao), Organic	12 / 85g	G
872227 000169	14732	GMO	* @	+ X	Superfood, Nakid - Cocoa Nibs & Vanilla (73% Cacao), Organic	12 / 85g	G
872227 000084	14735	GMO	* @	+ X	Superfood, Nutbar - Coconut & Almond w/Camu Camu (70% Cacao), Organic	12 / 85g	G
872227 000121	14736	GMO	* @	+ X	Superfood, Squeeze - Orange & Ginger w/Turmeric (70% Cacao), Organic	12 / 85g	G
872227 000602	14763		@	+ X	SLINKY No Added Sugar, Creamy Hazelnut (44% Cacao)	12 / 80g	G
872227 000541	14760		@	+ X	SLINKY No Added Sugar, Grass Fed Swiss Milk (50% Cacao)	12 / 80g	G
872227 000640	14765		@	+ X	SLINKY No Added Sugar, Hazelnut Mocha Latte (43% Cacao)	12 / 80g	G
872227 000626	14764		@	+ X	SLINKY No Added Sugar, Super Dark Panama (85% Cacao)	12 / 80g	G
						Buy 10+ cases	Save 2.00

ZEVIA BEVERAGES - \$3.84 OFF

849429 000723	72083	GMO	GF	X	Energy Drink, Kōla	12 / 355ml	G P U
849429 000709	72081	GMO	GF	X	Energy Drink, Mango Ginger	12 / 355ml	G P U
849429 003045	72084	GMO	GF	X	Energy Drink, Pineapple Paradise	12 / 355ml	G P U
849429 000716	72082	GMO	GF	X	Energy Drink, Raspberry Lime	12 / 355ml	G P U
849429 003052	72085	GMO	GF	X	Energy Drink, Strawberry Kiwi	12 / 355ml	G P U
849429 004097	72060	GMO	GF	X	Soda Sleek Can, Cola	12 / 355ml	G P U
849429 004110	72061	GMO	GF	X	Soda Sleek Can, Ginger Ale	12 / 355ml	G P U
849429 004103	72062	GMO	GF	X	Soda Sleek Can, Orange	12 / 355ml	G P U
849429 004127	72063	GMO	GF	X	Soda Sleek Can, Root Beer	12 / 355ml	G P U

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849429 001560	72032	GMO	GF	* @	X Tea, Blood Orange Earl Grey, Organic	12 / 355ml		U	_____
849429 001577	72033	GMO	GF	* @	X Tea, Passionfruit Hibiscus, Organic	12 / 355ml		U	_____
849429 001546	72031	GMO	GF	* @	X Tea, Raspberry Black Tea, Organic	12 / 355ml		U	_____
CLEARANCE									
<i>Discontinued and Clearance items are final sale</i>									
ALGI IMPACT BAR - 50% OFF									
628011 317049	31420				+ X IMPACT Bar, Cocoa & Cacao Nibs	12 / 55g		G	_____
628011 317032	31421				+ X IMPACT Bar, Sunflower Seeds & Sea Salt	12 / 55g		G	_____
AURA CACIA BODY CARE - 65% OFF									
051381 382612	83001				Aromatherapy Bubble Bath, Tranquility	1 / 384ml		G P	_____
BOB'S RED MILL FLOUR - 25% OFF									
039978 002426	34242	GMO	GF	*	X Flour, Rice, Brown, Organic	4 / 680g			_____
ENDANGERED SPECIES CHOCOLATE TREAT MIX - 60% OFF									
	92135				Shipper, Merry Mix (S/O)	18 / 99g			_____
	92134				Merry Mix Dark (S/O)	6 / 99g			_____
	92133				Merry Mix Milk (S/O)	6 / 99g			_____
FREYUUM CRACKERS - 40% OFF									
816695 004069	10323	GMO	GF	BC	+ X Cracker Bites, Cheezy	6 / 120g			_____
816695 004014	10320	GMO	GF	BC	+ X Crackers, Himalayan Salt	6 / 120g			_____
GIA BASMATI RICE IN A BAG - 30% OFF									
882369 110329	38601			B	X White Basmati Rice	1 / 8lb			_____
GOBIO! CANDY - 50% OFF									
687789 216015	45320	GMO		*	+ Gummi Bears, Mixed Fruit, Organic	10 / 75g		G	_____
HERBARIA HERBAL TEA - 90% OFF									
5997005 34373	40850				Herbal Tea, Agrimony Herb	10 / 25ct			_____
IF YOU CARE ENVIRONMENT FRIENDLY CLEANING PRODUCTS - 60% OFF									
770009 250279	46393			@	Rubber Gloves, Small (Certified Natural Rubber) (S/O)	12 / 1pr		G P	_____
KONSCIOUS PLANT-BASED SEAFOOD MEALS (FROZEN) - 40% OFF									
877168 000032	34135	GMO		*	X Roll, Rainbow - w/plant based tuna, mango & Jasberry rice (8pc)	8 / 210g			_____
877168 000025	34134	GMO		*	+ X Roll, Tuna Avocado (8pc)	8 / 210g			_____
MATEINA READY-TO-DRINK YERBA MATE - 40% OFF									
628504 157381	20812	GMO		*	+ X Sparkling Energy Infusion, Mango Key Lime, Organic (can)	12 / 355ml		G P U	_____
NATUREBEE CONCENTRATED FOAMING HAND SOAP TABLETS & HOUSEHOLD CLEANER TABLETS - 25% OFF									
628176 082691	30608				+ Bathroom Cleaner Kit (500ml glass spray bottle w/soap tablet), Eucalyptus Mint	12 / 1ea		G P	_____
628176 082523	30610				+ Bathroom Cleaner Tablets, Eucalyptus Mint	12 / 2x8g		G P	_____
628176 082486	30603				+ Foaming Hand Soap Tablets, Bergamot Lime	12 / 2x8g		G P	_____
628176 082189	30602				+ Hand Soap Kit (350ml glass dispenser w/soap tablet), Unscented	12 / 1ea		G P	_____
628176 082677	30609				+ Multi-Purpose Cleaner Kit (500ml glass spray bottle w/soap tablet), Sweet Citrus	12 / 1ea		G P	_____
628176 082219	30612				+ Multi-Purpose Cleaner Tablets, Sweet Citrus	12 / 2x8g		G P	_____
NATURE CLEAN LAUNDRY PRODUCTS - 65% OFF									
058951 308614	80725				+ Laundry Liquid, White Lily & Moroccan Myrrh, HE (High Efficiency) Certified	4 / 3L		G P	_____
PATIENCE FRUIT & CO SOUR CRAN DRIED CRANBERRIES - 55% OFF									
	91272				Shipper, Sour Cranberry (S/O)	72 / 60g			_____
SAPADILLA BODY CARE - 50% OFF									
677141 010023	70381				Liquid Hand Soap, Grapefruit & Bergamot	6 / 354ml		G P	_____
677141 010016	70380				Liquid Hand Soap, Rosemary & Peppermint	6 / 354ml		G P	_____
677141 010030	70382				Liquid Hand Soap, Sweet Lavender & Lime	6 / 354ml		G P	_____
SAPSUCKER SPARKLING TREE WATER - 50% OFF									
898171 000161	56411	GMO		*	+ Sparkling Tree Water, Grapefruit, Organic	6 / 4x355ml		G U	_____
898171 000208	56409	GMO		*	+ Sparkling Tree Water Lime, Organic	6 / 4x355ml		G U	_____
898171 000192	56410	GMO		*	+ Sparkling Tree Water, Lemon, Organic	6 / 4x355ml		G U	_____
SKIPPY'S KETTLE CORN - 50% OFF									
627843 308140	17931			BC	+ X PERFECT POP, Butter	12 / 135g		G	_____
SPARKMOUTH SPARKLING WATER - 40% OFF									
818278 003445	11415			BC	+ Sparkling Water, Lemon (can)	3 / 8x355ml		G U	_____
SUNDHED SALT LAMP - 50% OFF									
	93021				Salt Lamp Tea 3H (S/O)	1 / ea			_____
	96422				Salt Lamp Tea Triangle (S/O)	1 / ea			_____

UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

CLEARANCE

Discontinued and Clearance items are final sale

THAYERS REMEDIES | WITCH HAZEL - 30% OFF

041507 070066 **85310** Witch Hazel Toner, Lavender 1 / 355ml G P

THOMPSON'S HOMEOPATHIC | CRÈME - 30% OFF

628977 000016 **82000** Arnica Crème 1 / 40ml G P

628977 000498 **82001** Calendula Crème 1 / 40ml G P

TOM'S OF MAINE | DEODORANT - 75% OFF

035000 968425 **80674** Deodorant For Men, Mountain Spring 1 / 79g G P

WILD & FREE ORGANICS PRODUCTS - 50% OFF

628693 963497 **80620** BC + Car Diffuser, Eucalyptus 6 / 59ml G P

628693 963411 **80624** BC + X Lip Balm, Lavender 6 / 11g G P