



PSC Natural Foods

— we deliver the goodness —

February Specials Showcase

Effective February 1-28th 2025
up to 90% off!

MONTHLY SPECIALS

ALTER ECO CHOCOLATE BARS	4	IF YOU CARE PRODUCTS	12
AMY'S ENTRÉES (FROZEN)	4	IMAGINE FOODS NATURAL BROTH & SOUP	12,13
AMY'S PRODUCTS	4,5	INDIANLIFE CHIPS & SAVOURY SNACKS	13
ARIZONA PEPPER'S HOT SAUCE	5	INDIANLIFE ENTRÉES, FLAT BREADS, WRAPS & TORTILLAS (FROZEN)	13
AURA CACIA BODY CARE	5	ISLAND ESSENTIALS NATURAL BODY CARE	13
BARBARA'S BAKERY CHEESE PUFFS	5	JOVIAL PRODUCTS	13
BEE-MINDFUL HUNNIE VEGAN HONEY ALTERNATIVE	5	JUSTIN'S NUT BUTTER CUPS	13
BIG MOUNTAIN SOY-FREE TOFU (REFRIGERATED)	5	JYOTI INDIAN CUISINE	13
BIOITALIA PRODUCTS	5	KAN'S APPETIZERS (FROZEN)	14
BIOVERT LAUNDRY PRODUCTS	5	KARTHEIN'S ORGANIC UNPASTEURIZED KIMCHI & SAUERKRAUT (REFRIGERATED)	14
BLUE DIAMOND PRODUCTS	5	KASLO SOURDOUGH PASTA PASTA FERMENTATA	14
BLUE MONKEY PRODUCTS	6	KIND PRODUCTS	14,15
BLUEBIRD PROVISIONS BONE BROTH	6	KINDRED CULTURES PROBIOTIC WATER KEFIR (REFRIGERATED)	15
BOB'S RED MILL PRODUCTS	6,7	KING ISLAND COCONUT WATER	15
BRAGG APPLE CIDER VINEGAR	7	KOYO RAMEN	15
BUBBIES FERMENTED CONDIMENTS (REFRIGERATED)	7	L'ANCÊTRE CHEESE (REFRIGERATED)	15
CABOO TREE-FREE PAPER PRODUCTS	7	LE PAIN DES FLEURS CRISPBREAD	15
CAMINO CHOCOLATE BARS	7	LICK YOUR CHOPS CAT & DOG FOOD	15
CANADIAN HERITAGE ORGANICS MAPLE BUTTER & SYRUP	7	LITA'S MEXICAN FOODS FLOUR TORTILLAS & VEGAN TAQUITOS (FROZEN)	15
CASBAH AUTHENTIC GRAINS GRAINS, SIDES & SPECIALTY MIXES	7	LIVELY PREBIOTIC POP	16
CHA'S ORGANICS COCONUT PRODUCTS	7	LIVIVA KETO PASTAS	16
CHEF BOMBAY INDIAN APPETIZERS & ENTREES (FROZEN)	8	LOOP MISSION COLD-PRESSED SMOOTHIES & PROBIOTIC SODA (REFRIGERATED)	16
CHIMES CANDY	8	LUCKY FOODS SPRING ROLLS (FROZEN)	16
CLEVER PREMIUM MOCKTAIL	8	LUNDBERG RICE CAKES	16
CÖCO SUPERFOOD HOT CHOCOLATE	8	MACKELLAR FARMS EDAMAME (FROZEN)	16
DAIYA DAIRY-FREE SALAD DRESSING	8	MADEGOOD COOKIES, BARS, BITES & STAR PUFFED CRACKERS	17
DAIYA DAIRY-FREE	8	MAISON ORPHEE PRODUCTS	17
CHEESE ALTERNATIVE (REFRIGERATED)	8	MATEINA INFUSED YERBA MATE TEA & YERBA MATE	17
DAIYA CHEEZECAKE, FLATBREAD & PIZZA (FROZEN)	8	MID-DAY SQUARES FUNCTIONAL CHOCOLATE (REFRIGERATED)	18
DEEBEE'S ORGANICS FREEZER POPS	8	MISHIMA INSTANT SOUP	18
DIVINE CHOCOLATE BARS	8,9	MOOCHO DAIRY-FREE CHEESE ALTERNATIVE (REFRIGERATED)	18
DOMO MICRO-GROUND TEA	9	MOUNTAIN SKY BODY CARE	18
EARTHBOUND FARM ORGANIC FRUIT & VEGETABLES (FROZEN)	9	NAKED & SAUCY PRODUCTS	18
EARTH'S OWN PLANT-BASED BEVERAGE	9	NATURA DAIRY-FREE BEVERAGE	18
ECO-MAX DISHWASHING & SURFACE CLEANING PRODUCTS	9	NATURAL CABANA LEMON & LIMEADE	18
EDEN PRODUCTS	9	NATUREBEE CONCENTRATED TABLETS & REUSABLE SPONGE CLOTHS	18,19
ENDANGERED SPECIES CHOCOLATE CHOCOLATE BARS	9	NATURE CLEAN PRODUCTS	19
FATSO PEANUT BUTTER	10	NATURE'S PATH CEREAL & LOVE CRUNCH GRANOLA	19
FEVER-TREE PREMIUM COCKTAIL MIXERS	10	NATURSOURCE SNACKS	19
FILSINGER'S ORGANIC FOODS APPLE CIDER VINEGAR	10	NIKKEI RAMEN YA AUTHENTIC RAMEN (FROZEN)	19
FOOD FOR LIFE EZEKIEL 4:9 SPROUTED CEREAL	10	NIKKEI RAMEN YA RAMEN SEASONING SAUCE	19
FOOD FOR LIFE BREAD (FROZEN)	10	NORA'S DAIRY-FREE DESSERT (FROZEN)	19
FOUR O'CLOCK TEA CRAFTERS	10	NUMI ORGANIC TEA	19
FREEYUMM CRACKERS	10	NUTS FOR CHEESE FERMENTED CASHEW PRODUCT & CREAMY CASHEW DIP (REFRIGERATED)	20
GARDEIN PLANT-BASED BOWLS (FROZEN)	10	NUUN HYDRATION SUPPLEMENTS	20
GENUINE TEA CO. TEA	10	OASIS PITA BREAD (FROZEN)	20
GIMME ORGANIC ROASTED SEAWEED	10	OCEAN'S HALO PRODUCTS	20
GOBIO! PRODUCTS	11	O'DOUGHS BITE SIZED NAAN STYLE O'DIPPERS (FROZEN)	20
GOMACRO MACROBAR	11	OMEGA NUTRITION PRODUCTS	20
GOODDRINK BOTTLED TEAS & SPRITZERS	11	ORGANIC INDIA TEA HERBAL INFUSIONS	20,21
GREEN CUISINE TOFU (REFRIGERATED)	11	ORIGO FREEZE DRIED FRUIT	21
GT'S SYNERGY RAW KOMBUCHA (REFRIGERATED)	11	PACIFIC FOODS SOUP	21
HABIBI'S MEDITERRANEAN DIPS & HUMMUS (REFRIGERATED)	11	PAMELA'S ARTISAN FLOUR BLEND & PANCAKE MIXES	21
HARDBITE HANDCRAFTED STYLE CHIPS	11	PARTAKE BREWING SPARKLING HOP WATER	21
HARVEST SNAPS BAKED CRISPS	11	PATIENCE FRUIT & CO SOUR CRAN DRIED CRANBERRIES	21
HOME GROWN LIVING FOODS EASY U-BAKE MIX	11,12	PHILLIPS IOTA NON-ALCOHOLIC CRAFT BEER	21
HONEY STINGER SPORTS NUTRITION	12	PIKE PIER FISHERMAN ALL NATURAL SAUCE	21
HORNBY ORGANIC ENERGY BAR	12	PLUMM GOOD PRODUCTS	21
HUER NATURAL CANDY	12	PRANA PRODUCTS	21,22
HUMBLE ORGANIC POTATO CHIPS	12	PROBAR NUTRITIONAL FOOD BAR	22
HUMMINGBIRD BEAN TO BAR CHOCOLATE	12	PUKKA ORGANIC TEA	22
		QUE PASA PRODUCTS	22

RAINCOAST GLOBAL MSC CERTIFIED SUSTAINABLE SEAFOOD	22
RICEWORKS GOURMET RICE SNACKS	23
RISE BOTANICALS SPARKLING APAPTOGENIC BEVERAGE (REFRIGERATED)	23
RISE KOMBUCHA (REFRIGERATED)	23
RIZOPIA RICE PASTA	23
ROAD POP SPARKLING HOP WATER	23
ROAR ORGANIC VITAMIN ENHANCED BEVERAGE	23
R.W. KNUDSEN FRUIT JUICE & VEGETABLE JUICE	23,24
SAFE CATCH LOW MERCURY CANNED SEAFOOD	24
SALT SPRING COFFEE COMPOSTABLE	24
SINGLE-SERVE BREW PODS & COFFEE	24
SAN-J COOKING SAUCE, BREWED SOY SAUCE & ALTERNATIVES	24
SANTA CRUZ ORGANIC 100% LEMON & LIME JUICE	24
SAY IT AIN'T SODA FRUIT & BOTANICALS	
SPARKLING SOFT DRINK	24
SAY WHEN ORGANIC CHAI CONCENTRATE	25
SEASNAX SEAWEED PRODUCTS	25
SKIPPY'S KETTLE CORN	
SOBER CARPENTER NON-ALCOHOLIC CRAFT BEER & CIDER	25
SOTA SPARKLING TEA + ADAPTOGENS	25
SPARKMOUTH MOCKTAILS	25
SPECTRUM PRODUCTS	25
STASH TEA PREMIUM TEA	26
STOKED OATS PRODUCTS	26,27
SUNFLOWER KITCHEN DIP & SAUCE (REFRIGERATED)	27
SWERVE SWEETENER	27

TASTE NIRVANA COCONUT WATER	27
THE GINGER PEOPLE GINGER CANDY	27
THEO CHOCOLATE	27
THRIVE REMEDIES WELLNESS TEAS	27
TOM'S OF MAINE DEODORANT & DENTAL CARE	27,28
TRADITIONAL MEDICINALS TEA	28
TRIPLE JIM'S ALL NATURAL ORGANIC DRIED FRUIT & JUICE MADE FROM BC FRUIT	28
UNCLE LEE'S TEA	28
VEGAN ROB'S PLANT BASED SNACKS	28
VIJ'S INDIAN CUISINE (FROZEN)	28
WHISTLER WATER	28
WILDBRINE FERMENTED VEGETABLES, SAUCE PICKLED VEGETABLES (REFRIGERATED)	29
WILDVINE PICKLED VEGETABLES (REFRIGERATED)	29
WIZARD'S ORGANIC SAUCE	29
WOW BAKING COMPANY COOKIES	29
WOWBUTTER NUT FREE BUTTER	29
YESHI NUTRITIONAL YEAST DRESSING, DIP & NUTRITIONAL YEAST FLAKES	29
YOGI HERBAL TEA	29
YVES VEGGIE CUISINE MEAT ALTERNATIVE (REFRIGERATED)	29
ZAZUBEAN CHOCOLATE BARS	29,30
ZORAW CHOCOLATES FUNCTIONAL CHOCOLATE BARS	30
CLEARANCE	30,31



2025 Container Recycling Fees

Container	Size	Deposit Value	Recycling Fee
Aluminum	0-1L	10c	2c
Plastic	0-1L >1L	10c 10c	5c 6c
Glass	All Sizes	10c	13c
Bi-Metal	0-1L	10c	3c
Drink Box	All Sizes	10c	2c
Gable Top	0-1L >1L	10c 10c	1c 1c
Drink Pouches	All Sizes	10c	2c
Bag-In-Box	All Sizes	10c	30c
Ceramic Bottle	All Sizes	10c	\$29.51
Polypropylene Cups	0-500 ml	10c	5c

Fees effective February 1, 2025
Fees applicable for all non-alcohol beverage containers

To find more information visit <https://www.return-it.ca/beverage/recycling/crf/>

To Our Valued Customers Pricing Notice

PSC continually reviews costs to bring you, our valued customers, as competitive pricing as possible

You will notice many price changes since our last catalogue was published

Some reflect better costing and have been reduced and in some instances higher costs are reflected

- **Please confirm any pricing when placing your order**
- **For volume pricing, please use the case price**
- **Pricing & information is subject to change without notice**

UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order

MONTHLY SPECIALS

ALTER ECO | CHOCOLATE BARS - \$4.94 OFF + VOLUME PRICING

817670 012628	35314	GMO	GF	*	@	X	Dark Chocolate, Blackout, Almond (85% Cacao), Organic	12 / 75g	G	
817670 010204	35232	GMO	GF	V	*	@	X	Dark Chocolate, Blackout, Classic (85% Cacao), Organic	12 / 80g	G
817670 011720	35311	GMO	GF	*	@	X	Dark Chocolate, Blackout, Mint (90% Cacao), Organic	12 / 75g	G	
817670 011188	35312	GMO	GF	*	@	X	Dark Chocolate, Blackout, Super (90% Cacao), Organic	12 / 75g	G	
817670 012499	35313	GMO	GF	*	@	X	Dark Chocolate, Blackout, Total (100% Cacao), Organic	12 / 75g	G	
817670 010525	35285	GMO	GF	*	@	X	Dark Chocolate, Brown Butter (70% Cacao), Organic	12 / 80g	G	
817670 010532	35286	GMO	GF	*	@	X	Dark Chocolate, Burnt Caramel (70% Cacao), Organic	12 / 80g	G	
817670 010259	35237	GMO	GF	*	@	X	Dark Chocolate, Coconut Toffee (47% Cacao), Organic	12 / 80g	G	
817670 010242	35236	GMO	GF	*	@	X	Dark Chocolate, Quinoa Crunch (60% Cacao), Organic	12 / 80g	G	
817670 010518	35284	GMO	GF	*	@	X	Dark Chocolate, Sea Salt (70% Cacao), Organic	12 / 80g	G	
817670 012697	35317	GMO	GF	*	@	X	TRUFFLE THINS, Crème Brûlée, Organic	12 / 85g	G	
817670 012604	35315	GMO	GF	*	@	X	TRUFFLE THINS, Dark Chocolate, Mint Crème, Organic	12 / 84g	G	
817670 012611	35316	GMO	GF	*	@	X	TRUFFLE THINS, Dark Chocolate, Salted Caramel, Organic	12 / 84g	G	
817670 012703	35318	GMO	GF	*	@	X	TRUFFLE THINS, Orange Crème, Organic	12 / 85g	G	
817670 012680	35319	GMO	GF	*	@	X	TRUFFLE THINS, Raspberry Crème, Organic	12 / 85g	G	
							Buy 20-49 cases	Save	0.66	
							Buy 50-99 cases	Save	1.64	
							Buy 100+ cases	Save	3.29	

AMY'S | ENTRÉES (FROZEN) - UP TO \$8.50 OFF

042272 913985	54256					X	Family Size, Broccoli & Cheddar Bake (gluten free)	8 / 860g		
042272 909643	54257					X	Family Size, Cheese Enchilada	8 / 765g		
042272 913961	54258					X	Family Size, Vegetable Lasagna	8 / 920g		
042272 900305	54460					X	Pasta, Macaroni & Cheese	12 / 255g		
042272 900459	54259		GF			X	Pasta, Rice Mac & Cheese (gluten free)	12 / 255g		
042272 913893	56161				V	X	Pasta, Rice Mac & Cheeze, Vegan	12 / 227g		

AMY'S PRODUCTS - UP TO \$4.00 OFF + VOLUME PRICING

042272 905171	10218	GMO			V		Baked Beans, Organic	12 / 398ml		
							Buy 30+ cases	Save	2.00	
042272 905119	38222	GMO			V		Chili, Medium w/Vegetables, Organic	12 / 398ml		
042272 905102	38221	GMO			V		Chili, Medium, Organic	12 / 398ml		
042272 905126	38223	GMO			V		Chili, Spicy, Organic	12 / 398ml		
							Buy 30+ cases	Save	1.00	
042272 905515	10266	GMO			V *		Refried Beans, Black Beans, Organic	12 / 398ml		
042272 905508	10265	GMO			V *		Refried Beans, Traditional, Organic	12 / 398ml		
042272 905522	10267	GMO			V *		Refried Beans, With Green Chiles, Organic	12 / 398ml		
							Buy 30+ cases	Save	2.00	
042272 905140	38321	GMO			*		Soup, Alphabet, Organic	12 / 398ml		
042272 905041	38157	GMO		GF	*		Soup, Black Bean, Organic	12 / 398ml		
042272 907403	38322	GMO			*		Soup, Carrot Ginger, Organic	12 / 398ml		
042272 905867	38609	GMO		GF	*		Soup, Chunky Tomato Bisque, Lower in Sodium, Organic	12 / 398ml		
042272 905362	38067	GMO		GF	*		Soup, Chunky Tomato Bisque, Organic	12 / 398ml		
042272 905409	38668	GMO		GF	*		Soup, Chunky Vegetable, Organic	12 / 398ml		
042272 905010	38156	GMO		GF	*		Soup, Cream of Tomato, Organic	12 / 398ml		
042272 905478	38669	GMO		GF	*		Soup, Fire Roasted Southwestern Vegetable, Organic	12 / 398ml		
042272 905935	38715	GMO		GF	*		Soup, Golden Lentil Dal, Organic	12 / 398ml		
042272 906277	38605	GMO			V *		Soup, Hearty Minestrone, Organic	12 / 398ml		

STORE NAME:

DELIVERY DATE REQUEST:

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
042272 905836	38666	GMQ	GF	*	Soup, Lentil Low Sodium, Organic	12 / 398ml
042272 905829	38607	GMQ	GF	*	Soup, Lentil Vegetable, Lower in Sodium, Organic	12 / 398ml
042272 905355	38330	GMQ	GF	*	Soup, Lentil Vegetable, Organic	12 / 398ml
042272 905027	38152	GMQ	GF	*	Soup, Lentil, Organic	12 / 398ml
042272 905850	38667	GMQ		*	Soup, Minestrone, Low Sodium, Organic	12 / 398ml
042272 905072	38154	GMQ		*	Soup, Minestrone, Organic	12 / 398ml
042272 905034	38153	GMQ		*	Soup, No Chicken Noodle, Organic	12 / 398ml
042272 906697	38783	GMQ	GF	*	Soup, Quinoa, Kale & Red Lentil, Organic	12 / 398ml
042272 905843	38608	GMQ	GF	*	Soup, Split Pea, Lower in Sodium, Organic	12 / 398ml
042272 905058	38216	GMQ	GF	*	Soup, Split Pea, Organic	12 / 398ml
042272 907755	38606	GMQ	V	*	Soup, Tortilla, Organic	12 / 398ml
042272 905089	38217	GMQ		*	Soup, Vegetable Barley, Organic	12 / 398ml
					Buy 30+ cases	Save 5.00
ARIZONA PEPPER'S HOT SAUCE - 7.5% OFF						
027328 120548	18182	GMQ	GF	*	Chipotle Habañero Sauce, Organic	12 / 148ml
027328 120296	18181	GMQ	GF	*	Habañero Pepper Sauce, Organic	12 / 148ml
027328 120043	18180	GMQ	GF	*	Jalapeño Pepper Sauce, Organic	12 / 148ml
AURA CACIA BODY CARE - 15% OFF						
051381 285968	83004			X	Aromatherapy Foam Bath for Kids, Calming	6 / 70.9g G P
051381 285791	83002			X	Aromatherapy Foam Bath, Lavender	6 / 70.9g G P
051381 285753	83003			X	Aromatherapy Foam Bath, Tangerine/Grapefruit	6 / 70.9g G P
051381 902148	80759	GMQ		*	X Skin Care Oils, Argan, Organic	1 / 30ml G P
051381 311711	83006			X	X Skin Care Oils, Grapeseed	1 / 118ml G P
051381 311728	80657			X	X Skin Care Oils, Jojoba	1 / 118ml G P
051381 902131	80763	GMQ		*	X Skin Care Oils, Rosehip, Organic	1 / 30ml G P
051381 311445	83007			X	X Skin Care Oils, Sweet Almond	1 / 118ml G P
BARBARA'S BAKERY CHEESE PUFFS - \$3.08 OFF						
070617 004722	36111			X	X Cheese Puffs, Baked, Original	12 / 155g G
070617 004739	36128			X	X Cheese Puffs, Baked, White Cheddar	12 / 155g G
070617 004708	36109			X	X Cheese Puffs, Original	12 / 198g G
070617 004715	36110			X	X Cheese Puffs, Jalapeño	12 / 198g G
BEE-MINDFUL HUNNIE VEGAN HONEY ALTERNATIVE - 15% OFF						
627987 843965	29100	GMQ		*	BC P HUNNIE Apple Based Sweetener, Organic	6 / 460g
BIG MOUNTAIN SOY-FREE TOFU (REFRIGERATED) - 10% OFF						
777744 000107	38013	GMQ	V	BC P	Soy-Free Tofu, Medium Firm	8 / 340g
777744 000121	38014	GMQ	V	BC P	Soy-Free Tofu, Super Smoked, Firm	8 / 280g
BIOITALIA PRODUCTS - 10% OFF						
661475 025143	33174	GMQ		*	X Pasta, Lasagne, Organic	16 / 375g
661475 046049	33176	GMQ	GF	*	X Pasta, Multigrain Fusilli, Organic	12 / 340g
661475 071041	33177	GMQ	GF	*	X Pasta, Multigrain Penne Rigate, Organic	12 / 340g
661475 014048	33175	GMQ	GF	*	X Pasta, Multigrain Spaghetti, Organic	15 / 340g
661475 005008	33171	GMQ		*	X Pasta, Vegetable, Fusilli, Organic	12 / 500g
661475 003387	33108	GMQ		*	Tomato Paste, Organic (jar)	12 / 300ml
661475 115509	33043	GMQ		*	Tomato Sauce, Basil, Organic	12 / 358ml
661475 505010	33048	GMQ		*	Tomato Sauce, Bolognese, Organic	12 / 358ml
661475 115530	33045	GMQ		*	Tomato Sauce, Neapolitan, Organic	12 / 358ml
661475 105708	33069	GMQ		*	Tomatoes, Strained, Organic (jar)	12 / 700ml
BIOVERT LAUNDRY PRODUCTS - 10% OFF						
776622 011044	80523			+	P Laundry Liquid, Fragrance Free, HE (High Efficiency) Certified	2 / 4.43L G P
BLUE DIAMOND PRODUCTS - UP TO \$9.29 OFF						
041570 109175	07220				ALMOND BREEZE, Original (REFRIGERATED)	6 / 1.89L U
041570 109182	07221				ALMOND BREEZE, Unsweetened Original (REFRIGERATED)	6 / 1.89L U
041570 109168	07223				ALMOND BREEZE, Unsweetened Vanilla (REFRIGERATED)	6 / 1.89L U
041570 109151	07222				ALMOND BREEZE, Vanilla (REFRIGERATED)	6 / 1.89L U
041570 147245	16184	GMQ			Almond Flour, finely sifted	4 / 454g
041570 054192	16178	GMQ	GF		Nut Thins, Almond	12 / 120g
041570 099162	16568	GMQ	GF		Nut Thins, Almond, Hint of Sea Salt	12 / 120g
041570 054291	16179		GF		Nut Thins, Pecan	12 / 120g

UPC Code Code PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052 Order
BLUE MONKEY PRODUCTS - VOLUME PRICING

059654 560040	05535			☒	Sparkling Juice Drink, Guava (can)	6 / 4x250ml	G P U	
059654 590047	05529			☒	Sparkling Juice Drink, Lychee (can)	6 / 4x250ml	G P U	
059654 530043	05531			☒	Sparkling Juice Drink, Mango (can)	6 / 4x250ml	G P U	
059654 540448	05532			☒	Sparkling Juice Drink, Papaya (can)	6 / 4x250ml	G P U	
059654 550041	05533			☒	Sparkling Juice Drink, Passion Fruit (can)	6 / 4x250ml	G P U	
059654 520044	05530			☒	Sparkling Juice Drink, Watermelon (can)	6 / 4x250ml	G P U	
059654 580048	05534			☒	Sparkling Juice Drink, Yuzu (can)	6 / 4x250ml	G P U	
Buy 5+ cases (4x250ml Sparkling Juice Skus Only)						Save 4.50		
059654 560019	07071			☒	X Sparkling Juice Drink, Guava (can)	12 / 330ml	G P U	
059654 590016	07075			☒	X Sparkling Juice Drink, Lychee (can)	12 / 330ml	G P U	
059654 530012	07067			☒	X Sparkling Juice Drink, Mango (can)	12 / 330ml	G P U	
059654 550010	07070			☒	X Sparkling Juice Drink, Passion Fruit (can)	12 / 330ml	G P U	
059654 600012	05539			☒	X Sparkling Juice Drink, Pineapple (can)	12 / 330ml	G P U	
059654 520013	07336			☒	X Sparkling Juice Drink, Watermelon (can)	12 / 330ml	G P U	
Buy 5-15 cases (330ml Sparkling Juice Skus Only)						Save 1.80		
Buy 16+ cases (330ml Sparkling Juice Skus Only)						Save 2.40		
059654 510014	07337	GMQ		☒	X Juice, 100% Watermelon (can)	12 / 330ml	U	
Buy 5-15 cases (100% Juice Skus Only)						Save 1.80		
Buy 16+ cases (100% Juice Skus Only)						Save 2.40		
059654 500022	05538			☒	Juice Drink, Mango	6 / 1L	U	
Buy 5-15 cases (100% Juice Skus Only)						Save 4.20		
Buy 16+ cases (100% Juice Skus Only)						Save 7.20		
059654 500001	07065			☒	Juice, Watermelon (PET bottle)	12 / 1L	U	
059654 222221	07241	GMQ	*	☒	X Pure Coconut Water, Organic (Tetra Pak)	12 / 1L	U	
Buy 5-15 cases (100% Juice Skus Only)						Save 4.20		
Buy 16+ cases (100% Juice Skus Only)						Save 7.20		
059654 170034	06896	GMQ		☒	X Pure Coconut Water (can)	24 / 330ml	U	
Buy 5-15 cases (Original Coconut Water skus Only)						Save 4.87		
Buy 16+ cases (Original Coconut Water skus Only)						Save 6.50		
059654 133336	07072	GMQ	*	☒	X Pure Coconut Water, Organic (can)	12 / 500ml	U	
Buy 5-15 cases (Organic Skus Only)						Save 2.40		
Buy 16+ cases (Organic Skus Only)						Save 3.60		
059654 181009	06909	GMQ		☒	X Pure Coconut Water (can)	24 / 500ml	U	
059654 180026	06908	GMQ		☒	X Pure Coconut Water with Pulp (can)	24 / 500ml	U	
Buy 5-15 cases (Original Coconut Water skus Only)						Save 6.69		
Buy 16+ cases (Original Coconut Water skus Only)						Save 8.92		
059654 330018	02297	GMQ	*		Coconut Cream, Organic	24 / 400ml		
Buy 5-15 cases (Organic Skus Only)						Save 3.60		
Buy 16+ cases (Organic Skus Only)						Save 4.80		
059654 330025	02298	GMQ	*	X	Coconut Milk, Light, Organic	6 / 400ml		
Buy 5-15 cases (Organic Skus Only)						Save 0.90		
Buy 16+ cases (Organic Skus Only)						Save 1.20		

BLUEBIRD PROVISIONS | BONE BROTH - UP TO \$15.01 OFF

627843 623557	68603			BC ☒	Instant Bone Broth Mix, Chicken	6 / 200g		
627843 623564	68604	GMQ	*	BC ☒	X Bone Broth, Beef, Organic (FROZEN)	6 / 420ml		
627843 623571	68605	GMQ	*	BC ☒	X Bone Broth, Chicken, Organic (FROZEN)	6 / 420ml		

BOB'S RED MILL PRODUCTS - UP TO 17% OFF

039978 333049	30543	GMQ			X Baking Mix, Cake, Classic Yellow	4 / 440g		
039978 333032	30544	GMQ			X Baking Mix, Cake, Decadent Chocolate	4 / 440g		
039978 333025	30545	GMQ			X Baking Mix, Fudgy Brownie	4 / 397g		
039978 333056	30546				X Baking Mix, Golden Cornbread	4 / 368g		
039978 323866	30552	GMQ	GF	*	X Gluten Free Rolled Oats, Extra Thick, Organic	4 / 907g		
039978 323750	30540	GMQ	GF		X Gluten Free Rolled Oats, Old Fashioned	4 / 907g		
039978 323873	30551	GMQ	GF	*	X Gluten Free Rolled Oats, Old Fashioned, Organic	4 / 907g		
039978 323767	30530	GMQ	GF		X Gluten Free Rolled Oats, Quick Cooking	4 / 794g		
039978 323736	30541	GMQ	GF		X Gluten Free Steel Cut Oats	4 / 680g		
039978 328809	30582				X Pancake & Waffle Mix, Buttermilk	4 / 680g		
039978 324627	30581		GF		X Pancake Mix, Gluten Free	4 / 623g		
039978 004949	30542	GMQ	GF		X Protein Oats, Rolled	4 / 907g		

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039978 351555	34270	GMQ			X Rolled Oats, Extra Thick	4 / 907g	
039978 349545	30510	GMQ	*		X Rolled Oats, Extra Thick, Organic	4 / 454g	
039978 359544	30511	GMQ	*		X Rolled Oats, Extra Thick, Organic	4 / 907g	
039978 003799	34271	GMQ			X Rolled Oats, Old Fashioned	4 / 907g	
039978 349521	30514	GMQ	*		X Rolled Oats, Old Fashioned, Organic	4 / 454g	
039978 359520	34252	GMQ	*		X Rolled Oats, Old Fashioned, Organic	4 / 907g	
039978 003843	34272	GMQ			X Rolled Oats, Quick Cooking	4 / 907g	
039978 339539	30512	GMQ	*		X Rolled Oats, Quick Cooking, Organic	4 / 454g	
039978 341211	30532				X Scottish Oatmeal	4 / 567g	
039978 329561	30519	GMQ	*		X Scottish Oatmeal, Organic	4 / 567g	
039978 341402	30534	GMQ			X Steel Cut Oats	4 / 680g	
039978 329578	30518	GMQ	*		X Steel Cut Oats, Organic	4 / 680g	
BRAGG APPLE CIDER VINEGAR - \$5.15 OFF							
074305 101168	14075	GMQ	GF	*	+	Apple Cider Vinegar, Organic	12 / 473ml
BUBBIES FERMENTED CONDIMENTS (REFRIGERATED) - 10% OFF							
038261 954473	51206	GMQ			+	Sauerkraut with Pickled Hot Peppers	6 / 739ml
CABOO TREE-FREE PAPER PRODUCTS - 10% OFF							
627843 202738	46291	GMQ		Ⓟ		Bath Tissue (300 sheets per roll)	10 / 4pk G P
627843 202776	46293	GMQ		Ⓟ		Bath Tissue (300 sheets per roll)	6 / 12pk G P
628451 738510	46311	GMQ		Ⓟ		Bath Tissue (300 sheets per roll)	6 / 9pk G P
627843 347897	46305	GMQ		Ⓟ		Bath Tissue, Plastic Free Wap (300 sheets per roll)	3 / 24pk G P
628451 738459	46309	GMQ		Ⓟ	X	Bath Tissue (500 sheets per roll)	24 / 1ea G P
627843 202783	46452	GMQ		Ⓟ		Facial Tissue Cube	12 / 60ct G P
627843 347835	46451	GMQ		Ⓟ		Facial Tissue	12 / 120ct G P
CAMINO CHOCOLATE BARS - UP TO 50% OFF							
752612 100660	37683	GMQ	*	@	Ⓟ	X Dark Chocolate, 55% Cacao, Salted Caramel Crunch, Organic	14 / 80g G
752612 100653	37684	GMQ	*	@	Ⓟ	X Dark Chocolate, 88% Cacao, Intensely Dark, Organic	14 / 80g G
752612 100691	37011	GMQ	*	@	Ⓟ	X Dark Chocolate, 92% Cacao, Night Fall, Organic	14 / 80g G
752612 100806	37012	GMQ	V	*	@	X Milk-Style Chocolate (oat-based), Creamy Chocol-Oat, Organic	14 / 80g G
752612 100813	37013	GMQ	V	*	@	X Milk-Style Chocolate (oat-based), Hazelnuts & Salted Caramel, Organic	14 / 80g G
752612 100677	37009	GMQ	*	@	Ⓟ	X Dark Chocolate, 55% Cacao, Almond & Sea Salt, Organic	12 / 100g G
752612 100165	36476	GMQ	*	@	Ⓟ	X Dark Chocolate, 55% Cacao, Almonds, Organic	12 / 100g G
752612 100240	37007	GMQ	*	@	Ⓟ	X Dark Chocolate, 65% Cacao, Orange, Organic	12 / 100g G
752612 100202	36735	GMQ	*	@	Ⓟ	X Dark Chocolate, 67% Cacao, Mint, Organic	12 / 100g G
752612 100172	36475	GMQ	*	@	Ⓟ	X Dark Chocolate, 71% Cacao, Bittersweet, Organic	12 / 100g G
752612 100349	37258	GMQ	*	@	Ⓟ	X Dark Chocolate, 80% Cacao, Extra Dark, Organic	12 / 100g G
752612 100356	37259	GMQ	*	@	Ⓟ	X Milk Chocolate, Sea Salt, Organic	12 / 100g G
752612 100158	36474	GMQ	*	@	Ⓟ	X Milk Chocolate, Organic	12 / 100g G
CANADIAN HERITAGE ORGANICS MAPLE BUTTER & SYRUP - 15% OFF							
620892 000140	44259	GMQ	*	+	Ⓟ	Maple Butter, Organic	12 / 160g
620892 000065	44262	GMQ	*	+	Ⓟ	Maple Syrup, Amber, Organic	12 / 250ml
620892 000232	44264	GMQ	*	+	Ⓟ	Maple Syrup, Dark, Organic	12 / 250ml
620892 999994	44287	GMQ	*		Ⓟ	Date & Maple Syrup, Organic	12 / 375ml
620892 000072	44263	GMQ	*	+	Ⓟ	Maple Syrup, Amber, Organic	12 / 500ml
620892 000249	44265	GMQ	*	+	Ⓟ	Maple Syrup, Dark, Organic	12 / 500ml
620892 000294	44266	GMQ	*	+	Ⓟ	Maple Syrup, Very Dark, Organic	12 / 500ml
620892 000089	44285	GMQ	*	+	Ⓟ	Maple Syrup, Amber, Organic	6 / 1L
620892 000256	44284	GMQ	*	+	Ⓟ	Maple Syrup, Dark, Organic	6 / 1L
620892 000300	44286	GMQ	*	+	Ⓟ	Maple Syrup, Very Dark, Organic	6 / 1L
CASBAH AUTHENTIC GRAINS GRAINS, SIDES & SPECIALTY MIXES - 15% OFF							
072934 692477	38528	GMQ				Couscous, Original (Moroccan)	12 / 340g
072934 000081	38536	GMQ				Couscous, Pearl (Israeli)	12 / 180g
072934 000111	38530	GMQ	*			Couscous, Pearl (Israeli), Organic	6 / 600g
072934 692309	33051	GMQ				Mix, Falafel	12 / 284g
072934 692279	33059	GMQ				Mix, Tabouli Salad	12 / 170g
CHA'S ORGANICS COCONUT PRODUCTS - UP TO \$5.18 OFF							
806253 600505	15043	GMQ	*	@	Ⓟ	Coconut Oil, Virgin, Organic	6 / 500ml
806253 210483	15041	GMQ	*	@	Ⓟ	Coconut Whipping Cream, Organic	6 / 400ml

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CHEF BOMBAY INDIAN APPETIZERS & ENTREES (FROZEN) - 15% OFF									
818745 002117	81241			+	☒ X	Butter Chicken w/Basmati Rice	8 / 350g		
818745 005217	81243			+	☒ X	Mini Naanpanadas, Butter Chicken	8 / 240g		
818745 004517	81244			+	☒ X	Mini Samosas, Chicken Tikka w/tamarind sauce	8 / 290g		
818745 004319	81245			+	☒ X	Mini Samosas, Vegetable w/tamarind sauce	8 / 350g		
818745 002315	81242			+	☒ X	Tikka Masala, Chicken w/Basmati Rice	8 / 350g		
818745 003312	81246			+	☒ X	Vegetable Pakoras w/tamarind sauce	8 / 250g		
818745 002414	81240			+	☒ X	Vindaloo, Beef w/Basmati Rice	8 / 350g		
CHIMES CANDY - 10% OFF									
051299 111076	35362				X	Ginger Chews, Mango	12 / 100g	G	
051299 111038	35361	GMQ			X	Ginger Chews, Meyer Lemon	12 / 100g	G	
051299 111083	35363	GMQ			X	Ginger Chews, Orange	12 / 100g	G	
051299 111045	35360	GMQ			X	Ginger Chews, Original	12 / 100g	G	
051299 111519	35267					Ginger Chews, Mango	20 / 141.8g	G	
051299 111311	35264	GMQ				Ginger Chews, Original	20 / 141.8g	G	
CLEVER PREMIUM MOCKTAIL - 10% OFF + VOLUME PRICING									
854531 000844	17557			+	☒ X	Mocktail, Margarita (can)	6 / 4x355ml	G P U	
854531 000028	17558			+	☒ X	Mocktail, Raspberry Mojito (can)	6 / 4x355ml	G P U	
Buy 20+ cases Save 5%									
CÖCO SUPERFOOD HOT CHOCOLATE - 15% OFF									
817523 000482	53300			BC	☒	Hot Chocolate, Original	6 / 115g		
817523 000499	53302			BC	☒	Hot Chocolate, Peppermint	6 / 115g		
817523 000505	53301			BC	☒	Hot Chocolate, Salted Caramel	6 / 115g		
DAIYA DAIRY-FREE SALAD DRESSING - \$3.12 OFF									
871459 009117	50171	GMQ	V		+	☒	Salad Dressing, Creamy Caesar, Dairy-Free	6 / 237ml	
871459 009100	50170	GMQ	V		+	☒	Salad Dressing, Homestyle Ranch, Dairy-Free	6 / 237ml	
DAIYA DAIRY-FREE CHEESE ALTERNATIVE (REFRIGERATED) - \$6.36 OFF									
871459 003245	50184	GMQ	GF V	BC	☒		Shreds, Cheddar	12 / 200g	
871459 003177	50131	GMQ	GF V		+	☒	Shreds, Italian Blend	12 / 200g	
871459 003658	50189	GMQ	GF V	BC	☒		Shreds, Mexican Blend	12 / 200g	
871459 003238	50185	GMQ	GF V	BC	☒		Shreds, Mozza	12 / 200g	
871459 003665	50130	GMQ	GF V	BC	☒		Shreds, Parmesan	12 / 200g	
871459 003252	50186	GMQ	GF V	BC	☒		Shreds, Spicy Monterey Jack	12 / 200g	
DAIYA CHEEZECAKE, FLATBREAD & PIZZA (FROZEN) - UP TO \$7.44 OFF									
871459 002385	50160	GMQ	GF V	BC	☒ X		Cheezecake, Chocolate	8 / 400g	
871459 002378	50158	GMQ	GF V	BC	☒ X		Cheezecake, Key Lime	8 / 400g	
871459 002361	50157	GMQ	GF V	BC	☒ X		Cheezecake, New-York	8 / 400g	
871459 002392	50159	GMQ	GF V	BC	☒ X		Cheezecake, Strawberry	8 / 400g	
871459 002552	50317	GMQ	GF V	BC	☒ X		Flatbread, Meatless Italian Sausage flavored Crumbles, Roasted Pepper & Kale	8 / 322g	
871459 002538	50316	GMQ	GF V	BC	☒ X		Flatbread, Mushroom, Caramelized Onion & Fig	8 / 346g	
871459 002576	50318		GF V	BC	☒ X		Flatbread, Plant-Based Chicken, Smoked Bacon & Ranch Flavour	8 / 331g	
871459 002972	50319	GMQ	GF V	BC	☒ X		Pizza, BBQ Plant-Based Chicken Flavour	8 / 433g	
871459 002989	50173	GMQ	GF V	BC	☒ X		Pizza, Classic w/ Meatless Pepperoni Flavoured Slices, Dairy-Free	8 / 472g	
871459 002323	50144	GMQ	GF V	BC	☒ X		Pizza, Cheeze Lover's, Dairy-Free	8 / 444g	
871459 002958	50328	GMQ	GF V	BC	☒ X		Pizza, Diavola	8 / 369g	
871459 002521	50147	GMQ	GF V	BC	☒ X		Pizza, Fire-Roasted Vegetable, Dairy-Free	8 / 492g	
871459 002828	50155	GMQ	GF V	BC	☒ X		Pizza, Supreme, Dairy-Free	8 / 550g	
DEEBEE'S ORGANICS FREEZER POPS - 50% OFF									
838913 001100	39092	GMQ	*		☒ X		Gelato Pops, Organic (made w/coconut milk) (shelf-stable)	12 / 8x40ml	G
8389130 00509	39089	GMQ	*		☒ X		SUPERFRUIT Freezie Pops, Tropical, Organic (shelf stable)	14 / 10x40ml	G
DIVINE CHOCOLATE BARS - 15% OFF									
852749 004074	35606		V	@		X	Dark Chocolate w/Ginger & Orange, 70% Cocoa	12 / 85g	G
852749 004067	35601	GMQ	V	@		X	Dark Chocolate w/Mint, 70% Cocoa	12 / 85g	G
852749 004050	35608	GMQ	V	@		X	Dark Chocolate w/Pink Himalayan Salt, 60% Cocoa	12 / 85g	G
852749 004081	35605	GMQ	V	@		X	Dark Chocolate w/Raspberries, 70%	12 / 85g	G
852749 004043	35600	GMQ	V	@		X	Dark Chocolate, 70% Cocoa	12 / 85g	G
852749 004036	35607	GMQ	V	@		X	Dark Chocolate, 85% Cocoa	12 / 85g	G

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852749 004012	35602	@	X	Milk Chocolate	12 / 85g	G
852749 004029	35604	@	X	Milk Chocolate w/ Sea Salt and Toffee	12 / 85g	G
852749 004791	35603	@	X	White Chocolate w/Strawberries	12 / 85g	G
DOMO MICRO-GROUND TEA - 15% OFF						
817523 000345	04072			Pure Japanese Matcha	6 / 60g	
817523 000338	04069	BC		Sweet Dreams Tumeric Tea (caffeine)	6 / 115g	
817523 000215	04037	BC		Tea Latte, Chai	6 / 115g	
817523 000321	04054	BC		Tea Latte, London Fog Earl Grey	6 / 115g	
817523 000192	04034	BC		Tea Latte, Vanilla Matcha	6 / 115g	
EARTHBOUND FARM ORGANIC FRUIT & VEGETABLES (FROZEN) - 10% OFF						
032601 025274	63016	GMO	*	X Broccoli, Florets, Organic (bag)	12 / 300g	
032601 954253	63031	GMO	*	X Butternut Squash, Organic (bag)	12 / 300g	
032601 954246	63033	GMO	*	X Corn, Sweet, Organic (bag)	12 / 300g	
032601 025212	63018	GMO	*	X Green Beans, Whole, Organic (bag)	12 / 300g	
032601 025540	63028	GMO	*	X Kale, Organic (bag)	12 / 300g	
032601 954239	63032	GMO	*	X Peas, Green, Organic (bag)	12 / 300g	
032601 025243	63021	GMO	*	X Spinach, Cut, Organic (bag)	12 / 300g	
032601 954192	63044	GMO	*	X Broccoli Florets, Organic (bag)	6 / 750g	
032601 954208	63045	GMO	*	X Corn, Sweet, Organic (bag)	6 / 900g	
032601 954215	63046	GMO	*	X Peas, Green, Organic (bag)	6 / 900g	
032601 954185	63043	GMO	*	X Strawberries, Sliced, Organic (bag)	6 / 900g	
EARTH'S OWN PLANT-BASED BEVERAGE - 10% OFF						
626027 700121	07145	GMO	BC	Almond, Unsweetened Original (Tetra)	12 / 946ml	U
626027 814057	07347	GMO	BC	Oat, Chocolate (Tetra)	12 / 946ml	U
626027 814026	07343	GMO	BC	Oat, Original (Tetra)	12 / 946ml	U
626027 814040	07344	GMO	BC	Oat, Vanilla (Tetra)	12 / 946ml	U
626027 844023	08317	GMO	BC	Oat, Zero Sugar Original (Tetra)	12 / 946ml	U
626027 844047	08318	GMO	BC	Oat, Zero Sugar Vanilla (Tetra)	12 / 946ml	U
ECO-MAX DISHWASHING & SURFACE CLEANING PRODUCTS - UP TO \$8.50 OFF						
853907 001102	80913		+	Dish Wash, Hypoallergenic	6 / 740ml	G P
853907 001072	80910		+	Dish Wash, Natural Lavender	6 / 740ml	G P
853907 001096	80912		+	Dish Wash, Natural Orange	6 / 740ml	G P
853907 001089	80911		+	Dish Wash, Natural Tea Tree	6 / 740ml	G P
853907 001737	80916		+	Dish Wash Refill, Hypoallergenic	2 / 4L	G P
853907 001744	80917		+	Dish Wash Refill, Natural Orange	2 / 4L	G P
853907 001263	80727		+	Dishwasher Pacs (20 pacs)	8 / 360g	G P
667838 010146	80963		+	Disinfecting All Purpose Cleaner, Natural Orange	4 / 800ml	G P
853907 001386	80294		+	Disinfecting Toilet Bowl Cleaner, Tea Tree	6 / 1L	G P
EDEN PRODUCTS - UP TO \$8.04 OFF						
024182 025101	06604	GMO	*	EDENSOY, Cocoa, Organic (TetraPak)	12 / 946ml	U
024182 027051	06602	GMO	*	EDENSOY, Original, Organic (TetraPak)	12 / 946ml	U
024182 027068	06609	GMO	*	EDENSOY, Unsweetened, Organic	12 / 946ml	U
024182 027259	06603	GMO	*	EDENSOY, Vanilla, Organic (TetraPak)	12 / 946ml	U
024182 003864	36787	GMO	GF	Popcorn, Yellow, Organic	12 / 566g	
ENDANGERED SPECIES CHOCOLATE CHOCOLATE BARS - \$5.38 OFF + VOLUME PRICING						
037014 000139	37450	GMO	GF	V @	X Dark Chocolate, Almonds & Sea Salt (72% Cocoa)	12 / 85g G
037014 000528	37745	GMO	GF	@	X Dark Chocolate, Caramel & Sea Salt (60% Cocoa)	12 / 85g G
037014 242300	36221	GMO	GF	V @	X Dark Chocolate, Cranberry & Almonds (72% Cocoa)	12 / 85g G
037014 242478	36661	GMO	GF	V @	X Dark Chocolate, Extreme Dark (88% Cocoa)	12 / 85g G
037014 242263	36212	GMO	GF	V @	X Dark Chocolate, Forest Mint (72% Cocoa)	12 / 85g G
037014 100136	37451	GMO	GF	@	X Dark Chocolate, Hazelnut Toffee (72% Cocoa)	12 / 85g G
037014 242287	36213	GMO	GF	V @	X Dark Chocolate, Raspberries (72% Cocoa)	12 / 85g G
037014 000696	36662	GMO	GF	V @	X Dark Chocolate, Raspberry Filling (60% cocoa)	12 / 85g G
037014 242379	36219	GMO	GF	V @	X Dark Chocolate, Smooth (72% Cocoa)	12 / 85g G
037014 000610	36663	GMO	GF	@	X Milk Chocolate, Fudgy Peanut Butter (48% cocoa)	12 / 85g G
037014 242317	36216	GMO	GF	@	X Milk Chocolate (48% Cocoa)	12 / 85g G
037014 000627	36664	GMO	GF	@	X Milk Chocolate, Caramel (48% cocoa)	12 / 85g G
					Buy 5-9 cases	Save 1.17
					Buy 10-14 cases	Save 2.80
					Buy 15+ cases	Save 4.43

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FATSO PEANUT BUTTER - 10% OFF						
055200 194288	42084	GMO	GF V	+	Ⓟ Peanut Butter, Cinnamon	6 / 500g
FEVER-TREE PREMIUM COCKTAIL MIXERS - UP TO 40% OFF						
812136 030215	07807				Club Soda (can)	3 / 8x150ml G P U
898195 001755	07808				Tonic (can)	3 / 8x150ml G P U
FILSINGER'S ORGANIC FOODS APPLE CIDER VINEGAR - UP TO \$5.44 OFF						
063930 500644	24107	GMO	*	+	Ⓟ Apple Cider Vinegar, Organic	12 / 500ml
063930 945643	24104	GMO	*	+	Ⓟ Apple Cider Vinegar, Organic	12 / 945ml
063930 189641	24105	GMO	*	+	Ⓟ Apple Cider Vinegar, Organic	6 / 1.89L
FOOD FOR LIFE EZEKIEL 4:9 SPROUTED CEREAL - \$4.65 OFF						
073472 002551	22051	GMO	*		Cereal, EZEKIEL 4:9 Sprouted, Crunchy, Original, Organic	6 / 454g
FOOD FOR LIFE BREAD (FROZEN) - \$4.65 OFF						
073472 001318	55532	GMO	*	X	Bread, EZEKIEL 4:9 Sprouted Grain, Cinnamon Raisin, Organic	6 / 680g
073472 001240	55519	GMO	*	X	Bread, EZEKIEL 4:9 Sprouted Grain, Flax, Organic	6 / 680g
073472 001530	55534	GMO	*	X	Bread, EZEKIEL 4:9 Sprouted Grain, Low Sodium, Organic	6 / 680g
073472 001202	55530	GMO	*	X	Bread, EZEKIEL 4:9 Sprouted Grain, Organic	6 / 680g
073472 001233	55531	GMO	*	X	Bread, EZEKIEL 4:9 Sprouted Grain, Sesame, Organic	6 / 680g
073472 001417	55533	GMO	*	X	Bread, GENESIS 1:29 Sprouted Grain & Seed, Organic	6 / 680g
FOUR O'CLOCK TEA CRAFTERS - 15% OFF						
779192 402212	12906	GMO	* @	+	Ⓟ Black Tea, Classic Earl Grey, Organic	6 / 16ct
779192 402564	12973	GMO	* @	+	Ⓟ Black Tea, Morning Blend, Organic	6 / 16ct
779192 402274	12914	GMO	* @	+	Ⓟ Chai, Black Tea, Organic	6 / 16ct
779192 402458	12907	GMO	* @	+	Ⓟ Chai, Chocolate Spice Herbal Tea, Organic	6 / 16ct
779192 402823	24252	GMO	* @	+	Ⓟ Chai, Espresso, Organic	6 / 16ct
779192 402342	12912	GMO	* @	+	Ⓟ Chai, Green Tea Decaffeinated, Organic	6 / 16ct
779192 402434	12911	GMO	* @	+	Ⓟ Chai, Licorice Spice Herbal Tea, Organic	6 / 16ct
779192 402359	12905	GMO	* @	+	Ⓟ Chai, Rooibos Herbal Tea, Organic	6 / 16ct
779192 402298	12921	GMO	* @	+	Ⓟ Green Tea, Decaffeinated, Organic	6 / 16ct
779192 402809	24250	GMO	* @	+	Ⓟ Green Tea, Japanese Sencha Matcha, Organic	6 / 16ct
779192 402328	12908	GMO	* @	+	Ⓟ Green Tea, Japanese, Organic	6 / 16ct
779192 402229	12972	GMO	* @	+	Ⓟ Green Tea, Jasmine, Organic	6 / 16ct
779192 202270	24254	GMO	* @	+	Ⓟ Herbal Tea, Golden Turmeric, Organic	6 / 16ct
779192 202256	12916	GMO	* @	+	Ⓟ Herbal Tea, Lemon Ginger, Organic	6 / 16ct
779192 202232	12909	GMO	* @	+	Ⓟ Herbal Tea, PEACEFUL DREAMS, Organic	6 / 16ct
779192 202225	12975	GMO	* @	+	Ⓟ Herbal Tea, Peppermint, Organic	6 / 16ct
779192 202263	24253	GMO	* @	+	Ⓟ Herbal Tea, Sweet Cinnamon Spice, Organic	6 / 16ct
779192 402724	24114	GMO	* @	+	Ⓟ Herbal Tea, Turmeric Cinnamon, Organic	6 / 16ct
779192 402571	12910	GMO	* @	+	Ⓟ Rooibos Classic, Organic	6 / 16ct
779192 402816	24251	GMO	* @	+	Ⓟ Rooibos, Spicy Orange, Organic	6 / 16ct
FREEYUMM CRACKERS - \$4.50 OFF						
816695 004069	10323	GMO	GF	BC	Ⓟ X Cracker Bites, Cheezy	6 / 120g
816695 004076	10324	GMO	GF	BC	Ⓟ X Cracker Bites, Pizza	6 / 120g
816695 004038	10322	GMO	GF	BC	Ⓟ X Crackers, Herb & Seed	6 / 120g
816695 004014	10320	GMO	GF	BC	Ⓟ X Crackers, Himalayan Salt	6 / 120g
816695 004021	10321	GMO	GF	BC	Ⓟ X Crackers, Zesty Cheese	6 / 120g
GARDEIN PLANT-BASED BOWLS (FROZEN) - \$3.00 OFF						
842234 400658	65053	GMO			X SUPREME Bowls, Be'f & Broccoli	8 / 255g
842234 400566	65054	GMO			X SUPREME Bowls, Meatball Marinara	8 / 255g
GENUINE TEA CO. TEA - 15% OFF						
854335 001184	21452	GMO	*		Ⓟ Black Tea, Assam Breakfast, Organic	8 / 45g
854335 001191	21453	GMO	*		Ⓟ Black Tea, Cream of Earl Grey	8 / 45g
854335 001221	21456	GMO	*		Ⓟ Herbal Tea, Elderberry Hibiscus, Organic	8 / 37.5g
854335 001238	21457	GMO	*		Ⓟ Herbal Tea, Moringa Mint, Organic	8 / 45g
GIMME ORGANIC ROASTED SEAWEED - \$4.80 OFF						
855463 005273	24165	GMO	GF V *	X	Roasted Seaweed, Sea Salt & Avocado Oil, Organic	12 / 9g G
851093 004662	25163	GMO	GF *	X	Roasted Seaweed Snacks, Sea Salt, Organic	12 / 10g G
851093 004693	24169	GMO	GF *	X	Roasted Seaweed Snacks, Teriyaki, Organic	12 / 10g G

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GOBIO! PRODUCTS - 10% OFF					
687789 217012	45321	GMQ	*	Ⓜ	Fruit Gummies, Sour, Organic 10 / 75g G
687789 021138	45330	GMQ	*	Ⓜ	Gravy Cubes, Brown, Organic 15 / 60g
687789 021121	45331	GMQ	*	Ⓜ	Gravy Cubes, Poultry, Organic 15 / 60g
687789 215018	45322	GMQ	V *	Ⓜ	Gummi Bears, Vegan, Organic 10 / 75g G
687789 032233	45332	GMQ	*	Ⓜ	Pesto Cubes, Genovese, Organic 15 / 54g
687789 220012	45324	GMQ	*	Ⓜ	Wine Gums, Organic 10 / 75g G
GOMACRO MACROBAR					
810039 910894	10915	GMQ	GF V *	X	NEW! MACROBAR, Timeless Treasure (salted caramel+chocolate chips), Organic 12 / 65g G
GOODDRINK BOTTLED TEAS & SPRITZERS - UP TO 15% OFF					
853790 001562	04121			Ⓜ X	NEW! Energy Tea, Green, high caffeine tea (glass bottle) 12 / 473ml U
853790 001579	04122			Ⓜ X	NEW! Energy Tea, Lemon, high caffeine tea (glass bottle) 12 / 473ml U
853790 001555	04120			Ⓜ X	NEW! Energy Tea, Mango, high caffeine tea (glass bottle) 12 / 473ml U
853790 002026	04057	GMQ	*	X	Spritzer, Eureka Lemon, Organic (can) 12 / 355ml G P U
853790 002057	04090	GMQ	*	X	Spritzer, Field Strawberry, Organic (can) 12 / 355ml G P U
853790 002019	04056	GMQ	*	X	Spritzer, Granny Smith Apple, Organic (can) 12 / 355ml G P U
853790 002033	04058	GMQ	*	X	Spritzer, Ruby Red Grapefruit, Organic (can) 12 / 355ml G P U
853790 002064	04091	GMQ	*	X	Spritzer, Sweet Blueberry, Organic (can) 12 / 355ml G P U
853790 002040	04059	GMQ	*	X	Spritzer, Wild Blackberry, Organic (can) 12 / 355ml G P U
GREEN CUISINE TOFU (REFRIGERATED) - 10% OFF					
068532 000264	40542	GMQ	*	BC Ⓜ X	TOFU, Baked, Organic 1 / 225g
068532 000998	40230	GMQ	*	BC Ⓜ X	TOFU, Extra Firm, Organic 1 / 454g
068532 000103	40228	GMQ	*	BC Ⓜ X	TOFU, Medium, Organic 1 / 454g
GTS SYNERGY RAW KOMBUCHA (REFRIGERATED) - \$6.68 OFF					
722430 800479	05267	GMQ			SYNERGY Kombucha, Divine Grape (glass) 6 / 1.4L G P U
722430 200477	05260	GMQ			SYNERGY Kombucha, Gingerade (glass) 6 / 1.4L G P U
722430 600475	05263	GMQ			SYNERGY Kombucha, Gingerberry (glass) 6 / 1.4L G P U
722430 900476	05264	GMQ			SYNERGY Kombucha, Guava Goddess (glass) 6 / 1.4L G P U
722430 500478	05266	GMQ			SYNERGY Kombucha, Mystic Mango (glass) 6 / 1.4L G P U
722430 110479	05261	GMQ			SYNERGY Kombucha, 6 / 1.4L G P U
HABIBI'S MEDITERRANEAN DIPS & HUMMUS (REFRIGERATED) - UP TO 15% OFF					
683830 002224	14301			BC Ⓜ	Dip, Baba Ganoush 6 / 200g
683830 007779	14300			BC Ⓜ	Dip, Tzatziki 6 / 200g
683830 011233	14591			BC Ⓜ	Hummus, Beirut Style w/Za'atar & Cumin 6 / 240g
683830 011240	14592			BC Ⓜ	Hummus, Fire Roasted Red Pepper 6 / 240g
683830 009995	14590			BC Ⓜ	Hummus, Kalamata Olive Tapenade 6 / 240g
683830 005553	14302			BC Ⓜ	Hummus, Sriracha Jalapeno 6 / 240g
683830 004440	14441			BC Ⓜ	Hummus, Basil & Garlic 12 / 240g
683830 001111	14440			BC Ⓜ	Hummus, Lebanese Style 12 / 240g
HARDBITE HANDCRAFTED STYLE CHIPS - \$4.53 OFF					
673513 501908	36457	GMQ	GF	BC Ⓜ X	Potato Chips, RUGGED, All Dressed 12 / 275g G
673513 501809	36456	GMQ	GF	BC Ⓜ X	Potato Chips, RUGGED, All Natural 12 / 275g G
HARVEST SNAPS BAKED CRISPS - 10% OFF					
071146 012486	11666	GMQ	GF	X	Green Pea Crisps, Black Pepper 12 / 85g G
071146 012462	11664		GF	X	Green Pea Crisps, Caesar 12 / 85g G
071146 012455	11663	GMQ	GF	X	Green Pea Crisps, Original 12 / 94g G
071146 012479	11665		GF	X	Green Pea Crisps, Wasabi Ranch 12 / 85g G
071146 109117	11667		GF	X	Green Pea Crisps, White Cheddar 12 / 85g G
071146 013018	11662	GMQ	GF	X	Red Lentil Crisps, Tomato Basil 12 / 85g G
071146 106406	11668		GF	X	Red Lentil Crunchy Loops, Kick'n BBQ 12 / 71g G
071146 106413	11669		GF	X	Red Lentil Crunchy Loops, Sour Cream & Onion 12 / 71g G
HOME GROWN LIVING FOODS EASY U-BAKE MIX - 10% OFF					
628110 072702	16254	GMQ	*	BC Ⓜ	U-BAKE Mix, Bread & Buns, Pumpkin Chia, Organic 8 / 500g
628110 072719	16253	GMQ	*	BC Ⓜ	U-BAKE Mix, Bread & Buns, Sunflower Chia, Organic 8 / 500g
628110 072955	16282	GMQ	*	BC Ⓜ	U-BAKE Mix, Cookies, Chocolate Chip, Organic 12 / 330g
628110 072733	16280	GMQ	*	BC Ⓜ	U-BAKE Mix, Cookies, Double Chocolate, Organic 12 / 330g

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628110 072726	16281	GMO	*	BC	Ⓟ	U-BAKE Mix, Cookies, Pumpkin Spice, Organic	12 / 330g		
628110 072931	16302	GMO	*	BC	Ⓟ	U-BAKE Mix, Cracker, Savoury, Organic	12 / 330g		
628110 072948	16303	GMO	*	BC	Ⓟ	U-BAKE Mix, Cracker, Spicy, Organic	12 / 330g		
628110 072443	16304	GMO	*	BC	Ⓟ	U-BAKE Easy Meal Magic Mix, Organic	8 / 500g		
628110 072825	16290	GMO	*	BC	Ⓟ	U-BAKE Mix, Pizza Crust, Garlic Rosemary, Organic	12 / 330g		
HONEY STINGER SPORTS NUTRITION - 15% OFF									
810815 020854	36563	GMO	GF	*	X	Energy Chews, Cherry Blossom, Organic	12 / 50g	G	
810815 021004	36565	GMO	GF	*	X	Energy Chews, Orange Blossom, Organic	12 / 50g	G	
810815 020403	36570	GMO		*	X	Energy Gel, Acai Pomegranate, Organic	24 / 31g	G	
810815 020434	36571	GMO		*	X	Energy Gel, Fruit Smoothie, Organic	24 / 31g	G	
HORNBY ORGANIC ENERGY BAR - 10% OFF									
628055 058359	37550	GMO	GF	*	BC	Ⓟ X	O SNACK, Chocolate Chip Banana, Organic	12 / 45g	G
628055 058311	37551	GMO	GF	*	BC	Ⓟ X	O SNACK, Chocolate Chip Peanut Butter, Organic	12 / 45g	G
628055 058328	37552	GMO	GF	*	BC	Ⓟ X	O SNACK, Chocolate Espresso, Organic	12 / 45g	G
628055 058335	37553	GMO	GF	*	BC	Ⓟ X	O SNACK, Peanut Butter & Jam, Organic	12 / 45g	G
HUER NATURAL CANDY - 10% OFF									
771047 302005	15415		V		Ⓟ	SIMPLY HUER, Plant-Based Gummies, Bears	12 / 150g	G	
771047 302012	15416		V		Ⓟ	SIMPLY HUER, Plant-Based Gummies, Sour Bears	12 / 150g	G	
HUMBLE ORGANIC POTATO CHIPS - VOLUME PRICING									
628678 211247	34309	GMO	*	+	Ⓟ	X	Potato Chips, Creamy Dill, Organic	12 / 135g	G
628678 211261	34310	GMO	*	+	Ⓟ	X	Potato Chips, Honey Mustard, Organic	12 / 135g	G
628678 211353	34311	GMO	*	+	Ⓟ	X	Potato Chips, Ketchup, Organic	12 / 135g	G
628678 211223	34307	GMO	*	+	Ⓟ	X	Potato Chips, Sea Salt and Cider Vinegar, Organic	12 / 135g	G
628678 211230	34308	GMO	*	+	Ⓟ	X	Potato Chips, Smokey BBQ, Organic	12 / 135g	G
628678 211216	34306	GMO	*	+	Ⓟ	X	Potato Chips, The Original, Organic	12 / 135g	G
							Buy 5-9 cases	Save 3.00	
							Buy 10-14 cases	Save 4.00	
							Buy 15+ cases	Save 5.00	
HUMMINGBIRD BEAN TO BAR CHOCOLATE - UP TO 50% OFF									
628451 966029	57113			+	Ⓟ	X	Dark Chocolate, Fleur de Sel w/Van Isle sea salt (70% cacao)	12 / 30g	G
628451 966098	57112			+	Ⓟ	X	Dark Chocolate, Hispaniola 85 (85% cacao)	12 / 30g	G
628451 966050	57114			+	Ⓟ	X	Dark Chocolate, PB & Joy (65% cacao)	12 / 30g	G
628451 966371	57102			+	Ⓟ	X	Milk Chocolate, Dark Milk (60% cacao)	12 / 60g	G
875132 000026	57118			+	Ⓟ	X	Milk Chocolate, London Fog (55% cacao)	12 / 60g	G
IF YOU CARE PRODUCTS - 15% OFF									
770009 120114	46385						Aluminum Foil, 100% Recycled	12 / 50ft ²	G P
770009 250897	46390						Automatic Dishwasher Tablets, Free & Clear, Biodegradable (40 tabs)	8 / 520g	G P
770009 010484	46382						Baking Cups, Large	24 / 60ct	G P
770009 050046	46384	GMO		*			Cheesecloth, Unbleached, Organic	24 / 1.67m ²	G P
770009 001116	60343						Coffee Filters, Basket (unbleached)	12 / 100ct	G P
770009 001123	60341						Coffee Filters, No. 2 (unbleached)	12 / 100ct	G P
770009 001147	60342						Coffee Filters, No. 4 (unbleached)	12 / 100ct	G P
770009 250644	60347						Food Waste Bags, 3 Gal (11.4L) (certified compostable)	12 / 30ct	G P
770009 010200	46380						Parchment Baking Paper	12 / 70ft ²	G P
770009 011924	46388						Parchment Baking Sheets (12.5" x 16")	12 / 24ct	G P
770009 250286	46394			@			Rubber Gloves, Medium (Certified Natural Rubber)	12 / 1pr	G P
770009 250262	60346						Sandwich Bags, Paper Snack & Sandwich	12 / 48ct	G P
770009 250613	46396						Sponge Cloths (Machine Washable)	12 / 5ct	G P
770009 250255	46387						Unbleached Waxed Paper	12 / 75ft ²	G P
IMAGINE FOODS NATURAL BROTH & SOUP - 15% OFF									
084253 773560	37800	GMO					Bone Broth, Chicken	12 / 1L	
084253 241243	38636	GMO	GF	*			Broth, Beef, Low Sodium, Organic	12 / 1L	
084253 242943	38411	GMO	GF	*			Broth, Chicken, Low Sodium, Organic	12 / 1L	
084253 242493	38280	GMO	GF	*			Broth, Chicken, Organic	12 / 1L	
084253 773546	38785	GMO	GF	*			Broth, Miso, Organic	12 / 1L	
084253 242486	38279	GMO	GF	*			Broth, Vegetable, Organic	12 / 1L	
084253 242950	38449	GMO	V	*			Broth, Vegetable, Low Sodium, Organic	12 / 1L	

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084253 241441	38749	GMO	GF	*	Soup, Creamy Broccoli, Family Size, Organic 12 / 1L
084253 242417	38272	GMO	GF	*	Soup, Creamy Butternut Squash, Family Size, Organic 12 / 1L
084253 246514	38644	GMO	GF	*	Soup, Creamy Garden Tomato, Reduced Sodium, Family Size, Organic 12 / 1L
084253 242479	38278	GMO	GF	*	Soup, Creamy Tomato, Family Size, Organic 12 / 1L
INDIANLIFE CHIPS & SAVOURY SNACKS - 15% OFF					
777762 004293	37601	GMO	BC	Ⓟ X	Chips, Masala 12 / 170g G
777762 004378	10073	GMO	BC	Ⓟ X	Chips, Palak Spinach 12 / 170g G
777762 004330	58045	GMO	BC	Ⓟ X	Snack Mix, Dal 8 / 200g G
777762 004323	58046	GMO	BC	Ⓟ X	Snack Mix, Hot Punjabi 8 / 200g G
INDIANLIFE ENTRÉES, FLAT BREADS, WRAPS & TORTILLAS (FROZEN) - 15% OFF					
777762 002367	54079	GMO	BC	Ⓟ X	Masala Wrap w/Chickpeas & Wild Rice (FROZEN) 12 / 275g
777762 002374	54084	GMO	BC	Ⓟ X	Spinach Wrap w/Mixed Vegetables & Wild Rice (FROZEN) 12 / 275g
777762 001377	58023	GMO	BC	Ⓟ X	Chapati (6ct) 12 / 284g
777762 001360	58022	GMO	BC	Ⓟ X	Tortillas (7") 12 / 284g
777762 001322	58014	GMO	BC	Ⓟ X	Naan, Coriander & Herbs 12 / 500g
777762 001285	58017	GMO	BC	Ⓟ X	Naan, Garlic 12 / 500g
777762 001292	58016	GMO	BC	Ⓟ X	Naan, Plain 12 / 500g
777762 001315	58018	GMO	BC	Ⓟ X	Naan, Spinach 12 / 500g
777762 000530	58013	GMO	BC	Ⓟ X	Roti 12 / 250g
777762 001650	58019	GMO	BC	Ⓟ X	Wrap, Masala (11") 12 / 500g
777762 001872	58038	GMO	*	Ⓟ X	Wrap, Sprouted Spelt Flour, Organic (11") 12 / 500g
777762 001629	58020	GMO	BC	Ⓟ X	Wrap, Spinach (11") 12 / 500g
777762 001643	58021	GMO	BC	Ⓟ X	Wrap, Sundried Tomato (11") 12 / 500g
777762 001612	58028	GMO	BC	Ⓟ X	Wrap, Tortilla (11") 12 / 500g
ISLAND ESSENTIALS NATURAL BODY CARE - 10% OFF					
884169 000015	30639		BC	Ⓟ	Castile Soap, SERENE DREAM 9 / 473ml G P
884169 001364	30645		BC	Ⓟ	Shampoo Bar, AWAKEN WITHIN 12 / 97g G P
884169 000459	30640		BC	Ⓟ	Hand & Body Cream, SERENE DREAM 8 / 100ml G P
884169 000466	30641		BC	Ⓟ	Hand & Body Cream, WEST COAST 8 / 100ml G P
884169 000428	30642		BC	Ⓟ	Hand & Body Lotion, Lavender 9 / 450ml G P
JOVIAL PRODUCTS - 15% OFF					
815421 012118	13450	GMO	*	@	Cookies, Einkorn, Checkerboard, Organic 12 / 250g
815421 011005	21044	GMO	*		Einkorn Flour, All Purpose, Organic 10 / 907g
815421 011302	17523	GMO	GF	*	Pasta, Brown Rice Egg Tagliatelle, Organic 12 / 255g
815421 011227	17521	GMO	GF	*	Pasta, Brown Rice Penne, Organic 12 / 340g
815421 011944	17533	GMO	GF	*	X Pasta, Grain Free Cassava Elbows, Organic 6 / 227g
815421 011913	17530	GMO	GF	*	Pasta, Grain Free Cassava Fusilli, Organic 6 / 227g
815421 011937	17532	GMO	GF	*	Pasta, Grain Free Cassava Orzo, Organic 12 / 227g
815421 011920	17531	GMO	GF	*	Pasta, Grain Free Cassava Penne, Organic 6 / 227g
815421 011906	17529	GMO	GF	*	Pasta, Grain Free Cassava Spaghetti, Organic 12 / 227g
JUSTIN'S NUT BUTTER CUPS - 10% OFF					
840379 153668	10562	GMO	GF	*	Peanut Butter Cups, Mini Dark Chocolate, Organic 6 / 120g G
840379 128451	10563	GMO	GF	*	Peanut Butter Cups, Mini Milk Chocolate, Organic 6 / 120g G
840379 188455	10561	GMO	GF	*	X Cashew Butter Cups, Dark Chocolate, Organic 12 / 40g G
840379 100051	10560	GMO	GF	*	X Peanut Butter Cups, Dark Chocolate, Organic 12 / 40g G
JYOTI INDIAN CUISINE - 20% OFF + VOLUME PRICING					
077502 016105	38545				Delhi Saag, Spinach & Mustard Greens w/ Ginger & Peppers (can) 12 / 425g
077502 156153	38542				Madras Sambar, Lentils w/ Vegetables (can) 12 / 425g
077502 036103	38546	GMO	*		Matar Paneer, Peas & Home Style Cheese (can) 12 / 425g
077502 146154	38541	GMO	*		Punjabi Chhole, Chickpeas w/ Potato & Onions (can) 12 / 425g

Buy 10+ cases

Save 5%

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KAN'S APPETIZERS (FROZEN) - 10% OFF								
189120 000524	54364	GMO	V	BC	Ⓟ X	Falafel, Mini Lentil, w/dipping sauce	12 / 330g	
189120 000531	54367	GMO	V	BC	Ⓟ X	Pakoros, Spinach & Kale (baked), w/dipping sauce	12 / 330g	
189120 000548	54643		V	BC	Ⓟ X	Pakoros, Yam, w/dipping sauce	12 / 320g	
189120 000517	54363		V	BC	Ⓟ X	Samosas, Fresh Veggie & Lentil, w/dipping sauce	12 / 320g	
KARTHEIN'S ORGANIC UNPASTEURIZED KIMCHI & SAUERKRAUT (REFRIGERATED) - 15% OFF								
620892 809927	30225	GMO	*	+	Ⓟ	Kimchi, Raw, Unpasteurized, Organic	12 / 375ml	
620892 809934	30376	GMO	*	+	Ⓟ	Kimchi, Raw, Unpasteurized, Organic	12 / 750ml	
620892 809903	30184	GMO	*	+	Ⓟ	Sauerkraut, Beets & Ginger, Raw Unpasteurized, Organic	12 / 375ml	
620892 809941	30182	GMO	*	+	Ⓟ	Sauerkraut, Carrots & Ginger, Raw Unpasteurized, Organic	12 / 375ml	
620892 809989	30221	GMO	*	+	Ⓟ	Sauerkraut, Simple, Raw Unpasteurized, Organic	12 / 375ml	
620892 809965	30223	GMO	*	+	Ⓟ	Sauerkraut, Traditional, Raw Unpasteurized, Organic	12 / 375ml	
620892 809910	30377	GMO	*	+	Ⓟ	Sauerkraut, Beets & Ginger, Raw Unpasteurized, Organic	12 / 750ml	
620892 809958	30375	GMO	*	+	Ⓟ	Sauerkraut, Carrots & Ginger, Raw Unpasteurized, Organic	12 / 750ml	
620892 809996	30185	GMO	*	+	Ⓟ	Sauerkraut, Simple, Raw Unpasteurized, Organic	12 / 750ml	
620892 809972	30227	GMO	*	+	Ⓟ	Sauerkraut, Traditional, Raw Unpasteurized, Organic	12 / 750ml	
KASLO SOURDOUGH PASTA PASTA FERMENTATA - UP TO \$11.85 OFF								
779605 022730	42186	GMO		BC	Ⓟ X	PASTA FERMENTATA, Macaroni	12 / 227g	
779605 022716	42187	GMO		BC	Ⓟ X	PASTA FERMENTATA, Radiatori, Classic	12 / 227g	
779605 022747	42190	GMO		BC	Ⓟ X	PASTA FERMENTATA, Radiatori, Whole Wheat	12 / 227g	
779605 022723	42188	GMO		BC	Ⓟ X	PASTA FERMENTATA, Rotini	12 / 227g	
779605 332273	42189	GMO		BC	Ⓟ X	PASTA FERMENTATA, Spaghetti	12 / 227g	
779605 336448	42192	GMO		BC	Ⓟ X	PASTA FERMENTATA, Elbow Mac	12 / 454g	
779605 336400	42178	GMO		BC	Ⓟ X	PASTA FERMENTATA, Radiatori, Classic	12 / 454g	
779605 337407	42183	GMO		BC	Ⓟ X	PASTA FERMENTATA, Radiatori, Whole Wheat	12 / 454g	
779605 336424	42179	GMO		BC	Ⓟ X	PASTA FERMENTATA, Rotini, Classic	12 / 454g	
779605 330071	42191	GMO		BC	Ⓟ X	PASTA FERMENTATA, Spaghetti	12 / 454g	
KIND PRODUCTS - UP TO 17% OFF + VOLUME PRICING								
602652 183119	37494	GMO			X	Granola, Cinnamon Oat w/Flax Seeds	6 / 312g	G
602652 433177	37498	GMO			X	Granola, Oats & Dark Chocolate	6 / 312g	G
602652 183133	37496	GMO			X	Granola, Oats & Honey w/Toasted Coconut	6 / 312g	G
602652 183126	37495	GMO			X	Granola, Vanilla Oat, Blueberry w/Flax Seeds	6 / 312g	G
602652 183102	37493	GMO			X	Granola, Whole Grain & Peanut Butter	6 / 312g	G
Buy 8+ cases (Granola only) Save 1.00								
602652 204050	39346					Breakfast Bar, Almond Butter (2pk)	5 / 4x50g	G
602652 204067	39347					Breakfast Bar, Dark Chocolate Cocoa	5 / 4x50g	G
602652 201066	39348					Breakfast Bar, Peanut Butter (2pk)	5 / 4x50g	G
Buy 8+ cases (Breakfast Bars only) Save 1.00								
602652 184178	37609	GMO				HEALTHY GRAINS, Dark Chocolate Chunk	8 / 5x35g	G
602652 184154	37607	GMO				HEALTHY GRAINS, Oats & Honey	8 / 5x35g	G
602652 184185	37610	GMO				HEALTHY GRAINS, Peanut Butter Dark	8 / 5x35g	G
602652 296574	37600	GMO				HEALTHY GRAINS, Vanilla Blueberry	8 / 5x35g	G
Buy 8+ cases (Healthy Grain only) Save 2.00								
602652 430527	39342				X	DIPPED CLUSTERS, Dark Chocolate Almond Butter	8 / 113g	G
602652 430503	39343				X	DIPPED CLUSTERS, Dark Chocolate Nuts & Berries	8 / 113g	G
602652 430558	39344				X	DIPPED CLUSTERS, Dark Chocolate Vanilla Cashew	8 / 113g	G
Buy 8+ cases (Dipped Clusters only) Save 1.00								

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602652 669385	37477	GMO		X	NEW! Nut Bars, Almond Cranberry	12 / 40g	G		
602652 669378	37478	GMO			NEW! Nut Bars, Pumpkin Seeds, Raspberry & Dark Chocolate	10 / 5x40g	G		
602652 669392	37479	GMO			NEW! Nut Bars, Sunflower Seeds & Strawberry	10 / 5x40g	G		
602652 669798	37481	GMO			NEW! Soft Baked Squares, Blondie (almond flour & peanut butter)	8 / 5x40g	G		
602652 669804	37480	GMO			NEW! Soft Baked Squares, Brownie (almond flour & chocolate)	8 / 5x40g	G		
KINDRED CULTURES PROBIOTIC WATER KEFIR (REFRIGERATED) - \$3.69 OFF									
628504 073377	23632		BC	Ⓜ X	Water Kefir, Cranberry Turmeric (can)	12 / 355ml	G P U		
628504 073391	23633		BC	Ⓜ X	Water Kefir, Lemon Ginger Turmeric (can)	12 / 355ml	G P U		
628504 073414	23634		BC	Ⓜ X	Water Kefir, Power Green (can)	12 / 355ml	G P U		
628504 073438	23635		BC	Ⓜ X	Water Kefir, Strawberry Rosehip (can)	12 / 355ml	G P U		
KING ISLAND COCONUT WATER - 10% OFF									
8850813 300031	07130			+ Ⓜ	Coconut Water, Pure (gable top)	12 / 1L	U		
KOYO RAMEN - 15% OFF									
065493 064359	39100			Ⓜ X	Ramen, Garlic Pepper	12 / 60g			
065493 064342	39101			Ⓜ X	Ramen, Lemongrass Ginger	12 / 60g			
065493 064304	39102			Ⓜ X	Ramen, Mushroom	12 / 57g			
065493 064311	39103			Ⓜ X	Ramen, Seaweed	12 / 57g			
065493 064366	39104			Ⓜ X	Ramen, Soba Buckwheat Noodles	12 / 60g			
065493 064328	39105			Ⓜ X	Ramen, Tofu & Miso	12 / 57g			
065493 064410	39113			Ⓜ X	Rice Ramen Noodle Cup, Garlic Vegetable (gluten free)	6 / 57g			
065493 064427	39114			Ⓜ X	Rice Ramen Noodle Cup, Spicy Kimchi (gluten free)	6 / 59g			
065493 064434	39115			Ⓜ X	Rice Ramen Noodle Cup, Spicy Szechuan (gluten free)	6 / 58g			
065493 064403	39116			Ⓜ X	Rice Ramen Noodle Cup, Wakame Miso (gluten free)	6 / 60g			
065493 064335	39106			Ⓜ X	Ramen, Asian Vegetables	12 / 60g			
L'ANCÊTRE CHEESE (REFRIGERATED) - UP TO 30% OFF									
778177 499919	50097	GMO		+ Ⓜ	Artisan Goat Cheese (ripened-firm)	8 / 190g			
778177 499315	50090	GMO	*	+ Ⓜ	Cheddar, Mild, Organic (raw milk)	8 / 200g			
778177 499322	50091	GMO	*	+ Ⓜ	Cheddar, Medium, Organic (raw milk)	8 / 200g			
778177 499339	50092	GMO	*	+ Ⓜ	Cheddar, Old, Organic (raw milk)	8 / 200g			
778177 499346	50093	GMO	*	+ Ⓜ	Cheddar, Extra Old, Organic (raw milk)	8 / 200g			
778177 509014	50099	GMO	*	Ⓜ	Gouda, Dutch (12 mos), Organic	8 / 175g			
778177 499506	50103	GMO	*	+ Ⓜ	Shredded, Mozza-Cheddar, Organic	8 / 200g			
778177 499858	50104	GMO	*	+ Ⓜ	Shredded, Mozzarella, (28% MF) Organic	8 / 200g			
778177 499575	50102	GMO	*	+ Ⓜ	Shredded, Triple Cheddar, Organic	8 / 200g			
LE PAIN DES FLEURS CRISPBREAD - 10% OFF									
848206 059565	16606	GMO	GF V *		Crispbread, Buckwheat, Organic	12 / 150g			
848206 059572	16607	GMO	GF V *		Crispbread, Buckwheat, Unsalted, Organic	12 / 150g			
848206 059596	16643	GMO	GF V *		Crispbread, Chestnut, Organic	12 / 150g			
848206 059589	16641	GMO	GF V *		Crispbread, Quinoa, Organic	12 / 150g			
LICK YOUR CHOPS CAT & DOG FOOD - 10% OFF									
032976 270026	48080				Canned Cat Food, Distinctive Delicacies, Chicken & Catfish	24 / 85g	G P		
032976 270033	48081				Canned Cat Food, Distinctive Delicacies, Chicken & Crab	24 / 85g	G P		
032976 270019	48079				Canned Cat Food, Distinctive Delicacies, Salmon & Whitefish	24 / 85g	G P		
032976 270002	48078				Canned Cat Food, Distinctive Delicacies, Turkey & Sweet Potato	24 / 85g	G P		
032976 168569	48022				Canned Dog Food, Lamb Dinner with Brown Rice & Carrots	12 / 369g	G P		
032976 169726	48024				Canned Dog Food, Turkey Dinner with Brown Rice & Carrots	12 / 369g	G P		
LITA'S MEXICAN FOODS FLOUR TORTILLAS & VEGAN TAQUITOS (FROZEN) - 10% OFF + VOLUME PRICING									
627843 777960	15635	GMO	V *	BC Ⓜ x	Tortillas, White Flour, Organic (uncooked) (8pk)	12 / 280g			
627843 777977	15636	GMO	V *	BC Ⓜ x	Tortillas, Whole Wheat Flour, Organic (uncooked) (8pk)	12 / 280g			
					Buy 5+ cases	Save 5%			
627843 778028	15646			BC Ⓜ x	Taquito, Bean & Cheeze	6 / 280g			
627843 778011	15645			BC Ⓜ x	Taquito, Potato & Chorizo	6 / 280g			
					Buy 5+ cases	Save 5%			

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LIVELY PREBIOTIC POP - 10% OFF						
628942 435324	66150			+ [P] X	Prebiotic Pop, Cool Cola	12 / 355ml G P U
628942 435348	66151			+ [P] X	Prebiotic Pop, Rockin' Root Beer	12 / 355ml G P U
628942 435355	66152			+ [P] X	Prebiotic Pop, Spritzzy Lemon Lime	12 / 355ml G P U
LIVIVA KETO PASTAS - 10% OFF						
628110 422422	30720	GMO	GF V		Dried Shirataki, Instant Rice (Keto certified)	6 / 120g
628110 422408	30721	GMO	GF V		Dried Shirataki, Noodles (Keto certified)	6 / 120g
628110 422415	30722	GMO	GF V		Dried Shirataki, Spaghetti (Keto certified)	6 / 120g
628110 422019	30723	GMO	GF V *	X	Bean Pasta, Black Bean Fettuccine, Organic (Keto certified)	6 / 200g
628110 422002	30724	GMO	GF V *	X	Bean Pasta, Black Bean Spaghetti, Organic (Keto certified)	6 / 200g
628110 422026	30725	GMO	GF V *	X	Bean Pasta, Edamame Spaghetti, Organic (Keto certified)	6 / 200g
628110 422224	30726	GMO	V		Keto Pasta, Fettuccine (Keto certified)	6 / 225g
628110 422217	30727	GMO	V		Keto Pasta, Linguine (Keto certified)	6 / 225g
628110 422200	30728	GMO	V		Keto Pasta, Spaghetti (Keto certified)	6 / 225g
628110 422538	30729	GMO	GF V		Shirataki, Fettuccine (Keto certified)	6 / 520g
628110 422576	30730	GMO	GF V		Shirataki, Penne (Keto certified)	6 / 520g
628110 422552	30731	GMO	GF V		Shirataki, Rice shaped (Keto certified)	6 / 520g
628110 422521	30732	GMO	GF V		Shirataki, Spaghetti (Keto certified)	6 / 520g
LOOP MISSION COLD-PRESSED SMOOTHIES & PROBIOTIC SODA (REFRIGERATED) - 15% OFF						
056719 900261	11244	GMO		+ [P]	Smoothie, Green Vibes (spinach, kale, pineapple ,banana, spirulina, oat milk, pea protein)	6 / 1L U
056719 900377	11232	GMO		+ [P] X	Soda, Sparkling Ginger (can)	12 / 355ml G P U
056719 900087	11233	GMO		+ [P] X	Soda, Sparkling Grapefruit (can)	12 / 355ml G P U
056719 900094	11231	GMO		+ [P] X	Soda, Sparkling Clementine (can)	12 / 355ml G P U
056719 900070	11230	GMO		+ [P] X	Soda, Sparkling Strawberry (can)	12 / 355ml G P U
LUCKY FOODS SPRING ROLLS (FROZEN) - 10% OFF						
078487 462727	31027	GMO	GF	X	Spring Rolls, Gluten Free, Thai Style, w/Sweet & Sour Sauce	8 / 241g
078487 452773	31025	GMO	V		Spring Rolls, Kimchi, w/Sweet & Sour Sauce	8 / 241g
078487 452711	31024	GMO		X	Spring Rolls, Original, w/Traditional Sauce	8 / 241g
LUNDBERG RICE CAKES - VOLUME PRICING						
073416 570900	16336	GMO	GF *	X	Rice Cake Minis, Apple Pie, Organic	6 / 142g
073416 571006	16337	GMO	GF *	X	Rice Cake Minis, Sea Salt, Organic	6 / 142g
073416 570801	16338	GMO	GF *	X	Rice Cake Minis, White Cheddar, Organic	6 / 142g
					Buy 10-19 cases (Mini Rice Cake skus)	Save 0.60
					Buy 20-24 cases (Mini Rice Cake skus)	Save 1.60
					Buy 25+ cases (Mini Rice Cake skus)	Save 3.00
073416 200395	16334	GMO	GF *	X	Rice Cakes, Cinnamon Toast, Organic	6 / 269g
073416 200142	16331	GMO	GF *	X	Rice Cakes, Plain, Organic	6 / 241g
073416 200159	16332	GMO	GF *	X	Rice Cakes, Unsalted, Organic	6 / 241g
073416 200173	16333	GMO	GF *	X	Rice Cakes, Wild Rice, Organic	6 / 241g
					Buy 10-19 cases (Rice Cake skus)	Save 0.60
					Buy 20-24 cases (Rice Cake skus)	Save 1.60
					Buy 25+ cases (Rice Cake skus)	Save 3.00
073416 532700	31225	GMO	GF *		THIN STACKERS, Lightly Salted, Organic	6 / 168g
073416 532809	31227	GMO	GF *		THIN STACKERS, Red Rice & Quinoa, Organic	6 / 168g
073416 532403	31224	GMO	GF *		THIN STACKERS, Salt Free, Organic	6 / 168g
073416 561601	31230	GMO	GF *		THIN STACKERS, Sea Salt & Fine Herbs, Organic	6 / 168g
					Buy 10-19 cases (Thin Stackers skus)	Save 0.60
					Buy 20-24 cases (Thin Stackers skus)	Save 1.60
					Buy 25+ cases (Thin Stackers skus)	Save 3.00
MACKELLAR FARMS EDAMAME (FROZEN) - \$3.30 OFF						
185820 000017	63026	GMO		+ [P] X	Edamame, Whole Pods (Product of Canada)	12 / 400g

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MADEGOOD COOKIES, BARS, BITES & STAR PUFFED CRACKERS - UP TO \$3.00 OFF						
687456 283111	64018	GMO	GF V *	+ P	Cookies, Soft Baked Mini, Chocolate Banana, Organic	6 / 5x24g
687456 283104	64017	GMO	GF V *	+ P	Cookies, Soft Baked Mini, Chocolate Chip, Organic	6 / 5x24g
687456 283098	64016	GMO	GF V *	+ P	Cookies, Soft Baked Mini, Double Chocolate, Organic	6 / 5x24g
687456 283449	64027	GMO	GF V *	+ P	Cookies, Soft Baked Mini, Red Velvet, Organic	6 / 5x24g
687456 283432	64026	GMO	GF V *	+ P	Cookies, Soft Baked Mini, Sweet Cinnamon, Organic	6 / 5x24g
687456 284330	64067	GMO	GF V *	+ P X	Cookies, Chocolate Chip, Organic	6 / 200g
687456 284323	64068	GMO	GF V *	+ P X	Cookies, Double Chocolate, Organic	6 / 200g
687456 284309	64069	GMO	GF V *	+ P X	Cookies, Vanilla, Organic	6 / 200g
687456 214139	64055	GMO	GF V *	+ P	Chocolate Drizzled Granola Bars, Birthday Cake, Organic	6 / 5x24g G
687456 214146	64056	GMO	GF V *	+ P	Chocolate Drizzled Granola Bars, Cookie Crumble, Organic	6 / 5x24g G
687456 214122	64054	GMO	GF V *	+ P	Chocolate Drizzled Granola Bars, Vanilla, Organic	6 / 5x24g G
687456 223650	64048	GMO	GF V *	+ P	Crunchy Oat Bites, Chocolate Drizzled Birthday Cake, Organic	6 / 5x24g G
687456 223711	64049	GMO	GF V *	+ P	Crunchy Oat Bites, Vanilla Drizzled Cookies & Cream, Organic	6 / 5x24g G
687456 213040	64020	GMO	GF V *	+ P	Granola Bars, Chocolate Banana, Organic	6 / 5x24g G
687456 213019	64023	GMO	GF V *	+ P	Granola Bars, Chocolate Chip, Organic	6 / 5x24g G
687456 213750	64029	GMO	GF V *	+ P	Granola Bars, Cookies & Cream, Organic	6 / 5x24g G
687456 213026	64024	GMO	GF V *	+ P	Granola Bars, Mixed Berry, Organic	6 / 5x24g G
687456 213170	64021	GMO	GF V *	+ P	Granola Bars, Strawberry, Organic	6 / 5x24g G
687456 223490	64094	GMO	GF V *	+ P	Granola Minis, Apple Cinnamon, Organic	6 / 5x24g G
687456 223476	64093	GMO	GF V *	+ P	Granola Minis, Chocolate Banana, Organic	6 / 5x24g G
687456 223506	64090	GMO	GF V *	+ P	Granola Minis, Chocolate Chip, Organic	6 / 5x24g G
687456 223483	64092	GMO	GF V *	+ P	Granola Minis, Strawberry, Organic	6 / 5x24g G
687456 214313	64063	GMO	GF V *	+ P	MORNINGS Soft Baked Oat Bars, Blueberry, Organic	6 / 5x30g G
687456 214306	64062	GMO	GF V *	+ P	MORNINGS Soft Baked Oat Bars, Chocolate Chip, Organic	6 / 5x30g G
687456 214320	64064	GMO	GF V *	+ P	MORNINGS Soft Baked Oat Bars, Cinnamon Bun, Organic	6 / 5x30g G
687456 230016	64080	GMO	GF V *	+ P X	STAR PUFFED CRACKERS, Cheddar, Organic	6 / 121g
687456 230030	64082	GMO	GF V *	+ P X	STAR PUFFED CRACKERS, Pizza Flavour, Organic	6 / 121g
687456 230023	64081	GMO	GF V *	+ P X	STAR PUFFED CRACKERS, Sea Salt, Organic	6 / 121g
MAISON ORPHEE PRODUCTS - 15% OFF						
069593 120090	30205	GMO	*	+ P	Oil, Canola, Unrefined, Organic (Keto certified)	6 / 500ml
069593 120014	30188	GMO		P	Oil, Extra Virgin Olive, Balanced (Keto certified)	6 / 500ml
069593 120021	30189	GMO		P	Oil, Extra Virgin Olive, Delicate (Keto certified)	6 / 500ml
069593 120083	30204	GMO	*	P	Oil, Extra Virgin Olive, Delicate, Organic (Keto)	6 / 500ml
069593 120038	30190	GMO		+ P	Oil, Sesame, Unrefined Toasted	6 / 500ml
069593 120113	30207	GMO	*	+ P	Oil, Sesame, Unrefined, Organic (Keto certified)	6 / 500ml
069593 122087	30212	GMO		+ P	Oil, The Perfect Oil - Virgin Vegetable Oil Blend (Keto certified)	6 / 500ml
MATEINA INFUSED YERBA MATE TEA & YERBA MATE - 10% OFF						
628504 157305	20803	GMO	*	+ P X	Mate Tea, Lemon Original, Organic (can)	12 / 355ml U
628504 157329	20805	GMO	*	+ P X	Mate Tea, Peach Passion, Organic (can)	12 / 355ml U
628504 157152	20815	GMO	*	P	Yerba Mate, Loose Leaf, Organic	10 / 454g

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MID-DAY SQUARES FUNCTIONAL CHOCOLATE (REFRIGERATED) - 15% OFF									
877977 000032	50255	GMQ	V	@ +	Ⓜ	X Squares, Almond Crunch	12 / 33g	G	_____
877977 000001	50254	GMQ	V	@ +	Ⓜ	X Squares, Brownie Batter	12 / 33g	G	_____
877977 000186	50257	GMQ	V	@ +	Ⓜ	X Squares, Cookie Dough	12 / 33g	G	_____
877977 000353	50261	GMQ	V	@ +	Ⓜ	X Squares, Crunchy Peanut	12 / 33g	G	_____
877977 000063	50256	GMQ	V	@ +	Ⓜ	X Squares, Peanut Butta	12 / 33g	G	_____
MISHIMA INSTANT SOUP - \$4.29 OFF									
830757 000325	38551					X Instant Hot and Sour Soup	12 / 27g		_____
830757 000219	38821					X Instant Miso Soup, Red	12 / 30g		_____
830757 000233	38822					X Instant Miso Soup, White	12 / 30g		_____
830757 000226	38655					X Instant Mixed Miso soup (red & white)	12 / 30g		_____
MOOCHO DAIRY-FREE CHEESE ALTERNATIVE (REFRIGERATED) - 10% OFF									
025583 119123	57092					Shreds, Cheddar Style	6 / 198g		_____
025583 119093	57093					Shreds, Mozzarella Style	6 / 198g		_____
MOUNTAIN SKY BODY CARE - 10% OFF									
628055 186007	82249		BC	Ⓜ		Handmade Bath Soap, Anise	6 / 135g	G P	_____
628055 186069	46194		BC	Ⓜ		Handmade Bath Soap, Goat Milk & Oats	6 / 135g	G P	_____
628055 186083	82242		BC	Ⓜ		Handmade Bath Soap, Lavender Dream	6 / 135g	G P	_____
628055 186137	82245		BC	Ⓜ		Handmade Bath Soap, Vanilla Cream	6 / 135g	G P	_____
628055 186144	82247		BC	Ⓜ		Handmade Bath Soap, Wild Rose	6 / 135g	G P	_____
628055 186038	80678		BC	Ⓜ		Handmade Body Soap, Charcoal	6 / 135g	G P	_____
						Cleanse, Ancient Asian			_____
628055 186045	82239		BC	Ⓜ		Handmade Body Soap, Herbal Pine	6 / 135g	G P	_____
						Eucalyptus			_____
628055 186076	82241		BC	Ⓜ		Handmade Body Soap, Kali Spice	6 / 135g	G P	_____
628055 186106	82248		BC	Ⓜ		Shampoo & Soap Bar, Rasta-Bar-Hemp	6 / 135g	G P	_____
628055 186090	46195		BC	Ⓜ		Shower Soap, Moroccan Argan	6 / 135g	G P	_____
NAKED & SAUCY PRODUCTS - 15% OFF									
890104 001726	40103	GMQ	*	BC	Ⓜ	NOOCH Caesar, Organic	12 / 250ml		_____
890104 001702	40104	GMQ	*	BC	Ⓜ	NOOCH O.G. (Original), Organic	12 / 250ml		_____
890104 001719	40105	GMQ	*	BC	Ⓜ	NOOCH Sesame Ginger, Organic	12 / 250ml		_____
890104 001078	40118	GMQ	*	BC	Ⓜ	Sauce, Chili Garlic, Organic	6 / 296ml		_____
890104 001313	40122	GMQ	*	BC	Ⓜ	Sauce, Peanut, Organic	6 / 296ml		_____
890104 001337	40124	GMQ	*	BC	Ⓜ	Sauce, Sweet & Sour, Organic	6 / 296ml		_____
890104 001306	40121	GMQ	*	BC	Ⓜ	Sauce, Sweet Thai Chili, Organic	6 / 296ml		_____
890104 001320	40123	GMQ	*	BC	Ⓜ	Sauce, Teriyaki, Keto, Organic	6 / 296ml		_____
890104 001061	40117	GMQ	*	BC	Ⓜ	Sauce, Teriyaki, Sesame Ginger, Organic	6 / 296ml		_____
890104 001290	40120	GMQ	V *		Ⓜ	Sauce, Vegan Oyster, Organic	6 / 296ml		_____
890104 001528	40125	GMQ	*	BC	Ⓜ	Simmer Sauce, Butterless Chicken,	12 / 350g		_____
						Organic			_____
890104 001535	40128	GMQ	*	BC	Ⓜ	Simmer Sauce, Mild Vindaloo, Organic	12 / 350g		_____
890104 001559	40127	GMQ	*	BC	Ⓜ	Simmer Sauce, Thai Curry, Organic	12 / 350g		_____
890104 001283	40119	GMQ	*		Ⓜ	Soy Sauce Substitute, Keto, Organic	6 / 296ml		_____
890104 001344	40115	GMQ	*		Ⓜ	Soy Sauce Substitute, Keto, Organic	6 / 473ml		_____
890104 001115	85315	GMQ	*		Ⓜ	Soy Sauce Substitute, Lightly Sweet,	6 / 296ml		_____
						Organic			_____
890104 001351	40116	GMQ	*		Ⓜ	Soy Sauce Substitute, Lightly Sweet,	6 / 473ml		_____
						Organic			_____
NATURA DAIRY-FREE BEVERAGE - 20% OFF									
063667 241087	06408	GMQ	*	+	Ⓜ	Oat, Chocolate, Organic (tetra pak)	8 / 3x200ml	U	_____
063667 431020	06407	GMQ	*	+	Ⓜ	Oat, Vanilla, Organic (tetra pak)	8 / 3x200ml	U	_____
063667 508012	06392	GMQ	V *	+	Ⓜ	Soy, Chocolate, Organic (tetra pak)	8 / 3x200ml	U	_____
NATURAL CABANA LEMON & LIMEADE - 10% OFF									
856190 003020	04081					X Lemonade, Cherry	12 / 591ml	G U	_____
853790 001722	04087					X Lemonade, Coconut & Pineapple	12 / 591ml	G U	_____
856190 003006	04082					X Lemonade, Original	12 / 591ml	G U	_____
853790 001715	04088					X Lemonade, Peach	12 / 591ml	G U	_____
856190 003013	04083					X Lemonade, Strawberry	12 / 591ml	G U	_____
856190 003037	04084					X Lemonade, Tropical Mango	12 / 591ml	G U	_____
856190 003136	04085					X Limeade, Original	12 / 591ml	G U	_____
856190 003204	04086					X Limeade, Raspberrry	12 / 591ml	G U	_____
NATUREBEE CONCENTRATED TABLETS & REUSABLE SPONGE CLOTHS - 15% OFF									
628176 082165	30604				Ⓜ	Foaming Hand Soap Tablets, Honey	12 / 2x8g	G P	_____
						Clementine			_____
628176 082493	30605				Ⓜ	Foaming Hand Soap Tablets, Sweet	12 / 2x8g	G P	_____
						Citrus			_____
628176 082158	30606				Ⓜ	Foaming Hand Soap Tablets, Unscented	12 / 2x8g	G P	_____
628176 082172	30607				Ⓜ	Foaming Hand Soap Tablets, Warm	12 / 2x8g	G P	_____
						Coconut			_____
628176 082523	30610				Ⓜ	Bathroom Cleaner Tablets, Eucalyptus	12 / 2x8g	G P	_____
						Mint			_____

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628176 082219	30612				Multi-Purpose Cleaner Tablets, Sweet Citrus	12 / 2x8g G P
628176 082912	30613				X Sponge Cloths (17cm x 20cm / 8" x 9.5")	12 / 1ea G P
NATURE CLEAN PRODUCTS - UP TO \$5.40 OFF						
058951 351825	80400	+			Dishwasher Gel	6 / 1.8L G P
058951 232506	80429	+			Dishwasher Rinse Agent	12 / 250ml G P
058951 395157	80145	+			Liquid Hand Soap Refill, Citrus	6 / 1L G P
058951 395119	80144	+			Liquid Hand Soap Refill, Fragrance Free	6 / 1L G P
058951 307204	80867	+			Odour Remover Pacs for Laundry	6 / 180g G P
058951 502807	81118	+			Pure Sensitive Unscented Shampoo	6 / 300ml G P
NATURE'S PATH CEREAL & LOVE CRUNCH GRANOLA - UP TO \$5.50 OFF						
058449 241126	22768	GMQ	GF	*	X Cereal, ENVIROKIDZ, Red Panda Puffs, Organic	6 / 650g
058449 251316	25036	GMQ		*	X NEW! LOVE CRUNCH, Protein, Chocolate Almond Butter, Organic	6 / 312g
058449 251309	25037	GMQ		*	X NEW! LOVE CRUNCH, Protein, Peanut Butter, Organic	6 / 312g
NATURSOURCE SNACKS - 10% OFF						
068110 330615	58105			+	X Nut Mix, Pecan Pie Flavoured	8 / 500g G
068110 530046	58106			+	X Nut Mix, Salted Hot Cocoa - Chocolate & Cinnamon	8 / 500g G
068110 330325	58103			+	X Nut Mix, Weekend Tamari - w/Pretzels & Sesame Sticks	6 / 550g G
NIKKEI RAMEN YA AUTHENTIC RAMEN (FROZEN) - 15% OFF						
628693 494014	39185			BC	X Ramen Noodles, Hakata Style (extra thin - 4pk)	12 / 480g
628693 494199	39190			BC	X Ramen Noodles, Sapporo Style (3pk)	12 / 450g
628693 494007	39184			BC	X Ramen Noodles, Tokyo Style (medium thickness - 4pk)	12 / 520g
628693 494205	39192			BC	X Ramen Soup Stock, Marudori (chicken)	8 / 1.2L
628693 494021	39186			BC	X Ramen Soup Stock, Tonkotsu (pork bone)	8 / 1.2L
628693 494038	39187			BC	X Ramen Soup Stock, Yasai (vegan)	8 / 1.2L
NIKKEI RAMEN YA RAMEN SEASONING SAUCE - 15% OFF						
628693 494212	39191			BC	X Ramen Seasoning Sauce, Shio Tare	12 / 145ml
628693 494052	39188			BC	X Ramen Seasoning Sauce, Shoyu Tare	12 / 145ml
NORA'S DAIRY-FREE DESSERT (FROZEN) - 10% OFF						
627843 814214	32924		GF	V	X Cashew Frozen Dessert, Cookies & Crème	8 / 500ml
627843 814245	32920			V	X Cashew Frozen Dessert, Mint Chip	8 / 500ml
627843 814221	32921			V	X Cashew Frozen Dessert, Peanut Butter & Chocolate	8 / 500ml
627843 814207	32922			V	X Cashew Frozen Dessert, Strawberries & Crème	8 / 500ml
627843 814238	32923			V	X Cashew Frozen Dessert, Vanilla Bean	8 / 500ml
NUMI ORGANIC TEA - 15% OFF						
680692 101713	12026	GMQ		*	@ Black Tea, Aged Earl Grey, Organic	6 / 18ct
680692 102215	12966	GMQ		*	@ Black Tea, Breakfast Blend, Organic	6 / 18ct
680692 101812	12027	GMQ		*	@ Black Tea, Golden Chai, Organic	6 / 18ct
680692 101195	12021	GMQ		*	@ Green Tea, Gunpowder Green, Organic	6 / 18ct
680692 101188	12010	GMQ		*	@ Green Tea, Jasmine Green, Organic	6 / 18ct
680692 103014	13209	GMQ		*	@ Green Tea, Matcha Toasted Rice, Organic	6 / 18ct
680692 111507	12023	GMQ		*	@ Herbal Teasan, Chamomile Lemon,	6 / 18ct
680692 115000	12007	GMQ		*	@ Herbal Teasan, Chocolate Rooibos, Organic	6 / 16ct
680692 101010	12003	GMQ		*	@ Herbal Teasan, Dry Desert Lime, Organic	6 / 18ct
680692 116144	12012	GMQ		*	@ Herbal Teasan, Echinacea Ally, Organic	6 / 16ct
680692 116151	12013	GMQ		*	@ Herbal Teasan, Elderberry Ally, Organic	6 / 16ct
680692 116175	12014	GMQ		*	@ Herbal Teasan, Fennel Peppermint Ginger, Organic	6 / 16ct
680692 101034	12005	GMQ		*	@ Herbal Teasan, Honeybush, Organic	6 / 18ct
680692 101140	12006	GMQ		*	@ Herbal Teasan, Moroccan Mint, Organic	6 / 18ct
680692 102017	12088	GMQ		*	@ Herbal Teasan, Rooibos Chai, Organic	6 / 18ct
680692 101126	12004	GMQ		*	@ Herbal Teasan, Rooibos, Organic	6 / 18ct
680692 116120	12011	GMQ		*	@ Herbal Teasan, Sweet Slumber, Organic	6 / 16ct
680692 115529	13239	GMQ		*	@ Herbal Teasan, Turmeric Amber Sun, Organic	6 / 12ct
680692 115505	13237	GMQ		*	@ Herbal Teasan, Turmeric Three Roots, Organic	6 / 12ct

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NUTS FOR CHEESE FERMENTED CASHEW PRODUCT & CREAMY CASHEW DIP (REFRIGERATED) - UP TO 10% OFF								
842232 013027	18664	GMO	V *	+	Ⓟ	Cream Cheese Style Spread, Garlic & Herb, Organic	6 / 210g	
842232 014024	18665	GMO	V *	+	Ⓟ	Cream Cheese Style Spread, Lemon Dill, Organic	6 / 210g	
842232 012020	18663	GMO	V *	+	Ⓟ	Cream Cheese Style Spread, Original, Organic	6 / 210g	
842232 021022	18670			+	Ⓟ	NEW! Creamy Cashew Dip, Artichoke & Jalapeno	6 / 210g	
842232 022029	18671	GMO	*	+	Ⓟ	NEW! Creamy Cashew Dip, Dill Pickle, Organic	6 / 210g	
842232 023026	18672	GMO	*	+	Ⓟ	NEW! Creamy Cashew Dip, Roasted Red Pepper, Organic	6 / 210g	
NUUN HYDRATION SUPPLEMENTS - 10% OFF								
811660 024493	40736	GMO	V		X	Drink Mix, Sport, Lemon Lime	12 / 10ct	G
811660 024479	40735	GMO	V		X	Drink Mix, Sport, Pink Lemonade	12 / 10ct	G
OASIS PITA BREAD (FROZEN) - 15% OFF								
777762 002459	58024	GMO		+	X	Pita Bread (made with organic ingredients)	12 / 325g	
OCEAN'S HALO PRODUCTS - UP TO \$3.82 OFF								
811670 032396	10570	GMO	V *			Kimchi, Organic	6 / 480ml	
811670 031382	10572	GMO	V *			Short Grain Sticky Rice, Organic	5 / 907g	
811670 032174	10571	GMO	V *		X	Spring Roll Rice Wraps, Organic (12ct)	12 / 120g	
851899 005108	10575	GMO	V *		X	Sushi Nori, Organic (10ct)	12 / 28g	
811670 032303	10573	GMO	V *		X	THE SEAWEED SNACK, Sea Salt, Organic (trayless)	5 / 5x4g	
811670 032310	10574	GMO	V *		X	THE SEAWEED SNACK, Wasabi, Organic, (trayless)	5 / 5x4g	
O'DOUGHS BITE SIZED NAAN STYLE O'DIPPERS (FROZEN) - 15% OFF								
698433 100185	54627	GMO	GF V	+	Ⓟ X	O'DIPPERS, Garlic & Chive	6 / 210g	
698433 100178	54626	GMO	GF V	+	Ⓟ X	O'DIPPERS, Original	6 / 210g	
OMEGA NUTRITION PRODUCTS - UP TO 20% OFF								
055358 350024	85050	GMO	GF *		Ⓟ	Coconut Oil, Aroma Free, Organic (plastic jar)	6 / 454g	
055358 350031	85051	GMO	GF *		Ⓟ	Coconut Oil, Aroma Free, Organic (plastic jar)	6 / 908g	
055358 351014	28031	GMO	GF *		Ⓟ	Coconut Oil, Virgin, Organic (plastic jar)	6 / 283g	
055358 351021	85052	GMO	GF *		Ⓟ	Coconut Oil, Virgin, Organic (plastic jar)	6 / 454g	
055358 114404	85039	GMO	GF *		Ⓟ	Essential Balance Oil Blend, Organic (plastic bottle) (REFRIGERATED)	12 / 355ml	G
055358 114459	85040	GMO	GF *		Ⓟ	Essential Balance Oil Blend, Organic (plastic bottle) (REFRIGERATED)	6 / 946ml	G
055358 117009	85032	GMO	GF *		Ⓟ	Flax Oil, Garlic-Chili, Organic (plastic bottle) (REFRIGERATED)	12 / 355ml	
055358 114107	85036	GMO	GF *		Ⓟ	Flax Oil, Organic (plastic bottle) (REFRIGERATED)	12 / 355ml	
055358 114206	85046	GMO	GF *		Ⓟ	Flax Oil, Organic (plastic bottle) (REFRIGERATED)	6 / 946ml	
055358 216009	85055	GMO	*		Ⓟ	NUTRI-FLAX, Hi-Lignan Flax Seed Powder, Organic	6 / 454g	G
055358 335021	85060	GMO	GF *		Ⓟ	Pumpkin Seed Butter, Organic (plastic jar)	6 / 341g	
055358 335014	85059	GMO	GF *		Ⓟ	Pumpkin Seed Butter, Organic (plastic jar)	6 / 568g	
055358 670009	85048	GMO	GF *		Ⓟ	Pumpkin Seed Oil, Organic (plastic bottle)	12 / 355ml	
055358 219505	37237	GMO	*		Ⓟ	Pumpkin Seed Protein Powder, Organic	6 / 600g	G
ORGANIC INDIA TEA HERBAL INFUSIONS - \$1.50 OFF								
801541 520831	13352	GMO	*		X	Simply Chamomile, Organic	5 / 25ct	
801541 500215	13353	GMO	*		X	Tulsi Brahmi, Organic	5 / 25ct	
801541 500062	13361	GMO	*		X	Tulsi Breakfast, Organic	5 / 25ct	
801541 040438	13357	GMO	*		X	Tulsi Ginger, Organic	5 / 25ct	
801541 070435	13351	GMO	*		X	Tulsi Green Tea, Classic, Organic	5 / 25ct	
801541 509416	13362	GMO	*		X	Tulsi Green Tea, Lemon Ginger, Organic	5 / 25ct	
801541 508402	13358	GMO	*		X	Tulsi Honey Chamomile, Organic	5 / 25ct	
801541 507740	13363	GMO	*		X	Tulsi Jasmine Green Tea, Organic	5 / 25ct	
801541 500079	13359	GMO	*		X	Tulsi Jasmine, Organic	5 / 25ct	
801541 500086	13360	GMO	*		X	Tulsi Lemon Ginger, Organic	5 / 25ct	

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801541 508624	13355	GMO	*	X	Tulsi Moringa, Organic	5 / 25ct	
801541 050505	13350	GMO	*	X	Tulsi Original, Organic	5 / 25ct	
801541 500123	13356	GMO	*	X	Tulsi Peppermint, Organic	5 / 25ct	
801541 605002	13354	GMO	*	X	Tulsi Sweet Rose, Organic	5 / 25ct	
ORIGO FREEZE DRIED FRUIT - 10% OFF							
628693 376006	18030	GMO		BC	Ⓟ X 100% Freeze-Dried Apple	6 / 20g G	
628693 376020	18031	GMO		BC	Ⓟ X 100% Freeze-Dried Blueberry	6 / 25g G	
628693 376044	18032	GMO		BC	Ⓟ X 100% Freeze-Dried Raspberry	6 / 20g G	
628693 376051	18033	GMO		BC	Ⓟ X 100% Freeze-Dried Strawberry	6 / 20g G	
PACIFIC FOODS SOUP - VOLUME PRICING							
052603 290609	38122	GMO	*		Soup, Hearty Vegetable, Organic (can)	12 / 440ml	
052603 290616	38123	GMO	*		Soup, Split Pea, Organic (can)	12 / 440ml	
052603 290623	38124	GMO	*		Soup, Vegetable Lentil, Organic (can)	12 / 440ml	
						Buy 5+ cases (Hearty Soup Skus only) Save 5.40	
PAMELA'S ARTISAN FLOUR BLEND & PANCAKE MIXES - UP TO \$7.54 OFF							
093709 221142	22246	GMO	GF		Artisan Flour Blend	3 / 1.81kg	
093709 201106	22950		GF		Pancake & Baking Mix	6 / 680g	
093709 201144	22949		GF		Pancake & Baking Mix	3 / 1.81kg	
PARTAKE BREWING SPARKLING HOP WATER - 10% OFF							
628110 465849	06019			+	Ⓟ NEW! Hop Twist Sparkling Hop Water, Citrus	6 / 4x355ml G U	
PATIENCE FRUIT & CO SOUR CRAN DRIED CRANBERRIES - \$2.90 OFF							
662166 557028	18556	GMO		+	Ⓟ X SOUR CRAN, Sour Cherry	12 / 60g G	
662166 557011	18555	GMO		+	Ⓟ X SOUR CRAN, Sour Peach	12 / 60g G	
662166 557042	18558	GMO		+	Ⓟ X SOUR CRAN, Sour Raspberry	12 / 60g G	
662166 557035	18557	GMO		+	Ⓟ X SOUR CRAN, Sour Strawberry	12 / 60g G	
662166 557059	18559	GMO		+	Ⓟ X SOUR CRAN, Sour Watermelon	12 / 60g G	
PHILLIPS IOTA NON-ALCOHOLIC CRAFT BEER - 10% OFF							
818278 005944	11453			BC	Ⓟ iOTA, Cerveza (can)	6 / 4x355ml G U	
818278 009683	11446			BC	Ⓟ iOTA, Hazy IPA (can)	6 / 4x355ml G U	
818278 009706	11445			BC	Ⓟ iOTA, Pale Ale (can)	6 / 4x355ml G U	
818278 009690	11444			BC	Ⓟ iOTA, Pilsner (can)	6 / 4x355ml G U	
PIKE PIER FISHERMAN ALL NATURAL SAUCE - 15% OFF							
031215 203535	14269		GF		Cocktail Sauce	12 / 255g	
031215 201173	14288		GF		Horseradish Sauce	12 / 241g	
031215 203344	14267		GF		Tartar Sauce	12 / 241g	
PLUMM GOOD PRODUCTS - UP TO \$5.97 OFF							
069372 006201	16697	GMO	GF	*	BC Ⓟ Brown Rice Breading Crumbs, Organic	6 / 100g	
069372 002111	16445	GMO		*	BC Ⓟ X Rice Cakes, Sea Salt, Organic	12 / 185g	
069372 002159	16441	GMO		*	BC Ⓟ X Rice Cakes, Multigrain, Salted, Organic	12 / 185g	
069372 002173	16446	GMO		*	BC Ⓟ X Rice Cakes, Sesame, Salted, Organic	12 / 185g	
069372 001114	16450	GMO		*	BC Ⓟ X Rice Cakes, Multigrain, Unsalted, Organic	12 / 185g	
069372 001046	16425	GMO		*	BC Ⓟ X Rice Cakes, Unsalted, Organic	12 / 185g	
PRANA PRODUCTS - UP TO 10% OFF							
877693 003331	26151	GMO	GF	* @	+	Ⓟ X CHIC CHOC Bites, Chocolate Caramel, Organic	8 / 125g G
877693 003355	26153	GMO	GF	* @	+	Ⓟ X CHIC CHOC Bites, Double Chocolate, Organic	8 / 125g G
877693 003348	26152	GMO	GF	*	+	Ⓟ X CHIC CHOC Bites, Vanilla Almond, Organic	8 / 125g G
877693 001641	26108	GMO	GF	*	+	Ⓟ Nuts, Alegria Hickory BBQ Almonds, Organic	8 / 150g G
877693 000033	26102	GMO	GF	*	+	Ⓟ Nuts, Amandine Maple Almonds, Organic	8 / 150g G
877693 000118	26105	GMO	GF	*	+	Ⓟ Nuts, Extaze Sea Salted Cashews, Organic	8 / 150g G
877693 000019	26103	GMO	GF	*	+	Ⓟ Nuts, Kabana, Maple Sea Salt Nuts, Organic	8 / 150g G
877693 000149	26107	GMO	GF	*	+	Ⓟ Nuts, Nirvana Sea Salted Almonds, Organic	8 / 150g G
877693 000132	26106	GMO	GF	*	+	Ⓟ Nuts, Samadhi Tamari Almonds, Organic	8 / 150g G
877693 003928	26110	GMO		@	+	Ⓟ Snack Mix, Chocolate w/salted almonds, cranberries, raisins	12 / 350g G
877693 003935	26111	GMO			+	Ⓟ Snack Mix, Edamame w/almonds, dried fruit, pumpkin seeds	12 / 400g G
877693 003942	26112	GMO			+	Ⓟ Snack Mix, Spicy Peas & Favas	12 / 400g G
877693 001863	26109	GMO	GF	* @	+	Ⓟ Sumsuma Sesame Bites, Chocolate, Organic	8 / 150g G
877693 000071	26101	GMO	GF	* @	+	Ⓟ Sumsuma Sesame Bites, Organic	8 / 150g G
877693 001672	34102	GMO	GF	* @	+	Ⓟ Sumsuma Sesame Bites, Organic	6 / 325g G

STORE NAME:

DELIVERY DATE REQUEST:

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877693 000125	26104	GMO	GF	*	+	Ⓟ	Trail Mix, Annapurna Superfruit Mix, Organic	8 / 150g	G	_____		
877693 003065	26063	GMO	GF	*	+	Ⓟ	Trail Mix, Fuji Salted Mix, Organic	8 / 150g	G	_____		
877693 003058	26062	GMO	GF	*	+	Ⓟ	Trail Mix, Kilimanjaro Chocolate Mix, Organic	8 / 150g	G	_____		
877693 001665	34101	GMO	GF	*	+	Ⓟ	Trail Mix, Kilimanjaro Chocolate Mix, Organic	6 / 310g	G	_____		
877693 003072	26059	GMO	GF	*	+	Ⓟ	Trail Mix, Machu Pichu Exotic Mix, Organic	8 / 150g	G	_____		
Not available until second week of February (below Prana skus)												
877693 005816	34105	GMO				+	Ⓟ	NEW! BEAN ME UP, Bean and Nut Mix, Cheddar Jalapeno	12 / 325g	G	_____	
877693 005809	34104	GMO					+	Ⓟ	NEW! BEAN ME UP, Bean and Nut Mix, Spicy Dill Pickle	12 / 325g	G	_____
877693 005793	34103	GMO					+	Ⓟ	NEW! BEAN ME UP, Bean and Nut Mix, Sriracha	12 / 325g	G	_____
877693 005786	26191	GMO		*			+	Ⓟ	NEW! Protein Overnight Chia, Blueberry Muffin, Organic	6 / 260g	_____	
877693 005762	26192	GMO		*			+	Ⓟ	NEW! Protein Overnight Chia, Chocolatey Swirl, Organic	6 / 260g	_____	
877693 005779	26190	GMO		*			+	Ⓟ	NEW! Protein Overnight Chia, Maple & Apple, Organic	6 / 260g	_____	
PROBAR NUTRITIONAL FOOD BAR - \$3.00 OFF												
853152 100414	37525	GMO	GF				X		X Protein Bar, Cookie Dough	12 / 70g	G	_____
853152 100384	37524	GMO	GF				X		X Protein Bar, Mint Chocolate	12 / 70g	G	_____
853152 100391	37522	GMO	GF				X		X Protein Bar, Peanut Butter Chocolate	12 / 70g	G	_____
853152 800079	37191						X		X Superfood Slam Bar	12 / 85g	G	_____
PUKKA ORGANIC TEA - 15% OFF												
5060229 01379E	40804	GMO		*	@		X		Herbal Tea, Chamomile, Vanilla & Manuka Honey, Organic	4 / 20ct	_____	
5060229 013897	40811	GMO		*	@		X		Herbal Tea, Elderberry & Echinacea, Organic	4 / 20ct	_____	
5060229 01391C	40807	GMO		*	@		X		Herbal Tea, Lemon, Ginger & Manuka Honey, Organic	4 / 20ct	_____	
5060229 01367E	40813	GMO		*	@		X		Herbal Tea, Love, Organic	4 / 20ct	_____	
5060229 01377Z	40802	GMO		*	@		X		Herbal Tea, Night Time, Organic	4 / 20ct	_____	
5060229 013767	40817	GMO		*	@		X		Herbal Tea, Three Ginger, Organic	4 / 20ct	_____	
5060229 01375C	40818	GMO		*	@		X		Herbal Tea, Three Mint, Organic	4 / 20ct	_____	
QUE PASA PRODUCTS - \$4.00 OFF												
068826 176002	37382	GMO	GF	*		BC	Ⓟ	X	Chips, Blue Corn, Organic	12 / 350g	G	_____
068826 176118	37755	GMO	GF	*		BC	Ⓟ	X	Chips, Carnival - tri-colour, Organic	12 / 300g	G	_____
068826 252584	37818	GMO	GF	*		BC	Ⓟ	X	Chips, Garden Salsa, Organic	12 / 156g	G	_____
068826 212649	37812	GMO	GF	*		BC	Ⓟ	X	Chips, Grain Free Nacho, Organic	12 / 142g	G	_____
068826 212564	37813	GMO	GF	*		BC	Ⓟ	X	Chips, Grain Free Sea Salt, Organic	12 / 142g	G	_____
068826 222587	37815	GMO	GF	*		BC	Ⓟ	X	Chips, Jalapeno & Lime, Organic	12 / 156g	G	_____
068826 176019	37383	GMO	GF	*		BC	Ⓟ	X	Chips, Red Corn, Organic	12 / 300g	G	_____
068826 242547	37816	GMO	GF	*		BC	Ⓟ	X	Chips, Rounds, Salted, Organic	12 / 300g	G	_____
068826 242554	37817	GMO	GF	*		BC	Ⓟ	X	Chips, Rounds, Unsalted, Organic	12 / 300g	G	_____
068826 176033	37384	GMO	GF	*		BC	Ⓟ	X	Chips, Salted, Organic	12 / 350g	G	_____
068826 166096	37686	GMO	GF	*		BC	Ⓟ	X	Chips, Thin & Crispy Sea Salt, Organic	12 / 300g	G	_____
068826 166102	37687	GMO	GF	*		BC	Ⓟ	X	Chips, Thin & Crispy Twist of Lime, Organic	12 / 300g	G	_____
068826 166171	37721	GMO	GF	*		BC	Ⓟ	X	Chips, Thin and Crispy Nacho, Organic	12 / 156g	G	_____
068826 166188	37722	GMO	GF	*		BC	Ⓟ	X	Chips, Thin and Crispy Sweet & Spicy Ranch, Organic	12 / 156g	G	_____
068826 176026	37385	GMO	GF	*		BC	Ⓟ	X	Chips, Unsalted, Organic	12 / 350g	G	_____
068826 200042	14455	GMO	GF	*		BC	Ⓟ		Salsa, Chipotle, Organic	12 / 420ml	_____	
068826 200004	14454	GMO	GF	*		BC	Ⓟ		Salsa, Medium Mexicana, Organic	12 / 420ml	_____	
068826 200028	14453	GMO	GF	*		BC	Ⓟ		Salsa, Mild Mexicana, Organic	12 / 420ml	_____	
068826 212854	37824	GMO	GF	*		BC	Ⓟ	X	Taco Shells, Yellow Corn, Organic	12 / 130g	_____	
RAINCOAST GLOBAL MSC CERTIFIED SUSTAINABLE SEAFOOD - UP TO \$11.50 OFF												
810757 000624	16814					BC	Ⓟ		Salmon, Pink	12 / 160g	_____	
810757 005629	16815					BC	Ⓟ		Salmon, Pink, No Salt	12 / 160g	_____	
810757 006626	16817					BC	Ⓟ		Salmon, Pink, Skinless Boneless	12 / 150g	_____	
810757 003953	16875						Ⓟ		GLOBAL Tuna, Wild Yellowfin, No Salt (chunk in water)	24 / 142g	_____	
810757 003854	16874						Ⓟ		GLOBAL Tuna, Wild Yellowfin, Sea Salt (chunk in water)	24 / 142g	_____	

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RICEWORKS GOURMET RICE SNACKS - UP TO 11% OFF				
815506 014556	17907	GF	X	Gourmet Rice Snacks, Avocado Ranch 12 / 155g G
060816 093238	17902	GMO GF	x	Gourmet Rice Snacks, Salsa Fresca 12 / 155g G
060816 093214	17900	GMO GF	x	Gourmet Rice Snacks, Sea Salt 12 / 155g G
037578 616296	17903	GMO GF	x	Gourmet Rice Snacks, Sea Salt & Brown Golden Flax 12 / 155g G
060816 093283	17901	GMO GF	x	Gourmet Rice Snacks, Sweet Chili 12 / 155g G
815506 014709	17908	GMO GF	X	NEW! Gourmet Rice Snacks, Honey Habanero 12 / 155g G
815506 014716	17909	GMO GF	X	NEW! Gourmet Rice Snacks, Sweet Cinnamon Churro 12 / 155g G
RISE BOTANICALS SPARKLING APAPTOGENIC BEVERAGE (REFRIGERATED) - \$3.50 OFF				
818762 006235	15332	GMO	* + P	Botanicals, Boost (Cocoa Chai), Organic 12 / 414ml G P U
818762 005429	15333	GMO	* + P	Botanicals, Focus (Orange Mango), Organic 12 / 414ml G P U
818762 004613	15334	GMO	* + P	Botanicals, Relax (Lime Ginger), Organic 12 / 414ml G P U
818762 007515	15335	GMO	* + P	Botanicals, Renew (Coffee Caramel), Organic 12 / 414ml G P U
RISE KOMBUCHA (REFRIGERATED) - \$3.50 OFF				
818762 001902	15315	GMO	V * + P	Low Sugar, Kiwi & Pineapple, Organic (glass) 6 / 1L G P U
818762 001919	15316	GMO	V * + P	Low Sugar, Mango & Papaya, Organic (glass) 6 / 1L G P U
818762 001926	15317	GMO	V * + P	Low Sugar, Raspberry & Vanilla, Organic (glass) 6 / 1L G P U
818762 001933	15318	GMO	V * + P	Low Sugar, Watermelon & Mint, Organic (glass) 6 / 1L G P U
818762 000370	15310	GMO	GF V * + P	Blueberry & Maple, Organic (glass) 6 / 1L G P U
818762 000349	15307	GMO	GF V * + P	Fresh Ginger, Organic (glass) 6 / 1L G P U
818762 000363	15308	GMO	GF V * + P	Hibiscus & Rosehips, Organic (glass) 6 / 1L G P U
818762 002046	15331	GMO	* + P	Lime & Matcha, Organic (glass) 6 / 1L G P U
818762 001070	15313	GMO	V * + P	Lychee & Jasmine, Organic (glass) 6 / 1L G P U
818762 001049	15311	GMO	GF V * + P	Mint Chlorophyll, Organic (glass) 6 / 1L G P U
818762 001087	15314	GMO	V * + P	Orange & Turmeric, Organic (glass) 6 / 1L G P U
818762 002053	15330	GMO	* + P	Peach & Mango, Organic (glass) 6 / 1L G P U
RIZOPIA RICE PASTA - 15% OFF + VOLUME PRICING				
833125 001153	40364	GMO	GF * + P	X Brown Rice Elbows, Organic 12 / 454g
833125 001122	40361	GMO	GF * + P	X Brown Rice Fettuccine, Organic 12 / 454g
833125 001139	40362	GMO	GF * + P	X Brown Rice Fusilli, Organic 12 / 454g
833125 001146	40363	GMO	GF * + P	X Brown Rice Penne, Organic 12 / 454g
833125 001115	40360	GMO	GF * + P	X Brown Rice Spaghetti, Organic 12 / 454g
Buy 50+ cases Save 5%				
833125 001054	40377	GF	+ P	X Brown Rice Elbows 12 / 454g
833125 001023	40374	GF	+ P	X Brown Rice Fettuccine 12 / 454g
833125 001030	40375	GF	+ P	X Brown Rice Fusilli 12 / 454g
833125 001047	40376	GF	+ P	X Brown Rice Penne 12 / 454g
833125 001016	40373	GF	+ P	X Brown Rice Spaghetti 12 / 454g
833125 001078	40379	GF	+ P	X Brown Rice Spirals 12 / 454g
Buy 50+ cases Save 5%				
833125 001085	40380	GF	+ P	X Brown Rice Lasagna 12 / 340g
Buy 50+ cases Save 5%				
833125 003034	40383	GF	+ P	X Vegetable Rice Fusilli 12 / 454g
Buy 50+ cases Save 5%				
ROAD POP SPARKLING HOP WATER - 10% OFF				
628120 870015	10351	BC	P	ROAD POP, Sparkling Hop Water, Cranberry & Orange 6 / 4x473ml G U
628120 870008	10350	BC	P	ROAD POP, Sparkling Hop Water, Original 6 / 4x473ml G U
ROAR ORGANIC VITAMIN ENHANCED BEVERAGE - 10% OFF + VOLUME PRICING				
628250 053258	19904	GMO	GF V *	X Blueberry Acai, Organic 12 / 532ml G U
628250 053227	19901	GMO	GF V *	X Cucumber Watermelon, Organic 12 / 532ml G U
628250 053265	19905	GMO	GF V *	X Georgia Peach, Organic 12 / 532ml G U
628250 053241	19903	GMO	GF V *	X Mango Clementine, Organic 12 / 532ml G U
628250 053326	19906	GMO	*	X Strawberry Lemonade, Organic 12 / 532ml G U
Buy 25+ cases Save 10%				
R.W. KNUDSEN FRUIT JUICE & VEGETABLE JUICE - UP TO \$7.50 OFF + VOLUME PRICING				
074682 123098	06303	GMO		Just Black Cherry Juice 6 / 946ml U
074682 123241	06363			Just Blueberry (100% Blueberry juice) 6 / 946ml U
074682 123500	06361	GMO		Just Cranberry (100% Cranberry juice) 6 / 946ml U
074682 123296	06365			Just Pomegranate (100% Pomegranate Juice) 6 / 946ml U
Buy 10-19 cases (Just Juices ONLY) Save 1.50				
Buy 20+ cases (Just Juices ONLY) Save 3.50				

STORE NAME:

DELIVERY DATE REQUEST:

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052					Order
074682 123180	06580	GMO	*	Just Tart Cherry, Organic	6 / 946ml		U
074682 123128	06581	GMO	*	Prune Nectar, Organic	6 / 946ml		U
074682 123357	06582	GMO	*	Just Cranberry, Organic (100% Cranberry juice)	6 / 946ml		U
074682 200645	07445	GMO	*	Just Grapefruit, Organic	6 / 946ml		U
				Buy 10-19 cases (Organic Juices ONLY)	Save 0.50		
				Buy 20+ cases (Organic Juices ONLY)	Save 2.50		
074682 000146	07446	GMO	*	Beet Juice, Organic	6 / 946ml		U
				Buy 5-14 cases (07446 ONLY)	Save 1.50		
				Buy 15+ cases (07446 ONLY)	Save 3.50		
074682 000115	07447	GMO	*	Blueberry Pomegranate Juice, Organic	6 / 946ml		U
				Buy 5-14 cases (07447 ONLY)	Save 1.00		
				Buy 15+ cases (07447 ONLY)	Save 2.00		
074682 000122	07448	GMO	*	Pineapple Coconut Juice	6 / 946ml		U
				Buy 5-14 cases (07448 ONLY)	Save 1.00		
				Buy 15+ cases (07448 ONLY)	Save 2.00		
SAFE CATCH LOW MERCURY CANNED SEAFOOD - UP TO \$4.82 OFF							
859480 006008	68502	GMO		Elite Wild Skipjack Tuna, Solid	12 / 142g		
859480 006268	68503	GMO		Elite Wild Skipjack Tuna, Cajun	6 / 142g		
859480 006275	68505	GMO		Elite Wild Skipjack Tuna, Chili Lime	6 / 142g		
859480 006282	68504	GMO		Elite Wild Skipjack Tuna, Citrus Pepper	6 / 142g		
859480 006305	68507	GMO		Elite Wild Skipjack Tuna, Garlic Herb	6 / 142g		
SALT SPRING COFFEE COMPOSTABLE SINGLE-SERVE BREW PODS & COFFEE - UP TO \$9.00 OFF							
628415 686635	12379	GMO	* @ BC	Coffee Pods, Blue Heron, Medium Dark, Organic	6 / 20ct		
628415 686161	12380	GMO	* @ BC	Coffee Pods, Decaf, Dark Roast, Organic	6 / 20ct		
628415 686413	12381	GMO	* @ BC	Coffee Pods, French Roast, Darkest Roast, Organic	6 / 20ct		
628415 878634	13301	GMO	* @	Whole Bean Coffee, Blue Heron, Medium Dark Roast, Organic	8 / 400g		
628415 078317	12356	GMO	* @	Whole Bean Coffee, Canopy Bird, Medium Dark Roast, Organic	8 / 400g		
628415 078416	12361	GMO	* @	Whole Bean Coffee, French Roast, Darkest Roast, Organic	8 / 400g		
628415 878627	12359	GMO	* @	Whole Bean Coffee, Metta Espresso, Medium Dark Roast, Organic	8 / 400g		
628415 078355	12357	GMO	* @	Whole Bean Coffee, Peru, Medium Roast, Organic	8 / 400g		
628415 078270	12358	GMO	* @	Whole Bean Coffee, Sumatra, Dark Roast, Organic	8 / 400g		
628415 078164	12363	GMO	* @	Whole Bean Coffee, Swiss Water Decaf, Dark Roast, Organic	8 / 400g		
628415 078362	12362	GMO	* @	Whole Bean Coffee, Village Trade, Dark Roast, Organic	8 / 400g		
SAN-J COOKING SAUCE, BREWED SOY SAUCE & ALTERNATIVES - UP TO \$4.62 OFF							
075810 150269	40659	GMO	GF	Hoisin Sauce	6 / 296ml		
075810 230268	40647	GMO	GF	Mongolian Sauce	6 / 296ml		
075810 180266	40630	GMO	GF	Orange Sauce	6 / 296ml		
075810 160268	40636	GMO	GF	Sweet & Tangy Polynesian Sauce	6 / 296ml		
075810 120262	40635	GMO	GF	Szechuan Sauce	6 / 296ml		
075810 031261	40611	GMO	GF V	TAMARI SPLASH, Ponzu	6 / 296ml		
075810 030264	40613	GMO	GF V *	TAMARI SPLASH, Sweet Doux, Organic	6 / 296ml		
075810 032268	40612	GMO	GF V *	TAMARI SPLASH, Umami, Organic	6 / 296ml		
075810 400265	40614	GMO	GF V	Tamari, No Soy	6 / 296ml		
075810 112267	40625	GMO	GF	Teriyaki Sauce	6 / 296ml		
075810 113264	40628	GMO	GF	Teriyaki Sauce, 50% Less Sodium	6 / 296ml		
075810 140260	40645	GMO	GF	Thai Peanut Sauce	6 / 296ml		
SANTA CRUZ ORGANIC 100% LEMON & LIME JUICE - \$4.40 OFF + VOLUME PRICING							
036192 127157	06311	GMO	*	100% Lemon Juice, Organic	8 / 473ml		U
036192 120820	06314	GMO	*	100% Lime Juice, Organic	8 / 473ml		U
				Buy 10-49 cases (473ml 100% Juice skus only)	Save 0.60		
				Buy 50+ cases (473ml 100% Juice skus only)	Save 1.60		
SAY IT AIN'T SODA FRUIT & BOTANICALS SPARKLING SOFT DRINK - 15% OFF							
801009 100063	11562		BC	NEW! Blossoming Orchard (ume, pear, lavender)	6 / 4x355ml		G P U
801009 100049	11561		BC	NEW! Citrusy Symphony (calamansi, blood orange, star anise)	6 / 4x355ml		G P U
801009 100056	11560		BC	NEW! Trip To The Tropics (grapefruit, guava, hibiscus)	6 / 4x355ml		G P U

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SAY WHEN I ORGANIC CHAI CONCENTRATE - UP TO 20% OFF						
801009 000028	30808	GMO	*	BC	Ⓟ	NEW! Chai, Authentic (1:3 concentrate), Organic 12 / 946ml
801009 000042	30805	GMO	*	BC	Ⓟ	Chai, Dirty (w/coffee & cocoa [1:1 concentrate]), Organic 12 / 946ml
801009 000011	30806	GMO	*	BC	Ⓟ	Chai, Golden (w/turmeric/caffeine-free [1:1 concentrate]), Organic 12 / 946ml
801009 000035	30807	GMO	*	BC	Ⓟ	Chai, Spiced (1:1 concentrate), Organic 12 / 946ml
SEASNAX SEAWEED PRODUCTS - 15% OFF						
811201 020014	24132	GMO	GF	*	X	BIG GRAB, SeaSnax, Roasted Seasoned Seaweed, Classic Olive, Organic 12 / 10g G
811201 020021	24141	GMO	GF	*	X	BIG GRAB, SeaSnax, Roasted Seasoned Seaweed, Lime, Organic 12 / 10g G
728028 023183	24120	GMO		*	X	GRAB & GO, SeaSnax, Roasted Seasoned Seaweed, Classic Olive, Organic 16 / 5g G
609722 798372	24121	GMO		*	X	GRAB & GO, SeaSnax, Roasted Seasoned Seaweed, Toasty Onion, Organic 16 / 5g G
609722 798839	24123	GMO		*	X	GRAB & GO, SeaSnax, Roasted Seasoned Seaweed, Wasabi, Organic 16 / 5g G
728028 023237	24094	GMO	GF	*	X	SEAWEED, Raw Sheets, Organic 16 / 28g
728028 012217	24083	GMO	GF	*	X	SEAWEED, Roasted Olive, Organic 4 / 4x15g G
728028 012200	24080	GMO	GF	*	X	SEAWEED, Roasted Olive, Organic 16 / 15g G
728028 023213	24081	GMO	GF	*	X	SEAWEED, Roasted Onion, Organic 16 / 15g G
SKIPPY'S KETTLE CORN - 25% OFF						
627843 308140	17931			BC	Ⓟ	X PERFECT POP, Butter 12 / 135g G
SOBER CARPENTER NON-ALCOHOLIC CRAFT BEER & CIDER - 10% OFF + VOLUME PRICING						
854531 000554	17104	GMO		*	+ Ⓟ	X Beer, IPA, Organic (can) 12 / 473ml G U
854531 000103	17111				+ Ⓟ	X Beer, Raspberry, Sour (can) 12 / 473ml G U
854531 000745	17105				+ Ⓟ	X Craft Cider (can) 12 / 473ml G U
Buy 20+ cases Save 5%						
854531 000080	17115	GMO		*	+ Ⓟ	Beer, Blonde Pilsner, Organic (can) 6 / 4x355ml G U
854531 000066	17114	GMO		*	+ Ⓟ	Beer, Session IPA, Organic (can) 6 / 4x355ml G U
SOTA SPARKLING TEA + ADAPTOGENS - 15% OFF						
628176 390932	35450	GMO		*	+ Ⓟ	Sparkling Tea, Calm (grapefruit + hibiscus), Organic 4 / 6x355ml G U
628176 390949	35451	GMO		*	+ Ⓟ	Sparkling Tea, Focus (orange + chamomile), Organic 4 / 6x355ml G U
628176 390956	35452	GMO		*	+ Ⓟ	Sparkling Tea, Refresh (lime + dandelion), Organic 4 / 6x355ml G U
SPARKMOUTH MOCKTAILS - 10% OFF						
818278 009980	11420			BC	Ⓟ	Mocktails, Margarita (can) 6 / 4x355ml G P U
818278 009973	11421			BC	Ⓟ	Mocktails, Mimosa Mocktail (can) 6 / 4x355ml G P U
818278 009997	11422			BC	Ⓟ	Mocktails, Moscow Mule (can) 6 / 4x355ml G P U
SPECTRUM PRODUCTS - 15% OFF						
022506 255104	28024	GMO				Almond Oil 6 / 236ml
022506 155305	28187	GMO				Avocado Oil, Refined 6 / 236ml
022506 471757	28175	GMO		*		Canola Oil, Organic 6 / 750ml
022506 974692	28022	GMO		*		Coconut Oil, Organic 12 / 414ml
022506 135642	28044	GMO		*		Coconut Oil, Virgin, Organic 6 / 857ml
078755 000262	14035		GF V			Mayo, Vegan 12 / 473ml
022506 201286	14015		B GF			Mayonnaise, Canola 4 / 3.78L
022506 203044	14003	GMO	GF	*		Mayonnaise, Organic (soy oil) 12 / 473ml
022506 022041	28136	GMO		*		Olive Oil, Extra Virgin, Mediterranean, Organic 6 / 946ml
022506 662001	28025	GMO		*		Olive Oil, Extra Virgin, Organic (Arbequina) 6 / 473ml
022506 721753	28135	GMO		*		Olive Oil, Extra Virgin, Organic (Arbequina) 6 / 750ml
022506 062900	28026	GMO		*		Safflower Oil, Organic 6 / 473ml
022506 063303	28027	GMO				Sesame Oil 6 / 473ml
022506 065604	28107					Spray, Coconut Oil 6 / 170g
022506 265813	28127					Spray, Olive Oil 6 / 170g
022506 068803	28028	GMO				Walnut Oil 6 / 473ml

PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052
Order
STASH TEA | PREMIUM TEA - UP TO \$2.06 OFF + VOLUME PRICING

UPC Code	Code			PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052		
077652 745924	13231	GMO		Black Tea, Breakfast in Paris w/Lavender & Bergamot	6 / 18ct	
077652 082548	13090	GMO		Black Tea, Chai Spice	6 / 20ct	
077652 082791	13094	GMO		Black Tea, Chai Spice, Decaf	6 / 18ct	
077652 082098	13091	GMO		Black Tea, Double Bergamot Earl Grey	6 / 18ct	
077652 082654	13092	GMO		Black Tea, Double Spice Chai	6 / 18ct	
077652 082272	13093	GMO		Black Tea, Earl Grey	6 / 20ct	
077652 082777	13096	GMO		Black Tea, Earl Grey, Decaf	6 / 18ct	
077652 082289	13124	GMO		Black Tea, English Breakfast	6 / 20ct	
077652 082784	13097	GMO		Black Tea, English Breakfast, Decaf	6 / 18ct	
077652 082692	13099	GMO		Black Tea, Vanilla Chai, Decaf	6 / 18ct	
077652 083651	13102	GMO		Green Tea & Matcha, Ginger Peach	6 / 18ct	
077652 083668	13105	GMO		Green Tea & Matcha, Pomegranate Raspberry	6 / 18ct	
077652 082524	13103	GMO		Green Tea, Chai Green	6 / 20ct	
077652 082241	13123	GMO		Green Tea, Jasmine Blossom	6 / 20ct	
077652 082357	13104	GMO		Green Tea, Moroccan Mint	6 / 20ct	
077652 082296	13106	GMO		Green Tea, Premium Green	6 / 20ct	
077652 082593	13098	GMO		Green Tea, Premium Green, Decaf	6 / 18ct	
077652 082210	13108	GMO		Herbal Tea, Chamomile	6 / 20ct	
077652 082418	13109	GMO		Herbal Tea, Chamomile Nights	6 / 20ct	
077652 082395	13110	GMO		Herbal Tea, Cinnamon Apple	6 / 20ct	
077652 745948	13128	GMO		Herbal Tea, Cozy Cinnamon Vanilla Chamomile	6 / 18ct	
077652 772210	13230	GMO		Herbal Tea, Golden Turmeric Chai	6 / 18ct	
077652 082494	13111	GMO		Herbal Tea, Lemon Ginger	6 / 20ct	
077652 082258	13112	GMO		Herbal Tea, Licorice Spice	6 / 20ct	
077652 082562	13113	GMO		Herbal Tea, Mango Passionfruit	6 / 20ct	
077652 082449	13115	GMO		Herbal Tea, Meyer Lemon	6 / 20ct	
077652 082227	13116	GMO		Herbal Tea, Peppermint	6 / 20ct	
077652 083095	13156	GMO		Herbal Tea, Spice Dragon Red Chai	6 / 18ct	
077652 772173	13226	GMO		Herbal Tea, Sunny Orange Ginger	6 / 18ct	
077652 082463	21085	GMO		Herbal Tea, Wild Raspberry Hibiscus	6 / 20ct	
077652 773910	13129	GMO		White Tea, Tangerine Honey Daydream	6 / 18ct	
				Buy 224-447 cases	Save 0.54	
				Buy 448-671 cases	Save 0.89	
				Buy 672+ cases	Save 1.43	
077652 773972	21091	GMO	*	Black Tea, Earl Grey, Organic	6 / 16ct	
077652 773965	21090	GMO	*	Green Tea, Lemon Ginger, Organic	6 / 16ct	
077652 773934	21088	GMO	*	Green Tea, Premium Green, Organic	6 / 16ct	
077652 773941	21086	GMO	*	Herbal Tea, Chamomile, Organic	6 / 16ct	
077652 773927	21087	GMO	*	Herbal Tea, Mint Blend, Organic	6 / 16ct	
077652 773958	21089	GMO	*	Herbal Tea, Turmeric Chai, Organic	6 / 16ct	
				Buy 224-447 cases	Save 0.54	
				Buy 448-671 cases	Save 0.89	
				Buy 672+ cases	Save 1.43	

STOKED OATS PRODUCTS - 20% OFF

818541 000706	22467	GF	+	Ⓟ	Granola Multipack, Stoked3 (6pk w/3 flavours)	8 / 300g	
818541 000089	22465	GF	+	Ⓟ	Granola, Bucking Eh (apple, mulberries, currants & cinnamon)	8 / 300g	
818541 000003	22466	GF	+	Ⓟ	Granola, Mountain Maple (maple syrup, chia & flax)	8 / 300g	
818541 000096	22468	GF	+	Ⓟ	Granola, Stone Age (almonds, walnuts, chia & pumpkin seeds)	8 / 300g	
818541 000140	22450	GMO	GF	+	Ⓟ	Oatmeal Blend, Aphrodisi-Oats (chocolate chips, almonds & chia)	8 / 500g
818541 000119	22451	GMO	GF	+	Ⓟ	Oatmeal Blend, Bucking-Eh (apples, mulberries, chia & cinnamon)	8 / 500g
818541 000317	22452	GMO	GF	+	Ⓟ	Oatmeal Blend, Mountain Maple (maple syrup & chia)	8 / 500g
818541 000133	22453	GMO	GF	+	Ⓟ	Oatmeal Blend, Redline (chocolate chips, walnuts, coffee)	8 / 500g
818541 000126	22454	GMO	GF	+	Ⓟ	Oatmeal Blend, Stone Age (pumpkin seeds, coconut, almonds & walnuts)	8 / 500g
818541 008320	22471	GMO	GF	+	Ⓟ	Pancake Mix, Bucking-Eh (milled oats, apples, buckwheat & cinnamon)	6 / 285g
818541 008313	22470	GMO	GF	+	Ⓟ	Pancake Mix, Mountain Maple (maple syrup & cinnamon)	6 / 285g

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818541 000072	22460	GMO	GF	*	+	☒	RUN OF THE MILL, Quick Oats, Organic	10 / 810g		
818541 000065	22461	GMO	GF	*	+	☒	RUN OF THE MILL, Rolled Oats, Organic	10 / 810g		
818541 008269	22462	GMO	GF	*	+	☒	RUN OF THE MILL, Steel cut Oats, Organic	10 / 810g		
SUNFLOWER KITCHEN DIP & SAUCE (REFRIGERATED) - 15% OFF										
679514 311010	14274	GMO	GF		+	☒	Pesto, Basil	6 / 227g		
679514 311041	14275	GMO	GF		+	☒	Pesto, Kale & Oregano	6 / 227g		
679514 311102	14282	GMO	GF		+	☒	Pesto, Sundried Tomato & Olive	6 / 227g		
SWERVE SWEETENER - \$5.80 OFF										
852700 300191	32701	GMO					Granular	6 / 340g		
852700 300290	32702	GMO					Icing Sugar	6 / 340g		
852700 300399	32703	GMO					Sugar, Brown	6 / 340g		
TASTE NIRVANA COCONUT WATER - 15% OFF										
011259 904247	05923		GF				Coconut Water (glass bottle)	6 / 700ml	U	
THE GINGER PEOPLE GINGER CANDY - 15% OFF										
734027 905337	35703	GMO				X	Gin Gins, Ginger Candy, Double Strength	12 / 60g	G	
734027 905054	35012	GMO					Gin Gins, Ginger Candy, Hard	12 / 84g	G	
734027 905023	35011	GMO					Gin Gins, Ginger Chews, Original	12 / 84g	G	
734027 905320	35702	GMO				X	Gin Gins, Ginger Chews, Original	12 / 60g	G	
734027 902053	35025	GMO				X	Gin Gins, Ginger Chews, Original	12 / 45g	G	
734027 901551	35019	GMO					Gin Gins, Ginger Chews, Original	12 / 128g	G	
734027 905344	35701	GMO				X	Gin Gins, Ginger Chews, Spicy Turmeric	12 / 60g	G	
THEO CHOCOLATE - UP TO 32% OFF										
874492 002411	11981	GMO		*	@	X	Dark Chocolate 85%, Pure Dark, Organic	12 / 85g	G	
874492 002459	11978	GMO		*	@	X	Dark Chocolate 70%, Salted Almond, Organic	12 / 85g	G	
874492 003258	11993	GMO		*	@	X	Dark Chocolate 70%, Sea Salt, Organic	12 / 85g	G	
874492 004200	11995	GMO		*	@	X	Dark Chocolate 70%, Coffee Toffee, Organic	12 / 85g	G	
874492 002633	11987	GMO		*	@	X	Dark Chocolate 70%, Coconut, Organic	12 / 85g	G	
874492 002534	11985	GMO		*	@	X	Dark Chocolate 70%, Mint, Organic	12 / 85g	G	
874492 002558	11986	GMO		*	@	X	Dark Chocolate 70%, Orange, Organic	12 / 85g	G	
874492 003814	11994	GMO		*	@	X	Dark Chocolate 55%, Salted Toffee, Organic	12 / 85g	G	
874492 005405	11997	GMO		*	@	X	Extra Dark Chocolate 85%, Salted Cashew, Organic	12 / 85g	G	
874492 005375	11996	GMO		*	@	X	Milk Chocolate 45%, Hazelnut Crisp, Organic	12 / 85g	G	
874492 002374	11979	GMO		*	@	X	Milk Chocolate 45%, Pure Milk, Organic	12 / 85g	G	
874492 002510	11984	GMO		*	@	X	Milk Chocolate 45%, Salted Almond, Organic	12 / 85g	G	
874492 003210	11991	GMO		*	@	X	Peanut Butter Cups, Dark Chocolate	12 / 38g	G	
874492 003227	11992	GMO		*	@	X	Peanut Butter Cups, Milk Chocolate	12 / 38g	G	
THRIVE REMEDIES WELLNESS TEAS - 15% OFF										
628176 390048	11608	GMO		*	BC	☒	X	Adaptogenic Rooibos Tea, Calm, Organic	12 / 475ml	U
628176 390062	11609	GMO		*	BC	☒	X	Adaptogenic Rooibos Tea, Defense, Organic	12 / 475ml	U
628176 390017	11610	GMO		*	BC	☒	X	Adaptogenic Rooibos Tea, Detox, Organic	12 / 475ml	U
628176 390055	11611	GMO		*	BC	☒	X	Adaptogenic Rooibos Tea, Recovery, Organic	12 / 475ml	U
628176 390000	11612	GMO		*	BC	☒	X	Adaptogenic Rooibos Tea, Stress, Organic	12 / 475ml	U
TOM'S OF MAINE DEODORANT & DENTAL CARE - 10% OFF										
035000 968425	80674						Deodorant For Men, Mountain Spring	1 / 79g	G P	
827854 012863	81527						Antiperspirant, Cucumber Aloe	1 / 92g	G P	
827854 012870	81528						Antiperspirant, Men's, North Woods	1 / 92g	G P	
827854 012849	81529						Deodorant, Men's, Mountain Spring	1 / 92g	G P	
827854 012894	81530						Deodorant, Men's, North Woods	1 / 92g	G P	
827854 012801	81531						Deodorant, Rose Vanilla	1 / 92g	G P	
827854 012818	81532						Deodorant, Unscented	1 / 92g	G P	
035000 970633	81511						Fluoride Toothpaste, Children's, Silly Strawberry	1 / 90ml	G P	
077326 830031	81522						Fluoride Toothpaste, WHOLE CARE, Peppermint	1 / 85ml	G P	
077326 832226	81505						Fluoride-Free Toothpaste, Children's, Silly Strawberry	1 / 90ml	G P	
077326 102404	81515						Fluoride-Free Toothpaste, Clean & Fresh, Fennel	1 / 85ml	G P	

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077326 455562	81525		Fluoride-Free Toothpaste, Rapid Relief Sensitive, Fresh Mint	1 / 76ml G P
077326 159408	81506		Fluoride-Free Toothpaste, SIMPLY WHITE, Peppermint	1 / 85ml G P
077326 834176	80779		Mouthwash, WICKED FRESH, Cool	1 / 473ml G P
TRADITIONAL MEDICINALS TEA - \$2.10 OFF				
032917 007391	12140	GMO	Belly Comfort, Peppermint	6 / 16ct
032917 007339	12170	GMO	Breathe Easy Tea	6 / 16ct
032917 007346	12169	GMO	* @ Chamomile w/Lavender Tea, Organic	6 / 16ct
032917 007353	12171	GMO	* @ Chamomile, Organic	6 / 16ct
032917 007377	12199	GMO	* @ Cup of Calm, Organic	6 / 16ct
032917 007384	13207	GMO	* Dandelion Leaf and Root, Organic	6 / 16ct
032917 007407	12189	GMO	* Echinacea Plus Elderberry, Organic	6 / 16ct
032917 007414	12177	GMO	* Echinacea Plus, Organic	6 / 16ct
032917 007421	13208	GMO	* Everyday Detox, Dandelion, Organic	6 / 16ct
032917 007438	12942	GMO	* EveryDay Detox, Lemon, Organic	6 / 16ct
032917 007445	12984	GMO GF	* Fennel, Organic	6 / 16ct
032917 007452	12163	GMO	* Ginger Aid, Organic	6 / 16ct
032917 007476	12103	GMO	* @ Ginger, Organic	6 / 16ct
032917 007483	12186	GMO	* @ Green Tea w/Ginger, Organic	6 / 16ct
032917 007490	12174	GMO	* @ Green Tea w/Lemongrass, Organic	6 / 16ct
032917 007711	31700	GMO	* Green Tea, Matcha, Organic	6 / 16ct
032917 007506	30109	GMO	* @ Heart Tea w/Hawthorn Hibiscus, Organic	6 / 16ct
032917 008220	12164	GMO	* Herbal Tea, Lemon Ginger, Organic	6 / 16ct
032917 007513	12985	GMO GF	* @ Hibiscus, Organic	6 / 16ct
032917 007520	12983	GMO GF	* Lemon Balm, Organic	6 / 16ct
032917 007537	12244	GMO	* Licorice Root, Organic	6 / 16ct
032917 007544	13049	GMO	* Mother's Milk Tea, Organic	6 / 16ct
032917 007551	12249	GMO	* Nettle Leaf, Organic	6 / 16ct
032917 007568	12986	GMO GF	* Nighty Night Valerian, Organic	6 / 16ct
032917 007575	12142	GMO	* @ Nighty Night, Organic	6 / 16ct
032917 007582	12173	GMO	* Peppermint, Organic	6 / 16ct
032917 007599	12143	GMO	* Raspberry Leaf, Organic	6 / 16ct
032917 007643	12952	GMO	* RELAXATION TEA, Stress Soother, Cinnamon, Organic	6 / 16ct
032917 007605	12104	GMO	* Roasted Dandelion Root, Organic	6 / 16ct
032917 007612	12950	GMO	* Smooth Move Peppermint, Organic	6 / 16ct
032917 007629	12160	GMO	* Smooth Move, Organic	6 / 16ct
032917 007636	12106	GMO	* @ Spearmint, Organic	6 / 16ct
032917 007650	12190	GMO	* Throat Coat Lemon Echinacea, Organic	6 / 16ct
032917 007667	12165	GMO	* Throat Coat, Organic	6 / 16ct
032917 007674	12953	GMO	* @ Tulsi w/ Ginger, Organic	6 / 16ct
032917 007681	12954	GMO	* Turmeric with Meadowsweet & Ginger, Organic	6 / 16ct
032917 007698	12155	GMO	* @ Weightless Tea, Organic	6 / 16ct
TRIPLE JIM'S ALL NATURAL ORGANIC DRIED FRUIT & JUICE MADE FROM BC FRUIT - 10% OFF				
059105 051707	36658	GMO	* BC 🇨🇦 Apple Chips, Cinnamon, Organic	24 / 70g G
059105 050755	36657	GMO	* BC 🇨🇦 Apple Chips, Organic	24 / 75g G
059105 001009	18135	GMO	* BC 🇨🇦 Cider, Apple, Organic (glass bottle)	12 / 946ml U
059105 003782	18121	GMO	* BC 🇨🇦 Cider, Apple, Organic (glass bottle)	4 / 3.78L U
UNCLE LEE'S TEA - 10% OFF				
892241 000235	12961	GMO	* Green Tea, Jasmine, Organic	6 / 40ct
892241 000211	12962	GMO	* Green Tea, Matcha, Organic	6 / 40ct
892241 000167	12960	GMO	* Green Tea, Organic	6 / 40ct
VEGAN ROB'S PLANT BASED SNACKS - 15% OFF + VOLUME PRICING				
859941 005915	10125	GMO GF V	X Puffs, Cauliflower	12 / 99g G
816678 020154	10127	GMO GF V	X Puffs, Cheddar	12 / 99g G
816678 021090	10143	GMO GF V	X Puffs, Dragon	12 / 99g G
			Buy 21-40 cases	Save 5%
			Buy 41+ cases	Save 10%
VIJ'S INDIAN CUISINE (FROZEN) - 15% OFF				
673984 001419	54412		+ 🇨🇦 X Everyday Chana Masala	6 / 400g
673984 001303	54400		+ 🇨🇦 X Kalonji Chicken Curry	6 / 400g
673984 001426	54413		+ 🇨🇦 X Slow-Cooked Punjabi Daal	6 / 400g
673984 001327	54402		+ 🇨🇦 X Vij's Masala Chicken	6 / 400g
WHISTLER WATER - 10% OFF + VOLUME PRICING				
620791 000401	06065	B BC 🇨🇦	Glacial Spring Water	4 / 4L U
			Buy 48+ cases (06065 only)	Save 5%

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052				Order
WILDBRINE FERMENTED VEGETABLES, SAUCE PICKLED VEGETABLES (REFRIGERATED) - UP TO \$5.63 OFF						
858159 002051	32156	GMO			Kimchi, Miso Horseradish	6 / 500ml
858159 002068	32157	GMO			Kimchi, Korean Style	6 / 500ml
858159 002686	32242	GMO			Kimchi, Mild w/ turmeric	6 / 500ml
858159 002013	32151	GMO	*		Kraut, Dill & Garlic, Organic	6 / 500ml
858159 002419	32220	GMO	*		Kraut, Green, Organic	6 / 500ml
858159 002044	32154	GMO	*		Kraut, Red Beet & Cabbage, Organic	6 / 500ml
858159 002716	32238	GMO			Sriracha Sauce, Spicy Kimchi	8 / 241g
WILDVINE PICKLED VEGETABLES (REFRIGERATED) - \$4.45 OFF						
857859 007649	32248	GMO			Pickled Vegetables, Curtido Coleslaw	6 / 591ml
857859 007625	32247	GMO			Pickled Vegetables, Spiced Banh Mi Medley	6 / 591ml
857859 007656	32249	GMO			Pickled Vegetables, Spicy Escabeche	6 / 591ml
857859 007632	32246	GMO			Pickled Vegetables, Spicy Pickled Red Onions	6 / 591ml
WIZARD'S ORGANIC SAUCE - \$11.32 OFF						
011206 004198	14039	GMO	GF	V *	Vegan Worcestershire Sauce, Organic	12 / 251ml
WOW BAKING COMPANY COOKIES - 15% OFF						
854287 005698	16654	GMO	GF		X Chocolate Chip (resealable pouch)	12 / 227g
854287 005797	16655	GMO	GF		X Ginger Molasses (resealable pouch)	12 / 227g
854287 005599	16656	GMO	GF		X Lemon Burst (resealable pouch)	12 / 227g
850003 269016	21800	GMO	GF		X Triple Chocolate Chunk	12 / 227g
WOWBUTTER NUT FREE BUTTER - \$4.20 OFF						
773948 200008	42075		GF		Creamy, Wowbutter (Peanut Butter Replacement)	6 / 500g
773948 200015	42076		GF		Crunchy, Wowbutter (Peanut Butter Replacement)	6 / 500g
YESHI NUTRITIONAL YEAST DRESSING, DIP & NUTRITIONAL YEAST FLAKES - 15% OFF						
628011 160010	32804		BC	Ⓜ	Dressing, Caesar	6 / 350ml
628011 160041	32805		BC	Ⓜ	Dressing, Golden Ranch	6 / 350ml
627843 808909	32802		BC	Ⓜ	Dressing, Original	6 / 350ml
627843 808923	32801		BC	Ⓜ	Dressing, Sesame Ginger	6 / 350ml
627843 808961	32803		BC	Ⓜ	Dressing, Smoky Chipotle	6 / 350ml
628011 160072	32806	GMO	BC	Ⓜ	Nutritional Yeast Flakes, Original	6 / 125g
628011 160089	32807	GMO	BC	Ⓜ	Nutritional Yeast Flakes, Roasted Garlic & Parmesan	6 / 100g
YOGI HERBAL TEA - VOLUME PRICING						
076950 650213	12652	GMO	*		Green Tea, Kombucha, Organic	6 / 16ct
076950 615335	12677	GMO	*		Herbal Tea, Chai Rooibos, Organic	6 / 16ct
076950 615168	12720	GMO	*		Herbal Tea, EGYPTIAN LICORICE, Organic	6 / 16ct
076950 650114	12670	GMO	*		Herbal Tea, Ginger, Organic	6 / 16ct
076950 650176	12671	GMO	*		Herbal Tea, Lemon Ginger, Organic	6 / 16ct
076950 203471	12945	GMO	*		Medicinal Tea, Calming, Organic	6 / 16ct
076950 208957	12949	GMO	*		Medicinal Tea, Cold Support, Echinacea Elderberry, Organic	6 / 16ct
076950 209374	12678	GMO	*		Medicinal Tea, Focus, Spiced Blackberry (w/caffeine), Organic	6 / 16ct
076950 209381	12679	GMO	*		Medicinal Tea, Morning Vitality (w/caffeine), Organic	6 / 16ct
076950 208414	12672	GMO	*		Medicinal Tea, POSITIVE ENERGY, Sweet Citrus (w/caffeine), Organic	6 / 16ct
076950 203488	12944	GMO	*		Medicinal Tea, Restful Sleep, Organic	6 / 16ct
076950 209367	12680	GMO	*		Medicinal Tea, Revitalize, Chai Turmeric, Organic	6 / 16ct
076950 207028	12653	GMO	*		Medicinal Tea, STRESS RELIEF, Chamomile Passionflower, Organic	6 / 16ct
076950 209114	12673	GMO	*		Medicinal Tea, STRESS SUPPORT, Soothing Cinnamon, Organic	6 / 16ct
					Buy 6-11 cases	Save 1.43
					Buy 12-19 cases	Save 2.86
					Buy 20+ cases	Save 4.29
YVES VEGGIE CUISINE MEAT ALTERNATIVE (REFRIGERATED) - 15% OFF						
060822 000084	40518	GMO	V	+	Veggie Dogs (6pk)	12 / 275g
060822 003016	40560	GMO	V	+	Veggie Ground Round, Original	12 / 340g
ZAZUBEAN CHOCOLATE BARS - UP TO 10% OFF						
872227 000367	14742	GMO	*	@	Ⓜ X Coconut Sugar, Coconut Milk Punch - Pineapple & Coconut, Organic	12 / 85g G
872227 000206	14739	GMO	*	@	Ⓜ X Coconut Sugar, Coconut Milk Sassy - Pomegranate & Hazelnut, Organic	12 / 85g G
872227 000343	14750	GMO	*	@	Ⓜ X Coconut Sugar, Dark Buff - Strong Dark Chocolate (90% Cacao), Organic	12 / 85g G

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872227 000244	14741	GMO	* @	Ⓟ X	Coconut Sugar, Dark Kiki - Fig & Sea Salt (65% Cacao), Organic 12 / 85g G
872227 000183	14738	GMO	* @	Ⓟ X	Coconut Sugar, Dark Nudie - Extra Dark Chocolate (80% Cacao), Organic 12 / 85g G
872227 000220	14740	GMO	* @	Ⓟ X	Coconut Sugar, Dark Saltry - Sea Salt & Almonds (65% Cacao), Organic 12 / 85g G
872227 001135	14773	GMO	@	Ⓟ X	FIXIE Chocolate Candy Bar, Coconut Crunch 15 / 35g G
872227 001159	14774	GMO	@	Ⓟ X	FIXIE Chocolate Candy Bar, Hazelnut Crunch 15 / 35g G
872227 000145	07189	GMO	* @	Ⓟ X	Grass Fed Milk Chocolate, Smooch - Vanilla Caramel Crunch, Organic 12 / 85g G
872227 001098	14751	GMO	* @	Ⓟ X	Oat Milk Chocolate, Bestie - Almond Toffee Crunch, Organic 12 / 85g G
872227 000107	14737	GMO	* @	Ⓟ X	Superfood, Cheeky - Salted Toffee & Banana w/Maca (70% Cacao), Organic 12 / 85g G
872227 000060	14734	GMO	* @	Ⓟ X	Superfood, Flirt - Raspberry & Cherry w/Acai (70% Cacao), Organic 12 / 85g G
872227 000015	14733	GMO	* @	Ⓟ X	Superfood, Hottie - Chili & Cinnamon w/Yerba Mate (71% Cacao), Organic 12 / 85g G
872227 000046	14731	GMO	* @	Ⓟ X	Superfood, Lunatic - Mint & Cocoa Nibs w/Maca (73% Cacao), Organic 12 / 85g G
872227 000169	14732	GMO	* @	Ⓟ X	Superfood, Nakid - Cocoa Nibs & Vanilla (73% Cacao), Organic 12 / 85g G
872227 000084	14735	GMO	* @	Ⓟ X	Superfood, Nutbar - Coconut & Almond w/Camu Camu (70% Cacao), Organic 12 / 85g G
872227 000121	14736	GMO	* @	Ⓟ X	Superfood, Squeeze - Orange & Ginger w/Turmeric (70% Cacao), Organic 12 / 85g G
872227 000602	14763		@	Ⓟ X	SLINKY No Added Sugar, Creamy Hazelnut (44% Cacao) 12 / 80g G
872227 000541	14760		@	Ⓟ X	SLINKY No Added Sugar, Grass Fed Swiss Milk (50% Cacao) 12 / 80g G
872227 000640	14765		@	Ⓟ X	SLINKY No Added Sugar, Hazelnut Mocha Latte (43% Cacao) 12 / 80g G
872227 000626	14764		@	Ⓟ X	SLINKY No Added Sugar, Super Dark Panama (85% Cacao) 12 / 80g G
ZORAW CHOCOLATES FUNCTIONAL CHOCOLATE BARS - \$3.00 OFF					
628678 987074	27024		+	Ⓟ X	Coconut Milk Chocolate, 55% Cacao (dairy free) 12 / 52g G
627987 164503	27020		+	Ⓟ X	Dark Chocolate, 60% Cacao 12 / 52g G
628678 987036	27023		+	Ⓟ X	Extra Dark Chocolate, 72% Cacao (dairy free) 12 / 52g G
627987 164527	27022		+	Ⓟ X	Milk Chocolate 12 / 52g G
627987 164510	27021		+	Ⓟ X	Milk Chocolate with Almonds 12 / 52g G
CLEARANCE <i>Discontinued and Clearance items are final sale</i>					
ALGI IMPACT BAR - 40% OFF					
628011 317049	31420		+	Ⓟ X	IMPACT Bar, Cocoa & Cacao Nibs 12 / 55g G
628011 317032	31421		+	Ⓟ X	IMPACT Bar, Sunflower Seeds & Sea Salt 12 / 55g G
AURA CACIA BODY CARE - 65% OFF					
051381 382612	83001				Aromatherapy Bubble Bath, Tranquility 1 / 384ml G P
ENDANGERED SPECIES CHOCOLATE TREAT MIX - 50% OFF					
	92135				Shipper, Merry Mix (S/O) 18 / 99g
	92134				Merry Mix Dark (S/O) 6 / 99g
	92133				Merry Mix Milk (S/O) 6 / 99g
EVIVE BLENDER FREE SMOOTHIE CUBES & SMOOTHIE POPS (FROZEN) - UP TO 50% OFF					
628110 947680	24714	GMO	+	Ⓟ X	Probiotic, Mango Kiwi Lemonade 10 / 150g
628110 947673	24713	GMO	+	Ⓟ X	Protein, Mocha Frappe 10 / 150g
628110 947536	24717	GMO	+	Ⓟ X	Smoothie Pops, Dragon Fruit 8 / 5x50g G
GIA BASMATI RICE IN A BAG - 25% OFF					
882369 110329	38601	B		X	White Basmati Rice 1 / 8lb
GOBIO! CANDY - 30% OFF					
687789 216015	45320	GMO	*	Ⓟ	Gummi Bears, Mixed Fruit, Organic 10 / 75g G
HEALTHY SHORES CANNED SEAFOOD DOGS - 60% OFF					
810757 001126	48223		BC	Ⓟ	Dog Food, Pacific Hake 24 / 170g G P
HERBARIA HERBAL TEA - 90% OFF					
5997005 343735	40850				Herbal Tea, Agrimony Herb 10 / 25ct
HUER NATURAL CANDY - 40% OFF					
771047 004503	15404		V	Ⓟ	HUER, Soft Fruits Gelées (vegan) 12 / 130g G

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CLEARANCE

Discontinued and Clearance items are final sale

IF YOU CARE | ENVIROMENT FRIENDLY CLEANING PRODUCTS - 55% OFF

770009 250279 **46393** @ Rubber Gloves, Small (Certified Natural Rubber) (S/O) 12 / 1pr G P

JASON | BODY CARE PRODUCTS - 65% OFF

078522 901976 **80799** Dry Spray Deodorant, Fresh Cucumber 1 / 113ml G P

KONSCIOUS | PLANT-BASED SEAFOOD MEALS (FROZEN) - 30% OFF

877168 000025 **34134** GMO + P X Roll, Tuna Avocado (8pc) 8 / 210g

MATEINA | READY-TO-DRINK YERBA MATE - 30% OFF

628504 157381 **20812** GMO * + P X Sparkling Energy Infusion, Mango Key Lime, Organic (can) 12 / 355ml G P U

NATURE CLEAN | LAUNDRY PRODUCTS - 65% OFF

058951 308614 **80725** + P Laundry Liquid, White Lily & Moroccan Myrrh, HE (High Efficiency) Certified 4 / 3L G P

PATIENCE FRUIT & CO | SOUR CRAN DRIED CRANBERRIES - 50% OFF

91272 Shipper, Sour Cranberry (S/O) 72 / 60g

PUKKA | ORGANIC TEA - 25% OFF

5060229 014845 **40809** GMO * @ X Herbal Tea, Mint Refresh, Organic 4 / 20ct

SALT SPRING COFFEE - 60% OFF

99989 X Coffee Shipper (S/O) 48 / 400g

SAPADILLA | BODY CARE - 40% OFF

677141 010023 **70381** Liquid Hand Soap, Grapefruit & Bergamot 6 / 354ml G P

677141 010016 **70380** Liquid Hand Soap, Rosemary & Peppermint 6 / 354ml G P

677141 010030 **70382** Liquid Hand Soap, Sweet Lavender & Lime 6 / 354ml G P

SAPSUCKER | SPARKLING TREE WATER - 30% OFF

898171 000161 **56411** GMO * + P Sparkling Tree Water, Grapefruit, Organic 6 / 4x355ml G U

898171 000208 **56409** GMO * + P Sparkling Tree Water Lime, Organic 6 / 4x355ml G U

898171 000192 **56410** GMO * + P Sparkling Tree Water, Lemon, Organic 6 / 4x355ml G U

SUNDHED | SALT LAMP - 50% OFF

93021 Salt Lamp Tea 3H (S/O) 1 / ea

96422 Salt Lamp Tea Triangle (S/O) 1 / ea

THAYERS REMEDIES | WITCH HAZEL - 25% OFF

041507 070066 **85310** Witch Hazel Toner, Lavender 1 / 355ml G P

THOMPSON'S HOMEOPATHIC | CRÈME - 25% OFF

628977 000016 **82000** Arnica Crème 1 / 40ml G P

628977 000498 **82001** Calendula Crème 1 / 40ml G P

TOM'S OF MAINE | DEODORANT - 60% OFF

035000 968425 **80674** Deodorant For Men, Mountain Spring 1 / 79g G P

WILD & FREE ORGANICS PRODUCTS - 40% OFF

628693 963497 **80620** BC P Car Diffuser, Eucalyptus 6 / 59ml G P

628693 963411 **80624** BC P X Lip Balm, Lavender 6 / 11g G P